

# The Prince George's Post

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## Centers Integral to Success of Healthcare

By PRESS OFFICER  
Senator Cardin's Office

*Maryland has been on the leading edge of implementing the benefits and consumer-protections of the Affordable Care Act*

Baltimore — Celebrating National Health Center Week, U.S. Senator Ben Cardin (D-MD) visited the Baltimore Medical System's new Highlandtown Healthy Living Center to tour the facility and discuss how implementation of the Affordable Care Act (ACA) will double the capacity and use of Federally Qualified Health Centers (FQHC) in Maryland and nationwide. As millions more Americans gain access to quality health coverage thanks to the Affordable Care Act, federally qualified health centers will provide essential primary and additional services in our communities.

"The Affordable Care Act is already providing stable and secure coverage for Maryland families and slowing the growth of health care costs to provide Americans with better value, better options, and better

See CENTERS, Page A5

## Farmers' Market to Double EBT Purchases

By PRESS OFFICER  
Office of the Governor

SUITLAND, Md. Eat Fresh Maryland is pleased to partner with the Suitland Farmers' Market on a "Maryland Market Money" program that doubles the value of federal nutrition benefits used to purchase local food. A new wireless electronic benefit transfer (EBT) machine allows the market to accept SNAP benefits (Supplemental Nutrition Assistance Program, formerly known as Food Stamps).

The market will also welcome Farmers Market Nutrition Program (Women, Infants & Children "WIC" or Seniors), and WIC Fruit and Vegetable Check benefits. When a market shopper presents his or her SNAP

See MARKET, Page A6



PHOTO BY E

Prince George's County an army of burly school bus drivers will ferry nearly six-out-of- ten students (80,000 pupils or 64.5 percent) aboard an armada of 1,250 school buses each day.

## Ringing the Back-to-School Bell: 800,000 Students in Area Beginning the School Year

*"School's Open — Drive Carefully" Is More Than A Slogan, It Saves Lives*

WASHINGTON, D. C. (August, 2013) — Nearly 800,000 children across the Greater Washington area are heading back to the little school house, crowding buses and bus stops, gingerly negotiating busy streets, and walking about bustling sidewalks without a care in the world. It all starts in earnest next Monday. Well, the average

school house in the metro area isn't so little anymore. As proof, nearly 124,000 students in Prince George's County will become the first students in the area to hear the ringing of the school bell for the 2013-2014 academic year.

In Prince George's County an army of burly school bus drivers will ferry nearly six-out-of- ten students (80,000 pupils or 64.5 percent) aboard an armada of 1,250 school buses each day. It signals the return of thousands of kids with all their first-day nerves,

tears, squeals and cacophony. So also keep your eyes peeled for them and for all those school safety patrols, bikes, yellow school buses, and a veritable legion of well-trained, eagle-eyed crossing guards on area roadways in local school zones.

So, it's high time for area motorists to mind their safety Ps and Qs and to get back into the habit of watching for children on their way to and from school, of slowing down in school zones and residential neighborhoods, and by stop-

ping for school buses loading and unloading children which is "the most dangerous part of the school bus ride."

"A new school year is dawning and it's an exciting time for children. Soon more than three- and-a-quarter million area children will begin their daily commutes to school by car, bus, bike or foot. In their excitement, they can quickly dart out between parked cars, around school

See SCHOOL, Page A7

## Providers Asked to Help Facilitate Exchanges

*Maryland is on the Leading Edge of Implementing the Affordable Care Act*

By PRESS OFFICER  
Senator Cardin's Office

Cheverly, MD — U.S. Senator Ben Cardin (D-MD) continued his outreach to Maryland's healthcare providers in advance of the initial enrollment for Maryland's new health exchanges with a visit to Prince George's County Hospital Center and Dimensions Healthcare. Healthcare exchanges that begin in January 2014 are a centerpiece of the Affordable Care Act. Participants in the roundtable will be on the front lines of navigating the Maryland exchange in the individual market and will be dealing mainly with those currently uninsured or underinsured.

"The Affordable Care Act is already providing stable and secure coverage for Maryland families and slowing the growth of health care costs to provide Americans with better value, better options, and better health. This new law is here to stay and we should be working together to build on the progress we've made through the law," said Senator Cardin. "Over the next six months, millions of consumers from all 50 states will be

See EXCHANGE, Page A5

*Let the Buyer Beware!*

## Water-Damaged Vehicles from Hurricane Sandy Showing Up

By PRESS OFFICER  
AAA

*Tips For Spotting Flooded Or Water-Damaged Vehicles 9 Months After Superstorm*

WASHINGTON, D. C. (August, 2013) — Sooner or later, they were bound to show up. They always do. Hurricane Sandy, which wreaked havoc on the northeast late last October, left hundreds of thousands of vehicles submerged in flood waters and salt water to varying degrees. Now nine months later, Sandy is delivering up seawater-damaged cars for sale on used car lots and by private sellers. What might seem like a bargain too good to be true on a used car might become a nightmarish ordeal,

resulting in extensive damage and expensive repairs, warns AAA Mid-Atlantic.

More than 212,000 cars that were branded as "flood damage" by a state Department of Motor Vehicles (DMV) are back on the road today across the United States, estimates CARFAX, which is headquartered in nearby Centreville, Virginia. In light of this, AAA Insurance is warning car buyers that flood-damaged vehicles can be shipped anywhere for resale, including in our own back yards.

It already is. The vast majority of those Sandy-damaged cars — nearly two-thirds — are showing up in Virginia and nine other states, including two states in the direct path of the storm's eyewall: New Jersey and New York, as expected. They're cropping up in

Pennsylvania and Florida too. They are also rearing their ugly heads in far-flung places like Texas, Kentucky, Louisiana, Illinois, and Mississippi.

"Nine months in the making, these flood-damaged vehicles with checkered histories and 'scrubbed titles' are finally showing up for sale. Plus, they'll continue to 'flood' the marketplace for even up to a year after Sandy's seawaters have receded," said John B. Townsend II, AAA Mid-Atlantic's Manager of Public and Government Affairs. "Yet, an easy-to-fleece buyer doesn't know that 'title washing' has occurred. It's Caveat Emptor. Consumers in the market for a car should do their homework and check out any used car's Vehicle Identification Number (VIN) prior to any purchase."

So, why are so many of



An estimated 250,000 vehicles were damaged or flooded by the wrath of Hurricane Sandy, including 150,000 vehicles in New York, and 60,000 automobiles in New Jersey, according to The National Insurance Crime Bureau.

these cars showing up in our area now? Remember Sandy's footfall was far, wide and deep. An estimated 250,000 vehicles were damaged or flooded by the wrath of Hurricane Sandy, including 150,000 vehicles in New York, and 60,000 automobiles in New Jersey, according to The National Insurance Crime Bureau (NICB). Moreover, thousands of vehicles in our neck of the woods were also damaged, scratched,

or water-logged by the superstorm, as the NICB explains. That includes 5,500 vehicles in Maryland and 4,500 cars and trucks in Virginia. On top of that, the tally includes an estimated 1,000 automobiles in the District of Columbia. Also suffering Sandy-sustained damage: nearly 4,000 automobiles in Pennsylvania, plus 2,000

See CARS, Page A3

## INSIDE

### Schedule for March On Washington

Fifty years ago, Whitney M. Young Jr., president of the National Urban League worked alongside his fellow civil rights, social justice and labor movement leaders to organize the March on Washington. The Urban League will again mobilize citizens to gather in Washington to continue to press for economic empowerment and justice. **Community, Page A3**

### The March on Washington

On August 28, 1963, more than 250,000 people gathered for the historic March on Washington to demand jobs and freedom. We are still determined to continue America's unfinished march to freedom and to bring jobs, dignity, economic empowerment and justice to communities. **Opinion, Page A4**

### Influential Women

Prince George's County Supplier Development & Diversity Division (SDDD) Deputy Executive Director Sharon Moore Jackson was selected as one of the "25 Influential Women In Business-Making a Difference" by MEA Magazine. Jackson will be recognized at MEA Magazine's 12th annual awards luncheon. **Business, Page A5**

### Movie Review "Prince Avalanche"

Many reviews of *Your Highness* and *The Sitter*, two of the more pitiful comedies of 2011, featured concerned inquiries as to what had happened to those films' director, David Gordon Green. His first four features had been darlings of the indie world. His seventh film, *Prince Avalanche* isn't quite a "return to form." **Out on the Town, Page A6**

### Earth Talk

*Dear EarthTalk:*

*Some green groups are promoting the simple notion of sharing as a way to green communities and combat waste. Can you explain?*

-- Becky Lipscomb, Centereach, NY

**Features, Page A7**

# Towns and NEIGHBORS

## In and Around Morningside-Skyline

by Mary McHale 301 735 3451

### Report from the Morningside Volunteer Fire Department

Looking for a fast-paced rural/urban department to sharpen your fire department training? Look no further.

