

The Prince George's Post



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Police Forces Take Icy Dip to Support Special Olympics

By DANIEL OYEFUSI
Capital News Service

ANNAPOLIS, Maryland (January 25, 2019)—Law enforcement personnel across Maryland dipped into 40-degree waters Friday afternoon to raise money for the 23rd Annual Polar Bear Plunge at Sandy Point State Park.

Maryland Gov. Larry Hogan was in attendance, greeting first responders and lighting a ceremonial Flame of Hope.

The Prince George's Police Department was the top fundraising group

among first responders, raising over \$19,000.

Neshawn Jubilee, private first class for the Ocean City Police Department, participated in his first plunge after hearing about the Special Olympics from his friends.

"It was cold, but not as cold as what I thought it was going to be," said Jubilee, a Salisbury, Maryland, native. "But it was an awesome feeling to be able to give back to Special Olympics athletes and the community."

The three-day event, which conclude[d] on Saturday hopes to raise \$2.5

million for more than 7,000 Special Olympics Maryland athletes. The Special Olympics is an organization that provides training and Olympics-style competition for people with intellectual disabilities.

"When we got to the Academy, they said it was 'mandatory,'" said Andrew Valcourt, a 24-year-old cadet in the Maryland State Police Academy. "But it was a great experience. You go numb and everyone's having a good time."

PHOTOGRAPH CREDIT: DANIEL OYEFUSI/
CAPITAL NEWS SERVICE

Maryland Governor Larry Hogan poses for a photo with first responders at the 23rd Annual Polar Bear Plunge at Sandy Point State Park in Annapolis, Maryland, on January 23, 2019.



First Baptist Church of Glenarden Provides Relief to Nearly 2,500 Furloughed Federal Government Employees

Thousands of residents from the greater Washington, D.C. area gather at First Baptist Church of Glenarden to receive free groceries

By RAYCHIEL WEBB
First Baptist Church of Glenarden

UPPER MARLBORO, Md. (January 24, 2019)—Thousands of federal employees and government contractors gathered at First Baptist Church of Glenarden's Family Life Center to receive a FREE supply of groceries.

More than 500 volunteers assembled at 5:30 a.m. to prepare bags for distribution at 10 a.m. Food giveaways to those affected by the government shutdown were part of the church's community day of service on Martin Luther King, Jr. Day and included packing purses with personal products for women in homeless shelters and service projects at local area schools among others.

After showing their federal work badges, event attendees were greeted by volunteers with friendly smiles, many of whom were also furloughed workers. Bags contained bread and non-perishable items including, pasta, peanut butter, boxes of macaroni and cheese and canned goods.

Senior Pastor John K. Jenkins, Sr. of First Baptist Church of Glenarden said, "Our church is serving needs of our community who've been adversely affected by the inability of our political leaders to effectively govern." Jenkins further stating, "Therefore, we feel it is our obligation to support neighbors, members and others who are federal employees or contractors with resources that are available to us."

In addition to providing groceries, First Baptist is also producing a series of FREE seminars "Staying Up While Shut Down: 8 Ways to be Spiritually and Emotionally Strong During the Government Furlough" offering help, hope and healing.

For more information, log onto FBCGlenarden.org. Follow us on Twitter at @FBCG, Instagram @FBCGlenarden and Facebook/FirstBaptistGlenarden.



PHOTO COURTESY OF FIRST BAPTIST CHURCH OF GLENARDEN
A furloughed federal government employee gathers free groceries at the event at First Baptist Church of Glenarden.

First Baptist Church of Glenarden, led by Pastor John K. Jenkins Sr. is a vibrant, Bible-based church located on three campuses in Prince George's County. With more than 11,000 active members, FBCG is one of the largest congregations in the Washington, D.C. metropolitan area. It has impacted both local and global communities through its 100-plus ministries, outreach and educational programs.

Maryland Legislators Pleased With Shutdown Deal, But Democrats Hit Trump

By VICTORIA GOMES-BORONAT, AMBRIAH S. "UNDERWOOD, BRIAN ABATE and EUGENE "JESSE" NASH IV
Capital News Service

WASHINGTON (January 25, 2019)—President Donald Trump announced Friday that he has come to an agreement with Democrats to reopen the government for three weeks. Several Maryland lawmakers quickly responded that they hoped to find a path to avoiding another shutdown.

Minutes after the White House Rose Garden announcement, Sen. Chris Van Hollen, D-Maryland, stated that the shutdown would end through a Senate vote on a bill that he and Sen. Ben Cardin, D-Maryland, proposed Tuesday night. The measure passed the Senate late Friday afternoon. The House was expected to follow suit on the bill and send it to the president for his signature.

"Last night, Senator Cardin and I introduced a bipartisan funding bill to reopen the government for 3 weeks, get federal workers paid and back to work, and move forward with negotiations," Van Hollen tweeted. "President Trump now supports this idea. Let's get this voted on today and get back to work."

Also on Twitter, Cardin saluted federal employees for working through "tremendous hardship."

"...We brought a large, bipartisan group of senators together who all agreed that too many critical functions of our (government) have been disrupted," Cardin tweeted.

In a tweet comparing Trump to the self-deluding ruler in "The Emperor's New Clothes," Rep. Jamie Raskin, D-Montgomery, praised House Speaker Nancy Pelosi, D-California, saying she "has shown what real leadership looks like and that the Emperor has no clothes."

Raskin also directly criticized Trump, who alluded to using unspecified powers or the possibility of another shutdown after three weeks if an agreement can't be reached on border security. Raskin tweeted that this "demonstrates his continuing contempt for our Constitution and the separation of powers."

Rep. Elijah Cummings, D-Baltimore, released a statement saying he was "pleased that the government will reopen" and was looking forward to creating a "long-term agreement that supports Americans' pri-

orities and protects our borders through smart security without abandoning the values of our nation."

Trump said workers would soon return to work and receive their back pay "very quickly, or as soon as possible." In his remarks, he neither gave specifics nor mentioned federal contractors.

Pelosi and Senate Minority Leader Chuck Schumer, D-New York, said at a joint news conference that they hoped to craft a long-term agreement and avoid further conflict that led to the longest government shutdown in American history. Friday was the 35th day of the impasse that idled 800,000 federal workers and sent rippled effects through the economy.

Rep. Anthony Brown, D-Mitchellville, said the president "made thousands of people suffer for nothing," but "Trump caved."

Although House Majority Leader Steny Hoyer, D-Mechanicsville, said he was relieved about the temporary end to the shutdown and that workers would receive the pay they are owed, he was also frustrated with Trump and Senate Minority Leader Mitch McConnell, R-Kentucky, for how long the shutdown lasted.

"It is deeply angering that he inflicted uncertainty and insecurity across the country for no reason for 35 days," Hoyer said in a tweet.

Hoyer also emphasized that the Democratic Party is a proponent of border security.

"Democrats have always supported robust border security, and we will work to ensure that we pursue border security investments that are smart and strategic and in line with our nation's values," Hoyer said.

Rep. Dutch Ruppersberger, D-Timonium, shared a moment of excitement with his Twitter followers. Almost six hours after posting on Twitter that he would be hosting a Baltimore-based resource fair for furloughed federal employees, Ruppersberger canceled the Jan. 28 event following Trump's announcement.

"EVENT CANCELLED!" he tweeted.

The sole Republican representative in Maryland, Andy Harris, R-Cockeysville, said he was "glad" the president reached an agreement.

"It's up to the American people to now hold Democrats to their word to negotiate in good faith while the government is temporarily reopened," he said.

County Council Hosts Visit From U.S. Senator Chris Van Hollen

By KAREN D. CAMPBELL
Prince George's County Council Media

UPPER MARLBORO, Md. (January 22, 2019)—The Prince George's County Council welcomed United States Senator Chris Van Hollen (D-MD), to the County Administration Building in Upper Marlboro on Tuesday, January 22, 2019, for an informal "Meet and Greet" luncheon.

Senator Van Hollen said, "I was very pleased to

meet today with members of the Prince George's County Council. It was a great chance to discuss how we can work together on initiatives like transportation and economic development, so our community continues to grow and thrive. We also discussed how we can join forces to support our federal employees, government service contractors, and local businesses during this senseless and shameful government shutdown. I look forward to working in partnership with the Council to ensure continued

progress and success in Prince George's County."

Council Chair Todd M. Turner (D)—District 4, thanked Senator Van Hollen for providing updates on important issues, and addressing the Council's community concerns and questions.

"We appreciate Senator Van Hollen's strong leadership on Capitol Hill, as well as his hard work and advocacy on behalf of constituents in Prince George's County, the state of Maryland, and the United States. We are also very appreciative of the

information Senator Van Hollen shared with us. I look forward to our continued partnership in service to Prince George's County."

In addition to the Federal Government Shutdown, discussion topics also included transportation and infrastructure issues including WMATA, the Purple Line and the MAGLEV Project, Kirwan Commission recommendations and education funding, immigration, returning citizens initiatives, and the opioid epidemic.

INSIDE

Greater Washington Anti-DUI Group Urges Safety on Super Bowl Sunday

WRAP, the Falls Church-based organization has issued a number of "safe celebrating" tips to prevent drunk driving during "Super Bowl Sunday."

Community, Page A3

ChildWatch: Moving Forward to Prevent Gun Violence

Every 2 hours and 48 minutes we fail to act, a child or teen is killed with a gun....We must continue making progress and never give up. All of us must stand up and demand our elected officials pass H.R.8 with urgency and act to keep the momentum going.

Commentary, Page A4

Economic Development Corporation Offers Counsel to Council to Bolster Economy

Mr. Iannucci talked to the Council about Resident Employment Growth, a 'reality check' on the ratio of Jobs to Population, and the potential for office building projects.

Business and Finance, Page A5

Black History Month Events:

- The Quest for Saving African American Photographs
- African American Employees of the B&O Railroad
- Spring Lecture Series: African American Women in Music
- Moving Out, Moving In, Moving Up
- Douglass Bicentennial Celebration

Out on the Town, Page A6, A7, A8

Earth Talk

Dear EarthTalk:
After reading an EarthTalk piece on climate divestment, I'm looking to switch my checking and savings accounts to an environmentally friendly bank. Any ideas?

—Bill Kim, Troy, NY

Features, Page A7

TOWNS and NEIGHBORS

In and Around Morningside-Skyline

by Mary McHale 301-735-3451

Darnall's Chance invites you to "Savor the Flavor" on Feb. 16

This winter, history is a little sweeter at Darnall's Chance Museum on Saturday, Feb. 16, at 1pm, 2pm & 3pm. Learn why chocolate was so popular in Colonial America. Visitors will get to taste hot chocolate and chocolate tea made from authentic 1750s recipes. Afterwards, take a guided tour of the 18th century house.

Advance registration is required: call 301-952-8010. Fee: \$10/per person, which includes house tour, hot drinks and delectable sweets.

Historic Darnall's Chance is in Upper Marlboro on a hill overlooking Schoolhouse Pond, at 14800 Governor Oden Bowie Drive. Info: 301-952-8010.

Morningside VFD Live-in Recruitment Weekend

The Morningside Volunteer Fire Department is excited to announce their 2019 Live-in Recruitment Weekend, Feb. 7-10. If you're interested or would like to sign up, visit www.morningsidevfd27.com/recruitment/live-in/. Fill out an inquiry form and let them know you plan to attend! A recruiter will be in contact with you for further details.

