

The Prince George's Post



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Happy Independence Day! from The Prince George's Post

PHOTO BY BIGAL101, MORGUEFILE.COM

Prince George's County Woman Turns 25 Again!



PHOTO CREDIT: ANTOINETTE. M PHOTOGRAPHY

Peta Cappello of Glenn Dale recently celebrated her 25th birthday, again! In June 1994, after suffering organ failure, Peta received a heart and double lung transplant. The lifesaving transplant was made possible thanks to her generous organ donor Michael Graham. The fact that Peta's lungs and heart are still thriving in her body is a testament to the power of organ donation and Peta's strength. Only 32 heart/lung transplants were performed in the U.S. in 2018 and survival rates for heart/lung recipients are typically shorter than Peta's impressive 25 years. Peta has been a Donate Life Ambassador and organ donation advocate with Washington Regional Transplant Community (WRTC) for seven years and serves on the Donate Life Maryland Board of Directors. Visit BeADonor.org for more facts and information that can help you make a legal and informed decision about donation.

CASA to Host Youth Summer Soccer Clinic For 7th and 8th Grade Buck Lodge Middle School Students

By LIZETTE OLMOS and INGRID ZELAYA
CASA

HYATTSVILLE, Md. (June 28, 2019)—This summer, CASA will host a series of youth soccer clinics to 7th and 8th graders from Langley Park at no cost to them or their families. The program constitutes one part of an ongoing effort to enhance quality of life, access to resources, and police-community relations in Prince George's County's Langley Park community.

Thirty students from Buck Lodge Middle School will have the opportunity to enroll in the clinic, which is open to all genders and skill levels. Upon completion of the program, participants will be eligible to continue playing organized soccer in the fall with the Northern Gateway Soccer Club, again at no cost.

The Youth Summer Soccer Clinic was created after a 2016 research study conducted by CASA and Howard University revealed the need for additional extracurricular activities to empower youth in Langley Park. To address this need, CASA partnered with the Prince George's County Police Athletic League, Prince George's County Council Member Deni Taveras, the Northern Gateway Soccer Club, and Elite Vision Football Club under a Department of Justice grant program to give local youth an enjoyable summer experience, help them develop various skills, and foster positive relationships between them and local law enforcement officers and other mentors.

CASA's Executive Director, Gustavo Torres, said, "We are so pleased to have the opportunity to partner with Prince George's County Police Department's award-winning

PAL program and be able to bring this soccer program to the youth in our community.

Torres refers to the Hero Award that was presented in June to Prince George's County Police Department by the National Law Enforcement Officers Memorial Fund and MAGLITE for its juvenile crime prevention efforts through the Police Athletic League (PAL), making it the first law enforcement agency to receive the award.

The Summer Youth Soccer Clinic will take place each Thursday evening between July 11 and August 29 in the heart of Langley Park on 15th Ave. All necessary equipment will be provided. For more information or to register for the Youth Summer Soccer Clinic, visit www.ngskick.org or contact CASA's Public Safety Program Coordinator, Adrienne Helms, at 301-346-2506 or ahelms@wearecasa.org.

Higher Achievement DC Metro Expands to Prince George's County; Announces Opening of Greenbelt Achievement Center

By RACHEL TILLMAN
for Higher Achievement

WASHINGTON, D.C. (June 24, 2019)—Higher Achievement, a leading education advancement program for middle school youth, announced the opening of a new Achievement Center at Greenbelt Middle School in Greenbelt, Md. on July 2. This is

Higher Achievement's first foray into Prince George's County. The Greenbelt center will be the site of Higher Achievement's six-week summer program (June 24-July 31) as well as an after school academy corresponding with the next school year. Higher Achievement, with affiliates in Pittsburgh, Baltimore, Richmond, and Washington, DC, is a nonprofit organization that prepares

middle school students from underserved areas for high school, college, and beyond.

"Higher Achievement's expansion into Prince George's county is driven by need," said Thalia Washington, Higher Achievement DC Metro Executive Director. "There is a significant need in the county for our

See HIGHER ACHIEVEMENT Page A8

State Fire Marshal Warns Public of the Dangers of Fireworks

By PRESS OFFICER
Maryland State Fire Marshal

HOWARD COUNTY (June 26, 2019)—State Fire Marshal Brian Geraci joined Howard County Fire and EMS Chief Christine Uhlhorn [June 26], along with the Maryland State Firemen's Association and leaders in various medical fields, to present the dangers of legal and illegal fireworks. "There were 17 fireworks-related incidents reported in Maryland last year," said State Fire Marshal Geraci. "Prevention of burns, injuries, and fires has always been a top priority of our office. The safest way to enjoy fireworks this July 4 holiday season is to attend one of the many public fireworks displays throughout the state."

The safety demonstration, conducted by the State Fire Marshal's Bomb Squad, showed the impacts of M-80s, firecrackers, and even sparklers on various parts of the human body, including the hands and eyes.

"A sparkler can burn hot enough to melt gold," said Dr. Dean Fiergang, an ophthalmologist and executive board member of the Maryland Society of Eye Physicians and Surgeons. "While advancements in ophthalmic surgery have come a long way, there is very little that can be done when temperatures that extreme make contact with the human eye."

If you insist on viewing fire-

works at home instead of at a recommended professional display, you are encouraged to do the following:

- Keep a bucket of water on hand for sparklers and other fireworks after use
- Never attempt to re-light fireworks that did not fully ignite the first time
- Never use fireworks in combination with alcohol and other drugs
- Never allow children to use fireworks or sparklers
- Light fireworks one at a time and move away quickly after igniting
- Look up your county's local fireworks rules to ensure you are using only legal fireworks products

"This time of year is one of the busiest for The Curtis National Hand Center at MedStar Memorial Hospital," said Dr. Ryan Zimmerman, an attending hand surgeon at the hospital. "If you experience a loss of digits during a fireworks accident, never put them directly on ice. First wrap them in gauze and place in a plastic bag within another plastic bag that contains a combination of ice and water. Go directly to your nearest emergency room."

For a list of permitted, professional fireworks displays across the State of Maryland this holiday season, visit <https://mdsp.maryland.gov/firemarshal/Pages/ExplosivesandFireworks.aspx>.



By MARK STUBIS
American Humane

WASHINGTON, D.C. (June 26, 2019)—Independence Day may be fun for us, but for pets it can be frightening and even dangerous. July 5 is the busiest day of the year at animal shelters as companion animals that fled in fright the night before are found miles from their homes, disoriented and exhausted. Anxious families often find themselves searching the streets and shelters looking for a treasured family member whose fear drove him to jump a high fence or break her leash or chain.

If your pet is upset by thunder, a door slamming or other loud noises, Fourth of July fireworks will be utterly terrifying, so take these precautions:

- Your pets won't enjoy the fireworks display, so leave them at home! Keep them inside, shielded from loud noises. Keep windows closed and draw the shades to minimize the sound and flashes of light.
- If loud noises upset your pets, do not leave them alone while

Fourth of July Advisory: Pets and Fireworks Don't Mix Tips to Keep Your Pets Safe the Night Before the Busiest Day of the Year for U.S. Shelters

you're out celebrating; make sure someone can stay with them. If you're home, act calm and give them reassuring pets and hugs...animals look to you to see how you're reacting.

- If you think your pets should be tranquilized, consult your veterinarian well in advance.
- Contact an animal behaviorist to work with your pets on their fears. With some positive reinforcement and behavior modification training, by next Independence Day, you all may be worry-free!
- Be sure that all ID tags are properly affixed to your pet's collar and that they have your current contact information, including cell number(s).
- Update your microchip registrations and pet license information to ensure they're current.

"With a little care and preparation, the Fourth of July can be fun for people and safe for pets," says American Humane President and CEO Robin Ganzert, Ph.D. "Let's keep our best friends quiet and calm so we can continue to enjoy them come July 5."

INSIDE

Eleanor Roosevelt High School Brings Home Award From the Maryland Envirothon

The Envirothon tests students' knowledge of natural resources. Teams of high school students are tested in five areas The competition, combining "hands-on" experiences, testing, and teamwork, is not easy.

Community, Page A3

National Newspaper Association Supports Establishment of Fallen Journalists Memorial

This memorial is not a political one. It is a civic one. We think every Member of Congress should sign up in support of this legislation ... No tax dollars are involved and this is a bipartisan project.

Commentary, Page A4

MedStar Southern Maryland Hospital Center Publications Win Awards

"Marketing Department... come[s] up with great content to inform our community members in *Health* magazine and important articles to inform associates in *Connections*. I applaud MSMHC's Marketing associates for earning this recognition."

Business and Finance, Page A5

Stay Healthy at Animal Exhibits

If you forget to wash your hands after petting an animal, or bring food or drinks into an area with animals, you increase your chance of getting sick. Even animals that look clean and healthy can carry harmful germs, and areas where animals live or roam can be contaminated—you don't have to touch an animal to get sick.

Out on the Town, Page A6

Earth Talk

Dear EarthTalk:

If we already know how to capture carbon dioxide (CO2) and turn it into fuel, why aren't we doing more of it?

—M.N. Daly,
Springfield, MA

Features, Page A7

TOWNS *and* NEIGHBORS

In and Around Morningside-Skyline

With Mary McHale, will return July 11, 2019

Brandywine-Aquasco

BOWIE STATE UNIVERSITY NAMED A MILITARY FRIENDLY SCHOOL

Bowie State University has been recognized as one of the nation's Military friendly schools in the longest-running comprehensive review of post-secondary institutions that support veteran students, along with their families.

"This designation as a Military Friendly School affirms Bowie State University's commitment to providing all students, including military and veterans' students, with access to quality higher education experience that transforms lives," said President Aminta H. Breaux. "The university has developed support programs, partnered with the local military community and adopted best practices to provide the highest level of excellence for those who have made tremendous sacrifices to serve our nation." President Aminta H. Breaux stated, "I am grateful to our administrators, staff and faculty for their dedication in making Bowie State a welcoming campus for the military community."

In earning the Military Friendly designation, Bowie State University exceeded the minimum requirements for each standard, set by VIQORY with input from the Military Friendly Advisory Council of independent leaders in higher education and military recruitment.

PRINCE GEORGE'S COUNTY PUBLIC SCHOOLS

Congratulations to Dr. Monica Goldson appointed PGPCS Chief Executive Officer. Dr. Goldson is the first woman from Prince George's County to lead the school system, second woman in PGPCS history. Prince George's County Executive Angela D. Alsobrooks announced the appointment Tuesday, June 18 effective July 1, 2019.

SUNDAY INSPIRATIONAL JAZZ EXPERIENCE

The event is open to the public and hosted by Lake Arbor Jazz Festival Sunday, July 14, 2019 from 2:00 p.m.-4:30 p.m. at the Bowie Center for the Performing Arts. The address is 15200 Annapolis Road Bowie, Maryland 20715. Tickets at www.lakearborjazz.com.