Join Morningside! Recruitment@morningside-vfd27.com.

Here is an example directly from their website:

“Saturday, August 10, approximately 2130 hrs. Rescue Engine 27 was called in to assist units in Oxon Hill on a MVA with a subject trapped in the 700 block of Audrey Lane. The Rescue Engine arrived on the scene and found a vehicle that hit the side of a duplex and came to rest in between two houses with one trapped, and being tended to by ALS crews. The Rescue Engine crew first stabilized the vehicle, before beginning to remove the entire driver's side of the vehicle, using the Hurst spreaders, cutters, and Combi-Tool. In under 10 minutes, the driver was successfully extricated and handed over to EMS crews for transport. Rescue Engine 27 cleared the scene 45 minutes later.”

### How many live in Morningside?

The 2010 census states that there were 2,015 people, 851 households, and 465 families residing in the Town of Morningside.

By the way, Morningside holds its monthly meeting on August 20, 8 p.m., at the newly-restored Town Hall.

### Changing landscape

The Grahams have sold The Washington Post to Amazon-founder Jeff Bezos. I hope he doesn't change all the things I

love about the paper, which I've read faithfully since 1958.

The Baden Naylor Road Bridge was due to re-open to vehicular traffic on July 9. It had been closed due to storm damage caused by Hurricane Lee. To alleviate potential flooding in the future, the new bridge was raised from the previous bridge height.

The Branch Avenue Metro Station is projected to have improved access thanks to Maryland's additional tax revenue. Fifty million of it will be used to improve access, including a pedestrian bridge. And \$150 million will go towards a new interchange at Maryland Route 4 and Suitland Parkway.

Strayer University has submitted an application to build an \$80 million classroom building on Auth Way, near the Branch Avenue Metro station.

Prince George's and Charles counties launched a new public transit service on July 1, linking Charles County's VanGO with Prince George's TheBus. The extended service allows transit users to travel between Brandywine Crossing and Pinefield South shopping centers. For information on VanGO, call 301-934-9305 or visit [www.GO-VANGO.com](http://www.GO-VANGO.com). For TheBus information, call 301-324-BUSS.

Ross Dress for Less, in Oxon Hill, is hosting its grand opening.

### May they rest in peace

Charles Daniel “Chuck” Yanchulis, 45, a 1986 graduate of Bishop McNamara High School, died May 30 after a long illness, at his home in St. Inigoes. He grew up in Clinton

and earned a degree in computer science from the University of Scranton. He loved backpacking and sports—participating or watching. Survivors include his wife Lisa Anne; children, Elizabeth, Charlotte and Peter; mother, Juanita Yanchulis; brothers, Phil, Mick and Jon. Only last January 6, Chuck's father, Charles Phillip “Phil” Yanchulis, 72, of Fredericksburg, died. Phil was a supervisor for the U.S. Postal Service and I remember when he was manager at the Suitland Post Office. The Yanchulis family has had a very sad year!

Terrell Valante Edelen, 17, an honor student at Bishop McNamara High School, died suddenly on June 5. He was the son of Mary Ratiff and Charlie Edelen, grandson of Joyce and James Ratiff and Charles and the late Hattie Edelen. Mass of Christian Burial was at St. Philip's with burial at Resurrection Cemetery.

Donald Pray, 45, was struck and killed near Suitland Road and Suitland Parkway, about 1 a.m. August 5. According to The Washington Post, he had been drinking, had an argument with a passenger in his car, stopped the car, got out and lay down in the road. The accident is under investigation.

### Milestones

Happy birthday to Hildagard Koenig, Aug. 17; my granddaughter-in-law Heather McHale, Le August Brent and Mark Cummings, Jr., Aug. 19; Melody Barnes, Aug. 20; Austin Michael Fowler, Aug. 21; Wayne Anderson, Barbara Phipps and Gavin Michael Glaubitz, Aug. 22.

## Brandywine-Aquasco

by Ruth Turner 301 888 2153

### 50th ANNIVERSARY MARCH

Join the NAACP, Martin Luther King, III and Rev. Al Sharpton as we galvanize the American people to take action and realize the dream on Saturday, August 24, 2013. Rally at the Lincoln Memorial begins at 8:00 AM followed by our march to the King Memorial. If you need additional information please visit [WWW.NAACP.ORG/MOW](http://WWW.NAACP.ORG/MOW).

### CLINTON UNITED METHODIST CHURCH

Happy Birthday to Clinton UMC Members Marcus Long, Rosamond Panda, Brian Harper, Anna Tucker, Diamond Hall, Emeka Mbakwe, Ben Caple, Karl Pinkney, Valentine Grant, Donovan Joiner, Kevin Augustus, James V. Dorsett, Norville Hughes, David Hill, Esther Neckere, Diane Johnson, Carlton Williams, Georgia Kinard, Janice Moore and Denia Parelta who are celebrating their birthdays during the month of August.

Happy Anniversary to Cinton UMC Members Elton & Janet Smalling, Wayne & Beverly Baker, Jeremy & Christina Stevenson, Roy &

Shela Sedgwick, John & Pamela Stahl, Cameron & Betty Rivers, Umaru & Mariama Davies, Judy & William Terry who are celebrating their Wedding Anniversaries during the month of August. Please accept my apology if I overlooked your birthday or wedding anniversary.

### TWO BOOKS RELEASED

Dr. Patricia Turner Mitchell, daughter of Ruth Turner and the late James Turner of Brandywine has just had two books released: Cracking the Wall Twenty Years Later: Women in Higher Education Leadership published by CUPA-hr Publishing, Knoxville, TN and Collaboration and Peak Performance: A

Multidisciplinary for Emerging Leaders by Robertson Publishing, Los Gatos, CA. Dr. Mitchell is associate professor and former chair of the Organization and Leadership Department at the University of San Francisco. These books can be purchased on Amazon.com/Barnes & Noble.com or by special order at any bookstore.

### BACK TO SCHOOL COOK-OUT

Come join us at a Back to School Cookout on Sunday August 25, 2013 from 12:00 PM -3:00 PM at St. Philip's Church in Baden, Maryland. Admission is free. Just bring school supplies. This event is sponsored by: Peter A. Gross, Sr. Scholarship/Memorial Fund, Inc.

### WORLD VIEW

World View Christian Center will offer before and after care in Clinton and Brandywine, Maryland. We offer free transportation to and from the area schools. County buses from Brandywine Elementary, Waldon Woods, Stephen Decatur, John Hansen, Benjamin Floyd, and Gwynn Park come to our sites. All other schools are dropped off and picked up free of charge.

The Center offers Homework Check/Assistance, Sports/Exercise, Basketball, Karate, Bowling, Drama/Music, XBOX 360, Cosmetology Club and Computer Games. For additional information call 301-372-0053 or visit [www.world-viewchristiancenter.com](http://www.world-viewchristiancenter.com).

## Neighborhood Events

### Sandra Rogers Appointed New Councilmember for Town of Cheverly's Ward 5

The mayor and town council appointed Sandra Rogers at last night's town meeting to represent ward 5 on the Cheverly Town Council

The mayor and council welcome her input in order to address the needs of that segment of the Cheverly community.

