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## **A Homeless Mother Struggles To Survive**

By TAZEEN ASIYA AHMAD **Capital News Service** 

FREDERICK - Lisa Ward stands at the big commercial kitchen sink washing the dishes from daughter Molly's lunch.

Across the room, a man with a long gray beard sits at a table staring into space. Another elderly man is napping in a chair. His cap is pulled down, partially covering his face.

A homeless shelter has been Ward's home for the past year and a half.

"You keep fighting, you keep fighting and pushing and pushing and hoping for some kind of breakthrough," said Ward, 38, who has a 6-year-old son and a 2-year-old daughter, and who has been struggling to get her life in order.

A series of failed relationships led to Ward's homelessness - the most recent was her break up with Molly's father.

Being a single parent and a woman stacks the odds against Ward. Not having family in the area makes it that much more difficult.

See HOMELESS Page A3

## **Athletic Trainers Absent** in Many MD High Schools

By CNS STAFF **Capital News Service** 

COLLEGE PARK – Just four of Maryland's 24 public school districts have athletic trainers working full-time with student athletes in all high schools, recent calls conducted by Capital News Service reveal.

That means thousands of student athletes throughout the state are participating in practices and games without a licensed healthcare professional on hand for emergency medical situations. The Maryland Public Secondary Schools Athletic Association estimates there are almost 114,000 student-athletes from 199 public schools participating in roughly 24 sports every year.

It's a case of the "haves and have nots," said Gina Palermo, Howard County athletic trainer and chairwoman of the Secondary Schools Athletic Trainer Committee of the Maryland Athletic Trainers Association. "You're saying that this group is okay [for public school districts to spend money on], but this group isn't," she said.

Anne Arundel, Caroline, Somerset and Worcester counties have full-time athletic trainers in all high schools for the 2013-2014 school year.

See TRAINERS Page A7



OFFICIAL WHITE HOUSE PHOTO BY PETE SOUZA

President Barack Obama views student projects created on laptops during a tour at Mooresville Middle School in Mooresville, N.C., June 6, 2013

## ConnectED: A Year of Action for **American Students and Teachers**

By PRESS OFFICER Office of the White House

One year ago, President Obama unveiled his ConnectED initiative to empower students and teachers with technology in the classroom. The President called on businesses, states, districts, schools, and communities to support this vision, and through the power of his pen and phone, he is building momentum and we are seeing results.

Over the past year, the President has worked with the private sector to catalyze impactful commitments of free hardware, software, educational content, and wireless connectivity amounting to over \$2 billion in value for American schools.

On top of that, Federal Communications Commission (FCC) Chairman Tom Wheeler has pledged to invest an additional \$2 billion to connect 20 million more students to fast broadband and wireless in their classrooms over the next two years. Taken together, this represents more than \$4 billion in public and private support starting this calendar year.

This investment is the shot of adrenaline our schools need to surge into the 21st century. It is a major down payment on providing every child in America with the high-quality teaching and technological skills that they deserve, and the economy demands.

See CONNECTED Page A5

## Mikulski Receives Nancy S. Grasmick Leadership Award in Early Care and Education

Senator recently spearheaded passage of bipartisan legislation to refresh and reform Child Care and Development Block Grant, which serves more than 19,000 Maryland children each month

By PRESS OFFICER

Office of Barbara A. Mikulski

WASHINGTON - U.S. Senator Barbara A. Mikulski (D-Md.), Chairwoman of the Senate Appropriations Committee and a senior member of the Senate Health, Education, Labor and Pensions (HELP) Committee, this week was awarded the Nancy S. Grasmick Leadership Award in Early Care and Education by the Maryland Family Network (MFN).

"I'm honored to receive this tremendous award that recognizes the importance of child care and early childhood education in preparing our children for a successful future," Senator Mikulski said. "As a social worker, I've seen firsthand the impact of quality, affordable care for children and families. We must do all that we can to ensure that America's children - regardless of the zip code they live in – will have access to quality child care and edu-

cation they can count on from Pre-School to k-12 through higher education."