PATTI LABELLE

Patti LaBelle will appear at MGM National Harbor Friday, December 6, 2019 at 8:00 p.m. The address is 101 MGM National Avenue, Oxon Hill, Maryland 20745. Tickets cost \$69.50-\$125.00 via Ticketmaster.

Aviation Museum Teams Up With Smithsonian Channel and Blue Star Families to Celebrate 50th Anniversary of the Moon Landing

By PRESS OFFICER

Prince George's County Dept. of Parks and Recreation

COLLEGE PARK, Md. (June 25, 2019)—Half a century after humanity's first step on the Moon, the College Park Aviation Museum is hosting a screening of Smithsonian Channel's THE DAY WE WALKED ON THE MOON, Saturday, July 20. Bring your blankets, chairs, picnic fare, and friends to watch this documentary on the lawn celebrating the 50th anniversary of the moon landing! The film is about one of the most extraordinary 24 hours in history at one of aviation's greatest historic places! College Park Aviation Museum is honored to be partnering with the Smithsonian Channel and Blue Star Families to offer this Free community celebration of exploration and innovation.

Family activities start at 7 p.m. with the film beginning at 7:45 p.m. Light refreshments will be available for purchase. Reserved seating area and complimentary snacks available for Blue Star Families. No alcoholic beverages are permitted. The screening is rain or shine. In the event of bad weather, the screening will be held inside at the College Park Airport Operations building. The public is strongly encouraged to register so the museum is prepared with ample activity supplies and snacks. This documentary is for all ages; however, it is best suited to ages 12 and up. Register at www.CollegeParkAviationMuseum.com/Calendar

In the film astronauts, members of Mission Control, and the children of Neil Armstrong and Buzz Aldrin reveal their personal stories behind the scenes of the iconic day. Pop culture notables like Queen guitarist and doctor of astrophysics

More Front Office Changes For the PG Valor Basketball Team

Team Appoints US Army Vet Mike Reid as VP of Basketball Operations

By PRESS OFFICER

PG Valor Basketball Team

PRINCE GEORGE'S COUNTY (June 13, 2019)—American Basketball Association (ABA) expansion team PG Valor Basketball PG Valor announces the appointment of Mike Reid as VP of Basketball Operations. This is in addition to Elliott Gibson as GM. The two are a needed and welcomed addition to the PG Valor Basketball Team's front office.

Mike Reid is a Veteran of the US Army. After serving in the US Army, Mike ventured off into the Security Industry and eventually became a critical part of National Security as an Investigator and Field Manager. Since 2005 he has been serving the community as a youth coach in Football and Bas-

BECOME A FOSTER PARENT

Win Family Services, a faith based foster care agency, is always looking for individuals wanting to make a difference. They need parents with a BIG heart to provide home for youth who have big needs. Make a difference in a young person's life and become a Foster Parent. As you know, it takes a village to raise a child and there are thousands of youth in Maryland that need a loving home. These youth need compassion adults like you to nurture and love our young people. Visit www.winfamilyservices.org or contact us today at 410-578-8004 to learn more about becoming a Foster Parent.

GRADUATES' RECOGNITION SUNDAY

Shiloh John Daniel Bell who graduated from Dr. Henry A. Wise High School Upper Marlboro, Maryland and DeAndre Daquan Bowden Surrattsville High School Clinton, Maryland were honored on Graduates' Recognition Sunday June 23, 2019 at Clinton United Methodist Church for their accomplishments. Congratulations Shiloh and DeAndre.

GET SOCIAL WITH CAREFIRST

Ways to manage your health care costs, tips to help you easily access your benefits, and convenient access to CareFirst customer service team and more can be found on the following websites. Visit carefirst.com/facebook, carefirst.com/twitter and carefirst.com/instagram.

CONGRATULATIONS

Bowie State University National Alumni Association. Inc. Prince George's County Maryland Chapter celebrated their 50th Scholarship benefit on June 23, 2019. The Dinner Dance was held at La Fontaine Bleue in Lanham, Maryland. "As a result of this event and your generous support, we will be able to give more student significant financial assistance. This event also provides a great venue to enjoy a fun-filled and relaxed atmosphere for networking with friends and fellow alumni," stated Addie L. Martin, our Chapter President.

Prince George's County Chapter 2019 Scholarship Recipients are Oladipupo Alaba, Tatyana Curry, Nnamidi Egwuatu, Liu Beiling, Vincaun Minto and Alanté Warrick. I sincerely wish all the students' success in your future endeavors.

Brian May and television personality and professor of physics Brian Cox describe where they were and what they felt during that "One Small Step." It's a story that ranges from the deeply personal to the grand and historic.

Parking is free and the museum/airport is walkable from the College Park-UMD Metro station. Questions? Please call the museum at 301-864-6029 or email: AviationMuseum@pgparks.com

The College Park Aviation Museum, a Smithsonian Affiliations member, is owned and operated by The Maryland-National Capital Park and Planning Commission (M-NCPPC) which also owns the College Park Airport, the oldest continuously operating airport in the world. The museum is open daily from 10 a.m.-5 p.m.; admission is \$5/adults; \$4/seniors (60 or better); \$2/children (2-18) and under 2 are free. From now until Labor Day, military families (retired, active, veterans, guard) and up to 5 family members receive Free admission to the Aviation Museum and numerous other museums in the area. To learn more about the museum, upcoming programs and activities, visit www.CollegeParkAviationMuseum.com.

The museum is one of numerous historic sites and museums operated by the M-NCPPC, Prince George's County Department of Parks & Recreation, Natural and Historical Resources Division. To learn more, visit <http://history.pgparks.com>

Editor's Note: See page 7 for another upcoming space-related event, Model Rocket Contest and 50th Anniversary of the Apollo 11 Moon Landing at NASA Goddard Visitor Center.

ketball. He has served as a mentor for children for all ages to include their development in school/education-most importantly and sports secondary. Mike is an Alumni of George Washington University where he was awarded a Bachelor's Degree in Business Management. He recently accepted the position as VP of Basketball Operations and is dedicated to the mission of overseeing the daily functions of PG Valor. His management, education, loyalty and dedication will prove to be a huge asset to the PG Valor Organization.

For more information regarding season four and all other PG Valor news, visit our team website at www.PGValor.com. You can also connect with us by visiting our social media page on Instagram: @pgvalorbball or by contacting us via telephone 240-918-7500.

Around the County

The Neighborhood Design Center 2019 Annual Awards and Celebration

BALTIMORE, Md. (June 28, 2019)—On June 21, NDC gathered at Ambrose Kennedy Park, (soon to be renamed the Henrietta Lacks Educational Park), in the Johnston Square community to celebrate NDC's family of dedicated designers and leaders. We honored the following awardees with this year's round of NDC Annual Awards:

Larry Reich Award: Lewis Sharpe and Miriam Avins
Prince George's County Lifetime Achievement Award: Brooke Kidd
 Baltimore Community Advocate of the Year: Jennifer Goold
 Kelley Okleson Community Advocate of the Year: Sawa Kamara
Volunteers of the Year, Prince George's: Lauren Wilson, Lex Lesley, Shayda Musavi, Kim Young
 Volunteer of the Year, Baltimore: Jay Orr
 NDC Hall of Fame: Jimmy Leonard

—NDC Newsletter

Local Students Honored

Area Residents Graduate from Mercer University

MACON/ATLANTA, Ga. (June 28, 2019)—Mercer University conferred bachelor's, master's and doctoral degrees to more than 2,200 students representing 12 schools and colleges at four ceremonies during May in Macon and Atlanta.

Bowie, Maryland
Nicole Esuola, School of Law, Juris Doctor, Fort Washington, Maryland
Charna F. Wilson, School of Medicine, Master of Family Theraphy Hyattsville, Maryland

Desiree Smith, College of Health Professions, Master of Public Health

—Kyle Sears,
 Mercer University

Saint Anselm College Releases List of 2019 Graduates

MANCHESTER, NH (June 26, 2019)—Saint Anselm College has released the list of graduates for the 2018-2019 school year.

The following students graduated Sunday, May 18:

Lanham, MD
Nathaniel Lewis, Bachelor of Arts, business and marketing
 Upper Marlboro, MD
Emmanuel Akinlosotu, Bachelor of Arts, fine arts

Kyle Hill, Bachelor of Arts, criminal justice and peace & justice studies

During Saint Anselm College's 126th commencement exercises speaker and honorary degree recipient Robert Weiler (Class of 1973) addressed the 430 members of the class of 2019, "If you are willing to bet on yourself, others will bet on you too...I am betting on this class. I am betting on this college to have prepared you for the path ahead. A college that has taught you critical thinking, communication, integrity, community and philanthropy. I am betting on your courage, and intellect, and perseverance."

Weiler is an Executive Vice President of Oracle Corporation with over 40 years of technology industry leadership experience. He chaired the Saint Anselm College Board of Trustees for almost a decade, and received an honorary doctorate from the college in 2000.

Dr. Steven R. DiSalvo, college president, also congratulated the class of 2019 and offered encouragement as they go forth from the Hilltop into the "real world."

"It is true that our world is filled with great challenges," DiSalvo said. "But, know that you now have the tools to accomplish all of these things and so much more. You have learned to always be respectful, to care for those less fortunate and to face adversity with grace and dignity. The world in which we now live is constantly changing, and often disquieting, but it is a world in which you are equipped with the foundational values to succeed and to effect positive change."

—Michelle O'Regan,
 Saint Anselm College

Geneva College Announces Dean's List for Spring 2019

BEAVER FALLS, Pa. (June 25, 2019)—Geneva College announces

the Dean's List of undergraduate students for the spring 2019 semester. To be eligible for this recognition, students in traditional programs must earn a GPA of at least 3.6 while passing 12 credit hours or more.

Sierra Dunfee, Music Education major from Upper Marlboro, MD, was named to Geneva College's Dean's List for the spring 2019 semester.

—Cheryl Johnston,
 Geneva College

Van Hollen Announces Public Service Awardees For Prince George's County

WASHINGTON (June 24, 2019)—Today, U.S. Senator Chris Van Hollen announced the Prince George's County recipients of his 2019 Public Service Award. The Van Hollen Public Service Award is designed to commend a high school senior who has demonstrated a high level of commitment to community or public service. Students who embody this commitment are dedicated to making a positive change that will benefit their community, state, or nation. Senator Van Hollen is announcing over 125 recipients throughout Maryland.

"It's important that we recognize students not only for their academic and athletic successes, but also for their work in the community. Each of these students has demonstrated their commitment to serving our communities, and I am proud to honor their hard work and dedication. I look forward to seeing the great things the future has in store for these young leaders, as they continue their efforts to make an impact," said Senator Van Hollen.