For information on the Planting Program, please contact the Neighborhood Design Center at (301) 779-6010. For questions related to the Clean Up Program, please contact Samantha Vannaseng of DPW&T at (301) 499-8523.

### Maryland Hunger Solutions Applauds Maryland's Democratic U.S. House Members for Protecting SNAP

The following statement is attributable to Michael J. Wilson, Director, Maryland Hunger Solutions:

Maryland Hunger Solutions applauds the Maryland Democratic Members of the U.S. House of Representatives for joining every Democratic Member of the House of Representatives in yesterday's action to protect struggling American families and stand against SNAP cuts in the Farm Bill that would increase hunger in Maryland and across the country. As their letter (pdf) says, “The Supplemental Nutrition Assistance Program (SNAP) is our country's most critical anti-hunger program. Nearly half of SNAP enrollees are children, and the program helps feed roughly one in three children in America. Additionally, almost 75 percent of SNAP participants are in households with children, seniors, or a disabled individual.”

If SNAP is weakened, our state will not only see increased hunger, but also worse health and educational outcomes, and higher health costs – especially among our children. It is time for the House majority – starting with Maryland's own Representative Andy Harris – to step back in line with the values of the American people, do what is best for the people of Maryland, and vote for a Farm Bill that protects and strengthens SNAP.

Mary's Center receives \$720,000 in Local and Federal Grants to Help with Health Benefits Exchange's Open Enrollment

Navigators, In-Person Assistants and Enrollment Assistance Workers will navigate DC and Maryland residents through the new health plan options.

Washington, DC – With the recent announcement from the DC Health Benefit Exchange Authority of Mary's Center being selected as one of the 35 DC-based groups to receive

funding for the upcoming Open Enrollment in health coverage, the Center totaled \$720,000 in local and federal grants to support this endeavor.

“This is great news to Mary's Center,” says Maria Gomez, President and CEO. “For 25 years, we've supported uninsured individuals and families in finding much needed health options, and this funding will help us expand our efforts to ensure access to healthcare and reduce current health disparities.”

As a Federally Qualified Health Center, Mary's Center received over \$170,000 from the Health Resources and Services Administration (HRSA) to hire three Enrollment Assistance Workers to do outreach and enrollment into Medicaid, CHIP, and other qualified health plans. For the same purpose, the Maryland Health Benefit Exchange awarded the Center with nearly \$250,000 for three Navigators and two Assistants, and the DC Health Benefit Exchange Authority granted \$300,000 for four In-Person Assistants.

During the upcoming days, Mary's Center staff who have been hired to navigate DC and Maryland residents through the health care exchanges, will be receiving training and then will begin reaching out to the uninsured community, including those hard-to-reach population groups, to walk them through the hundreds of health plans that will be available under the Affordable Care Act effective January 1, 2014.

**MARY'S CENTER**—founded in 1988, is a Federally Qualified Health Center that provides health care, family literacy and social services to more than 30,000 individuals whose needs too often go unmet by the public and private healthcare systems. Mary's Center uses a holistic, multipronged approach to help each participant access individualized services that set them on the path toward good health, stable families, and economic independence. The Center offers high-quality, professional care in a safe and trusting environment to residents from the entire DC metropolitan region, including individuals from over 110 countries.

For more information, please visit [www.maryscenter.org](http://www.maryscenter.org) or follow along on Facebook and Twitter.

### Edwards to Host Job Fair

Washington, DC – On Thursday, August 29, 2013, Congresswoman Donna F. Edwards (MD-4) will host a job fair for residents of Maryland's 4th Congressional District. The fair will feature employers from national and local businesses, federal, state, and local agencies, and non-profit organizations. Job seekers will have access to skill enhancement services and are encouraged to bring copies of their resume.

What: Job Fair Hosted by Congresswoman Donna F. Edwards

When: Thursday, August 29, 2013

10:00am – 2:00pm

Where: Prince George's County Sports and Learning Complex

The Field House  
8001 Sherriff Road  
Hyattsville, Maryland

### County Sponsors Annual “Clean up, Green up” Beautification Initiative

LARGO, MD – Prince George's County invites citizens, schools, businesses and community organizations to participate in the third annual Countywide “Clean Up, Green Up” event on Saturday, October 19, 2013. This initiative is designed to keep communities cleaner and greener by conducting individual neighborhood plantings and beautification activities throughout the County.

“I look forward to working with the volunteers who are committed to beautifying our communities,” said County Executive Rushern L. Baker, III. “I thank you for your continued support and cooperation as we work together to keep our County healthy and green for generations to come.”

To participate in “Clean Up, Green Up,” applicants are encouraged to complete the application and return it by mail or e-mail by Friday, September 13, 2013. Applications are also available at the County libraries.

The Prince George's County Department of Public Works and Transportation (DPW&T) will provide planting materials; instructions on planting trees, shrubs and flowers; and litter collection supplies. Landscape design assistance is available through the Neighborhood Design Center.

“Clean Up, Green Up” provides community organizations, schools and businesses an opportunity to partner with Prince George's County Government, Keep Prince George's County Beautiful, Prince George's County Public Schools, the Maryland-National Capital Park and Planning Commission (M-NCPPC), Maryland State Highway Administration and the Neighborhood Design Center to keep Prince George's County beautiful.

Everyone is invited to the Fort George G. Meade

## COMMUNITY JOB FAIR

**Wednesday, 11 September 2013**  
9 a.m. to 2 p.m.

Club Meade, 6600 Noyes Road, Fort George G. Meade

**Open to All Job Seekers!**  
Meet employers!  
Bring resumes!  
“Dress for Success!”

**Please Arrive Early!**  
Anticipate lines at the installation's gate and the job fair!

**Information on entering Fort Meade**  
Individuals who need to attend the job fair and do not possess a Department of Defense (DD) ID card, to access a DDN either on their website, must enter Fort Meade via MC Route #171 at Peace Road gate only.

All ID holders must present a photo ID card or driver's license. All drivers must also show current vehicle registration and proof of valid insurance. All vehicles entering the installation will be searched.

**Free Shuttle Service**  
There is a frequent shuttle to and from Fort Meade's Sully Road main parking lot to Club Meade's front door!

**ASL Interpreter Service**  
Schedule reasonable accommodations with an ASL Interpreter no later than 30 August 2013. Contact Annea Dumas at [ADumas@afpc.af.mil](mailto:ADumas@afpc.af.mil)

Community Job Fair is supported by:  
-Fort George G. Meade FARR  
-DLR / Anne Arundel One-Stop Career Centers  
-Anne Arundel Workforce Development Corporation (AAWDC)  
-Army Community Service (ACS)  
-Navy Fleet & Family Support Center  
-Army Career & Alumni Program (ACAP)

For more information, please go to [www.dlr.com](http://www.dlr.com) or call 410-286-1234

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# COMMUNITY

## Practical Money Skills

By Jason Alderman

### Should You Become Executor of Someone's Estate?

One of the most important decisions you'll make when writing your will is determining who should be named executor of your estate. Even if you're just leaving behind household goods and a small savings account, someone — whether appointed by you or the state court — must settle your affairs.



Some people consider it an honor — or duty — to take responsibility for ensuring that their loved one's final wishes are carried out. But serving as an executor can be onerous and time-consuming, even for those with a strong financial or legal background. In a worst-case scenario, executors who act imprudently or in violation of their duties can be sued by beneficiaries and creditors.

Plus, you'll likely have to deal with the dreaded probate, a court-supervised process of locating and determining the value of the deceased's assets, paying final bills and taxes, and distributing what's left to the heirs.

Before you agree to serve as an estate's executor, make sure you understand what will be required of you. Major responsibilities often include:

Manage paperwork on behalf of the estate, including the will, trusts, insurance policies, bank, investment and retirement account statements, birth and death certificates, marriage, prenuptial agreement or divorce papers, military service records, real estate deeds, tax records, etc.

If the estate is complicated or likely to be contentious, you may want to hire a lawyer and/or accountant to help navigate the maze of paperwork.

File a certified copy of the will with the local probate court, which will determine if probate is necessary.