Neighbors and Other Good People

Condolences to Stacie and John Smith, of Skyline, on the recent death of Stacie's brother, Norman H. "Skeeter" Branham.

The Post Office in Upper Marlboro has been officially dedicated in the name of the first African-American County Executive to serve Prince George's County. As of Dec. 8, the post office is the Wayne K. Curry Post Office Building.

The Oxon Hill Food Pantry has begun 2019 serving folks from the Federal shutdown. Each open day they have handled three times as many clients as usual.

I need Morningside reporters to tell me what's happening now in the town—births, marriages, deaths, graduations, retirements, get-well messages, and special events, like a 50th wedding anniversary or a 90th birthday. In fact, I keep a list of birthdays and would love to add yours. Email me at muddmm@aol.com or call 301-735-3451.

Changing landscape

The German grocery chain Lidl is coming to Forestville, on Marlboro Pike, across the street from the Penn Mar Shopping Center. It's being built on undeveloped land in front of The District Apartments which, formerly, were Loring Park, Doral Terrace, and—back in the 60's and 70's—Hi-View Terrace apartments.

Karaoke Dance Party

Adrienne C., organizer and host, invites you to, "Join us each and every Friday night for a Karaoke Dance Party at VFW Post 9619 in Morningside. Fridays are double the fun with the Karaoke Dance Party on the bar side and a grownup hand dance party in the ballroom! 7:00 p.m.—12:00 a.m." The VFW is at 6527 Suitland Road, near Joint Base Andrews. Info: Karaoke Dance Party @ VFW in Morningside.

Coming attractions

The Big Apple Circus is coming to National Harbor Feb. 14 to March 24. Info: BIGAPPLECIRCUS.COM.

Christmas in April of Prince George's County Benefit Dinner/Dance at the Columbia Moose Lodge in Clinton. Feb. 23, 6-10:30 p.m. Info: Mary Kucharski, 301-868-0937.

Civil Rights History Tour Alabama, Aug. 9 (5 days-4 nights) is being sponsored by Christ U.M. Church, Aquasco. For information, call one of these: Grace Bryant, 301-449-3424, Rudell Jones, 301-579-2014, or Phyllis Slater, 301-653-7345.

Warming centers

Warming centers are available throughout the County to provide relief from the cold temperatures. Closest to us are the Camp Springs Senior Activity Center, 6620 Allentown Road (301-449-0490) and the Suitland Community Center, 5600 Regency Lane (301-736-3518). Call for days of operation and times.

Morningside Memories: 59 years ago

The Women's Civic Group announced the winners of the 1960 Morningside Christmas House Decorating Contest: 1st prize: D. E. Duff home, 508 Allies Rd.; 2nd prize: Enos Ralston home, 406 Maple Rd.; 3rd prize, Roy Whitfield home, 203 Maple Rd.; hon-

orable mention: Donald Harder home, 21 Marianne Drive.

Flu shots

Flu shots are given Wednesdays, 9 a.m. to 3 p.m., at the D. Leonard Dyer Regional Health Center, 9314 Piscataway Road, Suite 175 in Clinton. I think they're free.

Mike Mitchell, Suitland High Grad, Morningside Sportsmen official

Thomas "Mike" Mitchell, 81, of Myrtle Beach, one of the founders of the Morningside Sportsmen's Club, died Jan. 19. Back in the 1950s, Mike (also known as Satchie) lived on Randolph Road and graduated from Suitland High School.

The Morningside Sportsmen's Club was founded in April 1971 and Mike was a charter member. He served on the Board of Directors from 1972 to 1975. He was a Navy Reservist and member of the American Legion. He was also a volunteer fireman.

Mike had a career with Local 26 IBEW for 46 years. In retirement he worked ten years for Pearl Works in Leonardtown. He was an avid sportsman, loved the Redskins, NASCAR and driver Bill Elliot.

Survivors include his wife Holly, seven children and eight siblings.

Fr. Thomas Gude, parish priest and chaplain

Father Thomas A. Gude, 79, a parish priest in the Archdiocese of Washington, died Jan. 2 at the Sacred Heart House in Hyattsville.

He served at several Prince George's parishes including: St. Margaret of Scotland in Seat Pleasant, Mount Calvary in Forestville, and as pastor of St. Michael in Baden and its mission at St. Dominic in Aquasco. He was also a military chaplain and chaplain to the Knights of Columbus.

Milestones

Happy birthday to Donna Young and Robin Sawyer, Feb. 1; Skyline President Stanley Holmes, Feb. 2; Ashley Lee, Feb. 3; Adam Cook, Feb. 5; Diane McCrone, Feb. 6; Theo Carter, Rita Beall and J.B. Thomas, Feb. 7.

Happy 69th (!) anniversary to William and Betty Fitzpatrick on Feb. 4.

Around the County

Beltsville Branch Library Will Be Closed February 4-24, 2019

The Beltsville Branch Library will be closed starting Monday, February 4, 2019. The branch reopens on Monday, February 25. The Beltsville Branch will have its shelving replaced during the closure.

—The Prince George's County Memorial Library System

Local Students Honored

University at Albany Announces Dean's List

ALBANY, N.Y. (January 22, 2019)—The University at Albany has announced the Dean's List of Distinguished Students for the Fall 2018 semester.

In order to qualify for this distinction, students at the University at Albany must earn a grade point average of 3.25 or higher during their first semester of study. In subsequent semesters of study, students must earn a grade point average of 3.50 or higher.

The following students have been named to the University at Albany Dean's List:

Bowie, MD: Olubusayo Odusanya
Laurel, MD: Kyara Frames, Karl Mofor

Local Student Named to Fall Dean's List at Pitt-Bradford

BRADFORD, Pa. (January 25, 2019)—The University of Pittsburgh at Bradford has named 366 students to its fall 2018 Dean's list.

Dean's list status is awarded to students who have earned a grade point average of 3.5 or higher.

Among those named to the Dean's list was **Sofone Elira, a junior accounting student from Riverdale, Md.**

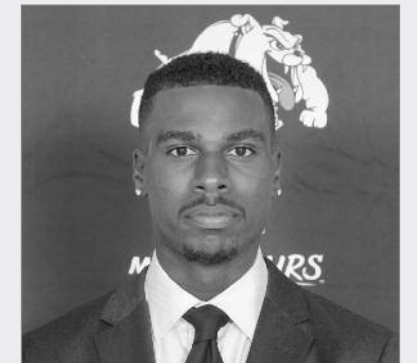
Power News Radio Network 2018 Black College All-American Team

By TY MILLER

Power News Radio Network

PITTSBURGH, Pa. (January 21, 2019)—The Power News Radio Network (PNRN) is proud to announce the members of the 2018 PNRN Black College All-American Team. The Mid-Eastern Athletic Conference (MEAC) and Southwestern Athletic Conference (SWAC) placed nine and six players on the team respectively. The Central Intercollegiate Athletic Association (CIAA) had five players selected, while three were selected from the Southern Intercollegiate Athletic Conference (SIAC). The Ohio Valley Conference (OVC) was represented by two players.

The North Carolina A&T State Aggies had five players on the team and picked up three honors. They're recognized as "2018 Black College Football National Champions," head coach, Sam Washington was named "2018 Coach of the Year" and de-



PHOTOGRAPH COURTESY OF BOWIE STATE SPORTS INFORMATION

Bowie State University's Amir Hall

defensive lineman Darryl Johnson Jr. was chosen as the "2018 Defensive Player of the Year." **Bowie State University Quarterback Amir Hall captured the "2018 Offensive Player of the Year" honor for a second consecutive year.**

Power News Radio Network supports Black College Football and is proud to continue a 92-year tradition.

Brandywine-Aquasco

by Audrey Johnson 301-922-5384

ALUMNI TAKEOVER

Join us for our Alumni Takeover (www.bowiestate.edu) February 2, 2019 Doubleheader Bowie State Bulldogs vs. Elizabeth City State Vikings WBB-2:00 p.m. and MBB-4:00 p.m. The games will be played at Bowie State University A.C. Jordan Arena Leonidas S. James Physical Education Complex, Bowie State University. General admission is \$15, students/seniors \$10, BSU Faculty/Staff \$10.

NOTTINGHAM MYERS UNITED METHODIST CHURCH

Nottingham Myers United Methodist Church presents a Valentine Experience to Remember Sweetheart Ball, Friday, February 15, 2019 from 7:00 p.m.—11:00 p.m. in their Family Life Center. The address is 15601 Brooks Church Road, Upper Marlboro, Maryland 20772. Rev. Constance C. Smith, Pastor. Please join us for an evening of fellowship. Music by Bruthers Plus One. Tickets cost \$50 per person for couple and single. Please contact Kim for tickets at Kim698787@verizon.com.

BLACK HISTORY MONTH: "THE ERNEST GREEN STORY"

The College of Education at Bowie State University in the James E. Proctor Jr Building, Room 102 will host a screening of the acclaimed Disney film, "The Ernest Green Story", starring Morris Chestnut. The made-for television movie tells the true story of Ernest Green—a member of the Little Rock Nine. The screening will be on February 13, 2019 from 1:00 p.m. to 3:00 p.m.

After the screening, join Green for a discussion about this pivotal moment in the Civil Rights Movement. Event contact is Treopia Washington, twashington@bowiestate.edu or 301-860-3412

INSIDE PGCPs

Five elementary schools in Prince George's County Public Schools are kicking off the new year with praise from the Maryland State Department of Education (MSDE) for excellence in gifted and talented education. Capitol Heights, Longfields, Glenarden Woods, Montpelier and Vansville Elementary Schools earned the 2018 MSDE Excellence in

Gifted & Talented Education (EGATE) award. New EGATE schools will be recognized at a statewide reception hosted by the MSDE Gifted and Talented Advisory Council in February.

AFRICAN AMERICAN HERITAGE SITES

Queen's Chapel United Methodist Church Site and Cemetery is an African American Site located at 7410 Old Muirkirk Road, Beltsville, Maryland 20705. Telephone number 301-201-9038. The original church was a small log chapel built in 1868 and included a cemetery that was already being used by African Americans in the Muirkirk area. The chapel was later destroyed by fire and replaced by a new chapel in 1901. In the 1950's a new brick church was built across the road and the earlier building was demolished. The original chapel site hosts the church's cemetery which dates back to the 1880's.

RIDGELY METHODIST EPISCOPAL CHURCH AND CEMETERY

The original Ridgely Church was constructed in the late 1870's on land deeded to Lewis Ridgely and two other African American trustees. The church was destroyed by fire in 1921 and rebuilt. It is named in honor of Lewis Ridgely and includes a small cemetery adjacent to the building with primitively carved stones.

In the late 1980's the church was moved a short distance and renovated. It reopened in 1990. The church is located at 8900 Central Avenue, Landover, Maryland 20743. Telephone number is 301-922-7599.

VALENTINE'S DAY DINNER AND CONCERT

Join us for Show Time and Dinner at Bowie State University February 14, 2019 from 6:00 p.m.—10:00 p.m. in the Student Center, Wiseman Ballroom. Featuring "Forever Yours" (Music of the O'Jays). You will enjoy an evening of R&B at the Valentine's Day Dinner. Concert Forever Yours will sing your favorites from the O'Jays. Special guest Karen Linette (Aretha and more). Tickets cost \$65.00 per person. Event Contact: Clarence Knight cknight@bowiestate.edu telephone: 301-860-3760.