Local recipients of the Van Hollen Public Service Award are:

Orlin Melendrez, The International High School at Langley Park
Achalefac Akem, Academy of Health Sciences at Prince George's Community College

Scott Lipscomb, Bowie High School

Traleia McCorkle, Frederick Douglass High School

Maria Mantilla, Northwestern High School

Ricardo Colindres Olivarez, High Point High School

Kortiney White, New Hope Academy

Kathleen Schech, St. Vincent Pallotti High School

Karen Ramos-Menjivar, Elizabeth Seton High School

The Van Hollen Public Service Award is awarded to students who display a deep sense of dedication to public service, take meaningful personal initiative, and bring an innovative and fresh approach to improving the lives of others. The Senator's office invited local schools to nominate students who embody these guidelines and nominated students receive a Congressional Citation. The Van Hollen Public Service Awards program was launched in 2004 when Senator Van Hollen served in the House of Representatives and has since been expanded to encompass the entire state.

—Francesca Amodeo,
 Van Hollen Press Office

COMMUNITY

The American Counseling Association's Counseling Corner

Car Trips With the Kids Don't Have to Be Stressful

It's hot and your family is heading for a fun vacation destination, but there's still that long car ride that has to happen first. And no, a car with unhappy, complaining children isn't the best way to get that vacation off to a great start.

While children usually get excited about the upcoming getaway, they also have a low level of patience and are easily bored sitting in a car. How to minimize the stress a car trip can bring for both parents and children?

Start by being prepared. Are the tires in good shape, the air conditioning working, oil levels checked and the gas tank full? Get it all done before loading the kids in the car and before risking a break down on a busy freeway.

When the trip starts, don't give the children a chance to be bored. Assemble a package of books and magazines, favorite electronics and chargers, and downloaded music and movies that will keep the kiddos entertained. And no, don't give them everything at once. Parcel out fun items over time to help break up the trip rather than having them run through it all in the first hour.

This doesn't mean you let the kids bury themselves in their cell phones or portable video games the whole trip. Have regular breaks that get the kids talking. Get a road map or map book and let them find out where they currently are, some nearby attractions, and where they're still heading.

Remember that kids need to eat, and often on a schedule that's different from Mom and Dad's. Pack a bag with small containers of healthy and filling snacks. Take time to stop for a quick lunch if the kids are really starving.

And begin with the goal of making the trip itself interesting. While it can be tempting to just push on to that destination, a better idea is to find some places for short stops, especially if it's a long car trip. Five minutes at a scenic overlook, or a short visit to a small town and its local ice cream shop can help break up the travel and give everyone a chance to stretch and sometimes even discover something interesting.

Yes, you want to reach that destination, but make the ride an enjoyable part of the whole trip and you'll add to everyone's experience.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

Hospice of the Chesapeake News

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

Chesapeake Life Center's Special Programs Use Creative Approaches to Discussing Grief

PASADENA, Md. (June 25, 2019)—As part of its family-centered grief program, Chesapeake Life Center will offer a variety of events this summer and fall. From workshops for people who are mourning the death of their four-legged friend to group discussions of books that explore grief, people in the community can find a way to learn about grief that suits their style.

- **Summer Book Groups**, a popular offering from last summer, return from 10 to 11:30 a.m. on the fourth Fridays of the summer months to the center's John & Cathy Belcher Campus, 90 Ritchie Highway, in Pasadena. Participants will discuss literature that offers different perspectives on coping with loss. These events are free to attend. The books that will be discussed are: *Once More We Saw Stars: A Memoir*, by Jayson Greene on July 26; and *Option B: Facing Adversity, Building Resilience and Finding Joy*, by Sheryl Sandberg on Aug. 23.
- **Grief Yoga** will be facilitated by Cathy Rees from The Yoga Center of Columbia. Adults can participate with either a chair or a mat and learn how yoga can help people in the grief process. The summer session will be held from 10 to 11 a.m. Aug. 2 and the fall session will be held from 6:30 to 7:30 p.m. Oct. 22. The cost for each session is \$10.
- **Pet Loss Workshops** are small group workshops that help people explore the loss of their beloved pet and are free to attend. People can choose to attend one of two sessions. The first session will be held from 1 to 3 p.m. Sept. 22 at Perfect Pet Resort, 840 W. Bay Front Road, Lothian, Md. The second session will be held from 1 to 3 p.m. Nov. 10 at Dogwood Acres Pet Retreat, 439 W. Central Ave., Davidsonville, Md.

Registration is required for all programs and, unless otherwise noted, can be completed by calling 888-501-7077 or emailing griefinfo@chesapeakelifecenter.org.

Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one. For details, visit www.chesapeakelifecenter.org.

Hospice of the Chesapeake Announces Its 17th annual Golf Tournament Date

PASADENA, Md. (June 14, 2019)—Hospice of the Chesapeake invites all area golfers to reserve their foursome early for the nonprofit's 17th annual Golf Tournament on Thursday, October 10, 2019, at the Queenstown Harbor Golf Course in Queenstown, Md. The presenting sponsors are All Green Management and First National Bank.

Registration will begin at 9 a.m. and will include a full breakfast followed by a 10 a.m. shotgun start. Lunch on the course and an awards banquet also will be included. Last year's event raised more than \$144,000 for the programs and services offered by the nonprofit serving Anne Arundel and Prince George's counties.

To reserve your foursome or to become a sponsor, contact Meg Lawton at 443-837-1531 or mlawton@hospicechesapeake.org.

Eleanor Roosevelt High School Brings Home Award From the Maryland Envirothon

By DONNA SUTPHIN
Prince George's Soil Conservation District

UPPER MARLBORO, Md. (June 26, 2019)—Eleanor Roosevelt High School placed 5th in the Maryland Envirothon competition held at St. Mary's College in St. Mary's City, Maryland, on June 20. This team won the local 2019 Prince George's County Envirothon on April 24 that was hosted by the Prince George's Soil Conservation District and Prince George's County Public Schools and was held at the William S. Schmidt Outdoor Education Center in Brandywine, Maryland. This earned the five-member team eligibility to represent Prince George's County at the Maryland Envirothon. Each team member will also receive a \$1,000 scholarship for higher education from the Prince George's Soil Conservation District.

The Envirothon tests students' knowledge of natural resources. Teams of high school students are tested in five areas including wildlife, aquatics, soils, forestry, and alternative/renewable energy. The competition, combining "hands-on" experiences, testing, and teamwork, is not easy. It is designed to



PHOTO COURTESY OF PRINCE GEORGE'S SOIL CONSERVATION DISTRICT

Pictured in the photo are Team Advisors Breyer Hillegas and Gabrielle Sanchez along with Students Sophia Riazi-Sekowski, Angela Zhang, Kavya Ganesan, David Sanchez-Rosas and Medora Creek. On the far right is Charles Rice, President of the Maryland Association of Soil Conservation Districts.

challenge. Fifteen teams from around the state participated in the Maryland Envirothon. More and more students and teachers realize the importance of conserving our natural resources, and are attempting to gain as much knowledge as possible to help the

environment. The State Envirothon champions from Calvert County will advance to the National Envirothon being held this year from July 28th to August 2nd at North Carolina State University, Raleigh, North Carolina.

Grief Camps Timing, Location Change But Mission Stays the Same: Bring Healing to Kids

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

PASADENA, Md. (June 27, 2019)—After 27 years of offering one overnight camp to help grieving children, Chesapeake Life Center held its first children's grief day camp on the evening of June 21 and during the day June 22 on Hospice of the Chesapeake's John & Cathy Belcher Campus in Pasadena, Maryland. Clad in tie-dyed T-shirts they designed for themselves, 29 children ages 6 to 13 took over the administrative building and wooded grounds to find a little peace and a lot of joy. It takes a lot of creativity and many trained volunteers to help make bereavement camp a success. The team of professional social workers and counselors were joined by 25 volunteers with a passion for helping kids. They included:

- 20 adults and 5 teenagers.

- 4 volunteers who were helping at the camp for the first time.
 - 8 facilitators, who met throughout the past year to plan a safe day of working through loss.
 - 1 Great White Pyrenees therapy dog named Isaac.
- Volunteers helped in a variety of roles, including leading arts and crafts, serving as camp nurses, set up and clean up and more. There also were more than 15 individuals, organizations and businesses that helped provide the funds to make this an affordable time for families already dealing with loss. Though the nonprofit has changed the timing, location and number of its grief camps, the center's director, Susan Coale, said the goal remains the same. "We want kids to understand that they are not alone," she said. "There is a power that comes just from being together, hearing from others

how they live with grief. And as it has been for nearly three decades, there will be many well-trained loving adults to help them on their path."

The next children's grief day camp represents another first for the center: It will be at the College Park Airport and Aviation Museum from 10 a.m. to 3 p.m. Aug. 17 and include activities in the museum. For details, visit <https://www.hospicechesapeake.org/event/childrens-grief-day-camp-in-prince-georges-county>. Another grief day camp experience is planned to take place in October in Anne Arundel County.

Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one.



PHOTO BY SUSAN COALE, CHESAPEAKE LIFE CENTER

(June 21, 2019) Moriah Butler holds up the camp shirt she is tie-dying. Also pictured are, left, camper Harmony Downes, and to Moriah's right, Chesapeake Life Center social worker Sarah Montgomery and camper Sameenah Sutton.

(June 22, 2019) Middle school camper Peyton Wheatley, covers her ears as fellow camper Harrison Sudano, right, prepares to pop open a bag of beads. Also pictured is Amel Wheatley.

PHOTO BY ELYZABETH MARCUSSEN, HOSPICE OF THE CHESAPEAKE

Gallery B Announces July Exhibit

Opening Receptions to be held throughout downtown Bethesda

By LAURA KELLERMANN
Bethesda Urban Partnership, Inc.

BETHESDA, Md. (June 24, 2019)—Gallery B is pleased to announce its July exhibition, "MFA @ Gallery B," a juried exhibition of work by Maryland Federation of Art members. The exhibit will be on display from July 3–27, 2019 at Gallery B, located at 7700 Wisconsin Avenue, Suite E, Bethesda, MD. Gallery hours for the show will be Wednesday–Saturday, 12–6 p.m.

Gallery B will be open for a public reception on Friday, July 12 from 6–8 p.m. Opening receptions will also be held that evening at Studio B, 7475 Wisconsin Avenue; Triangle Art Studios, 7711 Old Georgetown Road and Waverly Street Gallery, 4600 East West Highway in downtown Bethesda.

"MFA @ Gallery B" was juried by Robert Yi, an Academic Advisor in the College of Visual & Performing Arts, School of Art in Fairfax, Va. Robert received his Master of Fine Arts from American University and graduated from the University of Virginia with a BA in Foreign Affairs and a BFA from the Corcoran College of Art & Design. As a painter he received a residency to the New York Studio Residency Program and the Glogauair Artist in Residence program in Berlin, Germany. He is the recipient of the A.H.O. Roll Prize in Fine Arts and the Mae W. Jurow Scholarship. He has exhibited in group shows at the Corcoran Gallery of Art and the Civilian Art Projects in Washington, D.C., Accademia di Belle Arti di Brera in Milan, Italy, AICAD NYSRP in New York City, and at the Metropolitan Art Project in the City of Fairfax, Va.

Selected works by the following [Prince George's County area] artists will be featured.

