

# The Prince George's Post



A COMMUNITY NEWSPAPER FOR PRINCE GEORGE'S COUNTY *Since 1932*

Vol. 79, No. 38 September 22 — September 28, 2011 Prince George's County, Maryland Newspaper of Record Phone: 301-627-0900 25 cents

## Educators Use Sept. 11 Attacks as Teachable Moment

By RICHELLE GONZALEZ  
*Capital News Service*

SILVER SPRING - Before he showed a video Friday of smoke billowing from the World Trade Center, high school teacher Keith Adams asked his students to write down an answer to this question: "What would you do in the last hour of your life?"

They wrote. He pressed play. His darkened classroom at Kennedy High School in Silver Spring filled with horrifying images of the Sept. 11 terrorist attacks. The visuals were from a short, inspiring video about a 24-year-old who spent his final hour selflessly helping strangers escape from the second tower before it collapsed.

Across Maryland this week, teachers in elementary, middle and high schools took different approaches to incorporating the Sept. 11 attacks into their lesson plans.

Adams, a social studies resource teacher, did not dwell on the historical specifics of the tragic event. Instead, he used the 10th anniversary to teach his students about the importance of helping others and ris-

See **TEACH**, Page A5



Zoe Falkenberg, at left, killed at 8 years old on Sept. 11, 2001, plays dress-up with best friends Zoe Craig and Katie Fenster.

PHOTO COURTESY OF KATIE FENSTER

## Sept. 11 Memories: Zoe Would Have Been 18

By JEFFREY BENZING  
*Capital News Service*

UNIVERSITY PARK - Zoe Falkenberg would have been 18 this year. Her parents would have taken her and her younger sister, Dana, to Australia in September 2001. They would have returned to Maryland to grow up.

Instead, Zoe is frozen at 8 years old in the memories of her friends. She and the rest of her

family were killed aboard American Airlines Flight 77 when it crashed into the Pentagon Sept. 11, 2001.

"She was supposed to come back in November, and we were supposed to have a joint Beanie Babies birthday party," said Katie Fenster, now 18, and best friends with Zoe since as far back as she can remember.

Fenster, who said she was too young to comprehend the attacks

as they happened, remembers being excited to get out of school early. She was playing with stuffed animals in a loft bed and noticed her mom in the backyard. Her mom had a strange look on her face, and Fenster went to see what was happening. The sky was bright, almost totally clear.

See **911**, Page A3

## Most Maryland Representatives See Positives in Obama's Job Plan

*Based on Ideas from Both Parties, the American Jobs Act Would Stimulate the Sluggish Economy*

By SARAH MEEHAN  
*Capital News Service*

WASHINGTON - Most Maryland representatives on Thursday said they were skeptical that a bipartisan agreement on President Obama's jobs plan could be reached.

But there is a glimmer of consensus.

An unlikely advocate, Rep. Roscoe Bartlett, R-Frederick, one of two Republicans representing the state, said he supported crucial parts of Obama's proposal, such as payroll tax cuts for small businesses. And he praised Georgia's work plan - the model for the federal bill - which allows people to collect unemployment insurance at temporary jobs as they search for permanent positions.

Based on ideas from both Republicans and Democrats, the American Jobs Act would stimulate the economy through providing tax cuts to businesses, investing in infrastructure, revamping Medicare and Medicaid and increasing taxes on corporations, Obama

explained in a speech to a joint session of Congress Thursday.

"The president has put forward a very attractive plan from a political perspective as well as an economic perspective," said Anirban Basu, chairman and CEO of Sage Policy Group. "It's very hard for Republicans to turn down tax cuts."

And while Bartlett's commitment alone is not enough to ensure the bill will pass the House of Representatives without a hitch, it indicates that Republicans may be willing to compromise.

Maryland's other Republican representative, Cockeyville Rep. Andy Harris, was not as receptive as Bartlett, though he said granting tax breaks to companies that hire veterans is an initiative both sides can get behind. The rest, he said, is old news.

"I think it was disappointing because I don't think we heard much new; it just sounds like another stimulus bill," Harris

See **JOBS**, Page A3

## Upper Marlboro Businessman Elected to Serve as President of the Kubota 2011 National Dealer Advisory Board

By Cecily Fuller  
Fleishman-Hillard, Inc.

TORRANCE, Calif., (September 16, 2011) - John Groff, vice president, Gateway Tractor & Equipment Co., Inc., Upper Marlboro, Md., has been elected to serve as president of the Kubota National Dealer Advisory Board. Groff represents the Southeast Division and was elected by fellow dealers to represent them at the national level for a two-year term.

The dealership, owned by Groff's father, began selling Kubota equipment in 1984. Originally a Ford dealership, when approached by Kubota and invited to take on the equipment line, the dealership saw it as a good opportunity and decided to stock a handful

of tractors. As Groff puts it, "the product sold itself" and today, Kubota is now the dealership's major product line. Groff's customer base reflects the local metropolitan market and is comprised primarily of estate owners with two-to-five acres of land, with commercial landscape contractors also making up a big part of the business.

"Kubota's exponential growth particularly within the last 12 years has established the company as a major player in today's competitive marketplace," says Groff. "The variety of products and the timeliness of those introductions is what has launched Kubota into an industry-leading spot."

Each year, eight dealers from around the country are elected to represent their division and serve on Kubota's

National Dealer Advisory Board. Kubota management works closely with its National Dealer Advisory Board members to keep an open line of communication with both its dealer network and customers across the country. In the upcoming year, Groff and his



See **GROFF**, Page A5

## Brace Yourself For New BRAC Traffic and More Congestion

*Residents Should Expect Vast Influx Of Vehicles On Area Roads*

By PRESS OFFICER  
AAA Mid-Atlantic

WASHINGTON, D. C. (Monday, September 12, 2011) - If you thought the commute on last week's "Terrible Traffic Tuesday" was hellacious, it was just a harbinger or a precursor of things to come on area roads. Better brace yourself for the full brunt of the BRAC impact on area roads in the Greater Washington region. Some area residents and drivers worry that the new jobs will spawn "a vast influx of vehicles onto area roads," forewarn area transportation departments and AAA Mid-Atlantic.

As a result of the 2005 Pentagon Base Realignment and Closure (BRAC) law, more than 35,000 military service personnel, civilian employees, and defense contractors will be redeployed and relocated to new sites in the Washington metro area by the September

15th deadline. And that's just the beginning, says AAA Mid-Atlantic. Expect upwards of 20,000 additional personnel to converge on the Washington suburbs by 2015, bringing the total count to more than 82,000 redeployed workers on area roads and transit systems, plus thousands of family members in new homes and kids in area schools, the auto club notes.

"In several senses the BRAC transition will have, and it is already having, an impact on area roads, mass transit lines, schools, and neighborhoods," said John B. Townsend II, AAA Mid-Atlantic's Manager of Public and Government Affairs. "Because we live in an area noted for its already congested transportation infrastructure, the impact will be wide-ranging and palatable. Few will escape it, whether you live, shop, dine, commute, go to school or worship in Washington D.C. prop-

er, northern Virginia or central Maryland."

Some longtime Washington area residents wonder if the metro area can handle the existing and future traffic demands of the BRAC paradigm. One thing is certain: its influence, for good or ill or weal and woe, will be felt on all points of the compass throughout the Washington metro area, ranging from the Marine Corps Base in Quantico, to Fort Belvoir in Fairfax County to the Mark Center along I-395 in Alexandria.

On the Maryland side of the Potomac, BRAC brings new workers and traffic patterns to the National Naval Medical Center in Bethesda, Andrews Air Force Base in Prince George's County, Fort Meade in Anne Arundel County, Fort Detrick in Frederick County,

See **TRAFFIC**, Page A7

### INSIDE

**Maryland Seeks Disastery Funds**  
U.S. Senators Barbara A. Mikulski and Ben Cardin were joined by members of Maryland's Congressional Delegation in sending a letter to President Barack Obama requesting that Maryland be granted a federal emergency declaration following Tropical Storm Lee.  
**Community**, Page A3

**The American Jobs Act**  
"The purpose of the American Jobs Act is simple: to put more people back to work and more money in the pockets of those who are working. It will create more jobs for construction workers, more jobs for teachers, more jobs for veterans, and more jobs for long-term unemployed." President Barack Obama.  
**Opinion**, Page A4

**Utility Companies Issue RFP**  
The Potomac Edison Company, Baltimore Gas and Electric Company, Delmarva Power & Light Company, and Potomac Electric Power Company have issued Requests for Proposals for full-requirements, wholesale electric power supply to meet their Standard Offer Service obligations.  
**Business**, Page A5

**Movie Review**  
Many horror films use scary sounds to unnerve us, and "Contagion" -- a horror film disguised as a medical thriller -- is no exception. As the film begins, before we even see anything, we hear a cough. An ordinary-sounding cough, maybe. But it's rather ominous when it's the first sound in a movie called "Contagion."  
**Out on the Town**, Page A6

**Earth Talk**  
*Dear EarthTalk:*  
Pharmaceuticals were in the news again recently, how they are polluting water and raising a host of health issues because we dispose of them both unused and used through body waste elimination. What can be done?  
-- Lucy Abbot, Macon, GA  
**Features**, Page A7

# Towns and NEIGHBORS

## In and Around Morningside-Skyline

by Mary McHale 301 735 3451

### Morningside VFD remembered for fighting Pentagon blaze

I'm reminded that the Morningside Volunteer Fire Department, No. 271, was among the units sent to fight the fires at the Pentagon on Sept. 11, 2001.

Shortly after that plane crashed into the Pentagon, Prince George's County Fire Departments dispatched units to fill in at empty fire stations in Washington. Morningside sent Engine 271 and its crew: Lt. Tony Johnson, Lt. Syd Girven, Firefighters Carl McKlveen and Jon McKlveen, along with Deputy Chief Dave Fuller.

When the third alarm was requested at the Pentagon, 271 headed there and was sent through the tunnel into the inner courtyard where the men and the hoses were deployed. They remained on the scene for about eight hours, until relieved by other departments. Thank God for firefighters!

### One Maryland One Book

The Maryland Humanities Council has selected The Absolutely True Diary of a Part-Time Indian as this year's One Maryland One Book, a literary activity "designed to bring together diverse people in communities across the state through the shared experience of reading the same book." Readers are then invited to participate in book-centered discussions. Sherman Alexie's semi-autobiographical story was awarded the 2007 National Book Award, but has been controversial. Read it—along with thousands of other Marylanders—and see what you think.

### Neighbors

Debbie Marie Wright, daughter of Lorraine Wright of Camp Springs and the late Johnny Wright, and Patrick Allan Baggott, son of Allan and Peggy Baggott of Easton, are engaged to be married and have set the date for next April.

Lauren Jones, of Upper Marlboro, is the new Miss Maryland Teen. She attends Dr. Henry A. Wise Jr. High School in Upper Marlboro.

Cardinal Donald Wuerl installed Father Francisco Tovar as pastor of St. Bernardine of Siena Parish, in Suitland, on Sept. 3. This is his first assignment as pastor. He formerly served as parochial vicar at St. John the Evangelist in Clinton.

Ada Davis, of Camp Springs, was among those who died at

the Pentagon on Sept. 11, 2001. She was a member of St. Philip's Church where the 11:30 a.m. Mass on this year's 9/11 was offered for her.

Condolences to Kathleen (Giroux) Levanduski, formerly of Morningside, on the death of her sister-in-law, Eleanore Ann Levanduski, of Waldorf, who died Aug. 26.

### Changing landscape

A preliminary plan of subdivision was approved for an office and industrial park with ten lots on 54 acres at Rena Road, south of Suitland Parkway, adjacent to Morningside.

Also approved is a site plan for an office building and retail space on 14.8 acres in the southeast quadrant of Suitland Parkway and Branch Avenue.

Southern Maryland Hospital has opened The Women and Newborns Center with advanced medical care for women when delivering babies or receiving minimally invasive surgery. Included are private rooms, a special care nursery, and free Wi-Fi.

### Morningside and Skyline fall meetings

Morningsiders will be turning out for the Town Meeting on Sept. 19, 8 p.m., at the Town Hall. For information, call 301-736-2300.