Council Chair Turner Announces New Board of Health Consultant

By ANGELA J. ROUSON

Prince George's County Council Media

UPPER MARLBORO, Md. (January 22, 2019)—Prince George's County Council Chair Todd M. Turner (D)—District 4, today announced the appointment of Terrence M. Fullum, MD, MBA, to serve as the Council's new Board of Health Consultant and Liaison.

Dr. Fullum, a Howard University College of Medicine Professor of Surgery, also serves as Vice-Chair of the Department of Surgery, and Chief of the General Surgery, and Minimally Invasive and Bariatric Surgery divisions at Howard University Hospital. Dr. Fullum holds a Doctor of Medicine and Master of Business Administration from Howard University.

Council Chair Turner says Dr. Fullum will be a tremendous asset for the Board of Health.

"Access to quality health care, health promotion and disease prevention are priority concerns for the Prince George's County Council, in its role as the Board of Health, and for our residents. The Council is pleased that Dr. Fullum will support the work of the Board of Health, as its consultant. Dr. Fullum's experience and expertise as a physician, surgeon and hospital executive will be an invaluable resource to help advance public health policies and improve

Quality of Life for our residents."

As Board of Health consultant, Dr. Fullum will advise the Board of Health, on public health matters and provide subject matter expertise on current issues in the healthcare industry. He will also serve as a member of and primary liaison for the Prince George's County Board of Health on the University of Maryland Capital Region Health (UM-CRH) Board.

Dr. Fullum will provide research and analysis as it pertains to the main health indicators and the delivery of healthcare services in the County; coordinate and facilitate Board of Health sessions, and relevant Council Committees to further the County's healthcare policies and initiatives; provide input and assistance to the Board of Health and County Health Officials in developing, executing, monitoring and updating County health and medical facility plans, and increasing the number of Federally Qualified Health Centers in Prince George's County.

Dr. Fullum replaces Joseph Wright, MD MPH, who served as Board of Health consultant from 2011 to 2018. Dr. Wright assumed the position of Senior Vice President and Chief Medical Officer for UM-CRH last year.

COMMUNITY

The American Counseling Association's Counseling Corner

Steps Toward A Mentally Healthier You

It's true that most of us don't give our mental health much attention unless we're facing a serious problem. That's too bad, because in today's complicated world most of us could stand to reduce our stress and worry, and to feel better about ourselves.

Think of improving your mental health as similar to improving your physical health. Just as exercise gets your muscles in better shape, there are things you can do to get your feelings and attitudes into better shape.

A good starting point is simply to make time for yourself. In today's busy world, it's easy to fill our days with work, family and social obligations, leaving little or no time for ourselves.

The fix for that is to include "you" in your daily schedule. Create a real schedule that includes time each day for at least one thing you find pleasant and enjoyable. Maybe it's reading a book, working at a hobby, or just taking a relaxing walk. Put it on your calendar and make sure it happens.

Getting involved with others is another way to reduce stress and feel better about yourself. Community, civic and religious organizations are always eager for volunteers to help carry out their work.

Giving something back to the community can offer a meaningful escape from your own problems (and often puts such problems in a better perspective) while also providing a sense of fulfillment and self-worth that's essential for good mental health.

And don't ignore staying physically fit as a means to improve mental health. Studies find regular exercise is a great way to fight depression, for example. Plus, as we get ourselves into better shape, we usually start to feel more confident about ourselves—everything from how we look to what we can do. And that's good mental health.

There's no magic way to make stress and problems just disappear but building a little relaxation into your life, helping those in need, and staying physically active can all improve mental health and make it easier to cope with the problems you will face.

But if you find that your own actions don't have you feeling better, check out the assistance that a professional counselor can offer.

There are many fixes for better mental health. Whether it's steps you take on your own, or help you get from a professional counselor, good mental health is a goal worth achieving.

Counseling Corner is provided by the American Counseling Association. Send comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org.

County Residents Furloughed Due to Federal Government Shutdown May Be Eligible For WIC Benefits

By GEORGE LETTIS
Prince George's County Health Department

LARGO, Md. (January 23, 2019)—The Prince George's County Health Department wants to ensure residents who are furloughed federal government employees and contractors know they may be eligible to participate in the Women, Infants, and Children (WIC) assistance program.

Persons from families with adult members who are furloughed shall be eligible based on income during the period of unemployment if the loss of income causes the current rate of family income to be within the income guidelines for program eligibility.

"We want to make sure furloughed Prince Georgians have as many financial safety nets as possible while they anxiously await a resolution to the wickedness going on in Congress," said Prince George's County Executive Angela Alsobrooks. "Please know that while things may have grounded to a halt in Washington, we are continuing to fight and serve on your behalf."

WIC offers supplemental nutrition and breastfeeding support to pregnant and postpartum women and children, birth through five years of age. If you are a father, mother, grandparent, foster parent, or other legal guardian of a child under five years of age, you can apply for WIC for your child or for yourself if you are pregnant or postpartum. WIC benefits are not limited only to food. Participants have access to other resources, including health screenings, immunizations and referrals to health services including links to primary care, mental health, substance misuse/abuse providers and more.

Furloughed residents and their family members may also take advantage of a wide range of other health care services offered by Prince George's County and its community partners.

For more information about WIC benefits, please visit www.mdwic.org or call 1-800-242-4942 to be connected to a local WIC office.

Greater Washington Anti-DUI Group Urges Safety on Super Bowl Sunday

Nearly Half of All U.S. Traffic Deaths On Game Day Involve Drunk Drivers

By TAMMY WAN
WRAP

FALLS CHURCH, Va. (Jan. 22, 2019)—While the teams, site and time have been finalized, a local anti-drunk driving organization is urging the public to also develop a game plan to prevent drunk driving during this year's "Super Bowl Sunday."

During Super Bowl Sunday 2017, nearly half (48%) of all U.S. traffic fatalities involved alcohol-impaired drivers according to the National Highway Traffic Safety Administration (see NHTSA chart below).

"With nearly half of all U.S. traffic deaths being caused by drunk drivers during Super Bowl Sunday, it's important to have a game plan to defeat this opponent," said Kurt Gregory Erickson, President of the nonprofit Washington Regional Alcohol Program (WRAP), a 37-year-old public-private partnership combating drunk driving.

The Falls Church-based organization has issued a number of "safe celebrating" tips (below) to prevent drunk driving during "Su-

per Bowl Sunday," scheduled for February 3, 2019. However, the nonprofit emphasizes that even those not drinking during the game can help deter drunk driving by both reporting suspected drunk drivers as well as by wearing their seatbelts.

"Even if you have every confidence in your own ability to not drive impaired, that confidence doesn't extend to the next driver," said Erickson. "Motorists in Greater Washington who suspect that they are sharing a roadway with an impaired driver should report such by safely dialing 911 in the District of Columbia or Maryland and #77 in Virginia."

"And while you often hear that wearing a seatbelt may be your best defense against a drunk driver, the true bottom-line is that the routine wearing of seatbelts is the single most effective measure to reduce crash-related deaths and injuries."

For those hosting or attending Super Bowl parties, WRAP's tips to prevent drunk driving include:

- Planning ahead and designating a sober driver if you're celebrating with alcohol.
- Using alternative transportation like ride-sharing services, taxi cabs or public transportation.
- Being a responsible host by:
 - Never serving anyone who appears to be impaired.
 - Closing the bar at least an hour before the event's end.
 - Designating a sober bartender. (Don't let guests mix their own drinks.)
 - Serving food with alcohol (high protein foods like meats and cheeses stay in the stomach longer thereby slowing the body's alcohol absorption rate).
 - Using a non-carbonated base in alcoholic punches (the body absorbs alcohol faster when mixed with carbonation).
 - Serving non-alcoholic beverages as an option.
 - Never serving minors.
 - And never allowing impaired guests to get behind the wheel.

While the DUI penalties differ in the District of Columbia, Maryland and Virginia for first-time offenders, such range from fines up to \$2,500, jail terms up to one year and driver's license suspension periods also up to one year.

National Highway Traffic Safety Administration's Fatality Analysis Reporting System Data—
Fatalities in Motor Vehicle Traffic Crashes for February 5-6, 2017 and the Highest BAC in the Crash

Date	Alcohol-Impaired BAC= .08+		Alcohol-Impaired BAC= .08-.14		Alcohol-Impaired BAC= .15+		*Total Fatalities	
	Number	Percent	Number	Percent	Number	Percent	Number	Percent
6am February 5, 2017- 5:59am February 6, 2017	48	48%	11	10%	38	37%	101	100%

*Total fatalities include unknown numbers of fatalities in crash.



PHOTOGRAPH CREDIT: EXECUTIVE OFFICE OF THE GOVERNOR

Governor Larry Hogan Honors 2019 Century Farm Families

Award Celebrates 100 Years of Farm Ownership, Operation by the Same Families

By SHAREESE CHURCHILL
Office of the Governor

ANNAPOLIS, Md. (Jan 22, 2019)—Governor Larry Hogan today honored Maryland's farm families for their commitment to farming and leadership in preserving agricultural land by presenting Century Farm designations to five families from five counties who have farmed the same land for more than 100 years. Since the program began in 1994, 187 farms—about one percent of the state's 12,200 farms—have received the Century Farm designation. Four of those have received the Tricentennial Farm designation and 26 have received the Bicentennial Farm designation.

"Today it is my distinct honor to celebrate five families that represent the absolute best of Maryland's agricultural community," said Governor Hogan. "This is a celebration of agriculture, but it is also about family. By passing down farming as a way of life from generation to generation, each of our honorees has played a significant role in securing agriculture as the leading industry in Maryland. Congratulations to all of the wonderful families being honored today."

The Maryland Century Farm Program was established in 1994 by Governor William Donald Schaefer to recognize farms that have been in the same family for at least 100 consecutive years, contain a minimum of 10 acres of the original parcel, and have a gross annual income of \$2,500 or more from the sale of farm products. The Century Farm Program honors families who have passed their farming operations down from generation to generation, making it possible for future stewards of the land to continue in their family tradition. The Hogan administration re-established this annual tradition in 2017 for Maryland farm families after it had been halted for 10 years, with the last ceremony being held in 2007.

"The best agricultural preservation program is an economically healthy agriculture industry, and the Century Farm families have been working for generations to keep agriculture prosperous throughout the state," said Maryland Agriculture Secretary Joe Bartenfelder. "The Century Farm families we honor today are the backbone of our rural communities and their legacy has stressed the importance of agriculture to Maryland and our economy."

Maryland currently has 12,200 farms averaging 166 acres in size with a gross annual income of \$2 billion.

For more information on the Century Farm program, contact Jessica O'Sullivan at jessica.osullivan@maryland.gov or 410-841-5882.

The 2019 Century Farm [Prince George's County] designee [is] as follows:

Miller Farms (Clinton, Prince George's County)—Currently owned and operated by several members of the Miller family, this 252-acre farm was purchased in 1879 by Anton Miller. The property was originally 1 percent floodplains and 99 percent woodlands. Today, this property is comprised of 57 percent cropland, 8 percent development, 4 percent pasture, 10 percent woodland, and 20 percent is roads, ponds and barns. The oldest house on the farm was built in 1926 and is Cathy Miller's private home. Over the years, eight more homes were built on the property along with a tobacco barn, straw barn, a fruit stand, equipment shed, and a meat house. Crops that have grown on the farm include tobacco, sweet potatoes, collards, kale, cabbage, and a variety of fruits and vegetables. Some livestock raised on the farm include beef cattle, chickens, hogs, horses, and mules. The property has also been used for logging, agritourism, direct farm market, and as a bakery. The farm has been enrolled in the Nutrient Management Program since 2000 and has followed the department's Good Agricultural Practices since 2010.