At their meeting, Senator Mikulski discussed her continued work on behalf of children and child care providers and expanding access to quality, affordable child care and education. Earlier this week, Senator Mikulski announced Appropriations Committee passage of fiscal year (FY) 2015 funding to provide a combined increase \$348,327,000 for key early childhood care and education programs in this bill: Head Start, the Child Care and Development Block Grant, Preschool Development Grants, and IDEA Grants for Infants and Families. Together, they address the entire age range of birth through age five.

In March, Senator Mikulski heralded passage of the Child Care and Development Block Grant Act of 2014, bipartisan legislation she introduced to improve the quality of child



PHOTO COURTESY; THE SENATORS OFFICE

On Wednesday, June 11th, 2014, Senator Barbara A. Mikulski (D-Md.) was awarded the Nancy S. Grasmick Leadership Award in Early Care & Education by members of the Maryland Family Network.

care for the more than 1.5 million children and families, including 19,000 in Maryland, who benefit from the federal child care subsidy program. Last month, she voted in the HELP Committee to pass the Strong Start for America's Children Act, legislation that would

expand access to high-quality early learning programs for children from birth to age five. Senator Mikulski has been a consistent advocate for child-

See AWARD Page A7

## Judge Tiffany Hanna Anderson **Appointed Administrative Judge** for PG County District Court

By PRESS OFFICER Office of the Maryland Judiciary

UPPER MARLBORO, Md. District Court of Maryland Chief Judge John P. Morrissey has named Prince George's County District Court Judge Tiffany Hanna Anderson as the new administrative judge for District 5, Prince George's County. The appointment is effective June 5. Judge Anderson succeeds Judge Thomas J. Love, who is retiring after 17 years on the bench. Judge Love was appointed in June 1997, and has served as administra-

tive judge since May 2007. As administrative judge, Judge Anderson will oversee the administration of the court, budget and procurement functions, and trial calendars to ensure the expeditious disposition of cases.

Judge Anderson was appointed to the District Court of Maryland by Governor Martin O'Malley in August 2008. She serves on the Domestic Violence Subcommittee of the Judiciary's Family Law See JUDGE Page A5



PHOTO; MARYLAND JUDICIARY Judge Tiffany Hanna Anderson

Committee and the Criminal Law, Legislative, and Judicial Compensation Committees. Her assignments for District 5 have included domestic violence and criminal matters.

"In addition to being an accomplished jurist, Judge Anderson has the management skills that make her uniquely qualified to lead the District Court of Maryland in Prince George's County," Chief

## **INSIDE**

#### **Public, Private Partners Set Out** to Protect Hemlock Trees

Foresters, entomologists and ecologists from various partnering organizations joined forces to combat an invasive pest the size of a pencil tip that threatens to wipe out eastern hemlock forests—a loss that could be as ecologically significant as the loss of the American chestnut. Community, Page A3

#### Governor Martin O'Malley **Establishes Commission On Pretrial Reform**

Building on the O'Malley-Brown Administration's commitment to protecting the public's safety, Governor O'Malley today issued an executive order creating the Governor's Commission to Reform Maryland's Pretrial System

Commentary, Page A4

### Cardin, Schatz Introduce Bill To Give Federal

Workers a Raise According to the U.S. Department of Commerce's Bureau of Economic Analysis, the federal civilian government was the only industry that experienced a decrease in earnings in 2013. The gap between public and private sector compensation is 35 percent. Business, Page A5

### Movie Review: "22 Jump Street" After making their way through

high school (twice), big changes are in store for officers Schmidt and Jenko when they go deep undercover at a local college. But when Jenko meets a kindred spirit on the football team, and Schmidt infiltrates the bohemian art major scene, they begin to question their partnership. Out on the Town, Page A6

## **Earth Talk**

Dear EarthTalk:

What can communities do to keep polluters out of their neighborhoods?

> - Wendell Bovey, Los Angeles, CA

Features, Page A7

# Towns and NEIGHBORS

## In and Around Morningside-Skyline

by Mary McHale 301 735 3451

#### Celebrate the 4th of July with the Morningside parade & fireworks!

Morningside's 34th Annual Independence Day Parade will begin staging at the Fire House at 10:30 a.m. on July 4 and will kick off promptly at 11:30, and march or cruise up Suitland Road to the VFW. As usual, I'll be waving a flag and cheering from beneath the big tree at the Suitland Road Baptist Church. Former Morningsider Rose Hoffman has said she'll be driving up from Prince Frederick for the parade.