The Skyline Citizens Association holds its general meeting on Wed., Sept. 21, 7 p.m. at Skyline School. For information call me at 301-735-3451.

### May they rest in peace

Joseph Roland Cumberland, 91, founder of J.R. Cumberland Precision Optics in Marlow Heights, died July 21. He lived in Mitchellville but formerly in Hillcrest Heights. A native Washingtonian, he graduated from Maryland Park High in 1939. During WWII he worked at the Naval Gun Factory where he learned optics. He also led dance bands and singing groups for more than 50 years, formed a 40-piece orchestra and chorus, directed the Singing Cedars, and appeared on Jerry Lewis's Telethon more than 20 times.

He was member of the Rotary, Masons, Salvation Army, the Country Club at Woodmore and Hope Presbyterian Church. Survivors include his wife Shirley, three children, two stepchildren, ten grandchildren and seven great-grandchildren.

David Carroll Case, 70, a 1959 graduate of Suitland High

School and founder and president of Affordable Refuse & Recycling in Upper Marlboro, died Aug. 17 at his vacation home in Valentines, Va. He was a White Plains resident and played bass guitar in the Professionals, a local country and rock band. Survivors include his wife Lynn, six children, a stepson, four brothers and 12 grandchildren.

### Milestones

Happy birthday to Dolores McDonald, Steven Warren and Yolanda Dooley, Sept. 16; Agnes Barber, Kimberly Brewer, Everett Mason, Jr. and Joan Stakem, Sept. 17; Lee Burkhart, Sept. 20; Betty Nagro, Sept. 21; Morningside Mayor Karen Rooker, Teresa Kessler and Margaret Rollins, Sept. 22.

Happy anniversary to Bruno and Nena Parco, their 58th anniversary Sept. 19; to Florence and Robert Cray, their 68th on Sept. 21, and to my son Brian and his wife Carol McHale, their 21st on Sept. 22.

### Prince George's County Circuit Court Offices Relocate Due to Flooding

Due to the recent flooding in Upper Marlboro, Maryland, the Circuit Court and the Clerk of the Court for Prince George's County announce the temporary relocation of two court offices, effective Tuesday, September 13, 2011. These court office relocations are in effect until further notice.

The Clerk of the Court, Land Records office, has resumed limited operations. The office has moved to the Circuit Court Annex, first floor, 14701 Governor Oden Bowie Drive, Upper Marlboro, Maryland 20772. For more information, call 301-952-3318.

### The Clerk of the Court

Weddings and Marriage License Office, has also moved to the Circuit Court Annex, first floor, 14701 Governor Oden Bowie Drive, Upper Marlboro, Maryland 20772.

To obtain a marriage license, customers may visit the office on weekdays during business hours, 9 a.m. – 4:30 p.m. Office hours for wedding ceremonies are on weekdays, 9 a.m. – noon.

For more information, call 301-952-3318.

For more information on Prince George's County Circuit Court, visit [www.mdcourts.gov](http://www.mdcourts.gov) or <http://www.co.pg.md.us/Government/JudicialBranch/index.asp?h=20&s=30&n=0>.

## Congresswoman Donna F. Edwards' Legislative Update

### Congresswoman Edwards' Statement on President Obama's Jobs Speech

Washington, D.C. — Congresswoman Donna F. Edwards (D-MD) released the following statement today following President Obama's speech to a Joint Session of Congress on jobs and the economy.

"Creating jobs in America is priority number one. Tonight, President Obama put forth common sense policies, bipartisan ideas that will help put people back to work. The American Jobs Act will bring jobs to communities by investing in our crumbling infrastructure to rebuild roads, bridges, and water and sewer systems, and providing funds to states and local communities for teachers, police, and first responders.

"These are immediate, straightforward, and proven steps to put millions of Americans back to work. We can no longer continue entertaining old policies driven by ideology. Instead, let's rebuild the manufacturing base in America by increasing and making permanent the Research and Development (R&D) tax credit and increasing the domestic manufacturing tax credit to spur innovation. This will help create jobs here

in America in the short-term and for generations to come.

"The American people want and deserve results and the American Jobs Act is a step in the right direction. I urge all my colleagues, Republicans and Democrats alike, to join the President and put country, not party, first by enacting into law the President's jobs plan 'right away'."

### Hoyer Statement on President Obama's Address to a Joint Session of Congress on Jobs

WASHINGTON, DC — Congressman Steny H. Hoyer (MD-5) released the following statement today after President Obama unveiled the American Jobs Act during his joint session address to Congress on jobs:

"Tonight the President laid out his plan to create jobs and grow the economy through the American Jobs Act. He reminded us that everyone should have the chance to 'make it in America' through hard work, and how many fear those days are gone.

"That's why House Democrats developed the Make It In America plan: to restore the manufacturing engine that made our country great, and to renew the faith that working Americans can succeed. This plan includes several proposals



the President discussed tonight, such as the creation of an infrastructure bank to facilitate investments in the roads and bridges that businesses need to thrive, and worker training to give Americans the skills they need to fill jobs that are available now, as well as those of tomorrow.

"The American Jobs Act will be paid for. Reducing the deficit is one of the most important things we can do to strengthen our economy, but we must create jobs for our people. If we don't, we will not be able to balance our budget. The President laid out a path tonight for doing both.

"Many of the ideas in the Make It In America plan and that the President discussed are supported by both parties, business and labor. The American Jobs Act can and should be passed swiftly through Congress. Americans cannot wait any longer for us to take action."

## Brandywine-Aquasco

by Ruth Turner 301 888 2153

### PRE-HOMECOMING GOSPEL PROGRAM

Asbury United Methodist Church will be having a Pre-Homecoming Gospel Program on Sunday October 2, 2011. The church is located at 4004 Accokeek Road in Brandywine, Maryland. Time of the program is 4:00 PM. Donation is \$5.00.

Groups who will be participating in the Gospel Program are Asbury UMC Men, Jr. and The Voices, Southern MD Harmonizers, Seasoned Angels and others. Hope to see you at the program and thanks for your support. For tickets please contact Church office at 301-372-8891, Michele Chase, Jr. Marshall or any member of the church.

### BACK TO SCHOOL COOK-OUT

Sunday, September 25, 2011 from 12:00 PM to 3:00 PM there will be a Back to School Cookout at St. Philip's Episcopal Church. The church is located at 13801 Baden Westwood Road, Brandywine, Maryland 20613. The Cookout is sponsored by: Peter A. Gross, Sr. Scholarship/Memorial Fund Inc.

Admission is to bring a School Supply. There will be plenty of food, games and Fun, Fun, Fun.

### BRANDYWINE LIONS FALL CRAFT AND FESTIVAL

People will be displaying, selling and demonstrating original creations. There will be over 200 artisans and crafters at the event. Home improvement vendors will also be included. Come out and enjoy a day of entertainment, lots of games, and good food. The Craft and Festival will be held on Saturday, October 1, 2011 at 10:00 AM. The location is 11503 Cherrytree Crossing Road, Cheltenham, Maryland. Website: <http://festivalnet.com/cgi-bin/subsdb>.

### HOMECOMING SUNDAY

You are cordially invited to worship with us in our services on Sunday, September 18, 2011. We will be celebrating our 135th Homecoming Celebration at St. Philip's Episcopal Church Baden Parish. Our address is 13801 Baden Westwood Brandywine, Maryland 20613.

Our Morning Worship and Holy Communion Service will be at 9:30 AM. Rev. Vaughan Booker will be the celebrant and speaker. Rev. Alhassan Mcaulay will be our speaker for the 3:00 PM with the Male Chorus of Asbury United Methodist church of Brandywine, Maryland. Lunch will be served 11:30 AM to 2:00 PM.

### ALL YOU CAN EAT CRAB FEAST

There will be a Crab Feast at Clinton American Legion on Saturday, September 24th from 1:00 PM- 5:00 PM. The Clinton American Legion is located at 9122 Piscataway Road, Clinton, Maryland. Cost is \$30.00 and \$35 at the door. Call for tickets at 301-868-2550.

### DONATE YOUR CAR

Call today 1-800-Help-Vets (1-800-435-7838) or donate online: [HelpOurVeterans.org](http://HelpOurVeterans.org). Proceeds help VVA to provide representation to our disabled or needy veterans for obtaining the assistance they deserve. Any car is accepted, free pick-up and 100% tax deductible.

## To Fill Job Vacancies, SECU Plans to Participate in Job Fairs This Fall

LINTHICUM, MD — SECU — Maryland's largest financial cooperative — will be participating in five major job fairs this fall.

"With 94 ATM locations and 19 branches throughout Maryland, SECU is continuing to grow and has job openings at all levels," says SECU President and CEO Rod Staatz.

According to Staatz, SECU's job openings are at headquarters in Linthicum, the Call Center, and at a number of branches throughout the state. Current openings run the gamut from full- and part-time teller positions to positions in security/loss prevention to senior management.

As a result of its growth, SECU will have representatives at the following job fairs:

Towson University Part-Time Jobs Fair — September 13, 1:30 – 4:00 p.m., at the University Union on the

Towson University campus. Open to Towson University students only.

UMBC Career Fair — October 5, 11:30 a.m. – 3:30 p.m., at the Retriever Activities Center on the UMBC campus.

Morgan State 37th Annual Career Day — October 12, 10:00 a.m. – 3:00 p.m., at the Hill Field House Arena on the Morgan State campus. Open to the entire Morgan State University student body.

Anne Arundel Community College Fall 2011 Job Fair — October 27, Noon – 4:00 p.m., at the David S. Jenkins Gymnasium on the AACC campus. Open to all job seekers throughout the MD/DC metro area.

Howard Community College Fall 2011 Job Fair — November 4, 10:00 a.m. – 1:00 p.m., Burrill Galleria of the Science and Technology Building on the HCC campus.

Open to all job seekers and offering a free resume service.

Staatz notes that SECU is committed to attracting and retaining the top professional talent. "Our approach to working with our employees," he says, "is to engage them through career pathing and development initiatives, while offering a rich and comprehensive benefits package."

For more information about SECU visit [secumd.org](http://secumd.org). Specific job information is available at [secumd.org/careers](http://secumd.org/careers).

### About SECU:

Founded in Baltimore in 1951, SECU is the largest financial cooperative in Maryland. SECU is ranked among the top 47 credit unions for total assets in the U.S. As of June 2011, assets were \$2.23 billion.

## Two PGCPs Choirs Receive Special Invitations

UPPER MARLBORO, MD—School choirs at Gwynn Park Middle School and Northwestern High School have much to be excited about this year. The Die Meistersingers and II Bel Canto of Gwynn Park Middle School have been invited to perform at Carnegie Hall in New York City. The performance will take place in January of 2012. Additionally, Northwestern High School choir has officially been accepted to participate in the "Thlombe South African Choir Festival" in July of 2013.

"Congratulations to the choral students and directors at Gwynn Park Middle School and Northwestern High School," said Dr. William R. Hite, Jr., Superintendent of Schools. "Our students will have the opportunity to explore their talents and at the same time have a choral experience beyond their imagination."

On January 16, 2012, the

Gwynn Park Middle School choir, led by Mr. John Briggs, will participate in the U.S. premiere performance of Karl Jenkins' Peacemakers on the Distinguished Concerts International New York City Concert Series. Students will spend approximately 9 to 10 hours in rehearsals preparing for the big concert in addition to exploring the history and culture in New York City.

One hundred students and alumni from Northwestern High School choir, under the direction of Ms. Leona Lowry, will perform five concerts in Pretoria, Soweto, Cape Town, Johannesburg, and Stellenbosch in South Africa July 4-14, 2013. Students and alumni will have the chance to perform with many South African choirs, tour the different cities, participate in workshops with famous choral conductors, and participate in cultural exchange events. Students will also experience African

rhythms and dancing.

For more information on this topic, please contact (301) 952-6001 or

[communications@pgcps.org](mailto:communications@pgcps.org). Follow Prince George's County Public Schools on Twitter: @pgcps and @pgcpsite.