If the probate court confirms you as executor, you'll be issued a document called "letters testamentary," which gives you legal authority to act on the estate's behalf, including opening a bank account in the name of the estate to pay outstanding debts (loans, utilities, medical bills, credit card balances, etc.)

Notify all interested parties of the death. These might include: government agencies (Social Security, Veterans Administration, Medicare, U.S. Post Office, DMV); financial institutions; creditors; current and former employers; retirement plan administrators; investment firms; insurance companies; doctors and other professionals; landlord or tenants; utilities, etc.

You'll often need to send a copy of the death certificate to close out accounts, claim insurance benefits, change ownership of assets or accounts to the estate or a beneficiary, so order ample copies through the funeral home or county health department.

Locate assets, including personal property, bank accounts and safe deposit box contents, and ensure that they are protected until sold or distributed to inheritors. This may involve updating home and car insurance, changing locks, overseeing appraisals of property that must be sold, etc.

Collect money owed to the estate, such as outstanding wages, insurance benefits, retirement plan benefits and rents.

Notify heirs about their bequest.

File the deceased's final federal, state and local tax returns, as well as federal and state estate tax returns, if applicable.

Once probate has closed, you will distribute the remaining assets to named beneficiaries.

Because acting as an executor can be very time-consuming (often taking months or years), you are allowed to charge the estate a fee for your time — usually a percentage of the estate's value, as dictated by state law.

In short, both parties should thoroughly understand what's required of an estate's executor to make sure it's a good fit. There's no shame in saying no if it's beyond your abilities, and plenty of professional help is available — and advisable — if you do need assistance.

Jason Alderman directs Visa's financial education programs. To Follow Jason Alderman on Twitter: [www.twitter.com/PracticalMoney](http://www.twitter.com/PracticalMoney)

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\*Information subject to change without notice. See a community sales associate for full details.

## Schedule for March on Washington

By PRESS OFFICER  
**National Urban League**

Fifty years ago, Whitney M. Young Jr., president of the National Urban League from 1961-71, worked alongside his fellow civil rights, social justice and labor movement leaders to organize the March on Washington, where 300,000 people gathered to demand jobs and freedom.

As America prepares to mark the anniversary of this historic gathering, the Urban League will again mobilize citizens across the nation to gather in Washington, D.C. to continue to press for economic empowerment and justice.

To commemorate the 50th Anniversary of the March on Washington for Jobs and Freedom, the National Urban League and the Memorial Foundation are hosting the Drum Majors for Justice Celebration in Washington, D.C. on August 23, followed by an Urban League Pre-March Rally on August 24.

**FRIDAY, AUGUST 23rd**  
"Redeem the Dream Summit"  
Grand Hyatt Hotel, 1000 H St. NW – Independence Ballroom  
Doors Open at 8:30AM – Open to the Public

9:00-11:00AM  
"We Shall Not Be Moved: A

Watershed Moment for a Movement"

A stellar line-up of civil rights legends and national leaders will look back on a day that brought more than 300,000 people together to hear leaders from the "Big 6" address a nation at a crossroads. Speakers will reflect on the 1963 March on Washington, Martin Luther King, Jr.'s iconic speech, the Civil Rights Act of 1964 and the Voting Rights Act of 1965.

11:00AM-12:30PM  
"The Next 50 Years: Freedom Forward" Panel Discussion

Contemporary movement leaders will discuss the legacy of the March on Washington in the new era of civil rights — with its unprecedented challenges to hard fought victories in affirmative action and voting rights. Hear why this is "not a commemoration but a continuation" and why "Jobs and Freedom" — joined by "Economic Empowerment and Justice" — remains the clarion call for civil rights in the 21st century. This panel will be a historic gathering that will chart the next 50 years of the movement.

The National Newspaper Publishers Association (NNPA) is a proud sponsor of the Redeem the Dream Summit.

2:00-4:00PM (Freedom

Plaza, 14th Street and Pennsylvania Ave. NW)

"Drum Majors for Justice Future Leaders Celebration"

Celebrating young people as leaders in their own communities, this symbolic event will captivate the hearts and minds of young adults and encourage them to take up the mantle and step into their roles as Drum Majors for Justice. It will also feature marching bands from local colleges and universities.

SATURDAY, AUGUST 24th  
5:30-7:30AM (Independence Ballroom, Grand Hyatt Hotel, 1000 H St. NW)

"Urban League Pre-March Rally"

Urban League leaders, partners, friends, and supporters will gather for a brief program, rally and sign-making before parading together to the Lincoln Memorial for the 50th Anniversary March on Washington Realize the Dream March & Rally.

For more information, visit <http://drummajorsforjustice.com/> or [www.nul.org](http://www.nul.org).

**About the National Urban League**

The National Urban League ([www.nul.org](http://www.nul.org)) is a historic civil rights and urban advocacy organization dedicated to economic empowerment in historically



FILE PHOTO  
**Marc Morial, President and CEO National Urban League**

underserved urban communities. Founded in 1910 and headquartered in New York City, the National Urban League has improved the lives of tens of millions of people nationwide through direct service programs that are implemented locally by its 95 Urban League affiliates in 36 states and the District of Columbia. The organization also conducts public policy research and advocacy activities from its Washington, D.C. bureau. The National Urban League, a BBB-accredited organization, has a 4-star rating from Charity Navigator, placing it in the top 10 percent of all U.S. charities for adhering to good governance, fiscal responsibility and other best practices.

### Cars from A1

vehicles in Delaware.

They are hot to trot on used car lots, now that their titles have been washed. The floodgates have opened with damaged cars downstream, so let the gullible beware, warns AAA Insurance. "Title washing," a rather apropos term, is a ploy used by unscrupulous sellers to "erase" or conceal a flood-damaged vehicle's damage history from the potential buyer. In this scam, the seller moves a flooded, totaled or junked vehicle with a salvage title through several states, scrubbing the title along the way.

By the way, crooks use the same swindle on stolen vehicles. "If you have a sneaking suspicion the vehicle in question was flooded, or damaged by tropical cyclone Sandy, or stolen for that matter, or that its title has been cloned, simply check to see if the dashboard VIN plate has been tampered with," Townsend advised. "Then, have your trusted mechanic look for VIN markings elsewhere on the vehicle. What's more, unless you know what you are looking for, they are really hard to find. However, your mechanic knows and he will make sure all the VIN marked parts and places match."

Après Le Déluge (after the flood) - How to Spot a Flood-Damaged Vehicle Or A Cloned Title

Shopping for a used car? The trouble is, in the wake of Superstorm Sandy some private vehicle owners never got around to declaring their vehicles "salvage." AAA Insurance offers these tips:

Check the vehicle's VIN

with appropriate government agencies or your state bureau of motor vehicles.

Conduct a title search or the vehicle. Simply check the NICB's VINCheckSM service or obtain a CARFAX Vehicle History Report. These reports can potentially reveal if the vehicle has been involved in a flood, major accident, fire, or uncover odometer fraud.

Analyze the ownership pattern for any new or late model vehicle with no lien holder.

Look for information from a vehicle's current title, including the vehicle's brand history. "Brands" are descriptive labels regarding the status of a motor vehicle, such as "junk," "salvage," and "flood" vehicles.

Engage your sense of smell to detect any damp or musty odors inside the vehicle.

Are the windows fogged up? Has the carpet or upholstery been replaced or recently shampooed? Pull back the carpet at different areas and look for mud, dirt or signs of water stains.

Inspect the dashboard underside for signs of mud and dirt. This is a particularly hard area to clean.

Look under the vehicle for corrosion. It is uncommon to find corrosion in newer vehicles and those that are owned or sold in southern states.

Open all doors, hood, and trunk to inspect for corrosion, mud and dirt or discoloration on the door frames, hinges and under the weather stripping. Pay special attention to small spaces and crevices that are difficult to clean.

Check all warning lights, window motors, and all electrical components to ensure they are working properly. While a non-working part alone does

not mean the vehicle was flooded, it combined with other difficulties is a cause for concern.