- George Patrick Clagett, Upper Marlboro, MD
- Marianne DiBrino, Silver Spring, MD
- Nico Gozal, Suitland, MD
- William Peirce, Silver Spring, MD
- Dominique Vargo, Bowie, MD

Established by Montgomery County in 1994, Bethesda Urban Partnership, Inc. (BUP) is a downtown management organization that markets and maintains downtown Bethesda. The BUP team works in marketing, maintenance, transportation and administration to produce cultural events and community festivals and attend to landscaping and maintenance needs. BUP also manages the Bethesda Arts & Entertainment District, Bethesda Transportation Solutions (BTS), and the Bethesda Circulator as well as the non-profit art spaces, Gallery B and Studio B.

For a closer look, please visit www.bethesda.org.

COMMENTARY

National Newspaper Association Supports Establishment of Fallen Journalists Memorial

By TONDA RUSH
National Newspaper Association

PENSACOLA, Fla. (June 26, 2019)—National Newspaper Association President Andrew Johnson, publisher of the *Dodge County Pioneer*, Mayville, Wisconsin, today threw the support of NNA behind proposed legislation to allow a new memorial in Washington, D.C., for journalists killed in the line of duty.

The Fallen Journalists Memorial Act of 2019 was introduced the week of the first anniversary of the shootings of five newspaper staffers at the *Capital-Gazette*, Annapolis, Maryland.

A new foundation operating at present under the Journalism Institute of the National Press Club has been formed to begin a seven-year process for designing, funding and establishing a memorial under the requirements of the Commemorative Works Act of 1986 (CWA).

The authorizing bills, S. 1969 and HR 3465, will allow the group to form under the CWA and officially begin its work in tandem with the National Park Service and other federal agencies to identify land and develop the project.

All funding for the memorial is intended to come from private sources. David Dreier, chairman of the Tribune Publishing Co., and a former Republican Congressman from California, announced this week that some funding has already been identified. Former *Washington Post* publisher Donald Graham said his new company, Graham Holdings, will work with the foundation. Support from the Annenberg Foundation and the Michael and Jacky Ferro Foundation has already provided seed money to get the project launched. Former director of the

University of Missouri Journalism School's Washington Program, Barbara Cochran, will manage the organization.

"NNA fully but sadly supports the need for this memorial," Johnson said. "Journalists are the first line of democracy and, while they put their lives in danger along with our troops, public servants and first responders, they seldom get the recognition for the bravery required to follow the news into perilous zones. This memorial is not a political one. It is a civic one. We think every Member of Congress should sign up in support of this legislation and we will be tracking the sponsors' list as we make our rounds on other legislation this year. No tax dollars are involved and this is a bipartisan project. Our Congressional Action Team expects to put some shoe leather into this project over the summer so that we can do our part on behalf of our industry to help this worthy project move forward."

The statement of lead House sponsor, Rep. Grace Napolitano, D-CA, explains the legislation here: <https://napolitano.house.gov/media/press-releases/napolitano-cole-introduce-fallen-journalists-memorial-act-2019>

The Fallen Journalists Memorial website, including a link for donations to the effort, is here: <https://www.fallenjournalists.org/>

Fallen Journalists Memorial Act of 2019

HR 3465 original [Maryland] co-sponsors
Rep. Sarbanes, John P. [D-MD-3] - 06/25/2019

S 1969 original [Maryland] co-sponsors
Sen. Cardin, Benjamin L. [D-MD] - 06/25/2019

Sen. Van Hollen, Chris [D-MD] - 06/25/2019

Marc Morial

President and CEO, National Urban League



To Be Equal:

Census Citizenship Question Appears Blocked, For Now

"Altogether, the evidence tells a story that does not match the explanation the Secretary gave for his decision. We cannot ignore the disconnect between the decision made and the explanation given. Our review is deferential, but we are 'not required to exhibit a naiveté from which ordinary citizens are free.' Accepting contrived reasons would defeat the purpose of the enterprise. If judicial review is to be more than an empty ritual, it must demand something better than the explanation offered for the action taken in this case."

—Chief Justice John G. Roberts Jr., *United States Department of Commerce v. New York*

Civil rights groups and advocates for a fair census breathed a sigh of relief this week when the U.S. Supreme Court rejected the Trump administration's "contrived" justification for adding a citizenship question to the 2020 census.

However, the court did not categorically rule out the addition of a question, should the administration eventually provide sufficient justification.

We must not let down our guard.

We have known from the beginning that the addition of a citizenship question was a blatant ploy to reduce minority participation and rob communities of their political power, and that Secretary Wilbur Ross' explanation that the question is "critical" to enforcement of the Voting Rights Act was laughable. That's why we joined other civil rights group in filing a "friend of the court" brief opposing the citizenship question.

As we argued in our brief, "There is no factual or legal basis—none—to support the position that collecting citizenship data from the decennial census is needed for VRA enforcement. In fact, modifying the short-form census to ask for the citizenship status of everyone in the country, as Secretary Ross has proposed, would undermine VRA enforcement.

And we—grassroots, advocacy, labor, legal services, education, and faith-based organizations who came together to file the brief—would know. "[We] have been among the most experienced guardians of the VRA and the values it reflects for the past 54 years. In that time, existing citizenship data drawn from sample surveys or the long-form census sent only to small subsets of American housing units have been more than sufficient for robust, effective enforcement of the VRA."

There has never been a Voting Rights Act enforcement case in history that turned on the unavailability of citizenship data from the decennial census.

We're relieved the Supreme Court saw through the administration's flimsy argument, especially since the real motivation behind the citizenship question emerged just days after the case was argued before the justices.

Computer files revealed that a political consultant who played a crucial role in the decision to add the question had authored a study concluding that adding the question would allow the drafting of extremely gerrymandered Congressional maps to drain even more influ-

ence away from urban communities and communities of color.

The citizenship question was one of several potential problems that could produce a significant undercount of Black Americans, including underfunding, understaffing and the practice of prison-based gerrymandering. Under current policy, incarcerated persons are counted in jurisdictions where they are imprisoned rather than in the communities where they live. This represents a massive transfer of political power and federal funding for programs like Head Start, Medicare, Lunch programs and transportation infrastructure, from urban districts of color to rural, prison hosting, predominantly white districts.

In the face of this week's ruling, the National Urban League and the Urban League Movement is recommitted to working for a fair census and urging participation among Black communities.

An inaccurate census will deprive communities of accurate data for most federally produced statistics, and critical social, demographic and economic research. It would deprive communities of more than \$675 billion in federal funding, and the just enforcement of civil rights laws and constitutional protections like fair housing and voting rights.

Most importantly, an inaccurate census will deprive communities of fair political representation in the U.S. Congress, the Electoral College and state and local legislatures.

Blocking the citizenship question is just one step among many in safeguarding a fair, accurate Census.

Steny H. Hoyer

Maryland Congressional District 5



Statement on the One-Year Anniversary of the Capital Gazette Shooting

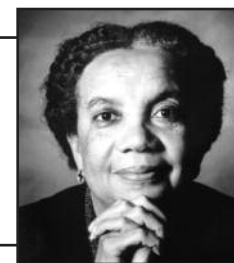
WASHINGTON, DC (June 28, 2019)—House Majority Leader Steny H. Hoyer (MD) released the following statement today on the one-year anniversary of the shooting at the *Capital Gazette* newspaper in Annapolis, Maryland:

"One year ago today, the *Capital Gazette* and the State of Maryland suffered a terrible loss. I join in remembering Rob, Gerald, John, Wendi, and Rebecca and the impact they had on our communities in Maryland. We will never forget their dedication to the work of delivering the news and

their commitment to the American principle of freedom of the press. Neither will we forget the heroism of their colleagues who, though weighted with shock and mourning for their colleagues, continued to cover the news even in the hours after the shooting. As we mark this somber anniversary, my thoughts remain with the victims and survivors of that horrific day, and I will continue to work in Congress to prevent gun violence and ensure that the press, a critical component of our democracy, is respected for the role it plays in America."

Marion Wright Edelman

President Emerita,
Children's Defense Fund



ChildWatch:

New Levels of Shame

It is inconceivable that the latest headlines come from a civilized nation. "Detained Migrant Children Denied Adequate Food, Water & Sanitation in Texas." "There Is a Stench: No Soap and Overcrowding in Detention Centers for Migrant Children." "The Taliban gave me toothpaste": Former captives contrast U.S. treatment of child migrants."

Last week's Associated Press report exposed the details of the inhumane conditions and neglect at the Clint, TX Border Patrol station: "Lawyers warn that kids are taking care of kids, and there's inadequate food, water and sanitation for the 250 infants, children and teens at the Border Patrol station...Fifteen have the flu, and 10 more are quarantined. Three girls told attorneys they were trying to take care of [a] 2-year-old boy, who had wet his pants and had no diaper and was wearing a mucus-smear shirt when the legal team encountered him...Law professor Warren Binford, who is helping interview the children, said she couldn't learn anything about the toddler, not even where he's from or who his family is. He is not speaking... 'In my 22 years of doing visits with children in detention, I have never heard of this level of inhumanity,' said Holly Cooper, who co-directs University of California, Davis' Immigration Law Clinic and represents detained youth." Many children had not had access to a shower or changed clothes since they had crossed the border days or even weeks earlier. Meanwhile Justice Department attorney Sarah Fabian argued in court that the federal government should not have to provide immigrant children with toothbrushes or soap to fulfill its legal obligation to provide them "safe and sanitary" conditions.

The spotlight on the inhumane treatment at the border comes just as the Trump administration is threatening to conduct mass deportation roundups of immigrant families, which will do real and lasting harm to countless children. This action, which the Children's Defense Fund has condemned in the strongest terms, is the latest in a long string of actions by this administration meant to tear families apart and sow fear and panic among immigrant communities.

The hostile, xenophobic rhetoric of the administration is so pervasive that even very young children now live with the daily fear of losing a parent. The Department of Homeland Security has said that parents detained while their children are at day care or summer camp may be deported while their children are left be-

hind. Deportations and family separations have dire consequences for children's mental health and well-being, and they put enormous strain on communities—especially the already over-burdened child welfare system. That the U.S. Department of Homeland Security and Immigration and Customs Enforcement refer to this action as the "family op" reinforces this administration's callous disregard for the children's lives that will be harmed and the families that will be torn apart by these actions. Targeting children and families in an effort to create fear among immigrant communities is immoral and runs counter to the values upon which this country was built.

We urge the administration to stop separating children from their parents and to stop imprisoning children in unsafe, inhumane conditions. We call on Congress to refuse to fund the Trump administration's cruelty. And we urge state and local officials to speak out against this administration's actions and equip their communities with the resources they need to support impacted families. It is our moral duty as a nation to protect and defend all children, regardless of where they come from or the color of their skin.

God, forgive our nation and help us to repent.

**

Let the little children come unto me and forbid them not, for such is the kingdom of Heaven, Jesus said.

He did not say let only rich or middle-class White children come.

He did not say let only the strapping boys but not the girls come.

He did not say let only the able-bodied children come.

All the children He bade come.

He did not say let all my children or your children or our friends' children or those in our families and neighborhoods and who look and act like us come.