About PGCPs: Prince George's County Public Schools (PGCPS) is the 18th largest school district in the nation, with 198 schools, over 127,000 students, and nearly 18,000 employees. With an annual budget of \$1.6 billion, the district serves a diverse student population of students living in urban, suburban, and rural communities. PGCPS is nationally recognized for its innovative programs and initiatives, including expansion of Advanced Placement courses, partnership programs with business and higher education, and the FIRST teacher incentive program.

# COMMUNITY

## Practical Money Skills

By Jason Alderman

### The power of compounding

I wish I had learned about the power of compounding a long time ago. As a kid I walked dogs in the neighborhood, earning \$5 a week. If I'd started investing that weekly \$5 from age nine until 65, it would have grown to \$254,000, assuming an 8 percent return.

Unfortunately, I didn't catch compounding fever until much later. I missed out on maximizing my first few years of 401(k) contributions, which would have made a huge difference at retirement.

But on a positive note, my 11-year-old son learned from my mistakes and socks away his \$10 weekly newspaper delivery salary, which he earns in addition to his allowance. My wife and I sweeten the pot by matching his savings in a Roth IRA we opened for him.

So what is compounding? Basically, it's where you put aside money — whether in savings, a retirement account or the stock market — and then essentially leave it alone. As your account earns interest or dividends, you continually reinvest those profits, thereby generating (compounding) additional earnings at an accelerated rate.

Numerous interactive calculators are available online to help you estimate potential savings under different scenarios. I used several from the website Dinkytown ([www.dinkytown.net](http://www.dinkytown.net)) in the following examples:

Using Dinkytown's "Compound Interest and Your Return" calculator, you can estimate how quickly a one-time investment will grow at varying interest rates and periods of time. For example, a \$10,000 investment earning 8 percent compounded quarterly would be worth \$22,080 after 10 years; \$48,754 after 20 years; and \$107,652 after 30 years.

If you can set money aside every month, your savings will grow even faster. According to Dinkytown's "Cool Million" calculator, if you began saving \$100 a month at age 21 and earned 8 percent interest, by 65 your account would be worth about \$447,000. Increasing the monthly contribution to \$200 would double that to about \$893,000.

The riskier the investment, the greater your potential gains — and losses. For example, regular savings accounts typically offer very low interest rates in exchange for very low risk of loss. On the other hand, investing in the stock market can potentially earn double-digit investment rates over long periods of time. (Of course, stocks can be a risky short-term investment.)

So why not simply park your money in a safe haven? Simple: inflation. If your money is earning 2 percent interest but the inflation rate is 3 percent, you'll actually net a 1 percent loss.

Using the "Cool Million" \$100-a-month example above, if you expect to earn 8 percent interest but factor in a 3.1 percent expected annual inflation rate (the overall average rate since 1925), your account balance at age 65 would be worth more like \$117,000 in today's dollars, versus \$447,000 unadjusted for inflation.

The longer you delay saving, the harder it is to catch up. According to Dinkytown's "Don't Delay Your Savings!" calculator, if you save \$200 a month at 8 percent interest, after 30 years your account would be worth \$283,522. But wait only two years to begin saving and that balance would shrink to only \$238,612 — that's \$44,910 less. A five-year delay would knock it down to only \$182,968.

Bottom line: Don't procrastinate on starting to save. And get your kids on the compounding bandwagon as well; they'll thank you once they reach your age.

Jason Alderman directs Visa's financial education programs. To Follow Jason Alderman on Twitter: [www.twitter.com/PracticalMoney](http://www.twitter.com/PracticalMoney)

## SUBSCRIBE TODAY!

Call 310-627-0900



### Now is the Best Time to Buy Your Beach Home!

**The Grande at Canal Pointe • Rehoboth Beach, Delaware**  
Condos starting from **\$219,900\*** • Townhomes starting from **\$329,900\***  
302.227.1053

**Sterling Crossing • Rehoboth Beach, Delaware**  
Luxury villas starting from **\$219,900\*** • 302.260.9040

**Rehoboth Crossing • Rehoboth Beach, Delaware**  
Beautiful townhomes starting from **\$299,900\***  
302.260.9670

**Windstone • Milton, Delaware**  
Single-family "Green" homes starting from **\$199,900\***  
302.645.7948

\*Information subject to change without notice. • See a community sales associate for full details.

[www.LChomesDE.com](http://www.LChomesDE.com)



## Maryland Delegation Requests Federal Emergency Declaration for Areas Affected By Tropical Storm Lee

BY PRESS OFFICERS  
Maryland Delegation

WASHINGTON — U.S. Senators Barbara A. Mikulski and Ben Cardin (both D-Md.) were joined by members of Maryland's Congressional Delegation in sending a letter to President Barack Obama requesting that Maryland be granted a federal emergency declaration following Tropical Storm Lee. If awarded, Maryland will become eligible for federal disaster recovery dollars through the Federal Emergency Management Agency (FEMA), ensuring the already strained state budget is not stretched any thinner as a result of another natural disaster. The letter was signed by Senators Mikulski and Cardin, as well as U.S. Representatives Steny H. Hoyer, Roscoe E. Bartlett, Elijah E. Cummings, Chris Van Hollen, C.A. Dutch Ruppersberger, John P. Sarbanes, Donna F. Edwards, and Andy Harris.

"The heavy rains from Hurricane Irene followed by the heavy rains from Tropical Storm Lee have caused many Maryland waterways to rise to dangerous levels," the letter reads. "... Given the State

### Jobs from A1

said. "Temporary payroll tax cuts didn't work before and I don't think it'll work again."

The state's Democratic politicians said they thought the president took the right approach.

"I'm very satisfied with his emphasis on infrastructure. It's the right focus," said Rep. John Sarbanes, D-Towson. "We can create lots of jobs in a short period of time. We need the investment in infrastructure. There's lots of bridges, tunnels and roads that are in poor shape. There's a benefit of creating lots of jobs, and get us back on the road to recovery."

Maryland Gov. Martin O'Malley, chairman of the Democratic Governors Association, called for its approval.

"These jobs proposals should not be politically controversial," O'Malley said in a news release.

### 911 from A1

Her parents told her planes had crashed. They said her grandparents were OK. They said her aunt in Manhattan was OK.

Then they told her Zoe and her family had been killed.

She lay in a hammock with her parents, sobbing, without understanding.

"When you're that little, you don't really process it," said Fenster, then a fourth-grader at University Park Elementary School. "You have to process it as you grow older."

With the 10th anniversary of the terrorist attacks imminent, Zoe's friends and neighbors recalled the day and considered what was lost when the Falkenberg family was killed with so much life still ahead.

Judy Feder, a colleague of Zoe and Dana's mother, Leslie Whittington, at the Georgetown Public Policy Institute remembered hearing of the attacks on her way to work. She dismissed the idea that Whittington and her family would have been on the flight that crashed into the Pentagon.

Later that day, she and her colleagues had confirmed

resources already in use as we recover from a hurricane just two weeks ago, supplementary federal assistance is necessary to save lives and protect property, public health, and safety, or to lessen or avert disaster."

In 2006, Senator Mikulski, Chairwoman of the Commerce, Justice, Science (CJS) Appropriations Subcommittee, secured \$1.8 million for the Susquehanna Flood Forecast and Warning System (Susquehanna System). The Susquehanna System warns 1,700 communities in three states about devastating floods. Early warnings allow residents and businesses time to prepare before flood waters strike, and helps emergency management officials implement flood control plans to minimize damages.

As authorities work to restore electricity and assist residents, please remember to follow the instructions of local officials. If you are experiencing an emergency, please call 911.

The text of the delegation's letter of support is as follows:

September 9, 2011

The President  
The White House

"In fact, many are based on things that we know are already working in our states. The more Congress delays, the more people will remain without jobs and the greater risk we run of another economic downturn."

It is the partisan predicament that is at the root of the weak economy, Basu said, adding that unless Congress takes immediate action, there is no guarantee this bill will reach the citizens it was intended to help, including Marylanders.

"It's not clear that it will affect Maryland at all, because one cannot presume that anything will pass," Basu said. "The question is how much of this plan will actually find its way through Congress and be implemented -- and that is very much an unknown. Already this morning we are observing some stances among politicians very much opposed to what has been offered."

If it passes intact, Basu said

through an email chain that the family had been passengers.

She recalled Whittington and husband, Charles Falkenberg, a software engineer at ECOlogic Corp., shared a strong sense of humor and raised two girls who were just beginning to blossom.

"I think from time to time -- and then try not to think -- what it must have been like to be on that plane," Feder said. "I think about those intelligent and inquisitive little girls asking questions and how horrifying that must have been."

Third-grade teacher, Michele Rowland said Zoe was the smallest student in her class the year before, but one of the brightest.

Teresa Puma, a teacher's aide, used to watch Dana ride on her dad's shoulders as they crossed the bridge from their house to meet Zoe at school.

The family had been looking forward to their trip to Australia, where Whittington would have been a visiting professor. They were en route to Los Angeles from Washington Dulles International Airport when hijackers took over their plane.

Fenster, along with their other best friend, Zoe Craig, used to call Zoe's mom "Mama Leslie." The Falkenberg girls, and some-

1600 Pennsylvania Avenue, NW  
Washington, D.C. 20500

Dear Mr. President:

We are writing to express our strong support for Governor O'Malley's September 8, 2011 request for a federal emergency declaration for the State of Maryland as a result of flooding from Tropical Storm Lee beginning on September 8, 2011.

The heavy rains from Hurricane Irene followed by the heavy rains from Tropical Storm Lee have caused many Maryland waterways to rise to dangerous levels. The greatest impact is currently in the area around the Conowingo Dam, and the National Weather Service has advised our state to make preparations for record flooding near the Maryland portion of the Susquehanna River. The Dam has already opened 43 of 53 floodgates. There is also record flooding in Southern Maryland, and major road closures exist all over the state.

Governor O'Malley took appropriate action under Maryland law, directing the execution of the State Emergency Operations Plan. The Governor further declared

the plan could be more effective than the February 2009 economic stimulus package. The problem, he said, is getting Congress to reach an agreement.

This year's Congress has seen a series of struggles. It took six months of gridlock earlier this year for the two chambers to strike a bargain with Obama to reduce the nation's \$14.3 trillion debt. And most recently, House Speaker John Boehner forced the president to reschedule his jobs speech from Wednesday to Thursday because it conflicted with a Republican debate.

"Congress has shown an ability to really mess things up, and I think the most likely scenario is that Congress will continue to mess things up," Basu said. "And in the context of the proposed stimulus package, that means even parts of the plan that are broadly attractive will not be implemented -- I think that's a big likelihood."

Obama pushed Congress to

times their friends, would read with their parents before bed -- often Harry Potter books -- and then they'd sing "Puff the Magic Dragon."

The song still makes Fenster, now a college student, cry.

Dana was only 3, but usually smiling, Fenster recalls, and she said Zoe was someone who still makes her want to be a better person.

"Even when you're young, you can tell someone's going to grow up to be great," she said.

Alan Berube, now a senior fellow and research director of the Brookings Metropolitan Policy Programs, said Whittington was a bright and approachable teacher who always kept her lessons relatable.

"She could find humor in economics -- which can be rare," said Berube, who took classes from Whittington from 1997-1999 and served as her teaching assistant.

The Falkenbergs were among the 184 people killed as a result of the attacks on the Pentagon. Another 40 victims died about United Flight 93 in Pennsylvania and 2,753 people were killed in the World Trade Center attack in New York City.

At the time, students at



FILE PHOTO  
Senator Barbara A. Mikulski

that a Continued State of Emergency exists within the entire state beginning September 8, 2011. Given the State resources already in use as we recover from a hurricane just two weeks ago, supplementary federal assistance is necessary to save lives and protect property, public health, and safety, or to lessen or avert a disaster.

Maryland and its local jurisdictions have contributed a vast amount of resources within the past few weeks which will continue to have economic impacts around our state. An emergency declaration is necessary to help provide the resources needed by all. We appreciate your consideration of Maryland's request, and look forward to continue working with you to meet the needs of our State.

pass the bill straightaway, and Democrats like Rep. Donna Edwards, D-Fort Washington, agreed that the situation is urgent.

"The American people can't wait 14 months," Edwards said. "We need to rebuild jobs now, and I think there should be a bipartisan commitment to that."

But Harris said he does not think it will fly through the House.

"I think the American people expect much more from this Congress," he said.