Fireworks will light up the sky over Morningside beginning at dusk. I'll be there, on a blanket, with whatever family is available. Come on over. I promise you won't be disappointed!

#### Back when I was younger

Fifty-six years ago this week the McHales moved to 4304 Skyline Drive where I still live. The FBI had transferred my husband Jack from San Francisco to Washington. We moved in with five children. But over the next three years, we added two more daughters.

When we came, there was no Beltway nor were there traffic lights on two-lane Allentown Road. I did my shopping in Suitland at Safeway, Bo Peep Shop, Lane Shop, Scheer's Men's Wear, Ernest Hardware, People's Drugs and Suitland Pharmacy. And closer to home, Morningside Variety Shop and G.I. Grocery. The I.C.E. Club (now VFW) was across the way and we ate a few times at the Lamp Post Inn (now gone).

I registered son Mike at Mrs. Smith's Co-operative Kindergarten in Morningside, and daughter Kathleen at the recentlyopened Morningside School. We attended Sunday Mass in the multi-purpose room at Morningside School because St. Philip's didn't have a church yet.

West Real Estate in Suitland was our realtor, but John McAllister (attorney and realtor), who lived around the corner from us on Pine Lane, had listed our house. Ted and Lee Burke lived on one side of us and Tom and Gladys Cave on the other. Two doors down were Paul and Virginia Stine. Morningside Baptist Church was on Suitland Road.

It's still there, but now it's Suitland Road Baptist.

We loved our new community and we loved all the trees. We loved being 15 minutes from the dinosaurs at the Smithsonian. Jack could catch the bus on Suitland Road and be at the FBI in half an hour. But we had to get used to the air traffic overhead.

It's been a good 56 years.

#### **Neighbors**

Benn Cann, newly-elected to the Morningside Town Council, has been tapped to be the new vicemayor. He takes over from James Ealey who served well in that capacity for a number of years.

Shirley Eppard's fantastic spaghetti will be featured at the annual Dante Ross Spaghetti Dinner at St. Philip's on Saturday, July 26, at 6 p.m. The late Dante Ross lived in Skyline and was a much-beloved deacon at St. Philip's. All proceeds from the dinner will befit the Dante Ross Scholarships.

Linda Cullinan, principal at St. Philip's School for 17 years and educator for 40 years, was honored at Mass and a reception on June 1. The school choir sang for the Mass.

The Skyline Citizens Association provided subs, chips and sodas for the teachers at Skyline School, on June 17, their last day of work, cleaning out their classrooms.

#### Too many shoes?

Make a difference and donate your gently-used shoes! M-NCPPC is partnering with Soles4Souls to supply those in need with shoes, across the United States and around the world. Drop off your shoes or sneakers from June 14 to August 8 at Harmony Hall Regional Center, 10701 Livingston Road in Fort Washington.

#### 1 LYFE Memorial **Basketball Tournament**

The 7th Annual Skyline Day will be held at Patterson Park, in Morningside, on Aug. 9, noon to 8 p.m. Ed Kittrell founded this community outreach event in memory of a Skyline friend who took his own life. He uses Skyline Day, with uplifting speakers and brotherhood, to call attention to the tragedy of depression and suicide, particularly among young adults.

Basketball teams, performers, speakers, vendors, sponsors and volunteers are still needed. Call Ed at 240-640-3387.

#### May they rest in peace

John Patrick Stakem, Sr., 77, of Odenton and a longtime Suitland resident, died April 9. He was born in Washington to the late James and Dora Swann Stakem. He made a career in insurance, was a member of the Knights of Columbus and a devoted supporter of the Forestville Pregnancy Center. Survivors include his wife Joan McConchie Stakem; children and their spouses, John and Suzie, Chris and Marianne, Mary and Steve Crane, Kathy and Troy, Tim, Tom and Denise, and Stephen; nine grandchildren; and his brothers James, Martin and Cecil. Mass of Christian Burial was at St. Joseph's in Odenton with burial at Resurrection Cemetery.

