

The Prince George's Post



A COMMUNITY NEWSPAPER FOR PRINCE GEORGE'S COUNTY SINCE 1932

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Prince George's County, Maryland

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25 cents

Prince George's County Announces More Than \$1.2 Million In Donations to Capital Area Food Bank For County Residents

County Executive Alsobrooks directs \$500,000 to Food Bank and \$1 million to an emergency rental assistance fund.

By GINA FORD
Office of the County Executive
Prince George's County

LARGO, Md. (April 22, 2020)—Prince George's County Executive Angela Alsobrooks announced today the County's plan to address food insecurity during the COVID-19 pandemic, including more than \$1.2 million in donations to the Capital Area Food Bank to support Prince Georgians and a continued partnership with World Central Kitchen and local businesses to provide hot meals and grocery deliveries to residents experiencing food insecurity. These efforts will support residents who have had a loss of income due to COVID-19, particularly the 47,000 residents who are now unemployed.

"As the COVID-19 crisis continues and unemployment rises, no one should have to worry about

their food supply or where their next meal will come from," said Prince George's County Executive Angela Alsobrooks. "We will continue working with local businesses, non-profits, churches and other community partners to address the issue of food insecurity and ensure nobody goes hungry during these unprecedented times."

The Capital Area Food Bank (CAFB) has put together a 90-day plan to serve the needs of the region during this pandemic and is ready to begin implementing that plan in Prince George's County

due to several generous donations in the last week. The CAFB has received \$500,000 from Bank of America, \$100,000 from the County Council, \$100,000 from Dan Snyder and the Washington Redskins, and \$20,000 from the Prince George's County Chapter of The Links, Inc. In addition,

County Executive Alsobrooks directed \$500,000 from Prince George's County Government to the CAFB. All of these donations will go directly to feeding Prince George's County residents in need.

See DONATIONS Page A4

FOOD ASSISTANCE IS AVAILABLE FOR THOSE WHO NEED IT.

Find details and updates at
www.capitalareafoodbank.org/COVID19response
or contact the Hunger LifeLine at
hungerlifeline@capitalareafoodbank.org or by calling 202-644-9807

IMAGE COURTESY COMMUNITY CONNECTIONS NEWSLETTER

Sexual Assault Awareness The Survivor's Perspective Virtual Event

Join Prince George's County State's Attorney Aisha N. Braveboy and First Baptist Church of Highland Park on **Thursday, April 30, 2020 at 5 p.m.** for "Sexual Assault Awareness: The Survivor's Perspective" virtual event. The event will include safety tips, self-defense tactics and a panel discussion. You will hear from the State's Attorney's domestic violence team, Prince George's Hospital Domestic Violence Sexual Assault Center and survivors of sexual assault.

If you would like to attend this online event, please join the video at <https://mypgc.zoom.us/j/96960095114> and enter the passcode: 387059. You may also join by phone at 301-715-8592 or 877-853-5247 (Toll Free) and use the webinar ID: 969 6009 5114

For more information, send an email to tamichaelides@co.pg.md.us.

—State's Attorney's Office

Community Legal Services of Prince George's County, Inc. (CLS) Is Open to Assist the Community During the COVID-19 Pandemic

While our CLS offices and clinics are closed due to the COVID-19 pandemic, our staff continues to work remotely to deliver legal services to litigants.

Our staff schedules video and telephone calls for clients seeking legal advice from our staff attorneys in Family Law, Protective/Peace Orders Petitions, Landlord/Tenant, Foreclosure, Bankruptcy, Workers Rights and general civil legal matters. We continue to match clients with attorneys for direct representation.

Our current intake and legal advice hours are Monday to Friday 8 am to 6 pm. Clients seeking legal advice can call 240-391-6370.

Clients can apply for free legal representation online at www.clspgc.org, by email at info@clspgc.org, or by telephone at 240-391-6370.

CLS is a non-profit 501(c)(3) organization.

For more information, visit www.clspgc.org

—Nora C. Eidelman, Community Legal Services of Prince George's County, Inc.

University of Maryland Places Second in HUD 2020 Innovation In Affordable Housing Student Design and Planning Competition

By LISA A. WOLFE
U.S. Department of Housing and Urban Development

WASHINGTON (April 17, 2020)—U.S. Department of Housing and Urban Development (HUD) Mid-Atlantic Regional Administrator Joe DeFelice announced a graduate student team from the University of Maryland at College Park was named the runner-up in HUD's seventh annual Innovation in Affordable Housing Student Design and Planning Competition. The University of Maryland was one of four finalist teams who were presented with the challenge of designing a new mixed-use development for low-income residents on a vacant 6.6-acre site in Santa Fe, New Mexico, identified by the Santa Fe County Housing Authority. The College Park team was judged runner-up for its financing also, as well as elements of the site design. A graduate student team from Yale University was named as the winner of this year's competition.

"Once again, it's great to congratulate the team of graduate students from the University of Maryland's School of Architecture, Planning and Preservation," said DeFelice. "This is the fourth time they have entered HUD's student competition and the fourth time they have brought home an award. This year, they will bring home \$10,000 as the runner-up after winning the competition in 2019 and 2018 and placing second in 2016. Four for four. We are very proud of these future designers and planners."

"The Department's Innovative Housing Competition is intended



PHOTO CREDIT: UNIVERSITY OF MARYLAND SCHOOL OF ARCHITECTURE, PLANNING AND PRESERVATION

The students are (from left to right): Sam Bohmfalk, Shayne Piltz, Andrew Walker, Maggie Curran and Tochi Chimaobi Ohakawa. They are all graduate students within the school of Architecture, Planning and Preservation.

to advance the design and production of livable and sustainable housing for low- and moderate-income people. Leadership is the secret

See UMD PLACES SECOND Page A7

Adventist Healthcare Fort Washington Medical Center: Tour of the First Medical Tents in the State

Eunmee Shim, President - Adventist HealthCare Fort Washington Medical Center welcomed District 8 County Councilwoman Monique Anderson-Walker and District 26 MD State Delegate Jay Walker as we provided lunch for our frontline physicians, nurses and staff at



Adventist Healthcare Fort Washington Medical Center on April 25. While there, Ms. Shim provided us a tour of the three 10-bed newly constructed hospital tents. The constructed medical tent hospital is the first in the state of Maryland and we are proud to have the honor of the expansion in anticipation of the COVID-19 surge. In addition to the 30 additional beds, a modular 16 bed intensive care unit will be coming online in May. The hospital currently has 11 confirmed COVID-19 cases and 6 under investigation. Their patients ages range between upper 30s to 70s. There are 9 ventilators and 7 C-PAP machines that can convert to act as ventilators, totaling 16 ventilators. Kudos to Ms. Shim for her forward thinking, and being proactive and preemptive.

We are providing weekly lunches for all of the Adventist Healthcare Fort Washington Medical Center employees and continue to be supportive in every way possible as they serve our communities.

The hospital is still seeking talented medical staff, call 301-203-2951, if you are interested in joining the medical professionals at the hospital.

—Photo and text courtesy Prince George's County Council District 8 Orange Alerts, April 25, 2020

Council Enacts Resolution Addressing the Public Health Threat of Immigration Detention During COVID-19 Pandemic

By ANGELA ROUSON
Prince George's County
Council Media

UPPER MARLBORO, Md. (April 20, 2020)—The Prince George's County Council, during a virtual session on Monday, April 20, 2020, introduced Council Resolution - 012-2020, legislation recognizing the public health threat to Prince George's County residents caused by holding residents in immigration detention during the COVID-19 global pandemic. CR-012-2020 was unanimously adopted by the Council.

With the adoption of CR-012-2020, Council Members joined healthcare professionals and leaders across the country in their calls for the U.S. Immigration and Customs Enforcement (ICE) agency to release all County residents currently held in immigration detention or provide appropriate health services to those detained and halt all civil immigration enforcement during the COVID-19 pandemic.

District 2 Council Member Deni Taveras, sponsor of the legislation, says the best way to ensure the safety of all County residents is to also ensure the safety of residents held in civil immigration cus-

tody. Council Chair Todd M. Turner, and Council Members Tom Dernoga, Dannielle Glaros, and Jolene Ivey co-proposed the legislation.

"We have made it a misdemeanor in the state of Maryland to not comply with social distancing, yet we are keeping at least 29 of Prince George's County residents, from committing the public health threat to Prince George's County residents, including those who are in immigration detention."

There are at least 29 Prince George's County residents still in immigration detention ranging from age 19 to 62 years old, with an average United States residency of 16 years. At least nine of the residents detained have pre-existing medical conditions, making them even more susceptible to the novel coronavirus COVID-19.

In 2018, Prince George's County partnered with the Capital Area Immigrants' Rights (CAIR) Coalition to provide free legal support and advocacy services to eligible County residents who have been detained and are facing deportation.