Because the bill was crafted using input from both parties, several Maryland representatives said Republicans have no excuse for opposing it.

"He laid out a political set of next steps, and it's incumbent on Congress to execute that and execute it quickly," Sarbanes said. "The Democrats will be eager to do it, and hopefully we can get the GOP to participate as well."

University Park Elementary School understood something bad had happened, Rowland said, but most didn't really know what the attacks meant. But memories of that day have stayed with Zoe's friends and classmates who never got to see her again.

"Some of those girls were shaken up forever," said Puma, who now teaches students not yet born in 2011.

A memorial garden to the Falkenberg family and another University Park Pentagon victim, Sheila Hein, was dedicated in 2005 in University Park. The garden features a coil of smooth, fist-sized stones with five much larger stones to honor five members of the community killed that day.

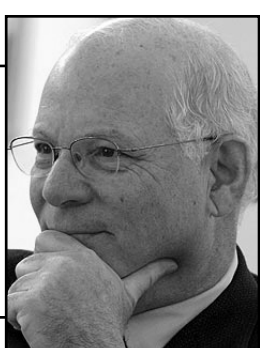
The garden is secluded in a quiet neighborhood. It's bordered by tall trees, away from major roads. Above is the continuous hum of airliners on a flight path over the area.

Feder said the attacks feel like a far-off memory, but she owes it to her friend to remember everyone killed that day.

"You think about how they might have been," Feder said of Zoe and Dana. "They didn't get to go on."

# COMMENTARY

## Benjamin L. Cardin United States Senator for Maryland



## How to Apply for a Nomination to a U.S. Service Academy

The five U.S. service academies — the U.S. Naval Academy, U.S. Military Academy, U.S. Air Force Academy, U.S. Merchant Marine Academy and U.S. Coast Guard Academy — are recruiting top-notch young American men and women who will appreciate an excellent education and a chance to serve their country.

Every year, it is my privilege to nominate some of the brightest, most dedicated students in Maryland to four of the academies. No nominations are necessary for admission to the U.S. Coast Guard Academy. The Coast Guard Academy offers appointments solely on the basis of an annual nationwide competition.

Each applicant for a nomination must meet certain eligibility requirements. To receive a service academy nomination for the class entering in July 2012, you must be a U.S. citizen of good moral character, at least 17 years of age, not have reached your 23rd birthday by July 1, 2012, in good physical condition, unmarried and have no legal obligation to support children or other dependents. For the Merchant Marine Academy the requirements are the same, except you must not have passed your 25th birthday by July 1, 2012.

To apply for a nomination, visit my website: [www.cardin.senate.gov](http://www.cardin.senate.gov) and click on Students and then on "Academy Nominations." If you have additional questions, you can contact Anne Irby, [anne\\_irby@cardin.senate.gov](mailto:anne_irby@cardin.senate.gov) or Sean McKew, [sean\\_mckew@cardin.senate.gov](mailto:sean_mckew@cardin.senate.gov) of my staff or call 410-962-4436.

In evaluating nominees, the academies consider evidence of character, scholarship, leadership, physical aptitude, medical fitness and motivation. To be competitive for a nomination, students should be in the top 20 percent of their high

school class, have minimum SAT scores of 1200 in combined critical reasoning and math, and participate in extracurricular activities demonstrating leadership. All applications for nomination must be complete and in my Baltimore Office, 100 S. Charles St., Tower I, Suite 1710, Baltimore, MD 21201 by Friday, November 4, 2011 at 5 p.m.

In addition to applying to my office for a nomination, all candidates need to directly apply to the academy they are interested in attending for a nomination in order to be considered by my Academy Review Board for an interview.

The Academy Review Board will meet on Friday, December 2 and Saturday, December 3, 2011 to interview and evaluate applicants. Based on the recommendations of this Board, I will submit a slate of nominations to the various academies. The academies make the final selection from among all the nominees nationwide. Selected nominees will receive an offer of appointment (acceptance) directly from the academy. Please note that a nomination does not guarantee an offer of appointment.

Attendance at a U.S. service academy carries with it a great responsibility. In return for an excellent free education, anyone attending a service academy must fulfill a service obligation. The Department of Defense academies, which include the Naval, Air Force and Military academies, require at least five years of service. The Merchant Marines require at least a six-year commitment in either the maritime industry or on active duty as an officer in the armed services.

A service academy education is an honor that is afforded only the best and the brightest of our nation. If you are interested in a service academy education, I hope you will contact my office.

## To Be Equal Marc Morial, President and CEO National Urban League



## American Jobs Act a Good Start

"The purpose of the American Jobs Act is simple: to put more people back to work and more money in the pockets of those who are working. It will create more jobs for construction workers, more jobs for teachers, more jobs for veterans, and more jobs for long-term unemployed." President Barack Obama.

This past weekend, the nation paused to commemorate the 10th anniversary of the tragedy of 9-11. Many suggested that a focus on the spirit of unity and selfless sacrifice that characterized America's response to that day, would change the mood of the country and make it easier for Congress and the President to come together to solve big problems — none more urgent than the jobs crisis. The mostly thoughtful reaction to President Obama's jobs speech last Thursday before a joint session of Congress is the first indication in months that the tide of blind obstructionist may be receding.

Both Republicans and Democrats in Congress have said that some of the President's proposals deserve serious consideration. That is encouraging. But there is a big difference between obstructionism and constructive criticism. And while, we found much to like in the President's speech (extension of unemployment benefits, modernizing schools, tax cuts for small businesses, a payroll tax cut), we believe it should be modified to include more specific measures to address the unemployment crisis in many urban communities of color where jobless rates are more than double the national average.

We were especially pleased that the President included three components of the National Urban League's 12-point jobs plan in the outline of his "American Jobs Act." The President endorsed a summer jobs program for youth, an infrastructure bank, and direct job creation, all of which I have

personally advocated during meetings in the Oval Office in February of last year and July of this year. But improvements are needed.

An infrastructure bank has enormous potential to stimulate the economy and put Americans to work, but with so many people out of work and so many infrastructure improvements needed, the program needs to include more than roads and bridges. We also need to build schools, community centers, libraries, and — especially relevant during this time of harsh weather — storm sewers and flood control projects.

The President proposed direct funding to employ teachers and first responders. That is good, but the plan could be expanded to include other state and municipal workers. And funding should be provided directly to municipalities rather than through the states. We should take a lesson from the American Recovery and Reinvestment Act and distribute resources directly to the communities that are hardest hit by unemployment.

Similarly, funding for summer jobs should be directed to the national community-based organizations that have a proven track record in job training.

While we recognize the limitations imposed on the President by a hotly divided Congress, the unemployment crisis is now so dire that he needs to pull out every stop. With 14 million Americans unemployed, and the jobless rate at 16.7 percent in Black America, we must wage the war on unemployment with every weapon at our disposal.

I look forward to working with the White House and Congress to guarantee that the American Jobs Act provides the type of targeted solutions that ensure that urban communities are not left by the wayside for a second time.

Open to the Public



PHOTO COURTESY DEPARTMENT OF PARKS AND RECREATION/PRINCE GEORGE'S COUNTY  
**The Show Place Arena in Upper Marlboro, Maryland has everything you need to make your next event an unqualified success — hospitality, location, space, and versatility. The Show Place Arena and Prince George's Equestrian Center are facilities of The Maryland-National Capital Park and Planning Commission, Department of Parks and Recreation/Prince George's County, Maryland. For information on this and other facilities, classes and parks, visit [www.pgparcs.com](http://www.pgparcs.com).**

## Child Watch

by Marion Wright Edelman



## Supporting Grandparents Caring for Children

At a time in life when many are beginning to ease into retirement and enjoying a little more free time, Mr. and Mrs. B. found themselves unexpectedly starting all over again—struggling to care for their adopted daughter's two young sons. Their daughter's bipolar disorder was recognized very late, and though she stays involved in her sons' lives, neither she nor their father were able to be a full-time parent. So the boys went to live with their grandparents. As in all families with children, there's always something happening that demands attention and this family has had very serious needs. When their youngest grandson was also diagnosed with bipolar disorder, Mr. and Mrs. B. had trouble finding a good doctor to care for him. Then Mrs. B. was diagnosed with cancer. But there are no regrets: "There's no 'us time,'" Mr. B says, "but I would do it again in a heartbeat."

Their family isn't alone. Lots of us who are grandparents are used to stepping in and caring for grandchildren from time to time. I know my husband and I have spent many evenings and weekends on "grandma and grandpa duty," and loved every wonderful but exhausting moment! But many grandparents and other family members are going far beyond the occasional Saturday night or long weekend. Since all children deserve safe, permanent and loving families, when parents can't care for their children—they may have died, be incarcerated, or be struggling with substance abuse or other health or mental health challenges—relatives like Mr. and Mrs. B. often end up "parenting a second time around." They step in to give their grandchildren or nieces or nephews the love and stability they need and avoid the need for foster care with strangers.

As rampant unemployment and housing foreclosures ravage families across our nation, an increasing number of children are living in households headed by grandparents and other relatives, often three generations sharing scarce resources due to the recession. Nearly 7.8 million children live in households headed by a grandparent or other relative. More than 2.5 million grand-

parents report they are responsible for grandchildren living with them—a third with no parent present. Black children are twice as likely as all children to live with their grandparents or other relatives only.

These grandparents and other relatives are providing vital care, stability, and continuity to millions of America's most vulnerable children. They are keeping children safe and families together: children raised by relatives are more likely to be placed with siblings and less likely to lose touch with their cultural traditions and community connections. But this enormous responsibility can have many effects on caregivers' own lives and financial stability. Many are still working and many others live on fixed incomes. Twenty percent of grandparents raising grandchildren are poor and many relative caregivers need financial help and other forms of support. Often caregivers unexpectedly thrust into this role may be hesitant to share their new challenges with others, and if they do, often find it difficult to connect with networks to find programs and assistance for which they are eligible.

That's why grandparents and other relative caregivers are gathering from across the country on September 15th on the West Lawn of the U. S. Capitol to participate in the Fourth National GrandRally

for Grandparents and Other Relatives Raising Children sponsored by AARP, Child Welfare League of America, Children's Defense Fund, Generations United, GrandFamilies of America, and National Committee of Grandparents for Children's Rights. The GrandRally seeks to educate Congress about the importance of relative caregivers, the challenges they face, and the contributions they make. With scarce resources and a tumultuous economy, relatives' critical role in keeping children safe and in stable homes will be highlighted along with the important role Social Security plays in helping caregivers assume care of related children.

The Children's Defense Fund often gets calls from grandparents and other relative caregivers seeking sources of financial assistance. In recent months, many have called to tell us they've been laid off and need financial help to continue caring for their grandchildren. They are often embarrassed by their circumstances and afraid to contact public agencies for assistance, fearful their grandchildren will be taken away and placed in foster care. Grandparent caregivers often face barriers to participating in the Supplemental Nutrition Assistance Program

See WATCH, Page A8

## The Prince George's Post

The Prince George's Post  
P.O. Box 1001 15207 Marlboro Pike  
Upper Marlboro, MD 20772-3151  
Phone 301-627-0900 Legal Fax • 301-627-6260  
Editorial Fax • 301-627-8147  
Contents © 2011, The Prince George's Post

<b>Publisher</b> Legusta Floyd	<b>Subscriptions</b> Anna Curry
<b>General Manager/ Legal Advertising Manager</b> Brenda Boice	<b>Editor</b> Legusta Floyd
<b>Legal Advertising Assistant</b> Robin Boerckel	<b>Web Manager</b> Kylar Quesenberry

Prince George's County, Md. Member National Newspaper Publishers Association, and the Maryland, Delaware, District of Columbia Press Association.  
The Prince George's Post (ISSN 10532226) is published every Thursday by the New Prince George's Post Inc., 15207 Marlboro Pike, Upper Marlboro, Md. 20772-3151.  
Subscription rate: 25 cents per single copy; \$15 per year; \$7.50 senior citizens and students; out of county add \$1; out of state add \$2.  
Periodical postage paid at Southern Md. 20790.  
Postmaster, send address changes to Prince George's Post, P.O. Box 1001, Upper Marlboro, Md. 20772-3151.