Edmond "Ed" Brzozowski, 89, of District Heights, an electrical engineer for the Navy Department, died June 15. A native of Salem, Mass., he served in the military, was a member of the Knights of Columbus, and enjoyed polka dancing. He was the husband of Rena Brzozowski, father of six daughters, grandfather of 15, great-grandpa of 12 and great-great-grandfather of three. Mass of Christmas Burial was at Mount Calvary with burial at Cheltenham.

#### Milestones

Happy birthday to Charles 'Chuckie" Henry, Rose Hoffman, Veda Curcio, Shawn Kumra and Cathryn Cordero Pracht, June 27; Mike Dudding, Juanita Eppard, Erica R. Webb, EvaMarie Anthony and my granddaughter Leah Katherine Mudd, June 28; Faith "Dycki" Brown, Alexis Schuler and my great-grandson Wesley McHale, June 29; Karen (Beardmore) Ellis, June 30; Ruth LaBelle and Jordan Foster, July 1; Sharon Simms, Matthew Clark and Megan Frostbutter, July 2; Gloria Grapevine, Pat Richardson Conlon, Sarah Booth and Jack Hay II, July 3.

Happy anniversary to Jack and Kimberly Hay, their 28th on June 28; and Carl and Sue (Stine) Mason, their 29th on June 29.

## **Neighborhood Events**

## **Edwards Attends White House Bill-Signing for** Water Resources Reform and Development Act

Washington, DC - Today, Congresswoman Donna F. Edwards (MD-4) joined President Barack Obama at the White House bill-signing ceremony for the Conference Report to H.R. 3080, the Water Resources Reform and Development (WRRDA) Act of 2014. Congresswoman Edwards was a conferee to the WRRDA Conference Committee.

"The Water Resources Reform and Development Act is critical for the economic and environmental future of Maryland: creating jobs, meeting unmet water transportation infrastructure needs, and protecting our vital natural resources and public health. With the fourth longest coastline in the continental United States, this new law is important to our state. The Chesapeake Bay and several of its tributaries, including the Anacostia, Patuxent, Potomac, and Severn Rivers, flow through the Fourth Congressional District. It was an honor to serve as a conferee and to attend today's signing ceremony at the White House.

"For Maryland specifically, the conference agreement includes over \$2.1 billion in funding for projects including:

• Reauthorization of the 18year-old Chesapeake Bay Environmental Restoration Program, in which the Army Corps of Engineers works to restore bay ecosystems;

Reauthorization for the Poplar Island Expansion;

• Restoration of the 75-25 cost-sharing for Poplar Island Expansion;

Authorization of Mid-Bay

· Full access to the Harbor Maintenance Trust Fund to allow necessary dredging of the Port of Baltimore.

"While I would have preferred that the environmental provisions in the conference report were not included, I believe the final product was improved significantly. The conferees ensured the public will still be able to participate effectively as part of the NEPA process on water projects that have a profound effect on their health, safety, and well-being. This law also reauthorizes the State Revolving Fund for the first time since 1987 and includes innovative financing of water infrastructure projects. As part of both programs, I am proud to say that we will for the first time consider an idea that I have championed: the use of innovative, green, and low impact technologies. These types of projects are usually less expensive, require less operations and maintenance, and reduce risk. I thank President Obama, and congratulate Chairmen Boxer and Shuster and Ranking Members Vitter and Rahall on enactment of this important law."

#### **Prince George's County Library Names Associate Director of Public Services**

HYATTSVILLE, Md.— Prince George's County Memorial Library System named Michelle Hamiel associate director of public services. Hamiel brings more than 25 years of library experience.

Prior to joining Prince George's County Memorial Library System, Hamiel worked for the Baltimore County Public Library for 25 years. She was branch manager for the Parkville and Woodlawn, Md.,



Congresswoman Donna F. Edwards

branches, where she developed relationships with customers. local school teachers and community leaders. Previously, Hamiel was assistant library manager for the Catonsville and Towson, Md., branches.

Hamiel teaches Library Research for Sojourner Douglas College in Baltimore and Diverse Populations, Inclusion and Information for the University of Maryland.