*A public hearing was not held for CR-012-2020

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The lawmakers called for additional resources for testing, hospital surge capacity, public health education and data collection in communities of color.
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FY 2021 Budget Statement From Council Chair Todd M. Turner
The Council will conduct two FY 2021 Budget virtual public hearings on Monday, May 4 and Monday, May 11.
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Bowie BIC Delivers Business Support During Covid-19 Crisis
SDAT Announces 14 New Online Services, Nearly All Business Filings Can Now Be Completed Online
Business and Finance, Page A5

- Special Health Insurance Enrollment For Covid-19
- Online Workshops / Classes from Chesapeake Life Center and Alzheimer's Association Chapter
- BSU Fitness Videos
- HU Bison In The Know Campaign
- Tooth Pain During Covid-19?

Health and Wellness, Page A6

TOWNS *and* NEIGHBORS

In and Around Morningside-Skyline

by Mary McHale 301-735-3451

A little news about our Neighbors & other Good People

Don Young, of Camp Springs, turns 98 on May 5. His daughter Donna scheduled a Zoom meeting with the family in Puerto Rico and his son's family in Massachusetts so they can sing happy birthday to him. There may be 33 family members participating.

Dave Williams, of Morningside, sent an email announcing: "The old timers meeting has been canceled for April. Hopefully we can meet in October." I think he means the Morningside Sportsmen and friends.

Dr. John Barnhardt will be the new President/CEO of Bishop McNamara High School, effective June 1, 2020. He succeeds Dr. Marco J. Clark.

Morningside's "Rescue Squad 827" was dispatched to the intersection of Southern Avenue and East Capitol Street just before 11 p.m. the night of April 15, for a "personal injury accident with entrapment". First arriving units found one car on its side with one patient trapped. Squad 27 and DC firefighters Squad 3 worked together to stabilize the vehicle and extricate the patient." (I saw photos of the vehicle on the MVFD website and can't imagine how anyone lived.)

Prayers, please, for Connie Madden and her mother Annie, as both may have the coronavirus. Connie is now the class aide for St. Philip's 1st grade and was my wonderful library assistant for about 15 years when I was school librarian.

Changing landscape

The Pentagon has announced that the Navy's Blue Angels and the Air Force's Thunderbirds will be doing fly-overs over some cities, during upcoming weeks, to thank "1st responders, essential personnel and military service members as we collectively battle the spread of COVID-19."

On April 14, 2019, heavy winds crashed a huge red oak onto a house at the corner of Auth Road and Barto Avenue in Auth Village. When I checked out the site, I met a man from RTEC Treecare; he told me the tree was diseased

and would have fallen even without the fierce winds. Over the past year I've watched crews come and go from the house, tearing out, building and finally leaving a handsome new room, a new roof and landscaping. Now someone is living there.

During the shutdown, St. Philip's Church is offering daily and Sunday Mass. If you are interested, go to <https://www.youtube.com/watch?v=APolIZTVNww>. Father Patrick Lewis celebrates these masses along with Deacon Kelly, and the service lasts about half an hour. Fr. Lewis also hosts outdoor Adoration and Benediction, and Confessions, Wednesdays at 3 p.m. and Sundays after Mass. St. Philip's is at 3416 Henderson Way in Camp Springs.

A message from the Mayor:

"By Order of the Governor of Maryland and the Mayor and Town Council of Morningside as of 5 p.m. on Monday, March 23, 2020 the Town of Morningside Administrative Offices will be closed until further notice. We will be checking this email box periodically throughout the workday and will respond when possible. Contact 301-736-2300 or email generalmailbox@morningsidemd.gov. Thank you and stay safe."

Census2020

Last week I told you I'd filled out and emailed my Census form. I reminded you that the U.S. Census Bureau is just up the road from Morningside. I mentioned that some of you reading this might have worked there.

Well, former Morningsider Julie Koch-Michael emailed, "Another Census employee here. I filled my form out the minute I came in the door with it. I worked during the 1970, 1980 and 2010 Decennials along with other years in between." Julie knows how important the Census is.

If you have a Census story to tell, email me at muddmm@aol.com.

If you've not done so, you can still complete the Census online and by phone until August 14, 2020. Take the time to

complete your Census at my2020.census.gov or call 1-844-330-2020.

Looking to buy a house?

Nextdoor Town of Morningside website has two listings: 4401 Reamy Drive in Skyline (3 bedrooms, 3 baths, \$299,000) and 6717 Boxwood in Morningside (3 bedrooms, 2 baths, \$234,999).

John Naumoff, dies 2 days after mother-in-law

John Philip Naumoff, 57, died suddenly at his home in Charlotte Hall on Nov. 3, just two days after the death of his mother-in-law, longtime Morningsider Mary Ann Cook. He was born a US Citizen in Banbury, England to John and Diana Naumoff, now of Lothian.

He worked as an auto mechanic most of his life—he had other jobs but turning a wrench is what he enjoyed most. He was a jack-of-all-trades and could fix almost anything. He loved fast cars, motorcycles, boats and four-wheelers.

He's survived by his wife Tammy; children Stephanie, Catherine, John and stepson Shane; five grandchildren, father-in-law Tommy Cook Sr., brother-in-law Jimmy Cook; three siblings.

Helen Young, Air National Guard retiree

Helen F. (Kirby) Young, 80, of Oxon Hill, long-time member of Forest Heights Baptist Church, died April 14. She worked for the Air National Guard for 35 years before retiring in 2014. Her husband Joseph "Wayne" Young predeceased her; survivors include four children. A graveside service was held at Evergreen Cemetery in Sumter, SC, on April 22.

Milestones

Happy birthday to Kathryn Deaver, Ann Lacey, Ernestine Taylor Wood, Dante "Danny" Ross Jr. and Janet Booth Kaye, May 2; my daughter Sheila (McHale) Mudd and Lori Williams, May 3; India Goodall and Ruby Haines, May 4; Donald Young, Jim Henderson and Marilyn Meoli, May 5; and Dwight "Chipper" Holloway Jr., May 7.

Around the County

State's Attorney and Local Partners Safely Reduce Local Jail Population by 150 Inmates

UPPER MARLBORO, Md. (April 20, 2020)—Prince George's County State's Attorney Aisha N. Braveboy announces that since March 1, 2020, the population at the county's detention center has been safely reduced by 150 inmates as a result of the office's "Operation Safe Release" initiative. The State's Attorney's Office continues to focus its release efforts on inmates held pretrial on low-level offenses and those close to the end of their sentences.

Under Operation Safe Release, each case is reviewed to determine the appropriate recommendation for release. The goal is to safely and judiciously reduce the inmate population, prioritizing everyone's health and safety during the coronavirus crisis.

There were 718 inmates in the county's detention center on March 1st. To date, there are 568 inmates who remain in custody.

Additionally, approximately 792 individuals have been released from the detention facility to include those defendants released during their initial appearance before a Commissioner, which occurs shortly after their arrest.

—Denise Roberts, Office of the State's Attorney, PG County

Earth Day Bingo

In honor of the 50th Anniversary of Earth Day on April 22, the Accokeek Foundation partnered with the Alice Ferguson Foundation, to create Earth Day Bingo!

There are two different Bingo Challenges to complete. One card is ideal for families and children, the other is a bit more challenging and asks you to dig a bit deeper into the issues affecting our environment today.

Check them out at <https://accokeekfoundation.org/piscataway-park/earth-day-bingo/>, complete the challenges, and let them know which activities were your favorite.

—accokeekfoundation.org

When You Throw Something Away, Where Is "Away"?

Away is an actual place.

Join Samantha Battersby and Krupa Patel for a webinar on Saturday, May 9 at 11 a.m. to find out what happens to trash once it goes to the curb or into the dumpster. You'll test your knowledge on how long it actually takes some of the things we throw away to break down and learn what we can all do to help. This webinar welcomes attendees of all ages. All you need to bring is your curiosity. RSVP via Eventbrite

—Alice Ferguson Foundation

CASA/Prince George's County: Summer 2020 Online Volunteer Information Session

Court Appointed Special Advocate (CASA) is a volunteer-based organization that partners with the juvenile court to positively impact the lives of abused and neglected children ages 0–21. CASA volunteers change a child's story as trusted advocates for the best interests of children and teens in foster care. Learn more by attending our Online Info Session on **Thursday, May 28, 2020 from 6–7:30 p.m.** Email recruitment@pgcasa.org

For questions, visit pgcasa.org or email recruitment@pgcasa.org

To apply, visit bit.ly/APPLYpgcasa

—Marieme Ndiaye, Court Appointed Special Advocate (CASA)/PG County

Local Students Honored

University of Maryland Virtual Commencement

Friday, May 22, 2020 / 1–2:30 p.m.