# BUSINESS

## Late Season Care for Your Garden

### Six Things To Do Now for a Better Garden Next Year

by Melinda Myers,

Gardening Expert, TV & Radio Host, Author and Columnist

As the summer garden season nears an end, don't let your guard down. Keeping up with a few basic chores can improve your landscape's beauty and reduce your workload next season.

Continue weeding. Removing weeds now before they go to seed will eliminate hundreds of weeds next season. Destroy invasive weeds, those that have gone to seed and perennials that may root in the compost pile. And mulch the soil if you haven't already done so.

Keep watering new plantings, stressed and young plants, evergreens, and moisture loving plants as needed throughout the fall. Water thoroughly and whenever the top few inches are crumbly and slightly moist. Check my plant guide for more specifics on your plants watering needs. Properly watered plants are better able to survive the rigors of winter.

Reduce future workloads and improve your garden's health and beauty. A layer of shredded leaves, evergreen needles or woodchips will help suppress weeds, conserve moisture, moderate soil temperatures, and improve the soil as they decompose.

Replace faded annuals with cool season annuals, mums, and other fall plants, decorative squash and pumpkins. And add a few fall containers to your front entrance, patio or deck. It adds color and a feeling of freshness

to the garden.

Monitor and manage pests as needed. Keeping plants healthy throughout the growing season increases your overwintering success. Hand pick small populations of insects, rake and destroy disease infested leaves, and always use the most eco-friendly products when greater intervention is needed.

Keep applying animal repellents. Use a long lasting all natural product like Bobbex. Keeping hungry animals away from your landscape will help reduce the future risk of critters moving in and dining on your landscape.

*Nationally known gardening expert, TV/radio host, author & columnist Melinda Myers has 30 years of horticulture experience and has written over 20 gardening books, including Can't Miss Small Space Gardening and The Garden Book for Wisconsin.*

*She hosts the nationally syndicated Melinda's Garden Moment segments which air on 89 TV and radio stations throughout the U.S. She is a columnist and contributing editor for Birds & Blooms magazine, hosted "The Plant Doctor" radio program for over 20 years as well as Great Lakes Gardener on PBS. Melinda has a master's degree in horticulture, is a certified arborist and was a horticulture instructor with tenure. Myers' web site is www.melindamyers.com*



PHOTO BY MELINDA MYERS, LLC

**Pansies-Diascia-Nemesia - Three factors with three greatest impact on crop timing are temperature, the light environment and the size of starter plant.**

## Maryland Utilities Issue Request for Proposals for the Supply of Wholesale Electric Power

By PRESS OFFICER  
Maryland Utilities

BALTIMORE — September, 2011 — The Potomac Edison Company (PE), Baltimore Gas and Electric Company (BGE), Delmarva Power & Light Company (Delmarva), and Potomac Electric Power Company (Pepco) have issued Requests for Proposals (RFPs) for full-requirements, wholesale electric power supply to meet their Standard Offer Service (SOS) obligations in their Maryland service territories.

Each utility will provide market-based supply service to some or all of its electric customers who do not take service from competitive retail suppliers. The RFPs will consist of supply contracts ranging in term from three to twenty-four months. For BGE, Delmarva, and Pepco, the bidding for Residential contracts will occur in two procurements — October 2011 and April 2012, and the contract term will be twenty-four months. For PE, the bidding for Residential contracts will occur in four procurements — October 2011, January, April, and June 2012, and the contract term will range from twelve to twenty-four months. For BGE, the bidding for small commercial Type I contracts will occur in two procurements — October

2011 and April 2012, and the contract term will be twenty-four months. For Delmarva and Pepco, the bidding for small commercial Type I is combined with Residential contracts and will occur in two procurements — October 2011 and April 2012, and the contract term will be for twenty-four months. For PE, the bidding for small commercial Type I contracts will occur in two procurements — January and April 2012, and the contract term will be twenty-four months. For all the Maryland Utilities, the bidding for larger commercial Type II contracts will be for three-month term contracts and will occur quarterly. The quarterly procurements will occur in October 2011, January, April and June 2012. Further details regarding the procurement schedule, including the bid due dates for this multi-procurement process can be found in the RFP documents. The four utilities will concurrently conduct their bidding processes under uniform rules and timetables. The utilities are requesting proposals totaling approximately 4,084 megawatts (MW), including:

536 MW for PE  
2,251 MW for BGE  
330 MW for Delmarva  
967 MW for Pepco

A joint-utility pre-bid webi-



PHOTO COURTESY WIKIPEDIA, THE FREE ENCYCLOPEDIA

**Electric energy is often transmitted with overhead lines on pylons like these.**

nar will be held on September 21, 2011, at 1:00 EDT. The webinar will review the general RFP structure and process, the specific utility bid plans, and the power supply contract.

Additional details regarding the RFPs, the pre-bid webinar, and utility contact information can be found by visiting any of

the following utility RFP websites:

PE  
[www.alleghenypower.com/rfp](http://www.alleghenypower.com/rfp)  
BGE  
[rfp.bge.com](http://rfp.bge.com)  
Delmarva  
[www.delmarva.com/mdrpf](http://www.delmarva.com/mdrpf)  
Pepco  
[www.pepco.com/mdrpf](http://www.pepco.com/mdrpf)

### Groff from A1

fellow board members plan to focus on the theme of "Quality Pays" and present Kubota management with suggestions that will further the company's leading position within the tractor industry.

Kubota Tractor Corporation, Torrance, Calif., is the U.S. marketer and distributor of Kubota-engineered and manufactured equipment, including a complete line of tractors up to 118 PTO hp, performance-matched implements, compact and utility-class construction equipment, consumer lawn and garden equipment, commercial turf products and utility vehicles. For product literature or dealer locations, contact Kubota Tractor Corporation at 3401 Del Amo Blvd., Torrance, CA 90503, (888) 4-KUBOTA [(888) 458-2682], Ext. 900, or visit [www.kubota.com](http://www.kubota.com).

### Teach from A1

ing to meet difficult challenges. "The spirit of Sept. 12 is really what you want people to understand," he said in an interview after class.

In the 10 years since the terrorist attacks, educators have wrangled with how to explain them to groups of young people who were born after they happened or were too young to fully understand them. Education policy experts disagree about what students should be shown, and what lessons are appropriate for students of different ages.

Melanie Killen, a professor of human development at the University of Maryland, said that because high school students today were under 10 when the attacks occurred, it's important that they develop a full understanding of such an important moment in American

history.

"They've heard so many rumors and bits and pieces. So they need to know what exactly happened," she said.

But elementary and middle school teachers must be especially mindful when showing graphic images of the World Trade Center and the Pentagon to young students, said William Strein, associate professor of counseling at the University of Maryland.

"They may be seeing for the first time the video of the planes crashing into the towers ... it's important for them to understand that these things they're seeing are replays," Strein said. "I'm not sure if teachers should be doing much of that at all," he said.

In Montgomery County, elementary school teachers took the opportunity to talk about the role of first responders in the aftermath of the attacks, and

discuss the importance of serving your community, said Kevin Yates, a content specialist for the Montgomery County Public Schools social studies program.

"We look at possible ways for students to contribute to their community," he said.

In designing the thought experiment he used in his class Friday, Adams had a similar goal in mind. He wanted his students to understand the importance of serving their community in times of need, of helping strangers and showing courage and honor in trying circumstances.

It seems that his students got the message.

"When I think of Sept. 11, I think of a lot of people who got involved," said Tonia Jones, 17, a student in Adams' class. "You can make a difference by doing something."

## Environmental waste recycling company and 2 senior executives indicted by federal grand jury for fraud and international environmental crimes

BY PRESS OFFICERS  
U.S. Immigration and Customs Enforcement (ICE)

DENVER — A local environmental waste recycling company, Executive Recycling Inc., its chief executive officer, and its former vice president of operations were indicted by a federal grand jury on Thursday on charges of wire and mail fraud, and environmental crimes.

Executive Recycling Inc., Brandon Richter, 36, of Highlands Ranch, Colo., who was the owner and chief executive officer, and Tor Olson, 36, of Parker, Colo., vice president of operations, were indicted by a federal grand jury on Sept. 15. The indictment includes the following charges: wire and mail fraud; and environmental

crimes in connection to the failure to file a notification to export hazardous waste; exportation contrary to law; and destruction, alteration, or falsification of records.

The indictments were announced by the following agency heads: U.S. Attorney John Walsh, District of Colorado; U.S. Immigration and Customs Enforcement's (ICE) Homeland Security Investigations (HSI) Special Agent in Charge David M. Marwell; and EPA Criminal Investigation Division Special Agent in Charge Lori Hanson. The criminal defendants and a representative of the corporation have been summonsed to make their initial appearance in U.S. District Court in Denver on Sept. 22, where they will be advised of their rights and the

charges pending against them.

According to the indictment, Executive Recycling was an electronic waste (e-waste) recycling business located in Englewood, Colo., with affiliated locations in Utah and Nebraska. The company collected e-waste from private households, businesses, and government entities. Executive Recycling was registered with the Colorado Department of Public Health and Environment as a "Large Quantity Handler of Universal Waste." Richter, as owner and CEO, was responsible for supervising all aspects of the company. Olson, the vice president of operations, was responsible for running day-to-day operations.

A significant portion of e-waste collected by the defendants was cathode ray tubes

(CRTs). CRTs are the glass video display components of an electronic device, usually a computer or television monitor, and contain large amounts of lead. The defendants engaged in the practice of exporting e-waste, including CRTs, to foreign countries, including the People's Republic of China. The defendants regularly negotiated the sale of e-waste to brokers who represented foreign buyers or who sold the e-waste overseas. The foreign buyers often paid the defendants directly. To transport the e-waste, the defendants used shipping cargo containers which were loaded at the company's facility. The containers

See WASTE, Page A8

Does Your Business **NEED TO JAZZ THINGS UP?**

Place a business card-size ad in 96 Maryland, Delaware and DC newspapers for one low price!

• Over 4 Million Readers • Only \$1,490 per week!

**SAVE UP TO 85%**

CALL MDDC PRESS SERVICE  
410-721-4000 X19 • [www.mddcpress.com](http://www.mddcpress.com)

Frequency discounts and ad size options also available.

**MDDC 2x2 DISPLAY AD NETWORK**

**DONATE YOUR CAR**

to the Outreach Center "Car for Kids" Program

• Free Pick-up and Tow  
• Any Model or Condition  
• IRS Tax Deductible

**1-800-601-7171**

Help Kids in Need

# OUT ON THE TOWN

ERIC D. SNIDER'S  
IN THE DARK

## Movie Review

### "Contagion"

"CONTAGION" B  
Rated PG-13 for one F-  
word, moderate profanity,  
some grisly images,  
mild violence.  
1 hr., 45 min.

Gwyneth Paltrow, who returns to Minnesota from a trip to Hong Kong with basic flu-like symptoms that quickly escalate into something worse. It's contagious, too, which is pretty bad news. Her husband (Matt Damon) and stepdaughter (Anna Jacoby-Heron) are the film's constants after that, but the story expands to address almost every conceivable aspect of the epidemic. At the Centers for Disease Control, Laurence Fishburne heads up the effort to identify and treat the virus, with Demetri Martin and Jennifer Ehle testing vaccines as they are formulated. The CDC's Kate Winslet goes to Minnesota to investigate and is met with resistance by the state's health department, mostly because of budgetary concerns and the sense that we've had false alarms before. (The recent H1N1 non-epidemic is mentioned.) The World Health Organization's Marion Cotillard goes to Hong Kong to track down the disease's origins.

Meanwhile, it is spreading. As more days go by without a vaccine, people begin to panic, hoard, and loot. Jude Law turns up as a muckraking blogger and conspiracy theorist pushing a holistic cure that he says the government doesn't want you to know about; Elliott Gould plays a scientist assisting the CDC; there's Bryan Cranston as a U.S. military official, Enrico Colantoni as a government official, many people with less recognizable names and faces playing a host of other necessary figures.