Smith Congratulates Congressman Anthony Brown on Election as Vice Chair of the Armed Services Committee

By BARRON YOUNGSMITH
House Armed Services
Committee Democrats

WASHINGTON, DC (Jan 23, 2019)—Today, House Armed Services Committee Chairman Adam Smith (D-WA) re-

leased the following statement congratulating Congressman Anthony G. Brown (D-MD) on his election as Vice Chair of the House Armed Services Committee: "I am very pleased to congratulate my colleague Congressman Anthony Brown of Maryland on his election as Vice Chair

of the House Armed Services Committee," said Smith. "He is a committed patriot, and his contributions to the work of the Committee and the national security of the United States have been invaluable. I look forward to working together with him in this new capacity."

"As we confront evolving national security challenges, renewed budget uncertainty, and an administration that is upending our alliances and emboldening our strategic competitors, the Committee on Armed Services must advance our national security interests and uphold our constitutional duty to oversee the pursuit of these interests," said Brown. "In my new role, I look forward to working with Chairman Smith and

Members on the committee on these issues, amplifying the diverse voices of our caucus, and helping push an affirmative agenda to reinvigorate American leadership and make the United States more secure. Second only to my 30 years of active and reserve service in the United States Army, it will be an honor to serve as Vice Chair of the House Armed Services Committee in the 116th Congress."

COMMENTARY

Marion Wright Edelman

President Emerita,
Children's Defense Fund



ChildWatch:

Moving Forward to Prevent Gun Violence

When 26-year-old Stockton, California councilmember Michael Tubbs was elected in 2016 as Stockton's first Black mayor, its youngest mayor ever, and the youngest mayor in U.S. history of a city with a population of at least 100,000, he had a mission to make positive change in his hometown. Last year the city made progress towards a key goal: reducing gun violence. Stockton police reported 40 percent fewer homicides and 31 percent fewer shootings between 2017 and 2018 and said increased police resources and community involvement are making a difference. Mayor Tubbs shared his thanks in a social media post: "The murder of my cousin is what brought me back to Stockton after college and I've spent the last 6 years as an elected official focused on reducing shootings and homicides and making our community safer...I want to thank Stockton Police Department, the Office of Violence Prevention and community partners like Friends Outside, Fathers & Families of San Joaquin and Advance Peace for

the amazing work they did in 2018." He added: "Let's continue in 2019."

Stockton isn't the only place making progress on gun violence. Across our nation, state leaders have responded to our children's cries and advanced common sense gun violence prevention measures to keep them safe. Last year more than half of all states passed at least one gun violence prevention measure:

- Eleven states enacted laws to keep guns out of the hands of those convicted of domestic abuse.
- Nine states banned bump stocks or strengthened existing bans.
- Eight states and D.C. enacted Extreme Risk Protection Order laws which empower families and law enforcement officers to temporarily limit gun access for those who pose a danger to themselves or others.
- Seven states added new background check requirements or strengthened existing requirements. In

total, 20 states and D.C. currently extend background checks beyond federal requirements.

The majority of these laws were enacted in the months after the Parkland shooting—a testament to the courageous children and youths who organized and demanded leaders protect children, not guns.

There have also been signs of positive progress at the federal level. The Bureau of Alcohol, Tobacco, Firearms and Explosives (ATF) issued a ban on bump stocks which will take effect on March 26 and remove these dangerous devices which can be attached to semiautomatic rifles to mimic machine guns. Bump stocks were used by the gunman who killed 58 people at a Las Vegas country music concert in 2017. The ban prohibits future sales of bump stocks and requires current bump stock owners to destroy the devices or turn them in.

The midterm elections ushered a "Gun Sense" majority into Congress and established gun violence prevention as a national moral imperative and top legislative priority. Most notably, on January 8 Congress introduced The Bipartisan Background Checks Act of 2019 (H.R.8) which would require universal background checks for all gun sales, not just sales by licensed gun dealers, which is what current law requires. In the most recent Quinnipiac University poll, 92 percent of American voters supported these checks. This bill is a critical step towards keeping guns out of the hands of those who would use them to harm our children. While background checks don't prevent legal gun purchases, they could prevent child and teen gun deaths.

H.R.8 was introduced on the eighth anniversary of the mass shooting in Tucson, Arizona that killed six people and injured 13 others, including Rep. Gabby Giffords (D-AZ), and Rep. Giffords joined

the members of Congress at the bill's introduction. In a statement she said: "Last year millions of Americans spoke up, marched, and voted for new leaders who would make a safer future for all families a priority. Now, for the first time in decades, Democrats and Republicans in the House of Representatives are coming together to take action. Congress will be silent no more. Regardless of party, we must fight to stop this heartbreaking public safety threat from becoming a new normal, and we must do it together. The introduction of the bipartisan background checks bill in the House today marks a critical first step toward strengthening America's gun laws and making our country a better place to live, work, study, worship and play. When lives are at stake, we make progress by never giving up."

In 2017, 3,410 children and teens were killed with a gun. How many more senseless child and teen deaths will we allow before we enact common sense gun safety measures? While we are encouraged by these modest first steps, the fact that more preschoolers were killed by guns in 2017 than law enforcement officers in the line of duty reinforces that this is still an urgent crisis and we still have a long way to go. Every 2 hours and 48 minutes we fail to act, a child or teen is killed with a gun. We cannot afford to wait—our children's lives are at stake. We must continue making progress and never give up. All of us must stand up and demand our elected officials pass H.R.8 with urgency and act to keep the momentum going. Every child and every person should be able to walk our nation's streets without fear. With the anniversary of the tragedy in Parkland only a few weeks away let's show our children they can finally count on us to protect them not guns.

Marc Morial

President and CEO, National Urban League



To Be Equal:

Spike Lee's Best Director Nomination Is Long Overdue

"People of color have a constant frustration of not being represented, or being misrepresented, and these images go around the world ... I do not think there is going to be any substantial movement until people of color get into those gatekeeper positions of people who have a green-light vote. That is what it comes down to. We do not have a vote, and we are not at that table when it is decided what gets made and what does not get made."

—Spike Lee

In 2015 and 2016, we in the Urban League Move-

ment joined a movement against the Academy of Motion Picture Arts and Sciences embodied in the hashtag, "#OscarsSoWhite. At the time, the voting membership of the Academy was reported to be 94% white and 77% male.

As a result of the movement, the Academy pledged to double minority and women membership by 2020 and limited terms to 10 years for members who have not been active in the film industry.

Whether a direct result of these changes or not, Spike Lee's long-awaited first-time nomination for Best Director is a welcome development, as is the

nomination of his film, *BlacKkKlansman*, for Best Picture.

For his part, Lee believes his nomination would not have come about without #OscarsSoWhite. "What that campaign did, it made the Academy understand that they had to diversify their membership," he told *Entertainment Weekly*. "The diversity of the voting members makes a difference."

Lee previously was nominated for Best Screenplay for *Do The Right Thing*, and *4 Little Girls* received a Best Documentary Feature nomination, but this is the first time in his 30-year career he's been acknowledged for his main contribution to American culture as a director of provocative and artistic feature films.

I had the honor to participate in two of Lee's documentary films: *When the Levees Broke: A Requiem in Four Acts*, a 2006 HBO production about Hurricane Katrina and the destruction it wrought on my hometown of New Orleans, and its 2010 sequel, *If God Is Willing and da Creek Don't Rise*. The series serves as a powerful and thought-provoking analysis of the issues of class and race in national disaster response.

When the *Levees Broke* won three Emmy Awards, an NAACP Image Award and the Peabody Award from the University of Georgia for being an

"epic document of destruction and broken promises and a profound work of art" and "an uncompromising analysis of the events that precede and follow Hurricane Katrina's assault on New Orleans" that "tells the story with an unparalleled diversity of voices and sources."

In appreciation of his achievement, the National Urban League presented Lee with a Special Recognition Award at our 50th Equal Opportunity Dinner in 2006.

It can be argued that many of the 30 films Lee has directed are as deserving of an Oscar as *BlacKkKlansman*, and many of them are destined to occupy their places in the canon of American cinema. But even though *BlacKkKlansman* is set in the early 1970s it is very much a film of our time—perhaps the film of our time. David Duke, the main villain of the story, is still very much a force in American politics today. He is shown to use the resurrected phrase "America First!" popularized during the 2016 presidential campaign, and speaks of making America "great again." The film's central question of whether social change must be effected within the system or outside it resonates today.

The recognition of Lee's talent by the Academy is long overdue, and we congratulate him on his achievement.



PHOTOGRAPH CREDIT: EXECUTIVE OFFICE OF THE GOVERNOR

Governor Larry Hogan and First Lady Yumi Hogan Host Lunar New Year Celebration, Recognize Asian American Communities

By SHAREESE CHURCHILL
Office of the Governor

ANNAPOLIS, Md. (Jan 25, 2019)—Governor Larry Hogan and First Lady Yumi Hogan hosted a celebration of the Lunar New Year, one of the most celebrated national holidays in several Asian countries, at Government House on Thursday. This year's Lunar New Year symbolizes the Year of the Pig and falls on February 5, 2019. The event marked the fifth consecutive Lunar New Year celebration since Governor Hogan took office.

"The diversity of our communities brings strength to our state, and we are fortunate to have citizens from all corners of the world, sharing culture, heritage, skills, and

knowledge," said Governor Hogan. "As we celebrate the new lunar year, our administration remains committed to working together with our citizens, including our robust Asian American community, to celebrate our diversity and provide new opportunities for all Marylanders."

More than 200 guests attended this year's celebration, including The Honorable Marc Knapper, current Acting Deputy Assistant Secretary of State for Japan and Korea and former U.S. Charge d'Affairs to South Korea, Asian foreign dignitaries, Asian state elected officials, and Asian community leaders.

"This year's Lunar New Year is a year of the golden pig, and I was also born in a year of the pig. As the first Asian First Lady in the history of Maryland, I am pleased to

share my heritage with all Marylanders, including Asian Americans," said First Lady Yumi Hogan. "We were so honored to host a joyous and vibrant celebration at Government House—the people's house—and welcome our Asian American family, friends, and neighbors to share in this special evening."

In 2006, both the Maryland State Senate and the House of Delegates passed a bill for the governor to annually proclaim a certain day as Asian Lunar New Year Day. The Lunar New Year is an important festival in many Asian traditions and continues to be celebrated by various Asian American communities across Maryland, including Maryland's Chinese, Korean, and Vietnamese populations.

Hoyer and Connolly Introduce Federal Civilian Workforce Pay Raise Fairness Act of 2019

By ANNALIESE DAVIS
Congressman Steny Hoyer

WASHINGTON, DC (January 25, 2019)—Today, Congressman Steny H. Hoyer (MD-05) and Gerry Connolly (VA-11) introduced the Federal Civilian Workforce Pay Raise Fairness Act of 2019, which would bring the 2019 pay increase for civilian federal employees in line with the raise given to members of the military. Currently, under President Trump's outrageous pay freeze, civilian em-

See PAY RAISE FAIRNESS ACT Page A8

The Prince George's Post

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BUSINESS AND FINANCE

Social Security Matters

Ask Rusty:

Will My Benefit Be the Same as My Current SS Statement Says?