The University's virtual commencement will be streamed live across multiple platforms. It will include remarks by graduating students and a commencement address by The Hon. Steny Hoyer (class of 1963 and former SGA president), the Majority Leader of the U.S. House of Representatives.

At this ceremony, President Wallace Loh will confer degrees to the graduates. He will also confer honorary doctorates to the first African-American male undergraduate student admitted to UMD in 1951 and to the first African-American female student admitted in 1955.

For more information for this virtual ceremony and for planned in-person recognition events for the Class of 2020 later in the fall, visit commencement.umd.edu.

University of Pittsburgh at Bradford Honorees:

Local Students Graduate From Pitt-Bradford

BRADFORD, Pa. (April 23, 2020)—The University of Pittsburgh at Bradford graduated 265 students at its Commencement exercises on Sunday afternoon, April 26.

The university's traditional in-person Commencement was moved online since large gatherings are not possible during the coronavirus pandemic. It can be viewed at www.upb.pitt.edu/commencement, on the university's Facebook page, www.facebook.com/PittBradford, and YouTube channel, <https://www.youtube.com/user/uPittBradford>.

Local students who graduated are:

Greenbelt: **Michael Addy**, Bachelor of Science, computer information systems and technology

Mount Rainier: **Shirleah Ragin**, Bachelor of Science, exercise science

Simone Williams Honored by Pitt-Bradford

BRADFORD, Pa. (April 21, 2020)—**Simone Williams**, an environmental studies and interdisciplinary arts student from Suitland, Md., is among 42 students to be honored by the University of Pittsburgh at Bradford.

Williams received the Robert C. Laing Creative Arts Award in Music.

Normally, students receive honors during the university's annual Honors Convocation, which was canceled this year due to the coronavirus pandemic. A full listing of students' accomplishments can be found at www.upb.pitt.edu/honors-convocation-awardees.

—Kimberly Weinberg, University of Pittsburgh

St. Mary's College of Maryland Inducts 19 Students into Phi Beta Kappa's Zeta Chapter of Maryland

ST. MARY'S CITY, Md. (April 22, 2020)—On Saturday, April 18, nineteen St. Mary's College of Maryland students were inducted into Phi Beta Kappa's Zeta Chapter of Maryland. The virtual ceremony took place via Zoom in response to the COVID-19 crisis.

Eighteen seniors and one junior were inducted into Phi Beta Kappa, the nation's oldest academic honor society. The society's founding dates to 1776. The Zeta Chapter at St. Mary's College was approved in 1997, after a rigorous three-year review by the national organization.

The newest members of Zeta Chapter's Phi Beta Kappa include:

Sophia E. Bernheisel, Greenbelt

—Michael Bruckler, St. Mary's College of Maryland

Brandywine-Aquasco

by Audrey Johnson 301-922-5384

OUR HISTORY

In 1965 something of a spiritual nature happened locally that excited and influenced the lives of many in the Clinton community. That something was a large piece of wood nailed to two stakes that marked a spot. The lettering on the wood stated, "Methodist Church to be erected on this site." It was announcing the coming of Clinton United Methodist Church. In the meantime, on October 3, 1965, services started being held at the Crestview Elementary School. Rev. Edward Terry was appointed from the Oregon Conference to fill the position of pastor in September 1965. He was transferred to our Conference on October 1, 1965 by Bishop Lord and became the founder of Clinton United Methodist Church.

The Church was formally constituted on October 31, 1965. All members received through November 7, 1965 constituted the Charter Members. There were 27 families listed in this original membership.

Bells United Methodist Church in Camp Springs, Maryland loaned us Mr. and Mrs. Eaton to help get our Sunday school program organized. Our first choir rehearsal was led by Mr. John Mathena. Mr. Ed Benson was our first organist and led the choir practice in his home because we had no piano at that time.

On December 17, 1965 the Building Committee employed Mr. Benjamin Elliott, an architect from Silver Spring, Maryland to draw up plans and specifications for our new church building. The four acres on which our church sits were purchased from Mr. Jesse Goddard and paid for by the Conference Board of Missions and later donated to the Church. Missionary funds purchased the three-bedroom parsonage at the corner of Parkview Lane and Thrift Road in Clinton, Maryland.

During the first half of 1966, our Sunday School Services were moved to Surattsville Junior High School, known as Grace Brethren Church School, and our first confirmation was held. The success of Clinton United Methodist Church was based on fellowship, compassion for our fellow man, the witnessing of our faith, and working together as one body towards a common goal knowing that it would take all

these qualities to make the foundation of our church firm.

Our Building Committee worked hard and long. They held many meetings and chose Mr. William Hinton, a member of our church, to erect the first phase of our building. The Groundbreaking Ceremony took place on January 15, 1967. It was a cold day, but our hearts and faces were filled with sunshine. The first section of the building was constructed without the aid of any Building Fund raising project.

In October 1968 our first sermon was preached by Rev. Robert Moales from our own pulpit after Rev. Terry was taken ill and unable to return as our pastor. Other pastors we have had were: Rev. Owen Osborne, Rev. Stanley R. Bice, Rev. James Farmer, Rev. Albert Moser, Jr. and our current pastor, Rev. Dorothea Belt Stroman.

Through Lay Witness Missions, Boy Scout and Brownie Troop events; God spell; Annual Ham and Turkey Dinners; Maundy Thursday Last Supper presentations; the Twentieth Anniversary and New Beginning Celebration in 1985; another Mortgage Burning Ceremony and Church Dedication in 1988; Missionary Disasters abroad; Handbell Choir; Lunch Bunch; Easter "Sunrise" Services, Walks to Emmaus, Revivals, Bible Studies, Celebrations of Marriage and Baptisms; Health Seminars; and Body Recalls, to mention just a few, our story continues. Clinton United Methodist Church is located at 10700 Brandywine Road, Clinton, Maryland. Our email: cumcmd@verizon.net. Telephone number is 301-868-1281.

CIAA

The Bulldogs are #Bound4Baltimore. The central Intercollegiate Athletic Association (CIAA) Basketball Tournament is headed to Baltimore in 2021. Bowie State University is proud to be the host institution for this exciting event. Mark your calendars for February 23–27, 2021 and make plans to pack the stands along with BSU students, Alumni and friends.

MAY ANNIVERSARIES

Happy Wedding Anniversary to Valentine and Charmaine Grant, Marcus and Nadia Long who are celebrating Wedding Anniversaries in May.

Take 10 minutes and BE COUNTED!
Have YOU Completed the Census?
2020census.gov

NEW:
Economic Impact Payment (EIP) Tool
from Taxpayer Advocate Service
taxpayeradvocate.irs.gov/get-help/taxupdates#Tool

COMMUNITY

The American Counseling Association's
Counseling Corner

Clinical Depression Is Much More Than Feeling Sad

Spring is often a favorite time of the year. Warmer temperatures, longer days and increased opportunities to get outside and enjoy nature. And yet, for large numbers of people, the changes in weather and long days do little to overcome their serious feelings of sadness.

The reality is that we all experience mild forms of depression at various times. It's a normal human emotion, a common response to a loss, a failure or a disappointment. When things in our lives don't go quite as we planned or desired, it's very natural to feel blue or sad about what has happened.

But this emotion that we know as ordinary depression is not the same as major depression. Clinical depression is a serious emotional and biological disease, a long-lasting condition that has serious negative implications for our lives. It is a medical condition that affects our moods and feelings, as well as our behavior and physical health.

Clinical depression can be treated, but can often be hard to diagnose from the outside. If someone close to you has the flu or a sprained ankle, the problem is obvious. But the symptoms of serious depression can be harder to spot, especially when the person's depression causes them to withdraw from relationships.

In addition, the feelings of sadness and low self-worth that major depression can

bring on make it difficult to self-diagnose, admit to and seek treatment for what they're experiencing.

Yet there are clear, recognizable symptoms of serious depression. Most common are major changes in sleep habits or appetite patterns. Clinical depression can make concentrating harder, and increase feelings of fatigue and lethargy. A depressed individual will often lose interest in their usual activities, have feelings of hopelessness or guilt, and will suffer from low self-esteem.

Clinical depression's most serious effects can be self-destructive actions. They can range from excessive use of alcohol and drugs to suicide.

If you, or someone you know, is displaying any of the symptoms of serious depression for more than a period of two weeks, or if they talk about or display intentions of suicide, seek medical help. A family physician or local mental health clinic can be a good starting point. Treatments ranging from medications to ongoing sessions with a professional counselor can help overcome the problem in many cases. But major depression is a mental health issue that needs to be addressed.

Counseling Corner is provided by the American Counseling Association. Comments and questions to ACACorner@counseling.org or visit the ACA website at www.counseling.org.