Through it all, Soderbergh keeps us nervous with constant,



PHOTO COURTESY ROITENTOMATOES

**Contagion follows the rapid progress of a lethal airborne virus that kills within days. As the fast-moving epidemic grows, the worldwide medical community races to find a cure and control the panic that spreads faster than the virus itself. At the same time, ordinary people struggle to survive in a society coming apart.**

subtle reminders of where the danger lurks, i.e., everywhere. A bowl of peanuts at a bar, a credit card passed to a cashier, the door handle in a public building -- everything is a potential threat, and Soderbergh (who serves as his own cinematographer) lingers over such images just long enough to make his point.

What's scariest about "Contagion" is that every part of it could really happen. We must also grapple with the fact that if an outbreak like this occurred in real life, there would indeed be people seeking to cash in on it, and bureaucratic inefficiency causing delays, and fearmongers giving counterproductive advice. People would rely on the government to help them while simultaneously not trusting it to

do so. In short, "Contagion" is effective because it plays not on our fears of fictional boogymen and monsters, but on actual threats.

It's far less effective when it tries to show the human side of things. The largely plot-driven screenplay, by Scott Z. Burns (who adapted "The Informant!"), makes an effort now and then to engage our emotions, but it seldom succeeds. Moments like Laurence Fishburne interacting with a lowly CDC janitor (John Hawkes) come off as trite, while Matt Damon's efforts to protect his daughter don't register as anything more than perfunctory. Maybe it's just as well, though. You don't want to get attached to people in a movie that will make you never want to touch anyone again.

## Denounced by the World, New Maryland Football Uniforms a Hit on Campus

By AARON CARTER,  
ELLEN STODOLA and  
JESSE YOMTOV  
*Capital News Service*

matched the state flag and not just the school colors," said Claire Quinn, a student at the university.

The team's helmets and shoulder pads each featured the signature black-and-yellow checkered pattern of the Maryland state flag on one side and the red and white cross on the other.

"The Maryland flag is one of the coolest state flags in the country, and I thought they did a good job of showcasing the pride folks have of being from Maryland," said Kenny Gartner, a 2011 Maryland graduate.

Kevin Plank, founder of Under Armour, the company that designed and manufactured the uniforms, was born in Maryland and also played football for the Terps.

When University of Oregon alum and Nike founder Phil Knight began outfitting the Ducks with flashy new threads

in the early 2000s, Oregon's national visibility increased. Plank's brand has, for now, accomplished a similar feat for Maryland.

In fact, after a 1996 Cotton Bowl loss to the University of Colorado, 38-6, Knight asked his design team how they could make the Ducks more attractive to student athletes, according to an August SportsBusiness Journal article.

The new Maryland uniforms were designed to "showcase the program's pride in representing Maryland," Matt Mirchin, senior vice president of sports marketing for Under Armour, said in a statement.

Maryland's red, white, yellow and black might even be poised to pay financial dividends for retail stores in College Park.

Less than 24 hours after the game, The University Shop, adjacent to the College Park

campus, had students seeking jerseys and apparel from Monday's game, said Maria Proctor, an employee at the store.

Anticipating a reaction from students, the store has ordered clothing shipments of a similar design, she said.

If merchandise sales improve, retailers might be able to expect additional revenue from other Maryland sports.

"This is just the first step in a rebranding campaign with Under Armour," Maryland deputy athletic director Nathan Pine wrote in an email. "You can expect to see elements of the state flag incorporated into the design of new uniforms for our other sports teams."

He noted that the design on the uniforms for other sports teams may not be as "pronounced" as the football uniforms.

## Extreme Makeover Home Edition to surprise Eastern Shore family Associated Builders & Contractors Chesapeake Shores members pitch-in for the build!

Annapolis & Salisbury, September 19, 2011: The 9th Season of Extreme Makeover: Home Edition, the Emmy-award winning hit reality show on ABC Television is coming to Maryland to surprise one very deserving family with an extreme home makeover. Associated Builders & Contractors Chesapeake Shores member and leading Mid-Atlantic green home builder/developer group, The

Fusion Companies, is joining forces with other Associated Builders & Contractors Chesapeake Shores members, local vendors, businesses and dedicated volunteers to help a selected family.

The home that will be constructed later this month is being meticulously designed by an award winning local architect in conjunction with the design team from Extreme Makeover: Home Edition. Not

only will the family receive a home that meets their wants and needs, measures are also being made to make sure their new house is both "green" and sustainable, designed to achieve "zero-energy" and with no carbon footprint.

Associated Builders & Contractors Chesapeake Shores is proud to give-back to the community in such a profound way. Won't you join us in spreading the word about the

need for volunteers for this project?

Contact: Kaeti Bradley, Events & Marketing Director  
Email: kbradley@abc-chesapeake.org  
Phone: 410.267.0347  
For more information about volunteering go to: <http://www.fusionextremebuild.com/>  
Or visit our website: [www.abc-chesapeake.org](http://www.abc-chesapeake.org)

## BOWIE STATE UNIVERSITY

### Bowie State Football Post Game Story

(BOWIE, Md.) Bowie State University rolled up 413 yards of total offense and rolled to a 41-14 Homecoming victory over Livingstone College. The win improves the Bowie State Bulldogs to 3-0 overall (2-0 in the CIAA) while Livingstone's Blue Bears fall to 0-3 overall and 0-2 in the CIAA.

"I think it was good win for the University and hopefully picked up the spirits of the alumni, students, faculty and staff after the tragic loss of one of our students (Dominique Frazier) earlier in the week", said Bowie State Head Coach Damon Wilson.

Livingstone got on the board first, briefly quieting the BSU Homecoming gathering. Jamel Moore pounded in from two-yards out and Hamilton Tabi added the extra point to take a 7-0 Blue Bears lead at the 14:04 mark of the second quarter.

Bowie State redshirt freshman Kendall Jefferson (Temple Hills, MD) pulled the Bulldogs within one at 7-6 with 8:05 left in the first half, returning a Livingstone punt for a 42 yard touch-down. However, the PAT by senior Michael Gagne (Baltimore, MD) hit the left goal post.

Livingstone's John Papillion coughed up the ensuing kickoff which was recovered by BSU redshirt sophomore Dwayne Price (Fort Washington, MD) at the Blue Bears 24 yard line. Seven plays later, Bowie State senior quarterback Clifton "Dominique" Budd (Silver Spring, MD) rushed for a three-yard touchdown. Gagne converted the extra point giving the Bulldogs the lead at 13-7.

The Bulldogs added six more points with 1:56 left in the first half on a Budd to junior Kevin James (Randallstown, MD) 35 yard pass and catch, sending Bowie State into halftime with a 19-7 advantage.

Livingstone cut the deficit to 19-14 early in the third quarter when Justin Johnson intercepted a Budd pass and returned it 51 yards for a Bears touchdown.

As a team, Livingstone tallied 132 yards of total offense (59 rushing and 73 passing).

Bowie State rebounded from that turnover and opened up a 27-14 lead on their very next possession. Budd completed an 8-yard pass to senior Douglas, McNeil, III (Baltimore, MD), capping off a 10 play-70 yard drive.

BSU senior Tariq Jones (Baltimore, MD) scored his first touchdown of the season at the 6:17 mark of the third quarter, punching up the middle for a one-yard score. Gagne's extra point extended the Bulldogs lead to 34-14.

McNeil found the end zone again with 10 seconds remaining in the third, this time hauling down a pass from senior Andre Johnson (Clinton, MD), scoring an 11-yard touchdown and closed out the scoring at 41-14.

Budd threw for a game-high 149 yards, completing 12-of-20 passes but was intercepted three times. BSU senior James Proctor led all receivers with a game-high 79 yards and McNeil was a close second with 75 reception yards. Junior Ramono Flowers (Largo, MD) led the Bulldogs rushers for the second game in a row, carrying the ball 18 times for a game-high 82 yards.

Senior-transfer Terrance Hemsley along with junior Bekewele Amadi paced the Bowie State defense with eight tackles each.

"We have to do a better job protecting the ball offensively, especially scoring in the red zone and we must get our defense off the field on third down and stop giving those guys an opportunity to convert", said Wilson.

Livingstone quarterback Jaren Troutman led the Blue Bears with 73 passing yards, completing 10-of-21 with two interceptions. Papillion was Livingstone's top receiver with 38 yards on four receptions.

Wesley Jackson and Tyheim Pitt led Livingstone on defense with 11 and 10 tackles respectively.

Turnovers were plentiful for Bowie State and Livingstone. The Blue Bears and Bulldogs fumbled the ball a combined eight times, losing two each. Bowie State was intercepted four times on the afternoon while Livingstone was picked off twice.

The Bulldogs hit the road next week, traveling to Richmond (Va.) to face the Panthers of Virginia Union University in a 1 pm nationally televised conference matchup. Livingstone will host Virginia University of Lynchburg at 6 pm in Alumni Stadium.

Gregory C. Goings  
Bowie State Sports Information  
Division II SIDA President  
Office: (301) 860-3574  
Fax: (301) 860-3585  
[www.bsbulldogs.com](http://www.bsbulldogs.com)

# Calendar of Events

September 22 - September 28, 2011

## Montpelier Fall Jazz Series: Wycliffe Gordon Quartet

Event date: Friday, September 23, 2011, at 8:00 PM  
Date and Time: September 23, 8 pm  
Event Description: Gordon tours the world performing hard-swinging, straight-ahead jazz and brings his quartet to the center for the first time. A former veteran member of the Wynton Marsalis Septet and the Lincoln Center Jazz Orchestra, he has also been a featured guest artist on Billy Taylor's "Jazz at the Kennedy Center" and has received great acclaim from audiences and critics alike.  
Ages: All ages  
Fee: \$25/ticket. Call for information about purchasing a series subscription. Discounts are available for seniors & members.

Location: *Montpelier Arts Center*

9652 Muirkirk Road, Laurel, MD 20708

Information: 301-377-7800, 410-792-0664; TTY 301-490-2329

## Celebrate Baden Day

Date & Time: Saturday, September 24, 12 noon-5 pm  
Description: Enjoy a fun afternoon of live entertainment, exhibits, food, games for the kids, pony rides, demos and more!  
Cost: FREE

Ages: All ages

Location: *Baden Community Center*

13601 Baden-Westwood Road, Brandywine 20613

Contact: 301-888-1500; TTY 301-203-6030

## 19th Annual Bluebird Blues Festival

Date & Time: Sunday, September 25, 1-6 pm  
Description: Enjoy foot stompin' blues music, delicious food, children's activities, a blues workshop and more!  
Cost: FREE

Ages: All ages

Location: *Prince George's Community College*

301 Largo Road, Largo 20774

Contact: 301-322-0853, TTY 301-322-0622

## Golf Galore

Date and Time: Tuesday, September 27, 9 am - 12 noon  
Description: Par none! Come out and enjoy the great game of golf. Seniors may hit one FREE medium size bucket of balls at the driving range any time between 9 am and 12 noon. Attend a FREE golf clinic from 10-11 am. Play 9 holes of golf for a discounted price (\$9 for greens fees) any time today. Reservations required for the clinic.  
Cost: FREE

Ages: 60+

Location: *Paint Branch Golf Course*

4690 University Boulevard, College Park 20740

Contact: 301-935-0330

## Line Dancing Workshop

Date and Time: Tuesday, September 27, 11 am - 12 noon  
Description: Get in line and in sync with group dance! No partner needed – just bring your happy feet and get moving to the beat! No prior experience needed. Call for reservations.  
Cost: FREE

Ages: 60+

Location: *Tucker Road Community Center*

1771 Tucker Road, Fort Washington 20744

Contact: 301-248-4404

## Nature at its Best

Date and Time: Thursday, September 29, 1 - 3 pm  
Description: M-NCPPC Park Naturalist Greg Kearns will take you on a visual tour of Yellowstone and Glacier National Parks, two of the most beautiful places in America. Then sit back and relax as Greg takes you to beautiful Brazil to explore some of the wonderful sites you may never have seen before!  
Cost: FREE

Ages: 60+

Location: *Riversdale Mansion*

4811 Riverdale Road, Riverdale Park 20737

Contact: 301-864-0420

## Jazz Concert featuring Vince Chapman

Date and Time: Friday, September 30, 10:30 - 11:30 am  
Event Description: Sit back, relax, and enjoy a wonderful outdoor jazz concert at one of the county's most beautiful venues - Oxon Hill Manor. Reservations required.  
Ages: 60+

Fee: FREE

Location: *Oxon Hill Manor*

6901 Oxon Hill Road, Oxon Hill 20745

Information: 301-839-7782

## Montpelier Fall Jazz Series: Bruce Swaim Quartet

Date and Time: September 30, 8 pm  
Event Description: This renowned quartet, consisting of Bruce Swaim on tenor sax, Paul Langosch on bass, Jay Cooley on piano and Dominic Smith on drums, is recognized as one of Washington, D.C.'s premier jazz ensembles.  
Ages: All ages

Fee: \$20/ticket. Call for information about purchasing a series subscription. Discounts are available for seniors & members.