By RUSSELL GLOOR,
AMAC Certified Social Security Advisor
Association of Mature American Citizens

Dear Rusty: I recently retired after more than 40 years in the construction industry. I'm 60 years young and my wife and I recently moved south to enjoy retirement in a new and milder environment. At this point, we do not plan on receiving my SS benefit until I reach my full retirement age of 66 and 8 months. In my 2018 statement, the Estimated Benefits Section, it states "You have enough credits to qualify for benefits at your current earning rate. (If you continue working until your full retirement age of 66 years and 8 months your payment will be)" Then it shows an amount for my full retirement age, age 70 & age 62. My question is, if I don't work from now to my full retirement age will that significantly reduce my SS benefit rate that is quoted on my statement? **Signed: Retired early**

Dear Retired: Congratulations on your retirement! The estimated benefits shown on the statement you received from Social Security are just that—estimates. But they make a critical assumption which will, indeed, make a difference in the actual amount of your benefit when you finally claim it.

Those estimates assume that you will continue working at your current income level until you reach your full retirement age (FRA). But since you retired from work at age 60 your actual benefit (assuming you continue without working) will be less than the current estimates you have from Social Security. Whether the reduction will "significantly reduce" your benefit depends on your actual earnings in the 35 years used to compute your benefit when you claim. Your benefit is determined by adjusting for inflation all your lifetime earnings as reported to the IRS (but only up to the annual payroll tax cap for each year). They then select the highest earning 35 years over your lifetime, total them and divide by 420 (number of months in 35 years) to arrive at your "average indexed monthly earnings," or AIME. This is a number used to compute your actual benefit amount.

Since the highest earning years are usually the ones later in your working career, stopping work before you reach FRA will yield a lower benefit—if the estimated benefit computation used the predicted earnings between age 60 and your FRA to arrive at your benefit estimate. The key parameter used to determine your actual benefit amount is something called your "primary insurance amount" (PIA), which is computed from your AIME and is your benefit at your full retirement age.

If you claim before FRA, your benefits will be reduced according to the number of months before that you claim (reduced by about 6.7% for each of the first 3 years early and then 5% more for any years more than 3 years prior to your FRA). Conversely, if you wait beyond FRA to claim, your benefit will grow at 8% per year until you are 70, when it would be 26.7% more than it would be at your full retirement age.

Of course, you don't have to wait until age 70 to apply, because you'll earn delayed retirement credits (DRCs) of 2/3rds of 1% per month of delay beyond your full retirement age. But the longer you wait to claim, the more your benefit will be (up to age 70), thus possibly easing the impact of any benefits lost by not working until your FRA.

To summarize, if you don't work between now and your FRA, your benefits will be probably be less than shown in your most recent estimate. If you work and have earnings for some years after age 60, and those earnings are more than any of the 35 used to compute your estimate, the higher current earnings will be used to compute your final benefit amount. And if you delay beyond your FRA to claim benefits you may recover (thru DRCs) some of what was lost by not working between age 60 and your FRA. I realize this isn't a specific answer about how much less your benefit might be, but I hope this answers your basic question.

The Association of Mature American Citizens (A.M.A.C.), <https://www.amac.us>, is a vibrant, vital senior advocacy organization that takes its marching orders from its members. We act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining us today at <https://amac.us/join-amac>.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssad-visitor@amacfoundation.org.

Maryland Small Business Development Center Workshop

Ready, Set, Go! The Nuts & Bolts of Starting a Business

February 12, 2019 • 1–3:30 p.m.

University of MD Baltimore Bldg.; 620 W. Lexington Street,
Room 2-111; Baltimore, MD 21201

Cost: FREE

Contact Information: Sandra Conaway

This workshop is specifically designed for small businesses in the planning phase of building a company. Featured topics include: registering a business name; filing your business as a legal entity; marketing/advertising strategies; charging and reporting retail/sales tax, creating a business plan, zoning guidelines, and business licensing.

Economic Development Corporation Offers Counsel to Council to Bolster Economy

EDC President David Iannucci Presents at 2019 County Council Retreat



PHOTOGRAPH COURTESY PGCEDC
EDC President and CEO David Iannucci discusses the economy with Stanley A. Earley, Director of the Office of Management and Budget

By R. JOSHUA REYNOLDS
PGC Economic Development Corporation

COLLEGE PARK, Md. (January 9, 2019)—Prince George's County Economic Development Corporation (EDC) President and CEO David Iannucci presented an economic outlook at the 2019 Prince George's County Council Retreat. Mr. Iannucci, joined by FSC First President and CEO Shelly Gross-Wade, briefed the Council on the various economic development tools used to bolster the County's economy. The presentation, which was a part of an overall financial briefing, kicked off the Council's two-day retreat at The Hotel at the University of Maryland. Iannucci offered an exhaustive yet concise overview for the Council to review.

"We're doing well but we also have the opportunity to grow," said

Iannucci. "Following the Great Recession, many small businesses had difficulty accessing capital and struggled to find financing for expansion. We needed to be competitive with our aggressive, regional neighbors. Using incentives like the Economic Development Incentive Fund has proven to be successful. It has stopped the loss of large companies from the County. It's leveraged \$7.4 million in State incentives and allows the County to compete for new economic opportunities. Further, the EDI Fund has committed \$37.3 million to 47 projects resulting in over \$1 billion in capital investment."

Mr. Iannucci talked to the Council about Resident Employment Growth, a 'reality check' on the ratio of Jobs to Population, and the potential for office building projects. He also discussed other State and County economic development and how the tools have performed.

Learn more about economic development in Prince George's County by visiting www.pgcdec.com or calling 301-583-4650.

Maryland State Police Joins 'Adapt' Initiative to Address Aggressive Driving

By RON SNYDER
Maryland State Police

PIKESVILLE, Md. (January 24, 2019)—The Maryland State Police are among the law enforcement agencies in the state this month who are participating in an initiative to raise additional awareness about aggressive driving.

Troopers are participating in the state's ADAPT—Aggressive Drivers Are Public Threats—initiative. The ADAPT Program is an aggressive driving enforcement campaign designed to curb dangerous behaviors and make Maryland roads safer for everyone. ADAPT combines education and law enforcement as part of Maryland's Toward Zero Deaths program, which is charting the course to reach the goal of zero roadway fatalities.

Among the highlights for troopers during the initiative, which ran from January 18 to 27:

- The Golden Ring Barrack concentrated on educating the public and enforcing Maryland's "Move Over" laws during an initiative from 9 a.m. to 1 p.m. on Wednesday along Interstate 83 near Shawan Road in Baltimore County. The

effort resulted in 140 traffic stops, 68 citations (53 Move Over citations) and 82 warnings (77 Move Over warnings).

- The College Park Barrack conducted 47 traffic stops and issued 15 citations and 39 warnings between 2 and 7 p.m. on Wednesday in Prince George's County.
- The College Park Barrack, along with Prince George's County Police conducted an aggressive driving enforcement effort from 11 a.m. to 4 p.m. on Jan. 17 along I-495 and US 50. A total of 53 traffic stops were conducted, which resulted in the issuance of 42 citations and 44 warnings while also serving two arrest warrants.
- The Bel Air Barrack conducted 29 traffic stops and issued 15 citations and 27 warnings between noon and 2 p.m. on Tuesday on US 40 between the Baltimore County line and MD 543 in Harford County. The Bel Air Barrack conducted a similar enforcement initiative from noon to 6 p.m. on Jan. 18 on MD 24 near Ring Factory Road and on US 1 near MD 543. During this initiative, troopers conducted 60 traffic stops and issued 29 citations and 41 warnings.

According to the Maryland Motor Vehicle Administration, aggressive driving

crashes fell from about 6,000 in 2011 to 3,311 in 2015. However, the MVA has reported an increase in such crashes recently with there being 4,526 aggressive driving-related crashes in 2017.

The MVA also reported that four out of five aggressive drivers are males, and they were responsible for 58 percent of aggressive driving-related crashes. Also, in the last five years, more than 85 percent of crashes due to aggressive behaviors in Maryland happened in the Baltimore and Washington metropolitan areas.

Aggressive driving violations involve a combination of behaviors that endanger people or property. Maryland law dictates that at least three of the following are observed:

- Traffic light violations.
- Overtaking and passing another vehicle.
- Passing on the right.
- Driving on a laned roadway.
- Tailgating, or following another driver too closely.
- Failing to yield when other drivers have the right-of-way.
- Exceeding the speed limit.

For aggressive driving violations, you'll receive five points on your license and a \$370 fine.

HEALTH AND WELLNESS

Six in Ten People With Alzheimer's, Dementia Will Wander

Planning is critical to prepare for this emergency situation

By CINDY SCHELHORN
Alzheimer's Association

MCLEAN, VA (January 24, 2019)—Wandering and getting lost is common among people with Alzheimer's disease or dementia and can happen during any stage of the disease.

"Anyone who has memory problems and is able to walk is at risk for wandering," said Cindy Schelhorn, senior director of communications and marketing with the Alzheimer's Association National Capital Area Chapter. "Even in the early stages of dementia, the person can become disoriented or confused for a period of time and may not remember his or her name or address."

Behaviors that may indicate an increased risk of wandering include:

- Forgetting how to get to familiar places
- Talking about fulfilling former obligations, such as going to work
- Trying or wanting to "go home," even when at home
- Having difficulty locating familiar places like the bathroom, bedroom or dining room

Planning ahead and being prepared is critical when for this dangerous—and potentially fatal—situation occurs. When preparing an emergency plan, be sure to:

- Have a list of people and their telephone numbers easily accessible to call for help.
- Ask neighbors, friends and family to call if they see the person alone.
- Keep a recent, close-up photo and current medical information on hand to give to police.
- Know your neighborhood. Be aware of any dangerous areas nearby, i.e. bodies of water, dense foliage, or busy roads.
- Keep a list of places where the person may wander, including past jobs, former homes, places of worship, or a favorite restaurant.

"When a memory-impaired person goes missing, don't wait. Begin looking immediately," said Schelhorn. "Ninety-four percent of people who wander are found within 1.5 miles of where they disappeared. If the person isn't located within the first 15 minutes of the search, call '911' and report to the police that a person with Alzheimer's disease or dementia—a 'vulner-

able adult'—is missing. A Missing Report should be filed and the police will begin to search for the individual."

Wandering situations can happen even to the most diligent of caregivers. Following are strategies to help lower the chances of a wandering incident:

- Identify the most likely times of day that wandering may occur. Plan activities at that time. Activities and exercise can reduce anxiety, agitation and restlessness.
- Reassure the person if he or she feels lost, abandoned or disoriented. If the person with dementia wants to leave to "go home" or "go to work," use communication focused on exploration and validation, and refrain from correcting the person.
- Ensure all basic needs are met. Has the person gone to the bathroom? Is he or she thirsty or hungry?
- Avoid busy places that are confusing and can cause disorientation.
- Place locks out of the line of sight. Install either high or low on exterior doors, and consider placing slide bolts at the top or bottom.

- Use devices that signal when a door or window is opened. This can be as simple as a bell placed above a door or as sophisticated as an electronic home alarm.

- Provide supervision. Do not leave someone with dementia unsupervised in new or changed surroundings. Never lock a person in at home or leave him or her in a car alone.