Always have the vehicle inspected by a quality repair facility prior to purchasing. AAA Approved Auto Repair facilities are located across the United States. Nearby locations can be found at [AAA.com/Repair](http://AAA.com/Repair).

Trust your instincts. If you don't like the answers or the deal sounds too good to be true, walk away!

History is our guide. And it tells us that nearly half of the cars damaged by floods get resold in the United States. Typically, they can show up for sale as early as one week after a devastating storm throughout America.

Those cars damaged by that super-sized Superstorm Sandy in New York City, New Jersey, and Long Island began showing up the auction block as early as

two months later.

Now they are heading to a used car lot near you. In fact, these vehicles can continue to appear in the marketplace for up to a year after a major flood. The aftermath of Superstorm Sandy is no different, cautions AAA Mid-Atlantic Insurance. Due to the short time period between the water damage and being sold, often these vehicles are not identified as flood-damaged in national databases.

AAA Mid-Atlantic advocates on behalf of its nearly four million members in the District of Columbia, Maryland, Virginia, Delaware, Pennsylvania, and New Jersey. It provides a wide range of personal insurance, travel, financial and automotive services through its 50-plus retail branches, regional operations centers, and the Internet. For more information, please visit our web site at [www.AAA.com](http://www.AAA.com).

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Schedule reasonable accommodations with an ASL Interpreter no later than 30 August 2013. Contact: Jerome Durson at [jdurson@dlr.af.mil](mailto:jdurson@dlr.af.mil)

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# COMMENTARY

**Benjamin L. Cardin**  
*United States Senator for Maryland*



## Senator Cardin Talks Sequestration with DOD Employees at Fort Meade

*"We cannot continue to provide for the defense of our nation by maintaining such a harmful policy as sequestration toward our civilian workers."*

Fort Meade, MD – U.S. Senator Ben Cardin was hosted at Fort George G. Meade Wednesday by the American Federation of Government Employees (AFGE) Local 1923 for a town hall with civilian Department of Defense (DOD) employees to discuss sequestration and the federal budget. The group was a sampling of the more than 27,000 DOD civilian employees at Fort Meade, a majority of who have been facing furloughs brought on by sequestration cuts. Fort Meade, the nation's hub for information, intelligence and cybersecurity is Maryland's largest employer and the third largest Army post in the nation. The pay cut from furloughs has had ripple effects throughout the region.

"The hard working public servants who support our military deserve better than sequestration. I want our federal workers at DOD and across the government to know that what they do matters, is of paramount importance to our national security, and that we are fighting on their behalf on Capitol Hill. They make sacrifices every day, and in turn, Congress owes it to all of them to work together for a plan that addresses our budget deficit in a balanced and fair manner," said Senator Cardin. "Furloughs of any length are poor policy. They greatly disrupt our national and economic security and put civilians in financial hardship. We cannot continue to provide for the defense of our nation by maintaining such a harmful policy toward its civilian workers."

"Sequestration is bad for our country and bad for Maryland's economy," said John Gage, former National President of AFGE, and current Business Manager of AFGE Local 1923. "Congress must work to end sequestration now. The indiscriminate across-the-board furloughs have had a severe impact on hardworking civil servants, many of whom live paycheck to paycheck. I am glad Senator Cardin gave them the opportunity to voice their concerns and frustrations today."

"I commend Secretary Hagel for finding a way to reduce furlough days for DOD civilians from 11 to six. It's welcome news for DOD families and the communities that support our military installations. But losing six days pay is still not acceptable. Sequestration cuts and the resulting furloughs are hurting real people and real families, and hurting our national security by reducing readiness, cutting morale and distracting hardworking public servants from carrying out their vital missions. In addition, it is taking a toll on our regional and national economies. Our civilian defense workforce has showed great patience and patriotism in recent months. Congress owes them a sequester replacement before they are subjected to even deeper cuts in FY 14. It is irresponsible to let political dysfunction get in the way of ensuring for our national security and economic health," Senator Cardin said to audience gathered at Fort Meade. "We must restart negotiations on a comprehensive plan to replace all of sequestration and restore normal, regular – and in many circumstances – absolutely essential functions of our government."

**Marc Morial, President and CEO**  
*National Urban League*



## 50th Anniversary of the March on Washington

*"The hour is late. The gap is widening. The rumbles of the drums of discontent resounding throughout this land are heard in all parts of the world."*

*Whitney M. Young, Jr., at the 1963 March on Washington*

Fifty years ago, on August 28, 1963, more than 250,000 people gathered for the historic March on Washington to demand jobs and freedom. The March was organized by a coalition of civil rights, social justice and labor movement leaders known as the "Big Six" – James Farmer of the Congress of Racial Equality (CORE); Dr. Martin Luther King, Jr. of the Southern Christian Leadership Conference (SCLC); John Lewis, of the Student Nonviolent Coordinating Committee (SNCC); A. Philip Randolph of the Brotherhood of Sleeping Car Porters; Roy Wilkins of the NAACP; and our own Whitney M. Young, Jr. as President of the National Urban League.

While that day is most remembered for Dr. King's landmark "I Have a Dream" speech, Whitney Young and a host of other speakers took the podium to call for the passage of long overdue civil rights legislation and to demand jobs, a living wage, decent housing and quality education for all. As America prepares to mark the anniversary of this watershed moment and in the same spirit of unity and collaboration that Whitney Young brought to the 1963 March, the National Urban League will again join with other leading civil rights organizations to mobilize citizens across the nation to gather in Washington, DC to continue to press for economic empowerment and justice.

While much progress has been made in the last 50 years, in re-reading Whitney Young's insightful 1963 speech, I was disappointed by the fact that many of the problems he so passionately challenged us to face back then, continue to plague us today -- growing income inequality, high unemployment, urban and rural poverty, separate and unequal schools, health and criminal justice disparities, even race-based barriers to the right to vote. That is why this is not simply a time of commemoration, but more importantly, a time of con-

tinuation. The National Urban League was there in 1963, and we are still there in 2013. We are still determined to continue America's unfinished march to freedom and to bring jobs, dignity, economic empowerment and justice to communities most in need.

A comprehensive schedule of activities, looking back and looking forward, has been planned by the National Urban League, Rev. Al Sharpton of the National Action Network, Benjamin Jealous of the NAACP, Melanie Campbell of the National Coalition on Black Civic Participation and others leading up to the August 24th 50th Anniversary March on Washington at the Lincoln Memorial. Most notably, together with the Memorial Foundation led by Harry E. Johnson, we are hosting the Drum Majors for Justice Celebration on August 23, followed by an Urban League pre-March rally on August 24.

Our activities will kick-off on August 23 at 8:30am with a "Redeem the Dream Summit" at the Washington Grand Hyatt Hotel, featuring civil rights legends, contemporary leaders and members of the public in dialogues about the legacy of the March on Washington in the new era of civil rights and how to chart the way forward. A "Drum Majors for Justice Future Leaders Celebration" will follow from 2-4 pm at Washington's Freedom Plaza. On August 24th, Urban League leaders and supporters will gather at the Grand Hyatt at 5:30am for a brief program and rally before parading together to the Lincoln Memorial for the 50th Anniversary March on Washington.

We urge you to join us for this historic weekend of commemoration and continuation. As Whitney Young reminded us 50 years ago, "We must support the strong. We must give courage to the timid. We must remind the indifferent, and we must warn the opposed. Civil rights which are God given and constitutionally guaranteed are not negotiable."

*For more information, visit <http://drummajors-forjustice.com/> or [www.nul.org](http://www.nul.org).*

*Open to the Public*



**Montpelier Arts Center**

The Arts Center which opened in 1979 houses three galleries, artist's studios, and classrooms. Exhibitions include cutting edge work as well as more traditional approaches and feature both emerging and established regional, national and international artists.

The Main Gallery is also the site for the performances of the Jazz, Folk/Blues and Classical music series. The gallery is also available on a limited basis for rental by community groups. Artist studios are open to the public, and offer insight into the process of creating artwork.