NAMI Maryland Coronavirus Resources

National Alliance on Mental Illness Maryland Coronavirus resources, information, and webinars can be found at http://namimd.org/coronavirus_resources

Congressman Anthony Brown Visits Newly Reopened Laurel Hospital, Advocates For Additional Resources

Prince George's County Needs More Help to Treat the Rising Number of Cases

By CHRISTIAN UNKENHOLZ
Congressman Anthony Brown's Office

WASHINGTON (April 22, 2020)—Congressman Anthony G. Brown (MD-04) visited University of Maryland Medical System's newly reopened Laurel Medical Center to see its treatment capabilities and discuss with doctors the need for more resources as the facility begins to accept COVID-19 patients. The reopened hospital is part of a larger effort to ensure Prince George's County has the medical capacity to withstand the prolonged surge of patients that public health officials anticipate.

Prince George's County has quickly become the epicenter for the coronavirus outbreak in Maryland. While Prince George's population of 900,000 represents less than 15% of total Marylanders, the cases in Prince George's account for more than 26% of state-wide confirmed cases and 30% of hospitalizations. As a majority-minority community, long standing racial health inequities are contributing to this surge, resulting in longer hospital stays.

"The dedicated doctors and nurses I spoke with at Laurel Medical Center are ready and prepared to provide care to those who fall ill from this deadly virus. They need more resources to ensure they can test and treat everyone who needs it," said Congressman Anthony Brown. "With Prince George's residents facing a lack of adequate testing, waiting longer to get care and having to be hospitalized more frequently, this facility will help address those critical needs. We cannot leave underserved areas behind, which is why Congress is again sending more money to hospitals to increase testing and give our medical professionals all that they need to get the job done."

On Tuesday, April 21, Congressman Brown and Majority Leader Steny Hoyer (MD-05) sent a letter to Maryland Governor Larry Hogan laying out urgent priorities to address health disparities and protect Prince George's County residents. The lawmakers called for additional resources for testing, hospital surge capacity, public health education and data collection in communities of color. They also advocated for plans to address decades-old racial health disparities moving forward.

Prince George's County Receives Transportation Land-Use (TLC) Award For Pedestrian and Bicycle Safety and Access Improvement Projects

By PAULETTE L. JONES
PGC DPW&T

LARGO, Md. (April 21, 2020)—The Prince George's County Department of Public Works and Transportation (DPW&T), in collaboration with Maryland-National Capital Park and Planning Commission (M-NCPPC), has been awarded \$160,000 in technical assistance by the Metropolitan Washington Council of Governments' Transportation Planning Board (TPB) as a part of its Transportation Land-Use Connections Program for Fiscal Year 2021. This award is for two projects: 1) The

Cool Spring, Adelphi Pedestrian and Bicycle Access Improvement 2) Riggs Road Neighborhood Bicycle Boulevards Project.

The projects will be vital in enhancing multi-modal mobility in the Langley Park/International Corridor/Adelphi area, a community with higher concentration of Hispanic or Latino population than the regional average. The projects will enable safer pedestrian and bike access to the future Purple Line stations slated to be open for service in 2023.

"As a Vision Zero County, with a goal to eliminate traffic fatalities and serious injuries by the year 2040, we

are continuously implementing engineering projects to help make our roads safe for all users," said Terry Bellamy, Director of DPW&T.

There are segments of University Blvd. from New Hampshire Avenue (MD 650) to Adelphi Road that witness a significant number of crashes each year. Between 2015 to 2018, there were a total of 463 crashes reported in this section of University Boulevard, including 30 pedestrian related crashes, 2 motorist fatal crashes and 9 serious injury crashes.

See PROJECTS Page A7

The best way to protect yourself and others is by practicing social distancing and avoiding close contact with others or activities that include large crowds. This includes public transportation, religious services, and family gatherings. If you are around other people, avoid handshaking, hugging and other types of greeting that involve close contact. It's also important to avoid unnecessary errands, if possible. **We're in this together.**

UNIVERSITY of MARYLAND MEDICAL SYSTEM

Stay informed: umms.org/covid

COMMENTARY

Todd M. Turner

Prince George's County Council Chair



FY 2021 Budget Statement

Impacts of COVID-19 Pandemic Prompt Revisions to FY 2021 County Budget Proposal

The coronavirus (COVID-19) global pandemic has thrust us all into uncertain times and unknown territory. Among the mounting impacts of this crisis is an economic challenge of historic proportion in Prince George's County, that must be addressed in the County Council's FY 2021 Budget Review and Adoption Process.

This will be yet another challenge that Prince Georgians will rise to meet together, motivated by the strength, determination and resiliency of our residents and communities.

The County Council will continue its work with County Executive Alsobrooks and her budget team, County residents and all stakeholders, to ensure our County's fiscal priorities are met, and address the community's need for critical services and resources, in the review and adoption of the FY 2021 Proposed Operating and Capital

budgets for Prince George's County, as well as the budgets for two bi-county agencies—Washington Suburban Sanitary Commission and Maryland-National Capital Park and Planning Commission.

On March 11, 2020, in accordance with the County Charter, County Executive Angela D. Alsobrooks transmitted her Proposed FY 2021 Operating and Capital Budgets to the Council. This week, anticipating a \$134 million drop in County revenues as result of COVID-19 and applying reserve funds and outside aid, County Executive Alsobrooks submitted an amended FY 2021 Operating Budget proposal to the Council. Adjustments to the Proposed FY 2021 Capital Budget are forthcoming.

The revised budget seeks to offset severe revenue erosion; maintain core government services; manage the pandemic; im-

plement significant spending controls; and retain the existing workforce with hiring and salary freezes. We agree however, with the County Executive, that we must closely monitor our revenue collections and overall economic trends for further threats to the County's fiscal health.

As part of its Budget Review and Adoption Process, the Council will conduct its detailed review of the revisions to the Proposed FY 2021 County Operating Budget, sitting as the Committee of the Whole. Virtual budget sessions began on Tuesday, April 28, and the Council will conduct two FY 2021 Budget virtual public hearings on Monday, May 4 and Monday, May 11, which provide critical public input and comment. The Council began [last] week with virtual public hearings on two bi-county budgets for the Washington

Suburban Sanitary Commission and Maryland-National Capital Park and Planning Commission.

All Council sessions and public hearings are accessible to the public. The County Council has established an eComment portal to provide residents with an opportunity to participate in virtual Council sessions, and important budget public hearings, while adhering to social distancing guidelines. The portal enables residents to register electronically to speak on agenda items scheduled for public hearing, or to submit a comment or letter into the official public record, in lieu of verbal testimony.

Budget meeting and public hearing schedules have been revised and may be further impacted by the coronavirus (COVID-19) public health emergency. To follow updates on the Revised FY 2021 Budget, visit the Council's FY 21 Budget Portal.

The new Fiscal Year begins July 1, and pursuant to the County Charter, the County Council, in its role as fiscal authority, must adopt a new and balanced spending plan for Prince George's County on or before June 1.

—Karen D. Campbell, Prince George's County Council Media, April 23, 2020

Marc Morial

President and CEO, National Urban League



To Be Equal:

National Urban League's Advocacy Gives Small Minority-Owned Businesses and Community-Based Institutions Better Access to Covid-19 Relief Funding

"The story of minority-owned businesses struggling to access capital is the story of banking practices that too often exclude people of color as potential customers. A federally guaranteed loan program must not do the same."

—Letter to Treasury Secretary Steve Mnuchin and Small Business Administration head Jovita Carranza from 23 Senators

The \$349 billion Paycheck Protection Program established by Congress earlier this month was supposed to help sustain small businesses imperiled by the COVID-19 pandemic.

The money ran out in less than two weeks.

Then we found out that the vast majority of the funding—\$243.4 million—went to huge, publicly-traded companies instead of legitimate small businesses.

Some of the companies are valued at more than \$100 million, have millions in cash on hand, and—unlike the legitimate small

businesses who didn't see a dime of the funding—have easy access to other revenue sources. Fiesta Restaurant Group, which received a \$10 million loan, owns the Taco Cabana and Pollo Tropical chains and operates more than 300 restaurants. The company saw more than \$660 million in sales last year. The most highly-valued company, Shake Shack, is worth \$1.6 billion. Following backlash, Shake Shack returned the \$10 million it received.

Determined to get funding to legitimate small businesses, the National Urban League advocated relentlessly to make sure the next relief package included targeted relief for the neighborhood-based businesses that have been the hardest-hit by the crisis.

While our efforts have met with some success, much remains to be done.

Our work with Congress resulted in the inclusion of dedicated funding for Small Business Administration Disaster Loans and Grants and for community-based lenders.

There is no question that the aid package that Congress passed this week was much enhanced by the provisions for which we advocated so strenuously. Our movement pushed relentlessly for these dedicated funding pools.