- If the person is no longer driving, remove access to car keys—a person with dementia may not just wander by foot. The person may forget that he or she can no longer drive. If the person is still able to drive, consider using a GPS device to help if they get lost.

The Alzheimer's Association can provide families and caregivers with additional guidance on keeping people with memory issues safe. For more information, visit their web site at alz.org or call their toll-free 24/7 Helpline at 800-272-3900.

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research, to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's.

OUT on the TOWN

New Temporary Art Exhibit Honoring African American Employees of the B&O Railroad

By DANA KIRN
B&O Railroad Museum

BALTIMORE, Md. (Jan 21, 2019)—During February's Black History Month, the B&O Railroad Museum will present a new temporary exhibit, entitled *Best In Service*, a rare art exhibit of paintings and photographs from the B&O archives not previously displayed honoring the service of African Americans and their contributions to the B&O Railroad. *Best In Service* features original paintings by American illustrators Dan Content and Roy Frederick Spreter. Commissioned by the B&O Railroad in the early 1930s, these artists painted full page, oil on canvas railroad scenes of service primarily used for creating advertisements for publications such as the "Saturday Evening Post" and the "B&O Employee Magazine".

Additionally, *Best In Service* highlights the lives and service of four prominent African American B&O Railroad employees—Thurgood Marshall, Fearless M. Williams, Charles Wright and Maggie Hudson.

U.S. Supreme Court Justice, Thurgood Marshall, whose roots run deep in the Baltimore community and the B&O Railroad, worked as a waiter and porter on board B&O dining cars while earning a college degree at Lincoln University in Chester County, Pennsylvania. Marshall obtained his position with the B&O Railroad because his father, William Canfield Marshall, was a B&O Railroad porter and waiter. His "Uncle Fee", Fearless M. Williams on his mother's side of the family, served the B&O

Railroad for 46 years as a floor porter for B&O Railroad executive staff including its presidents and became a very prominent member of the Baltimore business community.

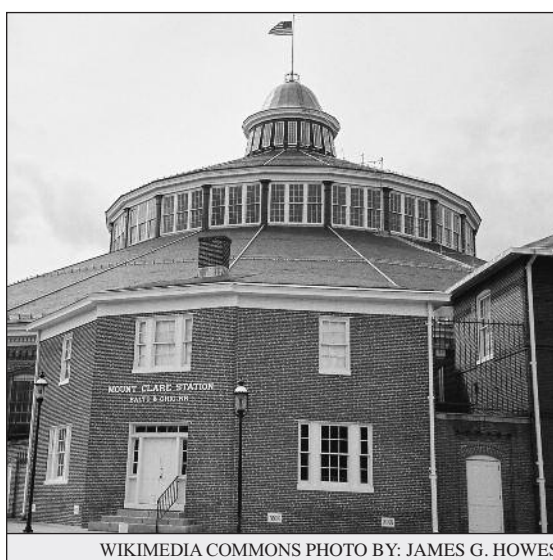
Charles W. Wright began his 33-year career with the B&O Railroad in 1884 as head butler for B&O president John W. Garrett. In 1910, he was promoted to head cook aboard B&O No. 99 for B&O president, Daniel Willard, who eventually became a very close friend.

Maggie Hudson, born in Shuqualak, Mississippi in 1919, moved to South Baltimore in the early 1940's because she heard that the B&O Railroad was "hiring girls". The B&O Railroad hired Maggie in 1943 as one its first female African American portrette, a position she held for 36 years. On April 13, 2019, Hudson turns 100 years old, making her the oldest living known B&O Railroad employee.

B&O Railroad jobs for African-Americans were considered elite positions for the time. *Best In Service* provides an immersive look into their lives through these and other African American exhibits at the B&O Railroad Museum:

- C&O #409, circa 1900 "Jim Crow" passenger car that depicts a stark visual of passenger seating, restrooms and accommodations for whites and blacks when segregation was mandated by law as "separate was equal".
- *Dinner in the Diner*, a B&O dining car exhibit, highlighting African Americans who served the B&O Railroad as chefs and waiters. Their work on board dining cars was exceptional, providing passengers, including many U.S. Presidents, with high-quality service.

Best in Service will only be on exhibit at the B&O Railroad Museum for the months of February and March. *First to Fight: Railroaders of WWI* featuring a scale model of the 1917 Battle of Cambrai will be exhibited May and June. August and September conclude with *Protecting the Line: The First Railroad Police Unit in the Nation* that also provides a peek into the Museum's future with the opening of First Mile Stables, a new home for Baltimore City's Mounted Police Unit.



WIKIMEDIA COMMONS PHOTO BY: JAMES G. HOWES

B&O Railroad Museum,
901 W. Pratt St.
Baltimore, MD 21223
www.borail.org / 410-752-2490

ERIC D. SNIDER'S IN THE DARK

.... Movie Review

The Girl in the Spider's Web

The Girl in the Spider's Web
Grade: C
Rated R, some harsh profanity,
brief graphic sex, moderate
violence
1 hr., 57 min

After "The Girl with the Dragon Tattoo" author Stieg Larsson died, his publisher hired David Lagercrantz to write more sequels, like those Jason Bourne books that weren't by Robert

Ludlum. Coincidentally, the movie version of "The Girl in the Spider's Web" feels like a Bourne knockoff, not (just) because it isn't as good as the originals but because for some reason hacker punk Lisbeth Salander (Claire Foy) is now getting caught up in espionage capers involving nuclear launch codes and going on the run because she's been framed for murders like a common Jason Bourne.

What happened to avenging wronged women? Oh, there's a little bit of that, just enough to remind you why you liked Lisbeth in the first place. But mostly it's a dreary, derivative spy plot, directed by Fede Alvarez ("Don't Breathe"), in which a conscious-stricken computer programmer (Stephen Merchant) hires Lisbeth to steal an app he built that can access all the world's nukes, and return it to him so he can destroy it. She gets it, but of course it's promptly stolen from her by bad guys, including one (Sylvia Hoeks) who reminds Lisbeth of her sister. But her sister is dead, isn't she?? Et cetera.

What happened to journalist Mikael Blomkvist (Sverrir Gudnason)? Oh, he's around too, occupying space and screen time. Since this is the fourth installment in the saga (though only the second to get an American movie adaptation), some obligation was probably felt to include all familiar characters. But they're counting on a built-in fondness that is by no means assured: To the extent you ever cared about Lisbeth and Mikael, it wasn't this Lisbeth and Mikael. And anyway, the characters have little to do with each other anymore.

LaKeith Stanfield is a welcome presence as an NSA agent pursuing Lisbeth and the app, and some of the hacker-vs-hacker business is fun. But in the end it's an ordinary, mundane tech thriller whose only distinction is that it's connected to a previous movie. It's the very definition of a sequel no-body wanted.



ROTTENTOMATOES.COM

Lisbeth Salander, the cult figure and title character of the acclaimed Millennium book series created by Stieg Larsson, will return to the screen in *The Girl in the Spider's Web*, a first-time adaptation of the recent global bestseller.

Calendar Spotlight

Spend a day at the Maryland Historical Society!

Maryland Historical Society, 201 West Monument St.,
Baltimore, Maryland 21201 • 410-685-3750

Free Public Tour: MdHS Collection Highlights Thursday, February 7, 2019 • 11 a.m.

Visitors can enjoy free admission to the entire museum on the first Thursday of every month. A collection highlights tour takes place at 11 a.m.—explore the galleries with a member of our staff, hear the stories behind the artifacts on display and learn about Maryland's rich history. Groups of 10 or more people must book a tour ahead of time.

Free Public Tour: Civil Rights Thursday, February 7, 2019 • 1 p.m.

From speaking out against the institution of slavery to fighting for equal rights, Marylanders have long played a role in the growth of Civil Rights for African Americans. In the spirit of Black History Month, come join us for a special highlights tour that tells Maryland's Civil Rights story. Some of the highlights that will be seen will be an autographed cabinet card of Frederick Douglass, the Paul Henderson Photograph Collection, the story, and items of the 4th United States Colored Troops, and much more! Groups of 10 or more people must book a tour ahead of time.

Francis Scott Key Lecture Series: Indelible Images: The Quest for Saving African American Photographs

Thursday, February 7, 2019 • Doors open at 6 p.m.
The lecture begins at 6:30 p.m. Reception to follow.

Collector and author Ross J. Kelbaugh will share discoveries and stories from his 19th and early 20th century photography collection, with a focus on African American photographs. Mr. Kelbaugh will also share stories from his work as an appraiser on Maryland Public Television's "Chesapeake Collectibles." Register for this lecture. To sign up for the entire lecture series, email dpeterson@mdhs.org, or call 410-685-3750 ext. 399.

Cost: \$50 per person/per lecture, or \$225 per person/\$350 per couple for the entire series (6 lectures, February, March, April, September, October, and November 2019)

OPEN TO THE PUBLIC

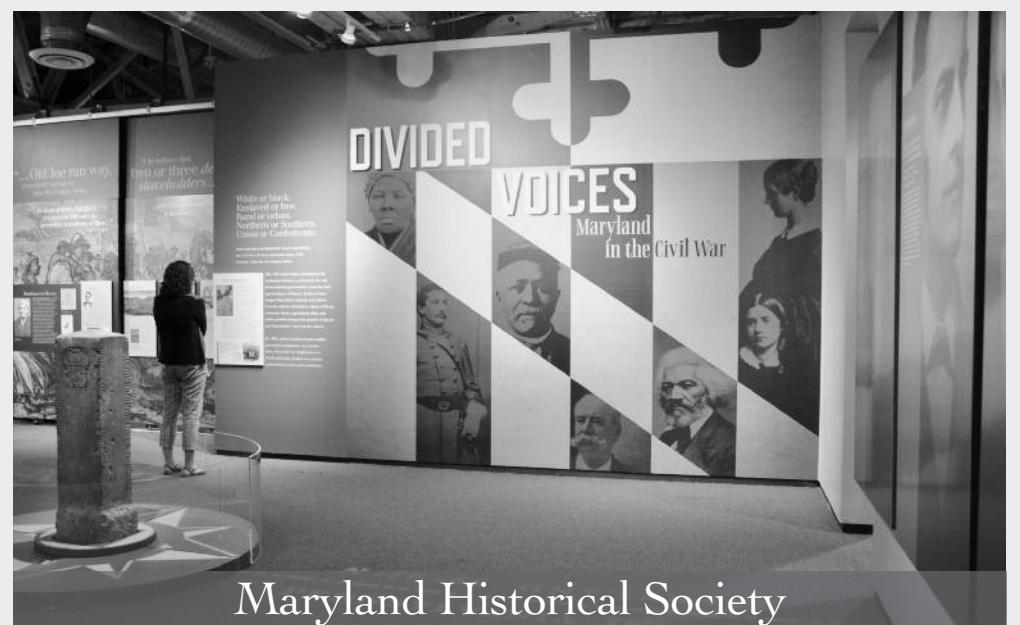


PHOTO COURTESY MARYLAND HISTORICAL SOCIETY

The Maryland Historical Society was founded in 1844 and is the world's largest museum and library dedicated to the history of Maryland. Occupying an entire city block in the Mount Vernon district of Baltimore, the society's mission is to "collect, preserve, and interpret the objects and materials that reflect Maryland's diverse cultural heritage." The Society is home to the original manuscript of the Star Spangled Banner and publishes a biannual journal titled "The Maryland Historical Magazine." Visitors to the museum will find major exhibits of famous Maryland paintings, silver, furniture, maritime history and children's toys from the last 300 years. The library houses over seven million documents related to Maryland history. Hours: 10 a.m. to 5 p.m. Wednesday through Saturday, 12 p.m. to 5 p.m. Sunday (Museum Only). Adults, \$9; Seniors, \$7; Students with ID, \$6; Children 3-18, \$6; Children under 3, Free. On the first Thursday and second Sunday of every month, the MdHS offers FREE museum admission.