## Child Watch

by Marion Wright Edelman



## Invisible Children

*"I would say that, well, obviously my high school didn't prepare me for college."*

*--Darryl Briggs, youth leader and college student*

The third of five boys born in the Bronx to a single mother who dropped out of high school, Darryl Briggs was starting out with at least two strikes against him. Growing up poor, Black, and bright in the Bronx without guidance, by the time he got to high school he already felt completely ignored, almost invisible. Darryl's high-poverty high school was eight floors overflowing with 8,000 students and an obvious lack of resources: "There were easily 35 students to a classroom and there weren't even 35 desks in the classroom for the 35 students to sit in. . . there was one lab in the entire school." The physical conditions discouraged learning, but for Darryl, the worst part was the lack of one-on-one attention. His classes were uninteresting and way too easy. None of the teachers noticed his potential and need for academic challenges, or even noticed him at all. When he skipped class, no one asked why. When he started hanging out with the "wrong crowd," no one told him that wasn't a good idea.

When he was 15 Darryl ran away from home and got arrested and sentenced to two months in juvenile detention centers. When he tried to go back to high school, school officials said without guidance and support he couldn't come back. They suggested he get a G.E.D. Soon he was arrested again. The turning point for Darryl was getting involved as a community organizer, finding a mentor, and going through leadership training programs.

A friend introduced him to a community organizing group where Darryl met the person he now calls his lifetime mentor and found his calling making a positive difference for other young people. He became a youth program coordinator for

a nonprofit organization, For a Better Bronx, focused on combating youth and environment disparities in the South Bronx, and discovered he wanted to get his G.E.D. and continue his education. Darryl recently graduated from Bronx Community College and is pursuing a bachelor's degree in social work at Lehman College. He chose social work because it offers an opportunity for him to continue making the one-on-one connections he missed so much. An alumnus and current national trainer for the Children's Defense Fund (CDF)'s Young Advocate Leadership Training (YALT) program, Darryl was a panelist at the Educational Testing Service-CDF's June symposium in a session on "Lived Experience" which helped participants understand the struggles young Black males face and supports they need in the high school years. Darryl's ideas about what works come partly from his personal experience with what didn't work in the all-too-common schools like the one he dropped out of. Darryl feels strongly that

one caring adult can make all the difference. "That's what I was lacking as far as my high school experience and as far as my adolescence. I didn't have really anyone to guide me and say, hey, D, maybe you could take this route instead of this route, maybe you could make this decision instead of that decision, or maybe I could hold your hand while you do this instead of doing that."

Darryl appreciates that he's able to connect with and serve as an example for the young people he works with because they know he comes from the same place they do. But even when teachers don't automatically have that connection with their students, Darryl stressed the importance of teachers knowing something about the community their students come from and making the effort to establish some connections: "A sense of cultural competence needs to play a role. We have many teachers that come from different backgrounds." Something as simple as giving

See WATCH, Page A8

## The Prince George's Post

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# BUSINESS

## Business Spotlight

### County Supplier Diversity Division Accepts Online Applications for County-based Certifications

LARGO, MD —The Prince George's County Supplier Development & Diversity Division (SDDD) announces that a new online application process to be certified with the County as a local, small, minority, and/or disadvantage business is now available.

"With the large amount of opportunities that are coming to Prince George's County, it is imperative for the County to be able to accept online applications for County-based certifications," said Roland L. Jones, Executive Director of the Prince George's County Supplier Development & Diversity Division. "This new technology will help to streamline the certification process and enable companies to be certified more efficiently."

The County-based Certification process can take up to 90 days upon receipt of the online application. Companies who want to be certified with Prince George's County as a County-based firm can apply online at [www.princegeorgescountymd.gov/sddd](http://www.princegeorgescountymd.gov/sddd).

Under the Jobs First Act, SDDD began certifying companies as County-based firms January 1, 2013. The new bidding preferences and participation requirements for certified local, small, minority, disadvantaged, veteran and service disabled veteran-owned businesses went into effect July 1 of this year.

### Supplier Diversity Deputy Sharon Jackson Named One of 25 Influential Women In Business-Making a Difference

LARGO, MD — Prince George's County Supplier Development & Diversity Division (SDDD) Deputy Director, Executive Director Sharon Moore Jackson was selected as one of the "25 Influential Women In Business-Making a Difference" by MEA Magazine.

"I am honored to support Sharon Jackson. She has a proven track record and is a seasoned and respected professional in Supplier Diversity in

the State of Maryland and within our great County," said Roland Jones, Executive Director, Prince George's County Supplier Development & Diversity Division. "A true advocate for small and minority businesses, she has already received numerous awards and citations for her commitment and dedicated service and is always ready to serve."

Jackson will be recognized in the company of other distinguished and accomplished

women from around the world at MEA Magazine's 12th annual awards luncheon, "25 Influential Women In Business-Making a Difference" on Wednesday, October 2, 2013 from 11:00 a.m. to 2:00 p.m. The luncheon, with the theme: "Leading the Way," at the Mayflower Hotel, located at 1127 Connecticut Avenue, NW, Washington, D.C. 20036.

With an expected 350 to be in attendance, the luncheon

will provide an opportunity to network with local, national and regional government officials and corporate executives; international and Fortune 500 business owners; members of the media and political and community leaders. Industry representation will include manufacturing, import/export companies, IT, cyber security, healthcare, telecommunications, construction, finance and investments, and education.

#### Centers from A1

health. We should be working together to build on the progress we've made through the law," said Senator Cardin. "Community health centers are the backbone to providing quality health care for almost 300,000 Marylanders today. The ACA's direct investment in health centers and in the primary care workforce, payment protections for health centers, and other key policy changes, are providing a necessary support to community health centers as they grow to serve millions of new communities nationwide.

"Highlandtown and federally qualified health centers like it are leading the way in developing model systems that overcome geographic, cultural, linguistic, and other barriers through a team based approach to care, including physicians, nurses, dental providers, social workers, and many others. In particular, they emphasize coor-

poverty and its associated health disparities has defined the opportunities and lowered the bar on expectations for many individuals," said Jay Wolvovskiy, President and CEO, Baltimore Medical System.

The Affordable Care Act been crucial for America's community health centers. The law provides \$11 billion in funding over five years to build new health care centers and expand existing ones, effectively doubling their capacity to more than 40 million patients by 2015. By that date, it is estimated that community health care centers will provide affordable health care to two-thirds of low-income Americans.

Earlier this year, Senator Cardin joined Secretary of Health and Human Services Secretary Kathleen Sebelius to announce new funds to help more uninsured Marylanders enroll in affordable health insurance coverage made available by the Affordable Care

Act. In Maryland an estimated \$1.7 million being made available to support 16 federally qualified community health centers (FQHCs) and expand their ability to hire staff and enroll people in affordable health plans.

Baltimore Medical System (BMS) is Maryland's largest Federally Qualified Health Center serving more uninsured patients than any other community health center in the State. BMS serves over 46,000 patients annually providing both primary care and support services through six community health centers and eight school-based health sites. These services increase a patients access to care and include same day appointments, sliding fee scale, health benefit advisors, home visiting and medical interpretation. The Highlandtown Healthy Living Center is Baltimore Medical System's largest community health center, serving over 16,000 patients and more than 57,600 visits in 2012.

years; health-care costs grew slower than the rest of the economy in 2011 for the first time in more than a decade; the proportion of requests for double-digit premium increases plummeted from 75% in 2010 to 14% so far in 2013; Medicaid spending per

beneficiary decreased by 1.9% from 2011 to 2012; Medicare spending per beneficiary grew by only 0.4% in fiscal year 2012. The Affordable Care Act is driving down cost growth while strengthening and expanding coverage.

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#### Exchange from A1

able to shop for insurance options through the marketplace. Those Americans will benefit from strong competition among insurance providers. But enrolling these Americans in health coverage won't happen overnight. Unfortunately, not all states are as proactive as Maryland. Some states have been fighting the exchanges, but the federal government will step in and set them up.