I'm especially grateful for the efforts of Senators Chuck Schumer, Sherrod Brown, Chris Van Hollen, Ben Cardin and Cory Booker. We urge immediate passage in the House and appreciate the work of Speaker Nancy Pelosi and Representatives Karen Bass, Maxine Waters and Nydia Velazquez.

The legislation includes:

- \$60 Billion Set-aside for Smaller Lenders: A \$60 billion set-aside within PPP for small and mid-sized banks and credit unions as well as community-based lending institutions. Most importantly, this set-aside funding will help ensure that unbanked and underserved businesses can get access to PPP. This includes minority-owned businesses, rural businesses, small mom and

pop businesses, and smaller nonprofits that too often have been pushed to the back of the line in the program.

- \$60 billion for SBA's Economic Injury Disaster Loan and Emergency Economic Injury Disaster Grant program. These emergency programs provide flexible assistance to small businesses to cover operating expenses, including payroll and fixed costs like rent and utilities. These programs had been depleted by the demand created by COVID-19.

These funding pools finally will give unbanked and underserved establishments, including minority-owned and rural Main Street businesses and smaller non-profits, access to funding. These are the businesses that were left stranded when massive Wall Street-backed corporations muscled in on the last round of loans.

The legislation is far from perfect. Notably absent is desperately needed aid for local governments.

Police officers, firefighters and paramedics, sanitation workers—they're all on the front lines of the pandemic. To abandon these essential workers and leave cities stranded at this moment in history is unthinkable.

The National Urban League's advocacy on behalf of small businesses is just one component of our comprehensive COVID-19 response initiative, The Urban League Fights For You. Follow @NatUrbanLeague on social media and the hashtag #Fight4You for the latest, or visit nul.org.

Hoyer, Cardin, Van Hollen Announce Nearly \$90,000 For COVID-19 Public Health Research at University of Maryland, College Park

WASHINGTON (April 23, 2020)—Congressman Steny H. Hoyer (MD-05) and Senators Ben Cardin and Chris Van Hollen announced \$89,240 in federal funding for the University of Maryland, College Park to conduct public health research related to the 2019 novel coronavirus disease (COVID-19) through the National Science Foundation (NSF). This project will use data on individuals' mobility and the spread of COVID-19 to help improve our ability to understand and respond to rapidly spreading pandemics.

"I'm pleased that the University of Maryland, College Park will receive this critically

important funding to further study COVID-19," said Congressman Hoyer. "Testing and tracking the spread of this virus will help communities in Maryland and around the nation better respond to this pandemic, including opening businesses and the economy. I will continue to advocate for funding for our research institutions, and look forward to learning more about the results of their studies."

"Gathering real-time data on the spread of COVID-19 is a critically important piece of our public health response," said Senator Cardin, a member of the Senate Finance Committee Health Subcommittee. "Maryland's

top-tier research institutions, including the University of Maryland College Park, have a big role to play in that work. I look forward to the advancements made through this project and will continue to fight for federal funding for public health research."

The National Science Foundation (NSF) supports research, innovation, and discovery that provides the foundation for economic growth in this country. By advancing the frontiers of science and engineering, our nation can develop the knowledge and cutting edge technologies needed to address the challenges we face today and will face in the future.

Donations from A1

"The County Council is an active partner in the County's COVID-19 response, and we value the participation of our County's nonprofit partners in meeting the needs of residents, particularly those impacted by the coronavirus pandemic. As part of its annual budget process, the Council provides funding to support nonprofits in this critical work," said Prince George's County Council Chairman Todd Turner. "To date, 17 of these organizations have been supported by a total \$500,000 in Council grants, including \$100,000 each to two longtime nonprofit partners, the Capital Area Food Bank and Food & Friends, addressing food distribution needs during this crisis. Additionally, Council Members have worked alongside our community partners and volunteers across the County, to provide food to a growing community of Prince Georgians in need."

The Prince George's County Government has also been partnering with World Central Kitchen, the non-profit of chef Jose Andrés, since March 20 to provide meals at sites across the County. Since the partnership began, World Central Kitchen and the County have collaborated with local restaurants, like Sardis, to provide over 10-thousand meals to residents in communities across the County. This includes weekly food deliveries at Ebenezer AME, The Sanctuary at Kingdom Square and Community of Hope AME. Next week we will begin to serve Beltsville and Hyattsville, with plans to further expand throughout the County during this pandemic.

In addition to these partnerships, the County is working with a number of local businesses, nonprofits and churches. Sardis has provided over 2,000 meals to residents in Mount Rainier and College Park, and they have started a grocery delivery program for some of our neediest residents in Hyattsville. Through churches and non-profits, the County has around 35 community food programs operating to distribute food to those in need. The County maintains a map of these food distribution sites that is updated weekly on its website, mypgc.us.

Over 30,000 residents have filed unemployment claims since the beginning of March, and many are now having trouble paying rent. To help alleviate this issue, County Executive Alsobrooks announced that she will direct \$1

million to a rental assistance and emergency housing fund. The County will release information in the near future on the qualification criteria for this program and how to apply.

The County is still accepting donations from community members of PPE (gloves and masks), non-perishable food, paper products (toilet paper, paper towels), and baby items. Through the efforts of Community of Hope AME, local non-profit Dream Works, and local small business Team PMG, the County received a donation of 5,000 masks, 5,300 roles of toilet paper, 1,000 gloves and 100 hand sanitizers. The County's Faith Based Advisory Board also donated more than 200 N95 masks to the Prince George's County Police Department. Anyone wishing to make a donation should fill out a donation form online at mypgc.us/donatecovid19.

Finally, the County Executive announced a new option for residents to seek help from first responders. The County is in a soft launch of "text to 9-1-1," which will allow residents to text 9-1-1 for help in the event they are not able to talk over the phone due to COVID-19 symptoms such as shortness of breath, trouble breathing, and/or severe cough.

The County Executive also reminded residents to reach out for medical help as soon as possible if experiencing symptoms of COVID-19, particularly Black men. Although Black men make up 29% of the County population, they comprise 45% of COVID-19 deaths, with multiple instances of Black men dying at home or from waiting too long to seek medical care. Furthermore, based on the latest data is in the County, men across all races have a higher mortality rate. Hispanic men represent 73% of deaths in that population. White men represent 82% of deaths among that population and Black men represent 62% of the deaths in the African American community.

Residents experiencing symptoms of COVID-19, such as shortness of breath, fever and cough, can reach out to their doctor or our coronavirus hotline at 301-883-6627 if they do not have a primary care physician. In the event of a medical emergency, call or text 9-1-1.

For the latest COVID-19 updates from Prince George's County Government, as well as fact sheets and infographics related to COVID-19, visit mypgc.us.

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The Prince George's Post

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BUSINESS AND FINANCE

Bowie BIC Delivers Business Support During Covid-19 Crisis

The Prince George's County business community is facing unprecedented stress and economic disruption during the rapidly evolving Covid-19 crisis. Bowie BIC is open for business and working virtually with companies and partners in the City of Bowie, the County, the State of Maryland and the U.S. Small Business Administration (SBA). Bowie BIC is moving quickly to share information, deliver counseling and promote timely support for its business accelerator clients and businesses across the county through:

- One-on-one business client counseling by phone

- Online counseling with SBDC, MWBC and PTAC
 - Online Entrepreneur Office Hours for technical advice
 - Bowie Virtual Town Hall Q&A, www.cityof-bowie.org
 - Webinar for accessing federal, state and county business relief funding programs which attracted nearly 500 companies, www.bowiebic.com
- Watch for new business resources, briefings and counseling opportunities with Bowie BIC.

—Newsletter, Bowie BIC, April 21, 2020

Maryland Leadership Workshops Cancels Summer 2020 Programs Due to Coronavirus Concerns

Maryland's premier leadership development program for middle and high school students plans to offer virtual programs; will issue refunds

By MEGHAN MILITELLO
for Maryland Leadership Workshops

ANNAPOLIS, Md. (April 22, 2020)—Maryland Leadership Workshops (MLW), a division of Leadership Maryland, announces that it is canceling its Summer 2020 programs due to health risks posed by the COVID-19 pandemic. Delegates and families who were already registered will be issued refunds, and MLW is currently in discussions to offer alternative virtual programming.

Now in its 65th year, MLW was scheduled to host its five, week-long programs for middle and high school students from July 12–August 1. Earlier this year, the organization announced that it would be returning this year to its former long-time home at Washington College in Chestertown, Md.

"We are deeply saddened to have to announce this decision, but given the health risks of COVID-19 and the uncertainty ahead, we agree that it is best for our delegates and staff to cancel our summer programs this year," said Anita Durall Anderson, executive director, MLW. "We remain committed to meeting the needs of all our delegates, staff and partners and we look forward to continuing to provide valuable, interactive learning experiences for our state's young leaders. We expect to have details about new virtual alternatives to our traditional in-person programs in the weeks to come."