#### **General Plan Prince** George's 2035 Approved

On Tuesday, May 6, 2014, the Prince George's County Council, sitting as the District Council, adopted CR-26-2014, approving Plan Prince George's 2035. This new general plan for Prince George's County is the blueprint for where and how the county grows over the next 20 years. The purpose of Plan Prince George's 2035 is to help make Prince George's County a competitive force in the regional economy, a leader in sustainable growth, a community of strong neighborhoods and municipalities, and a place where residents are healthy and engaged.

The plan establishes goals, policies, strategies, and a new growth vision for Prince George's County that will help direct new development to existing transit-oriented centers; focus public investment on our economic engines; capitalize on and maintain our infrastructure; strengthen our established communities; and proactively preserve our natural, historic,

and cultural resources. The Plan Prince George's 2035 growth concept places an emphasis on WHERE growth will occur in the county and establishes an ambitious goal of directing 50 percent of new residential and employment growth to eight Regional Transit Districts; two are located adjacent to the Capital Beltway and the remaining six are located in inner-Beltway neighborhoods. These mixed-use centers have extensive transportation infrastructure and the capacity to become economic generators for the county while providing a range of housing and transportation options.

A major component of Plan Prince George's 2035 is the Strategic Investment Program which places an emphasis on HOW the county will grow over the next 20 years and is composed of three critical initiatives; three Downtowns (3 of the 8 Regional Transit Districts), an Innovation Corridor, and the rewrite of the Zoning Ordinance and Subdivision Regulations. The plan identifies Largo Town Center Metro, New Carrollton Metro, and Prince George's Plaza Metro as the first round of downtown areas that are regional economic engines to help the County grow its commercial

tax base and stimulate job growth. Additionally, the plan highlights strategies to support business growth by developing an Innovation Corridor around College Park, Greenbelt Metro Station, and along US 1(Baltimore Avenue) and MD 193 (Greenbelt Road). The Innovation Corridor will provide programs and investments to retain existing and attract new employers. The rewrite of the Zoning Ordinance and the Subdivision Regulations is listed as the most critical element of the Strategic Investment Program.

Implementation of the Strategic Investment Program has already begun with the rewrite of the Zoning Ordinance and Subdivision Regulations. The effort will take steps to modernize, streamline, and simplify the Zoning Ordinance and Subdivision Regulations to grow the County in a more strategic and focus effort. Helping to rewrite the Zoning Ordinance and Subdivision Regulations is just the first step residents and stakeholders can take to get involved with implementing Plan Prince George's 2035. Please visit http://zoningpgc.pgplanning.co m to log your comments, concerns, and issues with the current zoning regulations/.

#### Representatives Capito and **Edwards Introduce Women's Heart Health Resolution**

Bipartisan effort to promote healthier lifestyles for women WASHINGTON - U.S. Representatives Shelley Moore Capito (R-W.Va.) and Donna F. Edwards (D-Md.) today introduced the bipartisan Women's Heart Health Resolution, which would recognize the risks of cardiovascular disease and promote preventative heart screenings for women.

"Women lead busy lives juggling their responsibilities to their families and jobs, and taking care of their heart health is often not a priority. Heart disease kills more women than all forms of cancer combined, and younger women are dying at an increased rate from cardiovascular disease. But heart disease does not have to be inevitable - women of all ages should discuss their risk factors for heart disease with their physicians. This resolution ensures more women will be educated about the dangers of heart disease, will make time to care for their health, and will take preventative steps to protect their hearts and lives," Rep. Capito said.

"Heart disease is still assumed to impact men primarily, yet it is the number one killer of women in the United States. Heart disease claims the lives of more than 400,000 women each year, and almost half of all African-American women have some form of cardiovascular disease. Faced with this reality, it is imperative that we raise the awareness of women to the dangers of heart disease so they can get early, basic preventive cardiovascular screening. I am proud to work with Rep. Capito on this bipartisan resolution to encourage women and doctors across the country to increase discussions about heart disease, and ultimately save lives," Rep. Edwards said.