He did not say let only the well-behaved nice children come or those who conform to society's norms.

He did not say let a few, a third, half, or three-fourths come—but all.

Jesus said let the little children come and forbid them not, for such is the kingdom of heaven.

**

Prayer for Courage to Do Justice (By Alan Paton)

O Lord, open my eyes that I may see the needs of others;

Open my ears that I may hear their cries;

Open my heart so that they need not be without succor;

Let me not be afraid to defend the weak because of the anger of the strong nor afraid to defend the poor because of the anger of the rich.

Show me where love and hope and faith are needed, and use me to bring them to those places.

And so open my eyes and my ears that I may, this coming day, be able to do some work of peace for thee. Amen.

The Prince George's Post

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BUSINESS AND FINANCE

Social Security Matters

Ask Rusty:

Should I Claim Benefits Early and Invest Them?

By RUSSELL GLOOR,
AMAC Certified Social Security Advisor
Association of Mature American Citizens

Dear Rusty:

I am 64 years old and my wife is 62. We both have good paying careers. Our original plan was to wait until we each turned 70 before drawing our Social Security benefits. But I was talking to a friend who is a very successful small business owner who told me that he started drawing his SS benefits at age 62. He puts the funds in a mutual fund every month. He has "run the numbers" and he is convinced that he will come out ahead rather than waiting to draw at age 70. I was shocked to hear this advice since I had never heard any expert advocate this option before. What say you, Sir? **Signed: Questioning My Plan**

Dear Questioning: I, too, have "run the numbers" many times. Although Social Security will say that it makes no difference when you apply (they say you get the same in total benefits no matter which age you claim) with average longevity today being in the mid-80's (84 for men; 87 for women) that may not be true. I have done numerous "break even analyses" and have found that if one claims at their full retirement age instead of at age 62, they will have collected the same amount of benefits at age 78 in either case. That means that by living longer than age 78, you will realize more in total cumulative lifetime Social Security benefits by waiting until your full retirement age to apply. Similarly, if you wait until age 70 to claim, you will break even (collect the same in total benefits) at age 82, and if you live beyond 82 you'll get more in cumulative benefits by waiting. If you live well beyond those ages, the extra benefits can be very substantial.

I wonder if your friend included in his analysis how the "earnings test" affected his early benefits. If you are still working and you claim benefits before you reach your full retirement age, you'll be subject to Social Security's "earnings limit" (\$17,640 for 2019) which, if you exceed it, will cause Social Security to withhold benefits equal to \$1 for every \$2 you are over the limit. This applies to both you and your wife. The earnings limit doesn't go away until your reach your full retirement age, so when contemplating whether to collect benefits before your full retirement age you should assess the amount of benefit loss you will incur if your earnings exceed the earnings limit. Although at your full retirement age (FRA) Social Security gives you time credit for any months you don't received benefits because you exceeded the earnings limit, it will take you years to recover any withheld benefits because they only slightly increase your benefit at your FRA to compensate for withheld benefits from over-earning (you need to live long enough to recover those lost benefits).

And did your friend consider this: your surviving spouse will receive 100% of the benefit you are receiving at your death. If you claim before your full retirement age, your surviving spouse will get the reduced amount; if you wait until after your full retirement age to claim, your surviving spouse will get the full amount of your benefit increased by delayed retirement credits. Benefits are about 76% more at age 70 than they are at age 62.

Of course, the question of when to apply must always take into account your current financial needs, your current health and lifestyle, and your expected longevity (considering your family history). Whether to claim early and invest those benefits or wait until later is a choice only you can make. But you should consider the above points and compare the guarantee of increasing your lifetime benefit amount by 6% to 8% for each year you wait to claim, against the interest or growth rate you might expect from investing in the securities market.

The 2 million member Association of Mature American Citizens (AMAC) (<https://www.amac.us>) is a vibrant, vital senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at <https://amac.us/join-amac>.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

MedStar Southern Maryland Hospital Center Publications Win Five Golds, One Silver, and Two Bronze Aster Awards For Excellence in Healthcare Communication

By CHERYL RICHARDSON
MedStar Southern Maryland Hospital Center

CLINTON, Md. (June 26, 2019)—MedStar Southern Maryland Hospital Center (MSMHC)'s community magazine, *Health*, and four pieces of its 2018 Hospital Week marketing materials have won 2019 Gold Aster Awards. MSMHC's associate newsletter *Connections* won a Silver Aster Award, and MSMHC's Annual Nursing Report and Hospital Week CNA and Tech Luncheon Invitation won Bronze Aster Awards. Aster Awards are granted annually for excellence in healthcare communication.

"I'm very proud of our Marketing Team," said MSMHC President Christine Wray. "We try not only to be a great hospital for our patients, but also a great place to come and work. We attract talented people to every team in the building and the Marketing Department is no exception. They come up with great content to inform our community members in *Health* magazine and important articles to inform associates in *Connections*. I applaud MSMHC's Marketing associates for earning this recognition."

Health is a glossy magazine mailed out to more than 220,000 households surrounding the hospital. This magazine is shot by professional photographer Ryan Smith. The publication also begins with a Letter from MSMHC President Christine Wray. It contains a Patient Testimonial cover story, and feature articles promoting the work of the hospital, educational articles on medical conditions and treatments, and a Heart&Soul section featuring MSMHC's Cardiology Department. Current and past issues of *Health* are available at medstarsouthernmaryland.org.

Connections is published monthly and mailed to associates' homes. It features a Letter from the President, stories about physicians and the latest innovations at MSMHC, department spotlights, and contributions from human resources and nursing.

Hospital Week is celebrated annually in May with a series of fun events for hospital associates. The hospital's annual nursing reports are created yearly to provide a detailed report of accomplishments throughout the year.

To be considered for an Aster Award, a healthcare facility had to submit all advertising/marketing materials developed, produced and/or distributed during the calendar year 2018 to be eligible for the 2019 program. All entries for each category are placed together for judging by a panel of design and healthcare marketing professionals with decades of combined experience. Entries are judged on: Creativity, Layout/Design, Typography, Production, and Quality & Overall Effectiveness. For more information, visit www.asterawards.com.

MedStar Southern Maryland Hospital Center, located in Clinton, Maryland, is a 176 bed acute care hospital serving the Washington, D.C., metro and Southern Maryland area. The hospital is focused on caring for patients and their loved ones utilizing advanced technology under the guidance of expert clinicians. Quality, Safety, Wellness, and Patient Satisfaction are achieved through a spirit of patient centered services that connect us to the community we serve. For more information, visit MedstarSouthernMaryland.org.

Maryland Attorneys Now Being Notified by Email To Pay CPF Assessment and to File Pro Bono and IOLTA Reports

By NADINE MAESER AND TERRI CHARLES
Division of Government Relations and Public Affairs

ANNAPOLIS, Md. (June 26, 2019)—They used to get a letter in the mail, but Maryland attorneys now need to look in their email for the annual notification to pay the Client Protection Fund assessment and complete online reporting on pro bono activities and Interest on Lawyers Trust Accounts (IOLTA). With the switch to the new Attorney Information System (AIS), there are no more paper invoices or notices, and all AIS communication with Maryland lawyers is now electronic. The notification about the annual assessment and reports will be sent by email on or about July 10.

Attorneys are required to complete their reports and pay the assessment no later than September 10 of each year. Pro bono and IOLTA reports must now be completed online; however, attorneys can choose to pay the Client Protection Fund assessment online or through the U.S. mail by including an invoice printed from the AIS.

AIS is a comprehensive database that brings together information about Maryland attorneys. The database is maintained by the court-related agencies that support the Court of Appeals in its role of regulating the legal profession in Maryland.

Data about pro bono service is used by the Maryland Judiciary to plan and promote pro bono activity. Interest generated from IOLTA accounts is used to fund civil legal aid programs in the state.

Attorneys will use AIS to fulfill several reporting and assessment requirements. Maryland Rule 19-802(b) requires all Maryland attorneys to register with AIS to ensure they receive all communications regarding their license to practice.

Changes to the Maryland Rules took effect January 1, 2019, that consolidated several processes into a single compliance cycle for Maryland attorneys. This single, annual process should make it easier for lawyers to fulfill their annual requirements and remain in good standing.

For additional information about attorney compliance requirements and AIS, visit <https://mdcourts.gov/lawyers/ais>.

Maryland Environmental Service Announces Environmental Business Leadership Award Winners

Awards to be presented at sold-out conference on July 10

By CRAIG J. RENNER
Maryland Environmental Service

BALTIMORE, Md. (June 25, 2019)—Maryland Environmental Service announced recipients of the 2019 Environmental Business Leadership Awards. The seven winners were selected following a competitive nomination and evaluation process. Awards will be presented at the sold-out Environmental Business Leadership Conference dinner on July 10 at the Four Seasons Hotel Baltimore. The 2019 award recipients include:

- Environmental Business Leader: LifeBridge Health
- Environmental Excellence—Sustainability: University of Maryland, Office of Sustainability
- Environmental Excellence—Restoration: Anne Arundel County Public Schools
- Environmental Excellence—Solid Waste Management: Baltimore Gas and Electric
- Meritorious Service Award (Lifetime Achievement): George G. Perdikakis, Sr.
- Meritorious Service Award (Lifetime

Achievement): Maryland Public Television

- Rising Star: The Compost Crew

"The Environmental Business Leadership Award recipients are exemplary individuals and organizations that have consistently demonstrated strong leadership and commitment to strengthening and preserving Maryland's incredible environment," said Roy McGrath, CEO and Chairman of Maryland Environmental Service. "These awardees exemplify how being good stewards of the environment is good for business," he added.

Brown Advisory is the official sponsor of the awards. President and CEO Michael Hankin will emcee the program and present the awards.

The sold-out Environmental Business Leadership Conference features nearly 50 industry experts and speakers including Maryland Governor Larry Hogan, U. S. Naval Academy Superintendent, Vice Admiral Walter E. "Ted" Carter, Jr., PBS NewsHour Anchor Judy Woodruff, acclaimed author Andrew Savitz, and nine members of the Hogan Administration Cabinet.

The event brings together key business and environmental leaders from the Mid-Atlantic region and across the country to collaborate and learn about the latest environmental business and product innovations, technologies, and opportunities.

For more information about the conference, visit biz.menv.com

Established in 1970, Maryland Environmental Service operates 1,000 environmental projects and services across the Mid-Atlantic Region, and employs over 800 teammates. An independent, self-supporting State agency, MES enhances Maryland's environment through innovative solutions to the region's most complex environmental challenges. MES is a unique, not-for-profit public corporation that combines public sector commitment to environmental protection with private sector flexibility and responsiveness. More than two-thirds of MES' revenues flow to private sector contracts. MES receives no direct operations funding from the State and does not have regulatory authority. To learn more, visit www.menv.com.