"I am proud that Maryland's hospitals, healthcare providers and health systems have been on the leading edge of implementing the benefits and consumer-protections of the Affordable Care Act. As we move closer to the initial enrollment period, we are learning that rates in Maryland are among the lowest in the nation and that Marylanders will have a wider choice of plans available to them. We want to ensure that everyone is ready. Our community health centers especially, will grow in their role providing quality healthcare to Marylanders," Senator Cardin added.

The Maryland Health Connection is expected to enroll 180,000 of our state's approximately 800,000 uninsured residents through private insurance and 100,000 more through

Medicaid within the first year of enrollment, which begins October 1st. An estimated three out of four Marylanders purchasing coverage through the Maryland Health Connection will be eligible for tax credits to reduce the cost of coverage, bringing \$7.5 billion in premium and cost sharing tax credits into Maryland during the first five years of the health insurance Exchange.

All health insurance coverage through the Maryland Health Connection and health exchanges across the country include comprehensive care, including outpatient and inpatient care, mental health and substance abuse treatment, laboratory testing and radiology, and prescription drug coverage; emphasis on preventive services, available free of charge; a cap on out-of-pocket expenses; and no lifetime or yearly dollar limits on coverage. Thanks to the Affordable Care Act, no one can be rejected due to pre-existing conditions.

The Affordable Care Act is working to lower costs, increase efficiency, and deliver better patient outcomes around the nation. We are already seeing benefits and savings from this legislation: Health care spending grew by 3.9% in 2011, continuing for the third consecutive year the slowest growth rate in 50

years; health-care costs grew slower than the rest of the economy in 2011 for the first time in more than a decade; the proportion of requests for double-digit premium increases plummeted from 75% in 2010 to 14% so far in 2013; Medicaid spending per

beneficiary decreased by 1.9% from 2011 to 2012; Medicare spending per beneficiary grew by only 0.4% in fiscal year 2012. The Affordable Care Act is driving down cost growth while strengthening and expanding coverage.

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# OUT ON THE TOWN

ERIC D. SNIDER'S  
IN THE DARK

## Movie Review

### “Prince Avalanche”

*Prince Avalanche*  
Grade: B  
Rated R, a little profanity, some sexual dialogue  
1 hr., 34 min.



ROTTENTOMATOES

**Driven by striking performances from Rudd and Hirsch, Prince Avalanche is an offbeat comedy about two men painting traffic lines on a desolate country highway that's been ravaged by wildfire. Against this dramatic setting, the men bicker and joke with each other, eventually developing an unlikely friendship. Funny, meditative and at times surreal, Prince Avalanche features a score by Explosions in the Sky and David Wingo, and was shot by frequent Green collaborator Tim Orr was. Loosely adapted**

in each new letter that he receives from her, but what he really loves is being on the move. Lance, who is younger and less circumspect, spends his days feeling stir crazy, bored, and horny. In a letter to Madison, Alvin writes of her brother, "He quite realistically could never amount to anything."

And with that I have conveyed the bulk of the plot. With only two other speaking roles -- a gregarious and booze-loving truck driver (Lance LeGault) and an old woman (Joyce Payne) whose house was lost in the fire -- the focus is squarely on Alvin and Lance.

Rudd and Hirsch are up to the challenge, creating believable characters composed of personalities rather than just quirks, and taking us through the stages of their gradually deepening relationship. Alvin thinks Lance is a reckless kid; Lance views

Alvin as a boring, fussy grown-up; they both ridicule -- and envy -- what the other has. When their personal crises develop (offscreen), their fragile new bond is tested.

I don't know what the actual process was, but this feels like the sort of intimate, small-scale film where the director had the actors live together for a few weeks before shooting began. Rudd and Hirsch seem comfortable with one another, their different skills meshing into a likable duo. Green's regular cinematographer, Tim Orr, captures many gorgeous, placid images of the natural surroundings, making this the first Green film in six years to qualify as "beautiful."

It's funny, too. And when it isn't funny, at least it isn't too heavy. Maybe this is a lingering effect from Green's last few endeavors -- and not an unwelcome one, either. His earlier

movies always had some humor in them, but you wouldn't describe any of them as "comedies," and some were downright Gothic in their darkness. Prince Avalanche isn't an all-out laugh-fest, but it plays up the humor of Alvin and Lance's odd-couple roommate (tent-mate) situation with a gentle touch.

On the David Gordon Green scale of 1 to 10, with 1 being Pineapple Express and 10 being Snow Angels, Prince Avalanche is about a 6 -- more drama than comedy, but more light than dark. Such a film runs the risk of feeling unimportant or weightless, and certainly no one's going to make a case for this being Green's best work. But if nothing else, it's a reassuring reminder than the Green we used to know -- the contemplative, emotionally fraught one -- is still lurking in there somewhere.

#### Market from A1

Independence Card or federal benefit check, they will receive Maryland Market Money vouchers to match their benefit.

"Residents of Prince George's County will be able to double the value of their EBT and nutrition benefits by getting twice the amount of fresh, local produce at the Suitland market.

Farmers market incentive programs like this have proven to be successful across the country, as well as in Maryland.

Market Money is a win-win program that increases buying power for the customer and income for the farmer." -- Michele Levy, Director of Eat Fresh Maryland.

This is the first year of the Suitland Farmers Market, organized by the Suitland Technology Education Resource (STEER) Center, Inc. of Prince George's County with assistance from the community-based nonprofit growingSOUL. The goal of the market is to

improve food access and have a positive impact on community and individual health.

Open each Tuesday from 3 p.m. to 7 p.m. rain or shine at 4508 Suitland Road, the market offers fresh fruits and vegetables and other food options.

The market is located within walking distance of the Federal Center, and is easily accessible by Metro or bus lines.

Many families in Prince George's County struggle to afford sufficient food for their families to eat. Three out of five County children receive free or reduced-price meals at school, and household participation in SNAP has more than doubled in the last five years.

Also, residential areas near-by the Suitland Farmers Market (such as District Heights, Morningside and Seat Pleasant) have been classified as "food deserts" by the USDA.

Residents of food deserts are often underserved by full-service grocery stores, over-served by fast food restaurants and convenience stores, and lack adequate access to affordable, healthy food.

"The Suitland Farmers Market will make it more convenient and affordable for community members in surrounding areas to buy fresh fruits and vegetables and other items to feed their family.

The Market will offer nutritional and environmental education programs for market partic-

ipants. We are striving to increase overall health and well-being in food desert communities," said Sylvia Quinton, Director of STEER.

The Maryland Market Money initiative is one of seven strategies aimed at reducing chronic disease rates in Prince George's County funded by the Institute for Public Health Innovation (IPHi) through a Community Transformation Grant from the Centers for Disease Control and Prevention.

Eat Fresh Maryland (a program of the Crossroads Community Food Network) and the newly formed Maryland Farmers Market Association Program are providing support and technical assistance to implement the program.

"The addition of this market token and incentive program increases access and affordability of healthy, food to area residents with lower incomes and stimulates market success by making it easier for customers to make purchases," said Evelyn Kelly, Program Manager with IPHi. "We look forward to supporting the expansion of these programs throughout the County to increase healthy eating and address obesity rates."

For a complete list of all Maryland farmers markets go to [http://mda.maryland.gov/mar-yland\\_products/Pages/farmers\\_market\\_dir.aspx](http://mda.maryland.gov/mar-yland_products/Pages/farmers_market_dir.aspx).

For more information on the Suitland Farmers Market visit

## The Edge of Sports

by DAVE ZIRIN

### Why Banning Russia from the Olympics is a Terrible, Horrible, No Good, Very Bad Idea

There are few people in the sports world I respect more than Cyd Zeigler the founder of the website Outsports, which deals with the sporting lives of lesbian, gay, bisexual and transgender athletes. I tweeted Mr. Zeigler's excellent article titled "Don't



Boycott Olympics Ban Russia From Competing Instead" precisely because it was incisive and made me think. I do however feel that on principle I need to state that I strongly disagree with his central premise.

Zeigler's argument is that Russia should be treated as a pariah state not unlike South Africa during the time of apartheid, excluded from most major international sporting events.