For more information, please visit www.MLW.org or contact Anita Durall Anderson at 301-444-8623 or anita@leadershipmd.org.

Maryland Leadership Workshops is Maryland's premier leadership development program for middle and high school students. In existence since 1955, Maryland Leadership Workshops has provided generations of participants—known as delegates—with an incomparable experience to discover and develop strengths and skills essential to lifelong leadership. Using the model of facilitative instruction unique among youth leadership programs, delegates take ownership of personal development as they grow in self-awareness, set measurable goals, and collaborate with peers in diverse groups.

SDAT Announces 14 New Online Services, Nearly All Business Filings Can Now Be Completed Online

Online Expedited Fees Waived for Businesses Seeking to Revive Online

By MEGHANN MALONE
SDAT

BALTIMORE, Md. (April 24, 2020)—The Maryland Department of Assessments and Taxation (SDAT) today announced 14 new online services on Maryland Business Express (business.express.maryland.gov) that will make it significantly easier for businesses to get back into "Good Standing" status, a requirement necessary for many types of Coronavirus-related relief. Some of these new online filing options are for businesses needing to revive, and the Department is waiving any related online expedited fees to help Marylanders keep their businesses active.

Seven of the new online services will be particularly helpful for business owners who are just now realizing their business is not in Good Standing status. Maryland Corporations, LLCs, LLPs, and LPs; and Foreign (non-Maryland) Corporations and LLCs may now revive or dissolve their businesses online, and the Department is waiving the online expedited fee for these filings until 30 days after the State of Emergency is rescinded. If a Maryland business requests a certified copy of this filing at checkout, that expedited fee will also be waived. Penalty payments owed to the Department may also now be paid online, which is another reason businesses often are not in Good Standing status.

The Department has also created a new Good Standing Checklist that will make it easier for business owners to proactively determine whether or not their business is in Good Standing with SDAT, and instruct them how to correct any deficiencies. The Department strongly encourages that all business owners confirm now whether or not their business is in Good Standing by looking it up on SDAT's free online search. The Department also encourages business owners to sign up to receive updates and timely email reminders to file these important documents.

Louis C. Pugliese Named Executive Vice President At University of Maryland Global Campus

Nationally recognized education technology entrepreneur and innovator joins nation's largest online public university

By BOB LUDWIG
UMGC

ADELPHI, Md. (April 21, 2020)—Javier Miyares, president of University of Maryland Global Campus (UMGC), the nation's largest online public university, has named Louis C. Pugliese as executive vice president, effective April 26. Pugliese is a nationally-recognized entrepreneur and leader with more than 20 years of executive experience driving technology and e-Learning innovation in higher education.

Pugliese was a founding CEO of Blackboard, Inc., and later senior innovation fellow and managing director of Arizona State University's innovation research and development enterprise, the Action Lab at EdPlus-ASU. Pugliese has served since August 2019 as CEO of UMUC Ventures—a nonprofit supporting organization, established by UMGC, that develops innovative services and products designed to help higher education institutions compete more effectively.

"Lou Pugliese has a well-earned reputation as a visionary and thought leader and as a force for change across higher education, improving learning outcomes, and leveraging technology to create more effective learning environments," said Miyares. "His belief in UMGC's mission and vision for our future are truly inspiring."

At UMGC, Pugliese will oversee business operations, Finance and Strategic Enrollment Management, and Academic Affairs as well as the newly created position of chief digital officer, which will focus on articulating and implementing a long-range digital strategy for UMGC. Pugliese will continue to lead UMUC Ventures while a search is conducted for his successor as CEO.



PHOTO COURTESY UMGC
Louis C. Pugliese

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The University of Maryland School of Nursing Offers Early-Exit Option to Students to Bolster Nursing Workforce During Pandemic

In response to COVID-19, early exit offered to select entry-into-practice students.

BALTIMORE, Md. (April 27, 2020)—In response to the COVID-19 pandemic, Maryland Gov. Larry Hogan's request, and UMSON's assessment of students' readiness, the University of Maryland School of Nursing (UMSON) has approved an early-exit option for students who want to begin working as nursing graduates in an effort to bolster the nursing workforce. The early-exit option is available to select students in the entry-into-practice Bachelor of Science in Nursing (BSN) program and Clinical Nurse Leader (CNL) master's option who are scheduled to graduate on May 14, 2020, from the University of Maryland, Baltimore.

The School of Nursing has collaborated with the chief nursing officers of major hospital systems and ascertained their need for and interest in hiring nursing graduates and designed a protocol for linking UMSON's early-exit students to these institutions. UMSON has 98 BSN and 53 CNL students who are qualified to request an early exit.

To be eligible for the early-exit option, students need to meet specific GPA and academic program requirements. Once interested students notify the School of their desire to participate, UMSON will provide a letter to these students that they can provide to prospective employers stating that they have met all the program requirements and have qualified for and taken an early-exit option from UMSON.

—Laura Hager, UMSON

The School of Nursing has collaborated with

TOWN OF COLMAR MANOR NOTICE OF A PROPOSED NONCOMMERCIAL REAL PROPERTY TAX INCREASE

The Mayor and Town Council for the Town of Colmar Manor proposes to increase noncommercial real property taxes.

1. For the tax year beginning July 1, 2020, the estimated real property assessable base will increase by 6.6%, from \$77,521,593 to \$82,623,309.
2. If the Town of Colmar Manor maintains the current tax rate of \$.9784 per \$100 of assessment, real property tax revenues will increase by 6.6% resulting in \$49,915 of new real property tax revenues.
3. In order to fully offset the effect of increasing assessments, the real property tax rate should be reduced to \$0.9180, the constant yield tax rate.
4. The Town of Colmar Manor is considering not reducing its real property tax rate enough to fully offset increasing assessments. The Town proposes to adopt a real property tax rate of \$.9684 per \$100 of assessment. This tax rate is 5.5% higher than the constant yield tax rate and will generate \$41,642 in additional property tax revenues.

A public hearing on the proposed real property tax rate increase will be held at 7:00 p.m. on Tuesday, May 12, 2020 via video teleconference. To join the meeting: Dial Phone number **1-408-418-9388** Meeting ID: **625 844 530** and Password **3611**. The hearing is open to the public, and public testimony is encouraged. Participants who join the video/audio conference will be enabled to speak by the meeting chair. Speakers will be allowed to address the Council for two (2) minutes. Public comment may also be submitted by 5:00 p.m. on May 11, 2020. Comments received will be read by Town of Colmar Manor staff during the public comments portion of the meeting.

TOWN OF BERWYN HEIGHTS CHARTER AMENDMENT NOTICE Summary of Charter Amendment RESOLUTION NO. 2020 – CR-01

On April 15, 2020, the Berwyn Heights Town Council adopted RESOLUTION NO. 2020 CR-01 amending the Town Charter to add Section 510, which reads as follows:

"When a State of Emergency has been declared for the Town by the Mayor and Council, or by the State of Maryland or Prince George's County, pursuant to state or local law, and in the judgement of the Mayor and Council the State of Emergency prevents the safe, orderly and efficient conduct of a town election, the Mayor and Council may, by resolution, postpone an election until such time as the election may be conducted in a safe, orderly and efficient manner and make necessary changes to the method, conduct, or voting system of an election to ensure an accurate vote count and certification of the election results."

RESOLUTION 2020 -CR-01 suspends the effect of the provisions of Title 4, Subtitle 3, of the Local Government Article of the Maryland Code with respect to the adoption of this Charter Resolution, pursuant to the Maryland Governor's Executive Order No. 20-03-30-01.

The purpose of the Amendment is to enable the Berwyn Heights Town Council to postpone a municipal election during a State of Emergency, such as the current Coronavirus COVID-19 pandemic, and to adjust the method of election from the traditional in-person voting to another form to be determined by the Town Council.

For more information, please see the Town of Berwyn Heights website at www.berwynheightsmd.gov/charter-and-ordinances, or contact Town Clerk Kerstin Harper at kharper@berwynheightsmd.gov or Town Manager Maria Broadbent at mbroadbent@berwynheightsmd.gov

CITY OF NEW CARROLLTON NOTICE OF A PROPOSED REAL PROPERTY TAX INCREASE

The City Council of the City of New Carrollton proposes to increase real property taxes.

1. For the tax year beginning July 1, 2020, the estimated real property assessable base will increase by 6.2%, from \$862,438,014 to \$916,029,801.
2. If the City of New Carrollton maintains the current tax rate of \$0.6652 per \$100 of assessment, real property tax revenues will increase by 6.2% resulting in \$356,493 of new real property tax revenues.
3. In order to fully offset the effect of increasing assessments, the real property tax rate should be reduced to \$0.6263, the constant yield tax rate.
4. The City is considering not reducing its real property tax rate enough to fully offset increasing assessments. The City proposes to adopt a real property tax rate of \$0.6652 per \$100 of assessment. This tax rate is 6.2% higher than the constant yield tax rate and will generate \$356,493 in additional property tax revenues.