Maryland Historical Society, 201 West Monument St., Baltimore, Maryland 21201-4674
• 410-685-3750 • www.mdhs.org

PRESENTED BY MARIETTA HOUSE MUSEUM AND PRINCE GEORGE'S COUNTY HISTORICAL SOCIETY:

Spring Lecture Series: African American Women in Music

The first presentation of our series: *The Music of Portia Washington Pittman*

By STACEY HAWKINS
Marietta House/M-NCPPC



PHOTO COURTESY M-NCPPC
Portia Washington Pittman

Join us on Saturday, February 23, at 1 p.m., as historian Susan Pearl discusses the music of Portia Washington Pittman. Portia Washington Pittman, born in Tuskegee, Alabama, at the Institute founded by her father, and had become an accomplished pianist by age ten. Educated at schools in New England, Portia finished a four-year college degree at Bradford Academy in Massachusetts where she completed studies in music. October of 1907, she married architect William Sidney

Pittman, and settled with him in Fairmount Heights in Prince George's County, Maryland. She made her concert debut in Washington, D.C., in May 1908. The Pittman family moved to Dallas, Texas in 1913, and Portia began teaching music in a Dallas high school named for her father. After retirement, she devoted herself to recognition of her father's place in history, and died in Washington, D.C., in 1978.

Light refreshments will be served following the program. \$5/person.

Susan Pearl is Historian of the Prince George's County Historical Society, and former Historian for Maryland-National Capital Park and Planning Commission.

Please call 301-464-5291 for more information and to reserve your seat!

Marietta is the 1813 home of Judge Gabriel Duvall, a Supreme Court Justice and Comptroller of the U.S. Treasury. Marietta stands on terraced, landscaped grounds with two contemporary out-buildings: a brick law office and a stone and brick root cellar/harness storage room.

Marietta is located at 5626 Bell Station Road, Glenn Dale, MD 20769 and is a property of the Maryland-National Capital Park and Planning Commission.

Calendar of Events

January 31–February 6, 2019

Dinosaur Park Open House/Fossil Deposit Interpretation
Date and Time: Saturday, February 2, 2019, 12–4 p.m.
Description: Meet paleontologists, learn about Maryland prehistory, and search a real fossil quarry for 110 million-year-old fossils. This event is held on the 1st and 3rd Saturday of every month!
Cost: FREE!!
Ages: All ages are welcome
Location: Dinosaur Park, 13100 Mid Atlantic Boulevard, Laurel, MD 20708
Contact: 301-627-1286; TTY 301-699-2544

Black History Hall of Fame
Date and Time: Saturday, February 2, 2019, 2 p.m.
Description: Maya Angelou, Aretha Franklin, Mae Jemison, the Buffalo Soldiers... these are just some of the famous people that come to life in this celebration of Black History. Presented by Bright Star Theatre.
Cost: FREE!!
Ages: 5–12
Location: Bowie Branch Library, 15210 Annapolis Rd., Bowie, MD 20715
Contact: 301-262-7000

Mixed-Media Collage Quilt Paintings by Curtis Woody
Date and Time: Monday, February 4, 2019, 8:30 a.m.–5 p.m.
Description: Curtis Woody is a mixed-media collage painter who draws inspiration from historical connection points that join together individuals, families, generations, and communities. He creates highly textured and intricately detailed original art pieces intended to breathe new life into and enhance the unique characteristics of a common historical heritage.
Cost: FREE!!
Ages: All ages are welcome
Location: Publick Playhouse, 5445 Landover Road, Cheverly, MD 20784
Contact: 301-277-1710; TTY 301-699-2544

Madre Africa—African Heritage in Latin America
Date and Time: Tuesday, February 5, 2019, 10:15–11:15 a.m.
Description: Learn how African cultures influenced and inspired fascinating rhythms, instruments and musical styles, such as candombe, festejo, tango, and salsa. As we travel through South America and the Caribbean, hear how each country developed its own blend of cultural and religious traditions while sharing a similar African heritage. Tracing migration through music, geography and social studies become lively subjects that are especially relevant in today's diverse school and work environments! This fast-paced musical tour is interactive with clapping, dancing, and African-style call and response. Audience members can join the group on stage to try instruments and dance steps.
Cost: \$8/person; \$6/person in groups of 20 or more
Ages: Recommended for grades K–5
Location: Publick Playhouse, 5445 Landover Road, Cheverly, MD 20784
Contact: 301-277-1710; TTY 301-699-2544

North by Night: More Heroes of the Underground Railroad, Kids' Day Out
Date and Time: Wednesday, February 6, 2019, 10:30 a.m.
Description: Follow the journey of brave men and women who risked it all to travel north and help others escape the terrors of slavery. Meet people with familiar names and many more who have gone largely unnoticed by history—until now! This show features William Still, Sojourner Truth, William Lloyd Garrison, and others.
Cost: \$5/person
Ages: All ages welcome
Location: Harmony Hall Arts Center, 10701 Livingston Road, Fort Washington, MD 20744
Contact: 301-203-6070; TTY: 301-699-2544

Black History Month Film Series presents, "Bronx Gothic"
Date and Time: Wednesday, February 6, 2019, 7–10 p.m.
Description: From director Andrew Rossi comes an electrifying portrait of writer and performer Okwui Okpokwasili and her acclaimed one-woman show, "Bronx Gothic." Rooted in memories of her childhood, Okwui—who's worked with conceptual artists like Ralph Lemon and Julie Taymor—fuses dance, song, drama, and comedy to create a mesmerizing space in which audiences can engage with a story about two 12-year-old black girls coming of age in the 1980s.
Cost: FREE!
Ages: All ages are welcome
Location: Brentwood Arts Exchange, 3901 Rhode Island Avenue, Brentwood, MD 20722
Contact: 301-277-2863; TTY 301-699-2544

The Old Man, The Youth and The Sea
Date and Time: February 7–March 3, 2019, Student matinees February 14, February 15, February 28, March 1 at 10:30 a.m.
Description: Based on historic events, this new play by one of Spain's rising young playwrights explores conflicting loyalties to one's country and one's morality in the battle for a just society. Given the rise of nationalism in the world today, questions of truth, freedom of speech, and political liberty have greater resonance. Performed in Spanish with English subtitles.
Cost: \$48 regular tickets Thursdays–Sundays. \$30 tickets for students, military, seniors (65+). Additional discounts groups of 10+. To purchase tickets visit www.galatheatre.org
Ages: All ages are welcome
Location: GALA Theatre, 3333 14th Street, NW, Washington, D.C.
Contact: 202-234-7174

Peiffer's Corner Concert
Date and Time: Friday, February 8, 2019, 7:30–9 p.m.
Description: Peiffer's Corner: Enjoy jazz favorites and originals with multi-instrumentalist John Peiffer and his band. Jazz on the recorder/ukulele/natural horn? You'll be amazed!
Cost: FREE!
Ages: All ages are welcome
Location: Old Parish House, 4711 Knox Rd, College Park, MD 20741
Contact: info@cpae.org

National Law Enforcement Museum Conversations Series

Predictive Policing: Forecasting Crime with Big Data

Panel Discussion on Thursday, February 7, 2019, from 7–8:30 p.m.

By ROBYN SMALL
National Law Enforcement Museum

WASHINGTON (Jan 24, 2019)—The National Law Enforcement Museum at the Motorola Solutions Foundation Building kicks off its 2019 Conversations discussion series with a panel discussion on Predictive Policing.

Big data technologies are changing policing. In this lively panel discussion, guests learn about how big data affects our communities and explore what happens when an algorithm determines whether a person is statistically likely to commit a violent act. Panelists from the Washington, DC area and Chicago will talk about their experience with predictive policing and what every person should know about this technology.

NBC4 Prince George's County Bureau Chief Tracee Wilkins moderates this engaging panel of experts:

- Dr. Andrew G. Ferguson from the University of the District of Columbia and author

of "The Rise of Big Data Policing: Surveillance, Race and the Future of Law Enforcement."

- Reverend Tony Lee, founder and Senior Pastor of the Community of Hope A.M.E. Church in Hillcrest Heights, Maryland
- Chief Jonathan Lewin of the Chicago Police Department's Bureau of Technical Services "The Museum is committed to offering thought-provoking programs that explore topics of interest and concern to our visitors," said David L. Brant, executive director of the National Law Enforcement Museum. "By providing a platform for dialogue and discussion, we hope to be able to introduce important topics to the community that are both engaging and relevant."

Our Conversations series is free with admission to the Museum. In addition, the Museum continues to offer free admission to all furloughed federal government employees during the current partial government shutdown. Visitors who present a valid federal government ID will enjoy free admission.

The Museum is also offering a \$5 discount off its general admission price for all other visitors who present a paid admission ticket from the following Washington, DC-area museums and attractions: ARTECHOUSE, Madame Tussauds DC, Newseum and The Observation Deck at CEB Tower. Please note, this special offer is not valid in combination with other offers or discounts.

Located in downtown Washington, DC, at the Judiciary Square metro, the Museum is easily accessible by public transportation and convenient to many other museums and attractions in the nation's capital. The Museum is open daily from 10 a.m. to 6 p.m. with the last visitor entry at 5 p.m. On Thursdays, the Museum is open until 9 p.m., allowing visitors to experience the exhibitions, artifacts, and programs in a less-crowded atmosphere.

For more information on the National Law Enforcement Museum and a list of upcoming programs, please visit LawEnforcementMuseum.org or call 202-737-3400.

Moving Out, Moving In, Moving Up:

The Department of Parks and Recreation Celebrates Black History Month and Beyond

By PRESS OFFICERS
Prince George's County Department of Parks and Recreation

RIVERDALE, Md. (January 25, 2019)—Celebrate and honor African-American heritage during Black History Month in February and beyond. From performances to history lessons to panel discussions, there are plenty of exciting events and activities planned throughout Prince George's County.

Annual Black History Month Exhibition: Moving Out, Moving In, Moving Up
Gallery exhibit is open from January 21 through to February 28, daily 10 a.m.–5 p.m. Montpelier Arts Center, 9652 Muirkirk Rd, Laurel, MD 20708, COST: FREE

Migration has been a defining characteristic of the Black experience in the United States since the arrival of the first enslaved Africans to the American colonies in the early 1600s. But the early 20th century marked a new and important phase in migration as unprecedented numbers of African Americans moved from the rural South to the urban North in search of a better life. Multiple waves of this "Great Migration" would continue during the course of the 20th century into the 21st century as blacks within the United States, as well as black immigrants, moved to and within this country. This exhibit explores the factors spurring black migration and immigration as well as the resulting changes in society on the na-

tional, regional, and local levels. This exhibit is curated by the M-NCPPC Black History Program.

Panel Discussion: Impact of Black Music During the Great Migration
Saturday, February 2, 2019, 1–2:30 p.m. Montpelier Arts Center, 9652 Muirkirk Rd, Laurel, MD 20708, COST: FREE

Three panelists discuss the impact music had on African Americans during the Harlem Renaissance. The panelists utilize the Association for the Study of African American Life and History's 2019 Black History Month theme, Black Migrations.