Location: *Montpelier Arts Center*

9652 Muirkirk Road, Laurel, MD 20708

Information: 301-377-7800, 410-792-0664; TTY 301-490-2329

## Branch Avenue in Bloom Farmers Market

Date & Time: Fridays through November 18, 2-6 pm  
Description: Support local farmers! Call to find out about its selection of fruits, vegetables, organic food, local specialties and crafts. FMNP Checks (WIC & Senior) & FVC accepted. Read more about local farmers markets.  
Location: Iverson Mall Parking Lot, Branch Avenue 20748

Contact: 301-403-8300 (Dion Gray)

# EARTH TALK ... "Pharmaceuticals in the water."

Dear EarthTalk:

*Pharmaceuticals were in the news again recently, how they are polluting water and raising a host of health issues because we dispose of them both unused and used through body waste elimination. What can be done?*

-- Lucy Abbot,  
Macon, GA

Pharmaceutical drug contamination in our groundwater, rivers, lakes, estuaries and bays is a growing problem. Millions of us are flushing unused medications down the toilet and discharging them in our body waste—even though sewage treatment plants and septic systems were never designed to deal with such contaminants. Additional discharges by healthcare facilities exacerbate the problem. As a result, researchers have identified traces of pharmaceutical drugs in the drinking water supplies of some 40 million Americans.

A nationwide study conducted by the U.S. Geological Survey in 1999 and 2000 found low levels of pharmaceuticals—including antibiotics, hormones, contraceptives and steroids—in 80 percent of the rivers and streams sampled. According to Citizens Campaign for the Environment (CCE), the effects of constant, low-level exposure of pharmaceuticals on ecosystems and humans are uncertain, though "possible health concerns include hormone disruption,

antibiotic resistance and synergistic effects." And antidepressants, says CCE, can "alter the behavior and reproductive functions of fish and mollusks."

CCE cites a recent Stony Brook University study showing that some fish species in New York's Jamaica Bay are experiencing "feminization"—the ratio of female to male winter flounder was 10 to one in the studied area—likely a result of flushed pharmaceuticals that can act as "hormone mimics" and cause such effects. New York's Department of Environmental Conservation concurs, citing a number of other studies underscoring the impacts on aquatic life. What irks CCE about the problem is that almost all known sources of drugs in the environment first pass through wastewater treatment plants where they could be filtered out, but these facilities are not required to be equipped with pharmaceutical filter devices.

In light of the problem, the U.S. Food & Drug Administration (FDA) in 2007 established its first set of guidelines for how consumers should dispose of prescription drugs. First and foremost, consumers should follow any specific disposal instructions on a drug's label or the patient information that accompanies the medication—and shouldn't flush the drugs down the toilet. If there are no disposal instructions, the FDA recommends finding out from your municipality if any



CREDIT: STOCKBYTE

**Researchers have identified traces of pharmaceutical drugs -- including antibiotics, hormones, contraceptives and steroids -- in the drinking water supplies of some 40 million Americans.**

take-back programs are in place. Also, the U.S. Drug Enforcement Administration sponsors National Prescription Drug Take Back Days across the country at various sites a few times a year.

"If no instructions are given on the drug label and no take-back program is available in your area, throw the drugs in the household trash, but first take them out of their original containers and mix them with an undesirable substance, such as used coffee grounds or kitty litter," says the FDA. This will make them less appealing to children, pets or people who may intentionally go through

your trash, says the agency, which adds that a final step is to put the medication into a sealed bag or other container to prevent leaks.

CONTACTS: CCE, [www.citizenscampaign.org](http://www.citizenscampaign.org); National Prescription Drug Take Back Days, [www.nationaltakebackday.com](http://www.nationaltakebackday.com);

FDA's "How to Dispose of Unused Medicines," [www.fda.gov/downloads/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingOver-the-CounterMedicines/ucm107163.pdf](http://www.fda.gov/downloads/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingOver-the-CounterMedicines/ucm107163.pdf).

## Traffic from A1

and the U.S. Army Aberdeen Proving Ground, situated 71.3 miles from Washington, D.C. along the I-95 corridor in Harford County, Maryland.

The Pentagon isn't "playing musical chairs" with its personnel and its power of the purse, local governments and businesses say. Weighing the seemingly endless array of economic, environmental, transportation impacts and cost benefits, area officials have designed "numerous" transportation projects to "relieve BRAC-related gridlock." That's of paramount importance to an area that already suffers from the worst congestion in the nation, comments Townsend.

Far and wide and here and there, battalions of road construction crews will precede the tidal wave of new workers and form their rearguard with a heavy concentration of road construction projects, bus routes, lane changes, road closures, and new traffic patterns. "Even the residents and roads in Washington's outer suburbs will not escape the increased congestion," observed Townsend.

Effective September 15, 2011, the Naval Criminal Investigative Service (NCIS) is relocating from the Washington Navy Yard to Quantico, Virginia. All told, the Quantico Marine Base in Prince William County garners 2,648 additional worker bees, including 1752 civilians, 341 active duty military service members, and 555 defense contractors.

Expect traffic impacts and new traffic patterns on Interstate 95 and U.S. Route 1 in Prince William County and near the 718,000-square-foot Russell-Knox building on Telegraph Road in North Stafford, transportation officials say. Already on the drawing board are plans to widen U.S. Route 1 near both main entrances to the Marine Corps Base Quantico "between the Triangle area of Prince William County and the Boswell's Corner area of Stafford County." In the future, anticipate construction on the intersection of Telegraph Road and U.S. 1, and Russell Road west of I-95, Stafford County officials say.

Closer to the nation's capital,

one of the biggest BRAC-impacted areas will be the Army Headquarters at Fort Belvoir in Fairfax County. The relocation there has grabbed the lion's share of local headlines and for good reason, Townsend said. The historic Army installation is gaining 19,000 military and civilian personnel. The move doubles the number of people working at the military base. Drivers on Virginia Route 1 and surrounding roads will likely experience the biggest traffic impacts. To alleviate the gridlock, the final two miles of the four-lane Fairfax County Parkway were built on time, at a cost of \$124 million for Phase I and Phase II, which were completed in September 2010.

Some 8,500 employees will be relocated to the Fort Belvoir North Area. Nearly 6,500 of those workers will report for duty in phases from September until the end of the year at the Washington Headquarters Service (WHS) in the Mark Center, located at Seminary Road and I-395 in Alexandria, Virginia. Talk about big traffic impacts. An estimated 200,000 commuters use I-395 daily. Compounding things, it will take five years to construct a direct ramp from the existing HOV lanes on I-395 to Seminary Road, local and state transportation officials say.

The base's new pride and joy, its \$1 billion, 1.3-million-square-foot Fort Belvoir Community Hospital, opened in mid-August with tally of 5,500 employees. "The facility absorbs patients from the newly shuttered Walter Reed Army Medical Center, Washington, D.C.," the Air Force Times reports. To accommodate the influx of workers the Fairfax Connector has restructured major routes and added four new bus routes near the base.

Within the past few weeks, the last patients and staffers from the old Walter Reed Army Medical Center (WRAMC) in the Shepherd Park section of upper northwest Washington, D.C. made the transition to the National Naval Medical Center in nearby Bethesda, to form the new Walter Reed National Military Medical Center (WRNMMC). The move brings a total of 2,500 new workers and traffic headaches to Rockville Pike. The conver-

sion will be completed this fall and motorists should be mindful of pedestrians crossing the six-lane roadway from the Medical Center Metrorail station and bus hub. Pedestrian foot traffic will double daily, from 3,000 to 7,000 crossings starting in September.

All in all, Maryland is the big winner in the BRAC sweepstakes. The state reaps the windfall of 60,000 jobs. And the biggest winner of them all in the state just might be Fort George G. Meade, which calls Anne Arundel County home. The base is the new home of the Defense Information Agency and it gains 5,400 new workers in September.

More workers and contractors are in the BRAC pipeline, impacting traffic patterns on the Baltimore-Washington Parkway (Maryland 295), Maryland Route 175, the two-to-five lane highway that runs in front of Fort Meade, and Maryland Route 170.

All told, more than 26,000 new jobs are slated to come to the base by 2015. That's not all. So will congestion. Today, traffic volumes range from 28,000 to 50,000 vehicles each day on Route 175, according to projections by county transportation officials and the Maryland State Highway Administration (SHA). Traffic volumes are expected to increase by more than 50 percent by 2030, state highway officials project.

Even before the BRAC transition, the facility already housed the fourth largest workforce of Army installations in the continental United States. The base boasts a population of 109,000 persons, including the family members of military personnel, living on post. To accommodate the massive incursion of military personnel and their family, federal workers and contractors, officials at the federal, state and county levels agreed to underwrite the cost of widening Route 175.

The Maryland State Highway Administration (SHA) provided "\$10 million for construction of improvements to Fort Meade's gate at Rockenbach Road." Eventually, the SHA says it plans to widen MD 175 from MD 295/Baltimore-Washington Parkway to MD 170. To ease congestion, Mapes Road and

Cooper Avenue underwent the shovel, spade, and steamroller. Encouraging carpooling, the state also invested \$200,000 to launch the first "Guaranteed Ride Home Program" (GRH) for Fort Meade commuters.

BRAC brings 3,000 new jobs and new construction sites to Andrews Air Force Base just off the Capital Beltway in Prince George's County. Rechristened as the Joint Base Andrews Naval Air Facility Washington, it's the home base of Air Force One and it flies the President and heads of state into and out of Washington. The \$52 million Air National Guard Readiness Center, completed last spring, has 1,000 new workers. Approximately, 2,500 personnel will work in the \$130 million Air Force District of Washington Headquarters Building, slated for completion this September. They join 26,000 other civilian workers and military personnel and their families currently on the 4,320-acre base. Over the next decade, it will emerge as the county's largest employer, eclipsing the University of Maryland for the distinction, county officials say.

The work force at the U.S. Army Aberdeen Proving Ground in Aberdeen, Maryland is projected to add a "cast of thousands," including an additional 8,200 active duty military personnel and civilian employees. The federal government has spent \$1.3 billion on construction projects on the base, Harford County officials say. Fort Detrick in Frederick, Maryland, brings in an additional 1,200 uniformed and civilian personnel. What is more, BRAC brings 28,000 new households to Maryland, according to the Governor's Subcabinet on Base Realignment & Closure. For Maryland, BRAC represents the largest economic growth in the state since World War II.

*AAA Mid-Atlantic advocates on behalf of its nearly four million members in the District of Columbia, Maryland, Virginia, Delaware, Pennsylvania, and New Jersey. It provides a wide range of personal insurance, travel, financial and automotive services through its 56 retail branches, regional operations centers, and the Internet. For more information, please visit our web site at [www.AAA.com](http://www.AAA.com).*

# COUNTY CHURCH DIRECTORY

## UNITED METHODIST

### WESTPHALIA

#### United Methodist Church

"A CHURCH ON THE REACH FOR GOD"

8511 Westphalia Rd.  
Upper Marlboro, MD

**Two Worship Services:**  
**8 and 10:30 a.m.**  
**Sunday School: 9:30**

**(301)735-9373**

**Fax: (301) 735-1844**

**Rev. Dr. Timothy West,**  
**Pastor**

**ALL ARE WELCOME**

**Web Site:**  
**www.westphaliaum.org**

## BAPTIST

### FIRST BAPTIST CHURCH OF HIGHLAND PARK

**'A Bible Based, Christ Centered & Spirit Led Congregation'**

6801 Sheriff Road Landover, MD  
20785 **(301) 773-6655**

Sunday Biblical Institute:

9:45 a.m.