A public hearing on the proposed real property tax rate increase will be held 7:00 p.m. on Monday, May 18, 2020.

The hearing is open to the public, and public testimony is encouraged.

Persons with questions regarding this hearing may call 301-459-6100 for further information.

PLEASE NOTE: This meeting of the City of New Carrollton Council will be a virtual meeting by conference call. Anyone interested in listening to the meeting will be able to do so by calling the following number: 301-715-8592 with code 507-641-609. You do not need a participant code. If you would like to address the Council during the public hearing please state your name and address for the record. If there are multiple residents in the call queue, your line will be muted until it is your turn to address the Council. If you have comments for the Council please email them to City Clerk Doug Barber at dbarber@newcarrolltonmd.gov by 3:00 p.m. the day of the meeting.

HEALTH AND WELLNESS

Stress-busting Workouts Delivered In New Web Series

BSU Alum Joins With University's Recreation Programs on Fitness Videos

By DAMITA CHAMBERS
Bowie State University

BOWIE, Md. (April 15, 2020)—When you're looking a way to get motivated to work out or focus on your health, a new online fitness video series from the Bowie State University's recreation programs may be the inspiration you need to get moving during the COVID-19 response.

The Division of Intercollegiate Athletics & Recreation launched the BSU Recreation at Home video series to support students, faculty and staff in getting fit and staying healthy. It is set to run through at least the end of the spring semester. The goal is to connect the BSU community with fun, easy-to-do recreation activities that you can do at home.

"It's a great way to help the BSU community to get motivated and excited about working out," said Patricia Taylor, assistant director for intramurals and recreation. "This time can be stressful, especially when you're not used to working only online. Working out does help you to stay more focused. I hope these videos will help BSU to get through this."

The first video is a 30-minute Boot Camp workout, led by Dione Bowlding ('78). Online yoga workouts will follow. Watch on YouTube, Bowie State University

"Put your health first. The videos are a good way to get up and do some type of workout," Taylor said. "Working out is just a great way to start your day off. It makes your day so much better."

Bowie State University (BSU) is an important higher education access portal for qualified persons from diverse academic and socioeconomic backgrounds, seeking a high-quality and affordable public comprehensive university. For more information about BSU, visit bowiestate.edu.



PHOTO COURTESY BOWIESTATE.EDU

Dione Bowlding

Howard University Launches Bison In The Know Campaign

Digital campaign highlights diverse faculty perspectives on coronavirus' impact and solutions for the Black community

By IMANI POPE-JOHNS
Howard University

WASHINGTON (April 20, 2020)—Howard University launches Bison In The Know, an online news and information campaign that offers useful tips and advice from Howard's faculty experts about issues that are important to the Black community.

"During this pandemic, our strength is in our ability to stay connected and informed," said President Wayne A. I. Frederick. "Bison In The Know will provide our campus community and the global community-at-large with news you can use as curated by our esteemed faculty scholars who will share knowledge and insights from their respective areas of research."

Using the hashtag #BisonInTheKnow, content will viewable on a weekly basis via Howard's social media channels and in the Howard University Newsroom. Content will include a range of topics, including tips for life at-home, expert recommendations for maintaining health and wellness, and perspective on today's most pressing issues.

Bison In The Know will feature a series of videos, articles, virtual panels and interviews with experts in science, medicine, politics, communications, education, theology and more.

In the April 20 feature, Howard University Professor Tyish S. Hall Brown, Ph.D., MHS, offers tips on how to talk to young people during the COVID-19 health crisis. Hall Brown, a child and adolescent psychologist and director of the school-based behavioral health program in the Howard University College of Medicine, notes that children are vulnerable to symptoms of anxiety and depression as a result of exposure to the coronavirus crisis. Her tips include a recommendation to, "talk to them often, ask them what they know about social distancing and hygiene protocols, encourage them to take their remote learning seriously, and spend quality time indoors having fun." Watch the video on YouTube, <https://youtu.be/qgb6sig2SIE>.

More from Dr. Tyish S. Hall Brown, Ph.D., MHS here: <https://newsroom.howard.edu/newsroom/article/12311/bisonintheknow-how-help-kids-c>

Follow #BisonInTheKnow on Twitter, Facebook and Instagram for Bison In The Know featured content. Like and share resources for the Bison community using the #BisonInTheKnow hashtag.

Founded in 1867, Howard University is a private, research university that is comprised of 13 schools and colleges. Visit www.howard.edu.



Prince George's County Residents Continue to Enroll In the Special Enrollment For Covid-19

By KELLYE BEATHEA
Prince George's County Department of Social Services

LANDOVER, Md. (April 23, 2020)—Nearly 4,000 residents in Prince George's County have enrolled in health insurance through the state marketplace as part of a special enrollment period for Covid-19, according to The Maryland Health Benefit Exchange (MHBE). MHBE operates the Maryland Health Connection (MHC), the statewide health insurance marketplace. To date, there have been more than 21,500 new enrollments statewide, with Prince George's County having the second highest number of enrollments.

Prince George's County Department of Social Services (DSS) sponsors the County's health insurance program, Health Connect. Says DSS Director Gloria Brown Burnett, "While Prince George's County has been greatly impacted by this virus, this is an opportunity for those who still need health insurance to get covered. Now is the time to enroll. Do not wait. It is important to enroll as soon as possible. Today is the day to make the decision to become covered."

In addition to the online and phone special enrollment for Covid-19, County residents can also enroll in health insurance through the Maryland Easy Enrollment Health Insurance Program. Through this program, you can indicate on your tax return if you

would like the Maryland Health Benefit Exchange to estimate your eligibility for coverage. If you file your taxes by July 15, this selection launches an easy process that will help you enroll. To get more information on MEEP, please click here.

"We want to make sure as many people as possible use these special enrollment periods to get covered," said Michelle Eberly, executive director of MHBE. "We're doing everything in our power to reach the uninsured, but the reality is that it's going to take all of us. If you know someone who does not have health insurance, please tell them to visit our website or call our call center. Any eligible uninsured resident who does not have health coverage can get it now, during these special enrollment periods. Please do your part and share this information."

To accommodate growing health concerns as a result of the coronavirus (COVID-19), the deadline for the Covid-19 special enrollment has been extended to June 15, 2020.

To enroll over the telephone in Prince George's County, call 301-927-4500 Monday through Friday, 9 a.m. to 3 p.m. Bilingual specialists are available Monday through Friday, 9 a.m. to 4 p.m., at 240-719-2167.

To enroll online, visit www.marylandhealthconnection.gov. Free consumer assistance is available by calling 1-855-642-8572, Relay 711 from 8 a.m. to 6 p.m. on weekdays. Individuals can also download the free "Enroll MHC" mobile app.

Chesapeake Life Center Goes Online With Two May Workshops

By ELYZABETH MARCUSSEN
Hospice of the Chesapeake

PASADENA, Md. (April 20, 2020)—Two workshops originally planned to take place in May on Chesapeake Life Center's Pasadena campus will be offered online via a telehealth platform.

The first workshop, "Mindfulness," is part of its "Integrative Healing Series." These workshops explore the many ways integrative arts can support those who are caring for loved ones struggling with illness or grieving the loss of someone dear. This session will be held via telehealth from 10 a.m. to noon May 6 and will teach participants how to find ways to relax, retreat and replenish body, mind, and spirit. The cost of the workshop is \$10.

The second workshop is part of the center's "Living with Loss" series: "Changing Identity and Coping with Parent Loss." With Mother's Day and

Father's Day dotting the spring calendar, those experiencing parental loss are faced with often painful reminders of what is lost and a search for what remains. When a parent dies, there are often layers of loss—the loss of a home, loss of connection with the past, loss of being "known", or the loss of the expectation that someday the relationship might have changed. Sometimes the "natural order of things" does not bring comfort. Whether you are grieving the loss of a parent or someone who was like a parent, wherever you are in your grief process, whatever the relationship, you are welcome. This session will be held via telehealth from 6 to 8 p.m. May 26. Should stay at home restrictions be lifted by May 10, there is a possibility the event will occur in-person at our Pasadena location. The cost of the workshop is \$10.

The center's services are perhaps needed now more than ever in its history,

as individuals and the community grapple with grief in physical isolation due to the COVID-19 health emergency. In response, the center has moved as many of its group and individual bereavement counseling as is feasible via telehealth. The team's counselors have all received training in telehealth to be sure that their services meet best practice standards.

Registration is required for all groups and can be completed by calling 888-501-7077 or emailing griefinfo@chesapeake-lifecenter.org. For details on telehealth bereavement services, visit www.hospicechesapeake.org/clc-covid-19.