A Visit With Miss Harriet
Saturday, February 9, 2019, from 4–5:30 p.m. Surratt House Museum, 9118 Brandywine Road, Clinton, MD 20735, COST: FREE

Surratt House Museum invites you sit a spell with the elderly Harriet Tubman during this first-person presentation by Ms. Cleo Coleman. While Tubman is most frequently remembered as an integral conductor of the Underground Railroad, aiding countless slaves in their quest for freedom, her service spanned many avenues. Tubman aided the Union Army, acting as a scout and spy enemy territory and aiding wounded and sick soldiers by dispensing herbal remedies. In the North, she helped many acclimate to their newfound freedom, assisting with and raising funds for housing, jobs, and food. Later, Harriet Tubman joined the women's

suffrage movement and cared for the elderly. In this presentation, Tubman reminisces over the events that formed her life of service before, during, and after the American Civil War. This program is FREE. Guests are encouraged to arrive early, as seating is first come, first served.

Book and Film Discussion: "Mudbound"
Tuesday, February 12 and Tuesday, February 19, 2019 from 7–9 p.m. Montpelier Arts Center, 9652 Muirkirk Rd, Laurel, MD 20708, COST: FREE

Join us for a two-part book discussion and a film viewing. We will discuss the book and movie "Mudbound". The international bestseller, now a major motion picture from Netflix, "Mudbound", is based on two Mississippi families 'one black, one white' that confront the brutal realities of prejudice, farming, and friendship in a divided World War II era. These discussions will be led by Dr. Karen Arnold, former poet-in-residence at Montpelier Arts Center and discussion moderator for multiple literature groups throughout the DMV area.

Voices From the Past: Sissieretta Jones
Sunday, February 17, 2019 from 4–5:30 p.m. Montpelier Arts Center, 9652 Muirkirk Rd, Laurel, MD 20708, COST: FREE

Sissieretta Jones was the first African American to perform at Carnegie Hall in New York City in 1892. This annual Black History Month Series in collaboration with the Coalition for African Americans in the

See MOVING OUT Page A8

Earth TALK™ Green Banking In U.S. Finally Comes Of Age

Dear EarthTalk:
After reading an EarthTalk piece on climate divestment, I'm looking to switch my checking and savings accounts to an environmentally friendly bank. Any ideas?

—Bill Kim, Troy, NY

Few of us think about how our banking affects the environment but, in reality, putting your money with a green-minded financial institution may be one of the best things you can do to help conserve land, protect air and water, save endangered wildlife and mitigate climate change. Banks (owned by shareholders) and credit unions (owned by the customers) lend and invest some of the deposited funds they are holding, which is how they're able to pay interest back to you. A bank or credit union that limits its investments to sustainability-ori-

ented companies and institutions is well on its way to being considered green.

"Money is power—it allows people and businesses to meet their needs and act on their beliefs," says Laurie Fielder of the Vermont State Employees Credit Union (VSECU), a leading "green" credit union in Vermont. "Your credit union or bank has a lot of power in determining who has access to money, which means they determine which ideas and businesses are empowered." She adds that individuals investing in energy savings at home, or businesses committed to sustainable operations, are ideal loan candidates for VSECU, given its underlying commitment to ethical practices that benefit the community.

New York-based Amalgamated Bank started in 1923 to open up quality and affordable banking services to the masses, and has been serving working people and their families ever since. In the modern era, Amalgamated considers environmental sustainability a key component of its overall investment criteria, refusing "to invest our own dollars in funds that harm people or the planet." Amalgamated offers a full suite of banking and investment services to individuals, businesses, non-profits and institutions.

Likewise, Minnesota-based Sunrise Banks offers a full suite of personal and commercial banking services and invests customer deposits in sustainable and community development projects that return high yields financially

and environmentally. Another great place to bank if you care about the planet is California-based Beneficial State Bank, which distributes its profits to local community and sustainable development projects. Aspiration, an online-only bank that stays green not just by foregoing brick-and-mortar branch locations but also by investing only in businesses and institutions that have sworn off fossil fuels, is yet another green choice. Still other responsible options include: City First Bank of DC, First Green Bank, the Missoula Federal Credit Union, New Resource Bank, Southern Bancorp and Verity Credit Union. U.S. citizens can open online accounts with any of these banks.

To find more banks and credit unions that worry about achieving a so-called "triple bottom line" (financial, social and environmental gains), check out the website of the Global Alliance for Banking on Values, an independent network of banks using finance to deliver sustainable economic, social and environmental development. Only 11 of the 48 banks around the world that qualify as members of this Netherlands-based non-profit are U.S.-based, but industry analysts expect many more American banks will start to go green given increasing public demand for putting our money where our mouths are.

CONTACTS: "How are activists using divestment to fight climate change?" emagazine.com/divesting-fossil-fuels/; VSECU, www.vsecu.com; Amalgamated Bank, www.amalgamatedbank.com; Sunrise Banks, www.sunrisebanks.com; Beneficial State Bank, www.beneficialstatebank.com; Aspiration, www.aspiration.com; Global Alliance for Banking on Values, www.gabv.org.

EarthTalk® is written and edited by Roddy Scheer and Doug Moss and is a registered trademark of E - The Environmental Magazine (www.emagazine.com). Send questions to: question@earthtalk.org.



IMAGE CREDIT: ARTEM BALI, PEXELS

A green wave hasn't quite swept the banking industry in the U.S. yet but a few pioneers are blazing new trails for sustainability-oriented depositors.

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Wednesday Prayer Service 8p.m.

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Pay Raise Fairness Act from A4

ployees will see no increase in pay, while members of the military received an increase of 2.6 percent for calendar year 2018.

"For the past 35 days, President Trump and Congressional Republicans have held federal employees and the American people they serve hostage," said Congressman Hoyer. "This government shutdown is the latest in the long list of attacks on our hardworking federal civilian workforce. The Federal Civilian Workforce Pay Raise Fairness Act is an important step in treating federal employees with the respect they deserve and compensating them for the financial stress the Trump-McConnell shutdown has inflicted on them."

"Federal employees have dedicated their lives and careers in service to the American people," said Congressman Connolly. "Yet far too often their sacrifice and dedication go unappreciated, met instead with insult and vitriol from the Oval Office. We must provide the entire federal workforce with a pay increase worthy of their selfless commitment to the betterment of the American public. The Federal Civilian Workforce Pay Raise Fairness Act reaffirms our conviction that public servants—civilian and military alike—deserve better than the shutdowns, furloughs, and pay freezes forced upon them by the Trump administration."

The legislation is cosponsored by Representatives *Elijah Cummings (D-MD), John Sarbanes (D-MD), Don Beyer (D-VA), Jamie Raskin (D-MD), Jennifer Wexton (D-VA), Anthony Brown (D-MD), David Trone (D-MD), and Eleanor Holmes Norton (D-DC).*

Moving Out from A7

Performing Arts (CAAPA) is dedicated to the legacy of little known Black musicians, featuring moving narration from a historical perspective and music performed by acclaimed soprano Devaunt' Ogden.

Black History Month Presentation: Jubilee Voices

Saturday, February 23, 2019 from 1–2 p.m.
Trinity Episcopal Church, 14515 Church St, Upper Marlboro, MD 20772, COST: FREE

Washington Revels, Jubilee Voices ensemble, will perform songs and stories of struggle, perseverance, trials, and triumphs of African Americans as expressed through a cappella music. Program will be held at Trinity Episcopal Church in Upper Marlboro. No reservation necessary.

Alison Crockett

Friday, March 8, 2019 from 8–10 p.m.
Montpelier Arts Center, 9652 Muirkirk Rd, Laurel, MD 20708
COST: \$25; reservation is required

Alison Crockett is the quintessential nu jazz/progressive soul singer of her generation. You may have heard her on seminal recordings by King Britt, Blue Six, Us3, Landslide, John Wicks, Mathematics, and a whole host of other albums. Crockett's voice has provided the velvety, sensual sound of tomorrow's yesterdays, a captivating tone which evokes both the music of the past and that yet to come. Her voice is dripping with generous helpings of jazz, gospel, and blues. As she says, "I set out to be a craftsman, someone who could mold and shape music like sculpture." Tickets: \$25/person; 10% discount for Montpelier members and seniors. Reservation Deadline: March 8, 2019.

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Increase your presence by advertising on FACEBOOK; TWITTER AND GOOGLE-ADS; Call our Multi-Media Specialists to experience the success of social media advertising today; CALL 410-212-0616

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Banneker Douglass Museum Presents the Frederick Douglass Bicentennial Celebration
Saturday, February 9, 2019 • 6–10 p.m.

In February of 2018, Governor Larry Hogan issued a proclamation declaring 2018 as the "Year of Frederick Douglass," in celebration of the bicentennial of the birth of the renowned abolitionist and Maryland native.

The Banneker-Douglass Museum "Year of Frederick Douglass" concluding celebration will be held in the museum on February 9, 2019 from 6–10 p.m, and will be co-hosted by the Maryland Commission on African American History and Culture (MCAAHC) and the Banneker-Douglass Museum Foundation (BDMF), Inc.

The program will include remarks from special guest speaker, Kenneth B. Morris, Frederick Douglass descendant and founder of Frederick Douglass Family Initiatives.

Picturing Frederick Douglass, A Lecture with Dr. John Stauffer
Monday, February 11, 2019 • 6–8 p.m.

Celebrate Frederick Douglass' birthday with an engaging lecture given by Dr. John Stauffer, Harvard University professor and author of "Picturing Frederick Douglass: An Illustrated Biography of the Nineteenth Century's Most Photographed American".

Don't miss this special event!

Banneker-Douglass Museum
84 Franklin Street, Annapolis MD 21401, 410-216-6180
REGISTER: <https://bdmuseum.maryland.gov/events/>

CHRISTMAS IN APRIL OF PRINCE GEORGE'S COUNTY
To Repair Approximately 80 Homes on
Saturday, April 27, 2019
Urgent need for all skilled trades people!

Christmas in April*Prince George's County will be repairing the homes of approximately 80 disadvantaged homeowners with the help of approximately 3,000 volunteers on Saturday, April 27, 2019.

In order to assist our neighbors we are in **urgent need of all skilled trades people (such as carpenters, painters, plumbers, roofers, jack of all trades and contractors)**. If you can help us, please contact Mary Kucharski, Executive Director of Christmas in April*Prince George's County at 301-868-0937 or email us at cinapg@aol.com

BENEFIT DINNER/DANCE
February 23, 2019, 6:00–10:30 pm
Columbia Moose Lodge
10404 Brandywine Road in Clinton, Maryland

Christmas in April, which is celebrating their 31st Year of Service to County residents, will be holding a Benefit Dance to help raise funds for materials. These funds will help us purchase supplies to assist us in our effort to repair the homes of approximately 85 County homeowners on April 27, 2019.

Tickets may be purchased in advance for \$20 per person. Admission includes dinner and live music by The Strangers with Special Guest—Daryl Davis (Chuck Berry's Keyboard player). A cash bar will be available.

To purchase tickets or for further information please call, Mary Kucharski, Executive Director of Christmas in April*Prince George's County, at 301/868-0937.

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Lutheran Mission Society
Alan Amrhine, Communications Director
Lutheran Mission Society

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