July 1 Brings Lower Interest Rates on New Federal Student Loans

By PRESS OFFICER
The Institute for College Access & Success

OAKLAND, Calif. (June 27, 2019)—July 1 is an important date for students and families: it is when most changes to federal student aid—both loans and grants—go into effect. For the year [that started] July 1, 2019, the maximum Pell Grant will be higher, and new federal loans for undergraduates, graduate students, and parents will have slightly lower fixed interest rates than

loans taken out the year before. To help inform college borrowing decisions, we have a new, easy-to-read chart with 2019–20 interest rates, loan amounts, and other useful information for the most common types of federal loans.

The coming changes include:

On July 1, the maximum Pell Grant [increased] to \$6,195, up from \$6,095. Pell Grants help 7.5 million low- and moderate-income students pay for college and reduce how much they need to borrow.

- Even with the increase, the new maximum Pell Grant for 2019–20 will cover less than 30% of the cost of attending a public four-year college, the smallest share in the program's history.

On July 1, the fixed rates for new federal loans will be lower than the rates for loans issued last year.

- Stafford loans for undergraduates, subsidized and unsubsidized: 4.53% for loans issued in 2019–20 (down from 5.05% for loans issued in 2018–19).
- Stafford loans for graduate students: 6.08% for loans issued in 2019-20 (down from 6.60% for loans issued in 2018–19).
- Parent and Graduate PLUS loans: 7.08% for

loans issued in 2019-20 (down from 7.60% for loans issued in 2018–19).

On October 1, origination fees will decrease slightly for new federal loans.

- For loans issued October 1, 2019 through September 30, 2020, fees will be 1.059% of principal for all Stafford loans (down from 1.062% and 4.236% for all PLUS loans (down from 4.248%).

For more information about federal student loans for the coming school year, see our summary chart, Federal Student Loan Terms for 2019–20 at <https://ticas.org/content/post/federal-student-loan-amounts-and-terms-loans-issued-2019-20>.

OUT on the TOWN

Stay Healthy at Animal Exhibits

Interacting with animals at fairs, educational farms, petting zoos, summer camps, aquariums, schools, and other places can be educational and fun, and helps people learn about and experience animals they may not see in their daily lives. However, it is important to know that animals sometimes carry germs that can make people sick.

Every year, many people get sick after visiting an animal exhibit. From 2010–2015, about 100 outbreaks of illness in people linked to animals in public settings like zoos, fairs, and educational farms were reported to public health officials. Some of the most common harmful germs people get from animals at exhibits are *E. coli O157:H7*, *Cryptosporidium*, and *Salmonella* infections, but there are also many other types of germs that can spread between animals and people. Children 5 years of age and younger, people with weakened immune systems, and adults over 65 years of age are more likely to get sick from the germs animals can carry, and should take extra precautions at animal exhibits. If you forget to wash your hands after petting an animal, or bring food or drinks into an area with animals, you increase your chance of getting sick. Even animals that look clean and healthy can carry harmful germs, and areas where animals live or roam can be contaminated—you don't have to touch an animal to get sick.

How to stay healthy if you visit an animal exhibit or have contact with animals in a public setting

Animal encounters such as touching or petting, feeding, and holding animals are becoming more popular, especially at zoos and aquariums. An animal exhibit can be anything from a large zoo to a livestock show at the county fair. You might also encounter animals at schools, as part of local festivals, or just out and about. Wherever you are, it's important to know ways to stay healthy while enjoying animals.

Protect yourself and your family

Wash your hands

- Find where the handwashing stations are located.
- Wash your hands right after touching animals or anything in the areas where they live, roam, or eat.
- Wash your hands when you leave animal areas, even if you didn't touch the animals; hands should still be washed if you wore gloves.
- Running water and soap are best, but if they are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol and wash your hands with soap and running water as soon as you can.

Keep food and animals separate

- Don't eat or drink around animals, and keep food and drinks away from animal areas.
- Don't share your food with the animals, even if you think the food is part of the animal's regular diet. Animals should eat the food provided for them by the animal exhibit.
- Don't eat or drink raw (unpasteurized) products. Raw products made or sold at animal exhibits may include: milk, cheese, cider, or juice.

Keep children safe around animals

- Always supervise children around animals.
- Children 5 years of age and younger should not have contact with reptiles, amphibians, or live poultry because these animals are more likely to make them sick.
- Leave items such as strollers, pacifiers, cups, or toys outside the exhibit.
- Don't let children to put their thumbs, fingers, or objects (like pacifiers) in their mouths when they're around animals or in an animal area.

- Don't let children sit or play on the ground in animal areas.
- Teach children to approach animals with caution and follow the rules. Do not let children put their fingers or objects near an animal's mouth, even if the animal seems friendly. Make sure to follow any rules provided on signs or verbally by the staff. For example, some contact exhibits have a "two-finger touch" rule.

If you work at, manage, or design animal exhibits

The Compendium of Measures to Prevent Diseases Associated with Animals in Public Settings provides standardized recommendations for public health officials, veterinarians, animal venue operators, animal exhibitors, and others concerned with disease control and with minimizing risks associated with animals in public settings. NASPHV also provides a toolkit with examples of regulations on animal exhibitions, printable posters with messages on how to stay safe while enjoying animals, and a check list of petting zoo best practices.

Even healthy animals can carry germs that might make visitors sick. When designing an exhibit, you want to protect your animals and your visitors, while preserving the fun and education.

Design exhibits in ways that will help to prevent the spread of disease:

- Provide stations for handwashing at the exits of animal exhibits, including some that are low enough for children to reach.
- Educate staff and visitors on how to prevent illness after being around animals.
- Provide signs for guests on when and how to wash their hands, where people can eat, and areas for the animals. Use plain language and pictures.
- Keep dining and animal areas separate.
- Train staff and educate visitors on diseases animals may carry and how to prevent them.
- Educate your staff on the risks of working around animals. Encourage them to talk to visitors about safety around animals, such as handwashing.
- Provide your staff with resources on safety at animal exhibits, especially if your staff includes veterinarians or health-care providers.

—Content source: Centers for Disease Control and Prevention, National Center for Emerging and Zoonotic Infectious Diseases (NCEZID)

Animal Farms in Prince George's County

National Colonial Farm, Accokeek Foundation
at Piscataway Park
3400 Bryan Point Road
Accokeek, MD 20607
301-283-2113
www.accokeek.org

Hard Bargain Farm, Alice Ferguson Foundation
Environment Center
at Piscataway Park
2001 Bryan Point Road
Accokeek, MD 20607
301-292-5665
www.hardbargainfarm.org

Old Maryland Farm
Watkins Regional Park
301 Watkins Park Drive
Upper Marlboro, MD 20774
301-218-6770
http://www.mncppc.org/3192/Old-Maryland-Farm

Oxon Cove Park, Oxon Hill Farm
6411 Oxon Hill Road
Oxon Hill, MD 20745
301-839-1176
www.nps.gov/oxhi/

son, Liam. Meanwhile, back in the city, Snowball (Kevin Hart) the hyperactive bunny is recruited by a lapdog named Daisy (Tiffany Haddish) to help rescue a tiger from a mean Russian circus, which they accomplish only to be pursued by circus wolves. The third story, barely connected to the others and purely extraneous, has pampered Pomeranian Gidget (Jenny Slate) agreeing to watch Max's favorite toy while he's gone and immediately losing it to an apartment full of cats.

It's a bit odd that Duke (Eric Stonestreet), the big shaggy dog whose arrival in Max's life was the first film's driving

conflict, is in the sequel but doesn't do anything, and a little awkward how Liam clearly has TWO doggy best friends but Max talks like it's just him. (Narratively, it would be cleaner for Duke not to be in the picture, but whaddaya gonna do, kill him off?) Having so much of the sequel centered on minor characters while Max is offstage is a bold choice, but the fast-paced structure means we're never following one story thread for very long before hopping to another one, and each plot line has its share of funny gags. It won't drive you crazy when it's a TV show and your kids watch it all the time.

ERIC D. SNIDER'S IN THE DARK

.... Movie Review

The Secret Life of Pets 2

The Secret Life of Pets 2
Grade: B-
Rated PG, a little mild language ("pissed").
1 hr., 26 min.

Coming on the heels of its shaky predecessor, "The Secret Life of Pets 2" is a mild, playful surprise with the confidence of a long-running franchise. This week's other new movie, "Dark Phoenix," feels like a TV show in a bad way, but "TSLOP2" feels like one in a good way, with a sitcom-structured plot (written by "Hop" and "Minions" scribe Brian Lynch) and a cast of characters that functions like a well-oiled machine. These characters, mostly dogs and cats who live in the same New York City high-rise and can hang out together because their owners all leave their fire-escape windows open 24/7, aren't terribly compelling or lovable, and I wouldn't swear that all of them were in the first movie. But they and their good-natured adventures are amusing enough, and director Chris Renaud (of the "Despicable Me" series) keeps a light touch.

Like the TV show it very much wants to be, it has an A story, a B story, and a C story.

In the main thread, terrier Max (Patton Oswalt, replacing Louis C.K. for reasons I can't imagine) spends vacation with his humans at a farm, where a grizzled old farm dog (Harrison Ford) teaches him not to be so anxious and overprotective of his humans' toddler-age



ROTTENTOMATOES.COM

THE SECRET LIFE OF PETS 2 will follow summer 2016's blockbuster about the lives our pets lead after we leave for work or school each day. Illumination founder and CEO Chris Meledandri and his longtime collaborator Janet Healy will produce the sequel to the comedy that had the best opening ever for an original film, animated or otherwise. THE SECRET LIFE OF PETS 2 will see the return of writer Brian Lynch (Minions) and once again be directed by Chris Renaud (Despicable Me series, Dr. Seuss' The Lorax).

Spotlight on the Arts

Montpelier Instructors Showcase

Date and Time: Opens Saturday, July 6, 2019, 10 a.m.–5 p.m.

Reception: Sunday, July 7, 2019, 2–4 p.m.

Description: For over thirty years, Montpelier Arts Center has provided the residents of Prince George's County and surrounding areas opportunities to learn from some of the leading artists in the field. Join us in celebrating our instructors' works of art that have inspired so many. ADA: Yes

Cost: FREE!

Ages: All ages are welcome

Location: Montpelier Arts Center, 9652 Muirkirk Road, Laurel, MD 20708

Contact: 301-377-7800; TTY 301-699-2544

ArtsFest 2019

Date and Time: Saturday, July 6, 2019, 12–6 p.m.

Description: Sponsored by the Riverdale Park Arts Council (RPAC) and the Town of Riverdale Park, Riverdale Park Station will host The 12th Annual ArtFest and welcome dozens of local artists and purveyors showcasing and selling their original artwork, crafts and books. Find everything from original stained glass, oil paintings to hand-made jewelry and author signings, alongside a Children's Pavilion featuring gardening crafts and face paintings. There will be local vendors selling food and a free, day-long concert featuring blues, rock, and classical musicians, dance and poetry.

Cost: Free

Ages: All ages are welcome

Location: Riverdale Park Station, 6621 Baltimore Avenue, Riverdale Park, MD 20737

Contact: riverdaleparkstation.com, @RiverdaleParkStation on FB

Fairwood Performance Series:

Marc Evans and Soul Centered and Joi Carter

Date and Time: Sunday, July 7, 2019, 4–6 p.m.