Chesapeake Life Center, a program service of Hospice of the Chesapeake, serves hospice family members and the community with bereavement services and activities aimed at enhancing the quality of life for those grieving the loss of a loved one. For details, visit www.chesapeakelifecenter.org.

Alzheimer's Association National Capital Area Chapter Offers Free Virtual Education Classes

By CINDY SCHELHORN
Alzheimer's Association

MCLEAN, Va. (April 22, 2020)—The Alzheimer's Association National Capital Area Chapter is offering free virtual education programs to help caregivers and their families. Each virtual education program is approximately one hour and allows the audience to ask questions and engage with others going through the journey.

Following is a list of webinars scheduled for May. Participation is free. Registration is required to receive the login information for the webinar. To register, visit alz.org/nca or call the Alzheimer's Association at 800-272-3900.

Healthy Living for Your Brain and Body: Tips from the Latest Research

Learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age.

Wednesday, May 6, 10–11 a.m.
Tuesday, May 12, 10–11 a.m.
Tuesday, May 19, 1–2:30 p.m.

Know the 10 Signs: Early Detection Matters

Recognize common warning signs of Alzheimer's disease and learn what symptoms to look for in yourself and others.

Tuesday, May 12, 1–2:30 p.m.

Understanding Alzheimer's and Dementia

Alzheimer's disease is not a normal part of aging. It's a progressive and fatal brain disease and is the most common form of dementia. Learn how Alzheimer's affects the brain, detection, causes and risk factors, stages of the disease, treatment, and much more.

Tuesday, May 5, 1–2:30 p.m.

Effective Communications Strategies

Learn how to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Tuesday, May 26, 1–2:30 p.m.

Understanding and Responding to Dementia-Related Behavior

Learn about some of the common triggers for behaviors associated with dementia, how to assess the person's needs, and how to intervene effectively.

Monday, May 18, 11 a.m.–12 p.m.

The Alzheimer's Association National Capital Area Chapter also is offering telephone and virtual support groups. To find a group that meets on a convenient day and time, visit alz.org/nca or call the Association's free 24/7 Helpline at 800-272-3900. The Helpline is available around the clock, 365 days a year, with professional staff ready to provide reliable information and support to for caregivers and families impacted by Alzheimer's and all dementia.

"During this challenging time, it's critical that those affected by Alzheimer's disease and dementia have ready access to information, resources and support," said Kate Rooper, president of the Alzheimer's Association National Capital Area Chapter. "By transitioning our support groups and education programs to telephone and virtual meetings, we're providing real-time connection and ensuring that the Alzheimer's Association is here for our community."

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia—by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia®. Visit alz.org or call 800.272.3900.

Having Tooth Pain During Covid-19? Here's When to Call Your Dentist

One of the many consequences of the coronavirus pandemic involves the limitations imposed on dental work.

The American Dental Association (ADA), realizing that close proximity during office visits between dentists, their team, and patients could risk transmission of the virus, recommended that all dentistry practices close for everything except emergencies through April 30, or even into May or June, depending on the state. [Maryland State Dental Associa-

tion: At this time, there is no established or estimated "back to work" date for Maryland.]

That means postponing routine checkups/exams, elective procedures and non-urgent dental visits. But it also raises questions about what constitutes a dental emergency during the pandemic, and how dentists are viewing this narrower but important focus of their practice.

"We all have so much concern for everyone's health during this difficult time," says Dr. Rick Mars

(www.dentalcaregroup.net), a general dentist and the author of "The Big Smile: The Principles of Modern Dentistry—for Dentists and Patients".

"You never want your patients to put off checkups or procedures that enhance their oral care, but in the interest of public health, the best things we can do are follow the proper guidelines, encourage our patients to practice good oral hygiene during the pandemic, and be grateful we can treat the numerous kinds of emergencies that

can't wait.

"Allowing dentists to focus on patients with emergencies significantly reduces the chances of patients ending in hospital emergency rooms, which would result in further overburdening of those facilities. We're mindful of many healthcare facilities struggling to treat the number of COVID-19 cases, and the essential need to preserve personal protective equipment for the doctors and nurses at the front lines."

The ADA defines a dental

emergency as those situations that "are potentially life threatening and require immediate treatment to stop ongoing tissue bleeding or to alleviate severe pain or infection." The list includes:

- Uncontrolled bleeding
- Facial cellulitis
- Swelling or trauma to facial bones that might compromise breathing
- Abscess or localized bacterial infection resulting in pain and swelling
- Severe cavities causing pain
- Pain in a tooth or in the jaw bone

- Painful dentures that need adjusting
- Replacement of temporary fillings
- Conditions like dry socket that need dressing changes
- Adjustments for orthodontic appliances that are creating open wounds
- A gum infection that includes swelling or pain
- Broken or knocked-out teeth

Non-emergency dental proce-

See DENTIST Page A7

COUNTY CHURCH DIRECTORY

UMD Places Second from A1

sausage of success, and I'm so proud of the winning tradition that Maria Day-Marshall and her team at the University of Maryland team has achieved," added Marvin Turner, Director of HUD's National Capital Area Office.

Mr. Joseph Montoya, Executive Director of the Santa Fe County Housing Authority, also commended the students' hard work and contribution to finding innovative solutions to the affordable housing challenge that Santa Fe confronts: "Beyond the exceptional work and expertise that HUD staff, consultants and jurors brought to the table, it was a joy to work with young, positive professionals who passionately pushed some exciting ideas. We will definitely be questioning some of our original assumptions and viewpoints with a fresh outlook as we move forward."

HUD's Innovation in Affordable Housing competition strives to spur research, collaboration, and creativity in affordable housing and community development. This year's challenge required multi-disciplinary teams composed of graduate students in architecture, planning and policy, finance, and other areas to address social, economic, environmental, design, financial, and construction issues in addition to the affordable housing design challenge.

This year, the students presented their final projects to a jury of practitioners via a live virtual platform rather than an in-person presentation at HUD Headquarters in Washington, D.C. Yale University will receive a \$20,000 award and the runner-up team from the University of Maryland at College Park will receive a \$10,000 award. The two remaining finalist teams—the University of California-Berkeley and the University of Michigan, Ann Arbor—will each receive \$5,000.

By initiating and funding this competition, HUD hopes to inspire and support aspiring members of fields such as architecture, planning, policy, and finance in advancing affordable and sustainable housing for low- and moderate-income Americans.

HUD's mission is to create strong, sustainable, inclusive communities and quality affordable homes for all. The Department's Mid-Atlantic region includes Delaware, Maryland, Pennsylvania, Virginia, Washington, D.C. and West Virginia. The regional office is in Philadelphia.

Projects from A3

DPW&T expects that the improvements proposed as part of the Purple Line project around the stations along University Boulevard will help to alleviate the number of crashes and improve the quality of life of residents. The projects in this award present additional opportunities to support safe and effective multi-modal access to Adelphi Road and Riggs Road stations.

Transportation Planning Board staff will work with DPW&T and M-NCPPC in implementing this initiative. Design work for the projects is expected to begin by September 2020.

Dentist from A6

dures as defined by the ADA include:

- Initial or periodic oral examinations and recall visits, including routine radiographs
- Routine dental cleaning and other preventive therapies
- Orthodontic procedures other than those to address acute issues (e.g., pain, infection, trauma)
- Extraction of asymptomatic teeth
- Restorative dentistry including treatment of asymptomatic lesions
- Aesthetic dental procedures.

"This is an unprecedented time for all of us, but it's very important to control the things we can right now," Dr. Mars says. "Oral hygiene is always important, and with so many staying home it's the right time to practice and continue good oral habits—and to avoid emergency dental work."

"Brushing and flossing consistently make a big difference, especially when you can't see your dentist for regular checkups and cleanings. And look at it this way, you won't have to lie the next time you do see your dentist and hygienist and they ask if you floss."

Dr. Rick Mars (www.dentalcaregroup.net) is a general dentist and the author of "The Big Smile: The Principles of Modern Dentistry—for Dentists and Patients". Dr. Mars has practiced patient-centered dentistry in the Miami area for over three decades. Dr. Mars is an Invisalign® Platinum Plus Provider and has lectured internationally on Invisalign® for over a decade. He attended Emory University for his undergraduate education and Georgetown University School of Dentistry for his Doctorate of Dental Surgery.

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The 17th Annual Maryland Department of Natural Resources Photo Contest runs now through Aug. 31, 2020. All winners will be featured in the department's 2021 wall calendar and published in the fall 2020 edition of the magazine. All entries must be submitted online. No hard copies of photographs will be accepted. Enter now for your chance to win cash, state parks passports, magazine subscriptions, and other terrific prizes!

Winners will be notified in September before the announcement is made on our website newsroom and social media outlets.
Visit <https://dnr.maryland.gov/Pages/photocontest.aspx> to see categories, rules, and how to enter.

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