As he writes, "Think a Russian ban is crazy? There's precedent for it. In 1964, the IOC [International Olympic Committee] banned South Africa from participating in the Olympic Games because of apartheid in that nation. The ban remained in force for 28 years, until apartheid ended. Let Russia, as host, watch the games from the sidelines as 200 other nations slide across the ice in Sochi."

I disagree with this demand, even though I oppose with every fiber Putin's brutal crackdown on Russia's LGBT community.

I disagree for three main reasons. First and most obviously, such a move would do far more damage to the Russian athletes themselves, than to Vladimir Putin. If we are against making the athletes political pawns, as Zeigler has written in an article opposing a US boycott, then we should stay true to that no matter the country. Athletes shouldn't have to pay the price for being born in a country abysmal on human rights.

Second is the critical question of who gets to initiate such a powerful demand. Inside the apartheid South Africa cited by Zeigler, there was an actual organization called SANROC, the South African Non-Racialized Olympic Committee that called for their own country's exclusion. SANROC organizers like Dennis Brutus went to jail or were shot in the name of keeping South Africa out of the Olympics and other international sporting events. Black and brown athletes, even when they were the best on the field, were excluded from South Africa's teams. We haven't heard any such a demand from Russia's LGBT athletes or straight athlete allies. If we did, it would change the calculus of this dramatically.

This leads to the third fallacy in the "expel Russia" argument. Zeigler writes, "Instead of asking athletes, coaches and fans to risk disqualification, arrest or worse in Sochi, Russia this winter, it's time for the IOC itself to take a stand."

The IOC couldn't "take a stand" with two crutches and hydraulic lift. It was a flawed body during the Cold War. Now it's a corporate piranha masquerading as Nemo the Clown Fish, tearing countries to pieces under a miasma of soft-headed hooey about "bringing the world together through sports." Asking the IOC to be an ally in the fight against oppression is like asking a scorpion not to sting. The mere fact that the Winter Games are in Putin's Sochi - where the disappearance of 30 billion dollars in Olympic construction costs has elicited barely a pip from the IOC - only shows who they are and where they stand.

This connects to the last and most serious problem with Zeigler's argument. Having forces in the United States and the West - or in the case of the IOC, largely controlled by the United States and the West - telling Russia it can't compete immediately raises a series of thorny questions. Russia's anti-gay laws are abhorrent. You know what else is abhorrent? The drone and mass-spying program run by United States. Also our deeply racist system of mass incarceration, our treatment of women prisoners, our continued degradation of indigenous people, our record-setting immigrant deportation program, or the fact that in 29 states it's still legal to fire people just because of their sexuality.

The list goes on. This isn't about comparing and contrasting the crimes of East and West. It's about saying that if the only countries allowed in the Olympics had sparkling records on human rights, we'd be watching polar bears race penguins on an ice drift in Antarctica.

The answer in this case lies with what Zeigler dismisses: "asking athletes, coaches and fans to risk disqualification, arrest or worse in Sochi, Russia." Yes it's a lot to ask. It was also a lot to ask of Dennis Brutus when he was shot organizing SANROC. It was a lot to ask John Carlos and Tommie Smith to raise their fists for human rights in 1968. Fighting injustice actually demands having a fight. The IOC won't do it for us. If you stand for LGBT rights, then you need to stand up, pick a side, throw on your rainbow colored gloves, and start fighting. In the end, the story of Sochi will either be the celebration of repression or resistance. The time to organize resistance begins now, with no illusions in the IOC, their corporate sponsors, or the good will of our own government.

#### New District 9 Bus Transit Service Established!

In response to considerable public input from South County residents, your county government has begun a new fixed route bus transit service in District 9. This new service, Route 36, extends from the Clinton Fringe Park and Ride Bus Lot down the MD-5/US-301 corridor to Brandywine Crossing Shopping Center and then connects with Charles County's bus service at the Pinefield Shopping Center. Since the Clinton Fringe Park & Ride Lot already has bus service to Branch Ave. Metro Station, this new Rte. 36 bus service is an alternative to driving to commuting on this corridor by vehicle. If Rte. 36 is used heavily, it could lead to expanded bus service in other parts of District 9. The long-term goal is to establish light rail along this corridor.

#### Please use this new service early and often!

#### State Commits \$5 Million to Light Rail Project for Prince George's and Charles Counties

Prince George's and Charles County leaders have worked with the O'Malley administration to garner a new \$5 million commitment from the state towards the establishment of light rail along the MD-5/US-301 corridor. This is a solid first step towards this long-term answer to the significant traffic congestion on this corridor.



# COUNTY CHURCH DIRECTORY

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 'WONDERFUL WEDNESDAYS WITH JESUS':  
 12 noon (The Power Hour) and 6:45 pm  
 "A Time of Prayer, Praise, Worship, & The Word"  
**Dr. Henry P. Davis III, Pastor**  
[www.fbhp.org](http://www.fbhp.org)

## BAPTIST

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 Stephen L. Wright, Sr., Pastor  
 5018 Lakeland Road  
 College Park, MD 20740  
**301-474-3995**  
[www.fbc-cp.org](http://www.fbc-cp.org)  
 Sunday School 9:30a.m.  
 Sunday Worship 11a.m.  
 Holy Communion 1st Sunday  
 Wednesday Bible Study 7-8p.m.  
 Wednesday Prayer Service 8p.m.

## UNITED METHODIST

**Union United Methodist Church**  
 14418 Old Marlboro Pike, Upper Marlboro, MD  
**Church (301) 627-5088**  
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**Rev. Kendrick D. Weaver, Pastor**

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 Office (301) 839-1166  
 Fax (301) 839-1721  
 E-mail: [Office.FHBC@verizon.net](mailto:Office.FHBC@verizon.net)  
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## BAPTIST

# CLASSIFIEDS

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### Watch from A4

all staff a tour of the surrounding neighborhood can be a start: "Even those small little things, like, 'Okay, I bought cereal there,' you can use that to connect to your students, because they're like, 'All right. Well, my mom shops in said places [too].' So you've established that connection off of something you wouldn't even expect." Once again, it comes back to adults making personal connections with the children

they serve. Darryl's ultimate goal is to found a nonprofit serving young people in the juvenile justice system. He uses his own story for the young people he works with today to keep them in school and out of prison: "It sounds like a cliché, but never give up, because there are many different roads to achieve the same goal. So whichever venue you take, just never give up, and ultimately, be the best at whatever it is you do."

Marian Wright Edelman is President of the Children's Defense Fund whose Leave No Child Behind® mission is to ensure every child a Healthy Start, a Head Start, a Fair Start, a Safe Start and a Moral Start in life and successful passage to adulthood with the help of caring families and communities. For more information go to [www.childrendefense.org](http://www.childrendefense.org). Mrs. Edelman's Child Watch Column also appears each week on The Huffington Post.



**PLEASE TAKE A MOMENT TO REVIEW AND PRACTICE THESE SAFETY TIPS**

#### HOME ESCAPE PLANNING

- Teach children how to dial 911 in an emergency.
- Have a written home escape plan and practice it.
- Practice two exits out of every room.
- Know how to open your windows.
- Crawl low under smoke.
- If your clothes catch on fire, stop, drop and roll.
- Touch the door for heat before leaving your room.
- Have a meeting location outside of your home.

#### SMOKE ALARMS

- Install smoke alarms on every level in your home near the bedrooms.
- Check home smoke alarms once a month.
- Change smoke alarm batteries twice a year.

#### LIGHTING MATERIALS

- Keep all matches and lighters out of children's reach.
- Teach children to show you any unattended lighters and matches.
- Do not allow anyone to use lighters and matches in an unsafe manner.

#### HEAT SOURCES

- Teach children not to play in the kitchen or touch the stove.
- Never leave your cooking unattended.
- Never cook wearing loose clothing.
- Make sure the stove is off before leaving the kitchen area.
- When washing or bathing, always turn the cold water on first.
- Never leave small children unattended in the bathroom.
- Never leave your home while the clothes dryer is running.

REMEMBER TO CALL 911 FIRST IN ALL EMERGENCIES