Description: Singer and songwriter Marc A. Evans has been writing and performing for more than 15 years. Joi Carter, also known simply as JC, is a Baltimore native with a fiery sound and an engagingly spunky stage performance indicative of her love for 80's music and growing up in a household filled with the sounds of soca, funk, and rock.

Cost: Free

Ages: All ages are welcome

Location: Fairwood Community Park, 12390 Fairwood Parkway, Bowie, MD 20720

Contact: 301-446-3232; TTY 301-699-2544.

Arts on the Waterfront: Spanglish Latin American Band

Date and Time: Sunday, July 7, 2019, 6 p.m.

Description: Bring your dinner and family.

Cost: Free

Ages: All are welcome

Location: Bladensburg Waterfront Park, 4601 Annapolis Road, Bladensburg, MD 20710. For more info, see OPEN TO THE PUBLIC feature below.

Greenbelt Station Public Art Visioning Meeting

Date and Time: Tuesday, July 9, 2019, 7:30 p.m.

Description: What kind of public art would you like to see in the Greenbelt Station Central Park? Look at examples and join the conversation! No art background necessary. All Greenbelt stakeholders welcome. Light supper provided. RSVP through www.signupgenius.com.

Location: Springhill Lake Recreation Center, 6101 Cherrywood Lane, Greenbelt, MD 20770

Contact: ndewald@greenbeltmd.gov

Jazz on the Lawn—July 10: Brûlée

Date and Time: Wednesdays, July 10 & 24, 2019, 7–8 p.m.

Description: Pack a picnic and your blanket or lawn chair and enjoy music from some of the top area jazz musicians. In case of rain, concerts move inside. Say the word "Rosalie" and enjoy 10% off your growler & wine purchases at Town Center Market on concert Wednesdays! July 24: The Lovejoy Group

Cost: Free

Ages: All ages are welcome

Location: Riversdale House Museum, 4811 Riverdale Road, Riverdale Park MD 20737

Contact: 301.864.0420, TTY 301.699.2544

OPEN TO THE PUBLIC



PHOTO BY BEN JACOBSON (KRANAR DROGIN) FROM WIKIMEDIA COMMONS

Come enjoy **Bladensburg Waterfront Park**, located on the scenic Anacostia River, one of the most historic waterways in America! Explore the river by boat or the hiker/biker trails linking to the Anacostia Tributary Trail System and the new Anacostia River Trail to Washington, D.C. Enjoy fishing, canoe/kayak rentals, picnic areas, playground, walking paths and more. Park is open sunrise to sunset daily, front gate locks at posted closing time.

Bladensburg Waterfront Park: 4601 Annapolis Road,

Bladensburg, MD 20710 • 301-779-0371

• <http://www.mncppc.org/3256/Bladensburg-Waterfront-Park>

Calendar of Events

July 4–July 12, 2019

Cub Corner

Date and Time: Saturday, July 6, 2019, 10:30 a.m.
 Description: For groups larger than 10 please call the museum to make a private group reservation. Come to the Cub Corner story time for preschool fun! Ideal for little learners to enjoy a flight-themed story and hands-on craft activity.
 Cost: FREE with Museum Admission
 Ages: 5 and younger
 Location: College Park Aviation Museum, 1985 Corporal Frank Scott Drive, College Park, MD 20740
 Contact: 301-864-6029; TTY 301-699-2544

Bowie Ice Arena Community Day

Date and Time: Saturday, July 6, 2019, 12–3 p.m.
 Description: Come learn about the programs and offerings at the Bowie Ice Arena. Bowie Hockey and Bowie Figure Skaters will be on site to assist beginners and provide information on their programs too. Don't forget long pants, socks and a sweat-shirt.
 Cost: Free
 Ages: All ages are welcome
 Location: Bowie Ice Arena, 3330 Northview Drive, Bowie, MD 20716
 Contact: 301-809-3090

Dinosaur Park Open House

Date and Time: Saturday, July 6, 2019, 12–4 p.m.
 Description: Discover an ancient world right in Prince George's County! Paleontologists and educators will display fossils, casts, and models of *Astrodon johnstoni*, Maryland's state dinosaur, along with other 112 million-year-old creatures found at Dinosaur Park. Weather permitting, visitors help search for new fossils and make discoveries that will be preserved with their names for all time! **Digging and personal fossil hunting prohibited.**
 Cost: Free
 Ages: All ages are welcome
 Location: Dinosaur Park, 13100 Mid-Atlantic Blvd, Laurel, MD 20708
 Contact: 301-627-1286; TTY 301-699-2544

Urban Line Dancing

Date and Time: Monday, July 8, 2019, 8:30–9:30 a.m.
 Description: Fitness in the Parks is an exercise program that brings a variety of fitness opportunities to parks and natural areas across Prince George's County! We invite you to find the class that best suits your fitness goals and come discover the benefits of exercising in nature. No registration required. Join us for a fun, easy-to-follow, choreographed dance workout that increases your heart rate, burns calories, and improves coordination. Recommended for all levels of fitness. Classes may be canceled due to inclement weather or wet grounds. Call 301-927-0822 for weather-related cancellations.
 Cost: Free
 Ages: 18 and older
 Location: Kentland Community Center (Located on the outdoor basketball court), 2413 Pinebrook Avenue, Landover, MD 20785
 Contact: 301-446-6845; TTY 301-699-2544

Fairy Tale Fun

Date and Time: Tuesday, July 9, 2019, 10–11 a.m.
 Description: Make new friends while enjoying stories, snacks and a craft!
 Cost: Free. No reservations
 Ages: 2–5 years old
 Location: Belair Mansion, 12207 Tulip Grove Drive, Bowie, MD 20715
 Contact: 301-809-3089, sproctor@cityofbowie.org

Family Fun At the Wonderful World of Watkins: Terrific Tuesdays in July

Date and Time: Tuesday, July 9, 2019, 5–8 p.m.
 Description: Come out for an evening of outdoor fun with friends and family! Enjoy unlimited rides on the train and carousel, and rounds of miniature golf for one price per person. The outdoor patio and surrounding grounds are the perfect places to bring and enjoy an outdoor snack or picnic dinner. Subject to change due to inclement weather.
 Cost: Resident; \$5/person; Non-resident \$7/person. All major credit cards are accepted. **Advanced sales are not available. Purchases are made on site each evening and are good for that date only.**
 Ages: All ages are welcome
 Location: Watkins Regional Park, 301 Watkins Park Drive, Upper Marlboro, MD 20774
 Contact: 301-218-6700; TTY 301-699-2544

Blast-in-the-Past: A Hands-On History Playground

Date and Time: July 11–August 3, 10 a.m.–3 p.m.
 Description: Who knew history could be so much fun? Your kids will get fresh air, exercise, and learn about history this summer at Blast-in-the-Past, the hands-on history playground! Montpelier's shaded grounds become a kid-sized colonial village, with town square, market, farm and more. Kids can play and pretend 'til their hearts' content! Come for an hour or stay for the day. Win a free pass by joining PGMLS's "Summer @ Your Library" program!
 Cost: Prince George's Co. Resident \$2.50/day; Non-Resident \$3/day. Saturdays are All-County Day, all pay \$2.50.
 Ages: 2 and up
 Location: Montpelier Historic Site, 9650 Muirkirk Road, Laurel, Maryland 20708
 Contact: 301-377-7817, TTY: 301-446-3302, www.pgparcs.com

Outdoor Summer Movie Series: Moana

Date and Time: Friday, July 12, 2019, 8:30 p.m.
 Description: Join Council Member Deni Taveras, M-NCPPC Parks and Recreation, and our local School PTA/Os for an Outdoor Summer Movie Series throughout District 2! Our local PTA/Os will have a concession stand filled with a yummy selection of treats. Come out and enjoy a movie, all while you support our local school PTA/Os.
 Cost: Free
 Ages: All ages are welcome
 Location: Mount Rainier Nature Center, 4701 31st Place, Mount Rainier, MD 20712

PLAN AHEAD FOR THESE EVENTS!

'The Plane That Anyone Could Fly'

Date and Time: Saturday, July 13, 2019, 10 a.m.–12 p.m.
 Description: Join us to discover the little known history of the Ercoupe, a low-wing monoplane aircraft manufactured just a stone's throw from the museum! Aviation expert Joel Carlson will share the compelling story of the Engineering and Research Corporation (ERCO) and their quest to mass produce the "Model T of the air." Nearly 80 years ago, the aircraft billed as "the plane of tomorrow, delivered today" and the "plane that anyone could fly," changed the way we fly. You'll end your morning with a flight demonstration, and watch pilot Chris Scholdt fly a fully-functioning Ercoupe into the College Park Airport! Come see history in the present!
 Cost: \$25/person: <https://www.atlasobscura.com/events/ercoupe-july2019>
 Ages: All ages are welcome
 Location: College Park Aviation Museum, 1985 Cpl. Frank Scott Drive, College Park, MD 20740
 Contact: 301-864-5316; TTY 301-699-2544

Family Fun Day at Marietta House Museum

Date and Time: Saturday, July 13, 2019, 1–6 p.m.
 Description: Bring a lawn chair and/or blanket, and enjoy a day celebrating our communities. Listen to the jazz music of "Higher Standards Jazz Trio" (1 p.m.–3 p.m.) and the "Lawrence Dean Quartet" (3–5 p.m.) Visit our local craft artisans, and see wood-carving demonstrations. Our Farmer's Market will be extending their usual hours of 9 a.m.–1 p.m. to be here for the full event. Expanded our children's activities this year to include: face-painting, 19th century games and hands-on history, basket-weaving, sewing bean bags or marble bags, making Origami, and story time. Visit with the Glenn Dale Volunteer Fire Department (schedule permitting), take a tour of the truck, and see their fire-fighting equipment. Our 1813 historic home will be open for timed tours throughout the day.

Cost: Free admission and parking, however food and crafts, will be available for purchase.
 Ages: All ages are welcome
 Location: Marietta House Museum, 5626 Bell Station Road, Glenn Dale, MD 20769
 Contact:

Model Rocket Contest and 50th Anniversary of the Apollo 11 Moon Landing

Date and Time: Saturday, July 20, 2019, Noon–4 p.m. (weather permitting)
 Description: Celebrate the 50th anniversary of the historic Apollo 11 Moon landing at the annual National Association of Rocketry Headquarters Astro Modeling Section model rocket contest. Watch a narrated demonstration launch of models of historic NASA space vehicles, and then attempt to land your own model rocket on the "Moon." Trophies and prizes will be awarded to the top youth and adult finishers. The first 200 registrants will receive a commemorative Moon landing giveaway. **You must bring your own rocket and motors, or purchase them at the nearby Goddard Gift Shop.** An awards ceremony follows the contest. This contest is hosted by the Goddard Visitor Center and conducted by NARHAMS. Assistance has been received from the Maryland Space Business Roundtable and model rocket companies.
 Cost: Free. On-site registration is required on the day of the contest.
 Ages: All are welcome!
 Location: NASA Goddard Space Flight Center Visitor Center is located off ICESat Road, Greenbelt, MD 20771. Once on ICESat Road, turn left into the Visitor Center prior to the security checkpoint.
 Contact: 301-286-8981
 Info: www.nasa.gov/content/goddard/model-rocket-contest-and-50th-anniversary-of-the-apollo-11-moon-landing

Earth TALK™

Could Turning Carbon Dioxide to Fuel Solve the Climate Crisis?