Sunday Worship:

7:30 a.m., 11:15 a.m., 6:00 p.m.

**'WONDERFUL WEDNESDAYS**

**WITH JESUS':**

12 noon (The Power Hour) and 6:45 pm

**"A Time of Prayer, Praise, Worship, & The Word"**

**Dr. Henry P. Davis III, Pastor**

**www.fbhp.org**

## BAPTIST

### First Baptist Church of College Park

Welcomes You Where Jesus Christ Is Lord and King  
Stephen L. Wright, Sr., Pastor

5018 Lakeland Road  
College Park, MD 20740

**301-474-3995**

**www.fbc-cp.org**

*Sunday School 9:30a.m.*

*Sunday Worship 11a.m.*

*Holy Communion 1st Sunday*

*Wednesday Bible Study 7-8p.m.*

*Wednesday Prayer Service 8p.m.*

**Church Directory Advertisements are paid ads.**

**Please call the Prince George's Post today and have your Church information published in our Directory. Call Today! 301-627-0900**

## Waste from A5

were then transported by rail to domestic ports for export overseas.

Executive Recycling appeared as the exporter of record in over 300 exports from the United States between 2005 and 2008, including at least 10 exports that departed from the Port of Tacoma, Wash. About 160 of these exported cargo containers contained a total of more than 100,000 CRTs.

Between February 2005 and continuing through January 2009, the defendants knowingly devised and intended to devise a scheme to defraud various business and government entities that wanted to dispose of their e-waste, and to obtain these business and government entities' money by means of materially false and fraudulent pretenses. The defendants represented themselves on a website to have "extensive knowledge of current EPA requirements. The defendants falsely advertised to customers that they would dispose of e-waste in compliance with all local, state and federal laws and regulations. It was part of the scheme that the defendants falsely represented that they would dispose of all e-waste, whether hazardous or not, in an environmentally friendly manner. Specifically, the defendants falsely represented that the defendant company recycled e-waste "properly, right here in the U.S." They also stated that they would not send the e-waste overseas.

The defendants' misrepresentation induced customers to enter into contracts or agreements with the defendants for e-waste disposal. Each victim paid the defendants to recycle their e-waste in accordance with the representations made by the defendants. Contrary to their representations, the defendants sold the e-waste they

received from customers to brokers for export overseas to the People's Republic of China and other countries.

"The proper disposal of our electronic waste is not only critical today, but will also become more important in the future," said U.S. Attorney John Walsh. "U.S. law requires proper disposal of this type of waste not only for the protection of Americans, but also so that we in the United States live up to our responsibility to be good international environmental stewards."

"Our ongoing 30-month investigation included cooperation from law enforcement agencies in the United States, Hong Kong and Canada," said David M. Marwell, special agent in charge of ICE HSI in Denver. "The investigation confirmed that Executive Recycling repeatedly and illegally exported used cathode ray tubes to China. In addition, Executive Recycling also made false promises to its customers who believed that Executive Recycling was properly disposing of their electronic waste. Homeland Security Investigations stands ready to prevent any company from circumventing U.S. controls to export hazardous waste."

"As consumer demand for electronic goods continues to grow, communities and individuals will look for safe, recycling options for electronics that are no longer needed," said Lori Hanson, Special Agent in Charge of EPA's criminal enforcement program in Colorado. "EPA is committed to ensuring that companies that offer fraudulent recycling services, where e-waste is illegally shipped abroad, are caught and prosecuted."

Potential Penalties upon conviction:

- If convicted of wire fraud,

the defendants face not more than 20 years in federal prison, and a fine of up to \$250,000, or twice the gross gain or loss from the offense, per count, for each of the 10 counts.

- If convicted of mail fraud, the defendants face not more than 20 years in federal prison, and a fine of up to \$250,000, or twice the gross gain or loss from the offense, per count, for each of the three counts.

- If convicted of the one count of RCRA, the defendants face not more than two years imprisonment and a fine of up to \$500,000, or either twice the gross gain or loss, or \$50,000 per day of offense.

- If convicted on the one count of smuggling goods from the U.S., the defendants face not more than 10 years in federal prison, and a fine of up to \$250,000.

- If convicted of one count of destruction of records during the course of EPA's administrative process, the defendants face not more than 20 years in federal prison, and a fine of up to \$250,000. The indictment includes an asset-forfeiture allegation, which states that upon conviction the defendants shall forfeit to the United States any and all property or proceeds derived from their illegal activity.

This case was investigated by U.S. Immigration and Customs Enforcement's (ICE) Homeland Security Investigations (HSI) and the Environmental Protection Agency's Criminal Investigation Division.

The defendants are being prosecuted by Assistant U.S. Attorney Suneeta Hazra and Special Assistant U.S. Attorney Lillian Alves, District of Colorado.

The charges contained in the indictment are allegations, and the defendants are presumed innocent unless and until found guilty.

## BAPTIST

### Forest Heights Baptist Church

We exist to strengthen your relationship with God.

6371 Oxon Hill Road

Oxon Hill, Maryland 20745

Sunday School (Adults & Children) - 9:30 A.M.

Worship Service - 11:00 A.M.

Wed. Prayer Service & Bible Study - 7:00 P.M.

Office (301) 839-1166

Fax (301) 839-1721

E-mail: Office [FHBC@verizon.net](mailto:FHBC@verizon.net)

Pastor: Rev. Waymond B. Duke

## UNITED METHODIST

### Union United Methodist Church

14418 Old Marlboro Pike,  
Upper Marlboro, MD

**Church (301) 627-5088**

Sunday School (Children/Adults) - 8:30 a.m.

Sunday Worship: 10:00 a.m.

Rev. Kendrick D. Weaver, Pastor

## COMMUNITY CHURCH

### WORD OF GOD COMMUNITY CHURCH

*"The Church Where Everybody is Somebody and Jesus is Lord"*

4109 Edmonston Road Bladensburg, MD

(301) 864-3437

Intercessory Prayer: Sundays - 8:30 a.m.

Church School: - 9:15 a.m.

Morning Worship Celebration- 10:30 a.m.

Wed. Night Bible Study - 7:45 p.m.

Elder Willie W. Duvall, Pastor

# CLASSIFIEDS

## AUTOMOBILE DONATIONS

DONATE VEHICLE: Receive \$1000 GROCERY COUPONS. Your Choice. NOAH'S ARC, NO KILL Animal Shelters. Advanced Veterinary Treatments. Free Towing, IRS TAX DEDUCTION. Non-runners 1-866-912-GIVE

## DONATE YOUR VEHICLE RECEIVE FREE VACATION VOUCHER. UNITED BREAST CANCER FOUNDATION

Free Mammograms, Breast Cancer Info [www.ubcf.info](http://www.ubcf.info) FREE Towing, Tax Deductible, Non-Runners Accepted, 1-888-468-5964

## BUSINESS OPPORTUNITY

With One phone call, one bill, one ad placement - Reach 4.1 million readers in 83 daily and weekly newspapers for just \$1450.00 per ad. Get regional and local exposure at one time in Maryland, Delaware and DC. Call today! Get results with regional and local exposure. Call 1-855721-6332X6 For just \$17.47 per newspaper get the advertising results you are looking for! Visit our website [www.mddepress.com](http://www.mddepress.com). Place your ad today

Your Wish is Your Command! Revolutionary discovery goes beyond the "Law of Attraction," Create wealth, love, happiness! Limited time offer, \$300 value, yours FREE! Call 1-8002-429-6172 NOW.

## CAMPGROUNDS

Lake Somerset Camp Ground, Maryland Eastern Shore. Leave your RV on site all year. \$1500 includes water, electric & sewage. 3 trailers on site for sale. Call 410-957-1866 or email [lakesomerset@earthlink.net](mailto:lakesomerset@earthlink.net). Visit our website [www.lakesomerset.com](http://www.lakesomerset.com).

## FURNITURE

Cherry Bedroom Set. Solid Wood, never used, brand new in factory boxes. English Dovetail. Original cost \$4500. Sell for \$895. Can deliver. Call Tom 240-482-8721

LEATHER LIVING ROOM SET. In original plastic, never used. Orig price \$3000, Sacrifice \$975. Can deliver. Call Bill 301-841-7565

## HELP WANTED

Driver Start a New Career! 100% Paid CDL Training! No Experience Required. Recent Grads or Exp Drivers: Sign On Bonus! CRST EXPEDITED 800-326-2778 [www.JoinCRST.com](http://www.JoinCRST.com)

## HELP WANTED DRIVERS

Receive quality Class A CDL training from an accredited and PTDI certified trucking school. 21+, job placement, financial aid and housing available. Contact Jamie 515-574-1964

## LEGAL SERVICES

BANKRUPTCY STOP FORECLOSURES STOP GARNISHMENTS STOP REPOSSESSIONS STOP JUDGMENTS FREE CONSULTATION - The Cardinal Law Firm Get a Fresh Start - Re-establish Credit (301) 316-4455/(202) 547-0442 Se Habla Espanol [info@thecardinallawfirm.com](mailto:info@thecardinallawfirm.com) [www.thecardinallawfirm.com](http://www.thecardinallawfirm.com)

## MISCELLANEOUS

AIRLINE MECHANIC - Train for high paying Aviation

## MISCELLANEOUS

Maintenance Career. FAA approved program. Financial aid if qualified - Job placement assistance. CALL Aviation Institute of Maintenance (866) 823-6729.

## MISCELLANEOUS TRAINING

MASSAGE THERAPY - Learn fast, earn fast. Financial aid if qualified. A new career is at your fingertips. Call Centura College 877-206-3353

## SERVICES - MISC

2.8 Million Eyes will read your ad - 5 days per week - Monday thru Friday in the DAILY CLASSIFIED CONNECTION for just \$199 per day. Join the exclusive members of this network today! Place your ad in 14 MAJOR DAILY NEWSPAPERS in Maryland, Delaware and DC. 1-855-721-6332X6 or visit our website: [www.mddepress.com](http://www.mddepress.com)

## VACATION RENTALS

OCEAN CITY, MARYLAND. Best selection of affordable rentals. Full/partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1-800-638-2102. Online reservations: [www.holidayoc.com](http://www.holidayoc.com)

## SUBSCRIBE TODAY!

Call 301-627-0900

or Mail Your Name

and Address to:

The Prince George's Post,  
P.O. Box 1001, Upper Marlboro, MD 20772



## Child Watch from A4

(SNAP/Food Stamps) or qualifying their grandchildren for the National School Lunch Program. And while Social Security provides needed support for grandparents, grandchildren aren't always eligible for benefits.

Over the last decade youth unemployment has soared, adding extra stress for grandfamilies already struggling to keep grandchildren in high school and now worrying about them finding a job if they do graduate. The percentage of youths ages 16-19 employed in 2010 was the lowest since the end of World War II. While specific data on youths with relative caregivers are unavailable, the teen employment rate dropped to 27 percent in 2010 - only one in five teens in a low income family was working. Even youths whose grandparents helped them graduate

from college are likely to be employed at much lower salaries in jobs that do not use their college degrees. Nearly half of all Associate Degree holders and one-third of Bachelor Degree holders were mal-employed in 2010.

Please reach out to relative caregivers in your communities. Three past GrandRallies inspired caregivers to establish support groups and create kinship navigator programs to connect children to supports for which they are eligible. Relative caregivers organized state and local coalitions, held State GrandRallies to educate local policymakers about children's needs and conducted statewide kinship care conferences. Some were invited to return to Washington, D.C. to share their stories at Congressional briefings. They can use your help.

Please join us September 15th at 1:00 at the U.S. Capitol.

For more information about the GrandRally, visit [www.grandrally.org](http://www.grandrally.org). You can register online at the GrandRally registration page. You can also find out more about children in your own state being raised by grandparents and other relatives on the AARP Website.

*Marian Wright Edelman is President of the Children's Defense Fund whose Leave No Child Behind® mission is to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start in life and successful passage to adulthood with the help of caring families and communities. For more information go to [www.childrensdefense.org](http://www.childrensdefense.org).*

*Mrs. Edelman's Child Watch Column also appears each week on The Huffington Post.*