Dear EarthTalk:

If we already know how to capture carbon dioxide (CO2) and turn it into fuel, why aren't we doing more of it?
 —M.N. Daly, Springfield, MA

With recent measurements detecting the highest levels of atmospheric CO2 in human history—and experts warning we have less than a dozen years to turn around our profligate emissions to avoid cataclysmic changes—the time is nigh to start ratcheting down our carbon footprints. One solution that seems obvious but has been slow to get out of the starting gate is scrubbing large amounts of CO2 from the air and recycling it as a feedstock to produce carbon-neutral fuels to power our machines.

We have known how to capture CO2 from the air at large scale since the 1950s, but it wasn't until the late 1990s that environmentalists started looking to so-called "Direct Air Capture" (DAC) as one of a suite of tools at our disposal for dealing with the greenhouse effect. Since then, re-

searchers have been scrambling to come up with the most efficient ways to capture CO2.

Massachusetts-based start-up Carbon Engineering formed in 2011 in an effort to produce and eventually commercialize DAC technology that can use captured CO2 to make fuel at costs competitive with producing conventional fossil fuels. After several years of research and development and implementation of its technologies at a pilot plant in British Columbia, the company has been able to get the costs of capturing CO2 down to ~\$100/ton—six times less than previous models predicted was possible.

But it's what happens next that has environmental advocates jazzed. Carbon Engineering's solar-powered electrolyzer splits water into hydrogen and oxygen, and then combines the hydrogen with previously captured CO2 to make carbon-neutral gasoline, diesel or even jet fuel. Assuming a \$100/ton cost for capturing atmospheric CO2, the company can produce these eco-friendly fuels for about \$1/liter, which is only marginally more expensive than their fossil-fuel

counterparts. The hope is that costs will come down to below fossil fuels as demand grows and facilities scale up. Also, as more states follow California's lead in requiring increasingly significant portions of their fuel mixes to come from "low-carbon" sources, demand for these green alternative fuels will rise and prices will likely drop even more.

R&D like this isn't limited to the U.S. Spain's SUN-to-LIQUID project uses unique solar concentration technologies that combine sunlight with oxygen and atmospheric CO2 to get three times as much energy out of the sun's rays as existing solar "reactors." The resulting "synthesis fuel" combines hydrogen and carbon monoxide and could be used to power vehicles or any type of engine equipped to deal with it.

And a team of Swiss and Norwegian scientists wants to put such technologies to use on millions of solar-powered floating islands at sea that could suck CO2 out of the air and turn it into fuel without taking up any land or bothering human neighbors. Such a plan may seem far-fetched, but we need to be open to new idea if we are going to turn the tide on climate change before we reach the dreaded "point of no return."

CONTACTS: "Atmospheric CO2 hits record high in May 2019," earthsky.org/earth/atmospheric-co2-record-high-may-2019; "Renewable transportation fuels from water and carbon dioxide," <https://phys.org/news/2019-06-renewable-fuels-carbon-dioxide.html>; "A Process for Capturing CO2 from the Atmosphere," [www.cell.com/joule/full-text/S2542-4351\(18\)30225-3](http://www.cell.com/joule/full-text/S2542-4351(18)30225-3); "11 million floating solar farms could eliminate carbon emissions from transport," www.chemistryworld.com/news/11-million-floating-solar-farms-could-eliminate-carbon-emissions-from-transport-/3010580.article.

EarthTalk® is produced by Roddy Scheer & Doug Moss for the 501(c)3 nonprofit EarthTalk. To donate, visit <https://www.earthtalk.org>. Send questions to: question@earthtalk.org.



IMAGE COURTESY EARTHTALK

Carbon Engineering has proven at its Canadian pilot plant in Squamish, British Columbia that it can suck greenhouse gases out of the air through so-called Direct Air Capture (DAC) and process them into liquid fuels at a cost nearly as cheap as producing fossil fuels.

Angela D. Alsobrooks
County Executive

ENVIRONMENT
Joseph P. Gill
Director

RECYCLE MORE TRASH LESS

More than half of the items going into your trash bin can be recycled. Know what to throw away in Prince George's and make recycling as easy as "ABC." For more information, visit bit.ly/acceptedpgc.

- **Always** remember to recycle:
 - Aluminum
 - Glass
 - Cardboard & Mixed paper
 - Metal cans
 - Plastic bottles & Jugs
- **Before** you recycle, rinse or wipe out containers.
- **Combine** all recycling items for collection.
- When in **Doubt**, throw it out!
- **Exclude** plastic bags/film, utensils & Styrofoam™.
- **Find** recycling containers at large public events, apartment complexes and ALL businesses countywide (mandatory beginning July 1, 2019).

second NATURE
Prince George's County Second Nature is an initiative of the Department of the Environment, Redevelopment Authority, and Office of Central Services to promote cost savings and sustainability in our everyday behavior.

COUNTY CHURCH DIRECTORY

UNITED METHODIST

WESTPHALIA
United Methodist Church

"A CHURCH ON THE REACH FOR GOD"
9363 D'Arcy Road
Upper Marlboro, MD

Two Worship Services:
8 and 10:30 a.m.
Sunday School: 9:30

(301)735-9373
Fax: (301) 735-1844

Rev. Dr. Timothy West, Pastor

ALL ARE WELCOME

Web Site:
www.westphaliaum.org

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www.fhbp.org

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Stephen L. Wright, Sr., Pastor

5018 Lakeland Road
College Park, MD 20740
301-474-3995
www.fbc-cp.org

Sunday School 9:30a.m.
Sunday Worship 11a.m.
Holy Communion 1st Sunday
Wednesday Bible Study 7-8p.m.
Wednesday Prayer Service 8p.m.

UNITED METHODIST

Union
United Methodist Church

14418 Old Marlboro Pike,
Upper Marlboro, MD

Church (301) 627-5088

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Sunday Worship: 10:00 a.m.

Rev. Kendrick D. Weaver, Pastor

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20785 • 301-490-2625

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Matthew 28:19-20

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Morning Worship 10:00 a.m.

Soulful Thursdays
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BAPTIST

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Worship Service - 11:00 A.M.
Wed. Prayer Service & Bible Study - 7:00 P.M.
Office (301) 839-1166
Fax (301) 839-1721
E-mail: FHBC@verizon.net
Pastor: Rev. Waymond B. Duke

COMMUNITY CHURCH

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4109 Edmonston Road Bladensburg, MD
(301) 864-3437

Intercessory Prayer: Sundays - 8:30 a.m.
Church School: - 9:15 a.m.
Morning Worship Celebration - 10:30 a.m.
Wed. Night Bible Study - 7:45 p.m.
Elder Willie W. Duvall, Pastor

Higher Achievement from A1

approach to serving middle school students. Prince George's County Public Schools is serious about investing in high quality out-of-school time programming, and we are answering the call."

Higher Achievement has officially partnered with Prince George's County Public Schools (PGCPS) on the launch of the Greenbelt Middle School Achievement Center. "We are excited to partner with Higher Achievement to help improve outcomes and opportunities for more middle school students. Higher Achievement's emphasis on both academic achievement and social emotional learning aligns with our goal of helping students prepare to meet the demands of college and careers," said Dr. Monica E. Goldson, Chief Executive Officer, PGCPS.

2U, Inc., a global leader in educational technology headquartered in Lanham, MD, is one of the center's inaugural sponsors. "We believe in the transformational power of higher education," said 2U Chief Strategy and Engagement Officer David Sutphen. "We are proud to sponsor the Greenbelt Achievement Center, located near 2UHQ in Prince George's County, because it provides local middle school students with the kinds of opportunities that lead to long-term academic success."

MGM National Harbor is also an inaugural sponsor of Higher Achievement's Greenbelt Center, and Starlet Hunter, Director Community Engagement, attend[ed] the ribbon cutting on July 2. School Board of Education Member Joshua M. Thomas (District 2), County Executive Angela Alsobrooks, Dr. Monica Goldson, Chief Executive Officer, Prince George's County Public Schools, and members of the Prince George's County Council also [attended].

Higher Achievement DC Metro currently operates seven achievement centers across the region (Wards 1, 4, 5, 6, 7, 8, and Alexandria, VA). The Greenbelt Achievement Center will serve 60 sixth and seventh grade students and beginning this fall will include 30 volunteer mentors recruited from local businesses, universities, and residents. Higher Achievement scholars spend hundreds of hours in middle school during the summer and afterschool participating in academic classes and enrichment activities and working with mentors in preparation for placement in rigorous high schools and ultimately on the path to graduating from college.

Higher Achievement's rigorous afterschool and summer academic program gives youth from at-risk communities their best opportunity to succeed in middle school—and in life. Our research-based program challenges middle school students to meet their full potential in three key areas: academics, social skills, and leadership. When students gain the skills and support they need to invest in their own success, they discover they can be scholars. On average, 95% of Higher Achievement scholars who complete the program graduate high school on time, which is 20% higher than the average graduation rates in our cities. Higher Achievement currently operates achievement centers in the Washington DC area, Baltimore, Richmond, and Pittsburgh. For more information, visit: www.higherachievement.org.

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301-627-0900

Increase your presence by advertising on FACEBOOK; TWITTER AND GOOGLE-ADS; Call our Multi-Media Specialists to experience the success of social media advertising today; CALL 410-212-0616

SEE RESULTS!
Promote Your Business in The Prince George's Post!
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SAVE loads of money with your advertising BUDGETS; CONNECT with the Multi-Media Specialists of the MDDC Advertising Networks; GET Bulk Advertising Opportunities NOW; CALL TODAY; With One Call; With One Ad

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From the City of Bowie

Looking For a Safe Location For Your Next Online/App Purchase Exchange?

We are pleased to announce that Bowie Police Department is now listed as a "transaction safe place." If you are buying or selling online, utilize our department's parking lot as a place to exchange items.

Please note that while our station is operational 24/7, we encourage residents to consider daytime hours for transactions in the parking lot. No Officers or PD personnel will be present for any exchange. You must arrange your own meet up times and conditions for your meetup.

Here are some more tips to ensure your experience with an online exchange/buy/sell app does not turn out poorly:

- Never use your own home as a meeting location
- Arrange meets during daylight hours
- Never go to meeting locations alone
- Insist on using cash instead of personal checks
- Be wary of anyone who refuses to meet at a public location, especially a police station!

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Lutheran Mission Society

Alan Amrhine, Communications Director
Lutheran Mission Society

"MDDC has connected donors with the LMS Vehicle Donation Program for over six years! Great exposure, cost effective, and Wanda is so helpful."

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