## **Brandywine-Aquasco**

by Ruth Turner 301 888 2153

## **CLUB 300 GROUP WALK**

Seniors are invited to join Club 300 for the Summer Walking Program. You will be walking through Patuxent River Park, Jug Bay Natural Area together. Walking is an easy way to stay in shape. The Summer Walking Program is free. The Park is located at 16700 Croom Airport Road, Upper Marlboro, Maryland. Telephone number is 301-446-3400

## **BIRTHDAY GREETINGS**

Happy Birthday to Glen Brown, Jeremy Hall, Ron Jackson, Alicia Johnson, Bradley Johnson, Wendell Lee, Kevin Millard, Tameka Pinckney, Valerie Pinkney, Rosalind Pinkney, Corwayne Pyle, Gynell Simms, Leisha Singleton, Rhoda Slade and Shondell Wilkerson, who are celebrating birthdays during the month of July.

## HARD BARGAIN FARM

Hard Bargain Farm will be at the Surratts-Clinton Branch Library Wednesday, July 30, 2014 at 10:30 AM. Come and meet some chickens and a rabbit. You will be able to make and eat a sim-

ple snack. Audience is all ages. Bring the whole family and enjoy a day of fun and excitement. The Library is located at 9400 Piscataway Road Clinton, Maryland.

#### LITTLE TREASURES **DAY CARE**

Play, learn and grow together. Little Treasures Day Care provides Parent's Night Out, Full-Time, Part-Time, Drop-In's, Summer Programs, Before & Aftercare., and Summer Programs. For additional information contact the office at 240-244-5607 or www.treasurechildren.com.

#### WORLD VIEW SUPER **SUMMER CAMP 2014**

World View has four locations in Brandywine, Clinton, Temple Hills and Waldorf for ages 5 and up. The camp offers Music, Cheerleading, field Trips every day, Art, Cosmetology, Sports Camp, Drama, Dance and Academic Enrichment. Call for more information at (372-0053 or visit web: www.worldviewchristiancenter.com or e-mail: info@worldviewchristiancenter.com.

#### **WORLD VIEW** AFTER SCHOOL

World View after School Club House has four locations in Clinton, Brandywine, Tempe Hills and Waldorf for ages 5-12. They offer sports, academics and free transportation to and from area schools. Cameras are in all classrooms. Homework check and assistance is provided. Video games, basketball, Karate, Bowling, Dance, Gymnastics and XBOX 360 are provided.

Open House is July 17 at Temple Hills (Evangel Assembly) and Waldorf at New Hope Church of God. Call for more information at (301) 372-0053 or visit www.worldviewchristiancenter.com.

## PERFORMING ARTS CAMP

Sunday-Friday July 27-August 1 from 9:00 M-3:00 PM children will be able to attend a Performing Arts Camp. The cost for children entering 2ND-8th grade is \$145.00 /child. There are special incentives for early registration. For more details and to register please go to www.lamplightartist.com.

## COMMUNITY

## **Practical Money Skills**

By Jason Alderman

## **Make Sure Your Family** Has a Disaster Plan

June 1 marked the beginning of hurricane season. Meanwhile, across much of the Western U.S., major droughts have greatly increased the danger for summer wildfires. And don't forget last winter's recordbreaking winter storms – or the ongoing potential for earthquakes, tornados, floods and other natural disasters.



Such catastrophic events are

contact for updates.

inevitable, largely unpreventable and often strike without warning. Even though we can't always predict natural disasters, we can anticipate their likely aftermaths, including property loss, power or water service disruption and scarcity of food and sup-

Sit down with your family and develop a disaster plan. By planning ahead and knowing what you might need under dire circumstances, you can save yourselves a lot of time, money

FEMA, the Federal Emergency Management Agency (www.fema.gov), offers great suggestions for developing a family emergency plan, building an emergency supply kit, and learning what to do before, during and after emergencies (everything from home fires to terrorist attacks). They even provide an emergency plan for family pets.

Here are some emergency-planning ideas you may not have

- ☐ Pick meeting spots both in and outside your neighborhood where your family can gather after an emergency.
- ☐ Choose one person (possibly out-of-town) everyone can
- ☐ Make sure your kids know how to escape the house in case
- ☐ Identify and stock essential items you'll need to survive for at least three days in case help is unavailable. Include ample water (at least a gallon per person, per day), non-perishable food, and medications. Don't forget water, food and supplies for pets.
- ☐ Stock an emergency kit with batteries, flashlight, a battery-powered or hand-cranked radio, water-purification tablets, clothes, blankets, can opener, tools, toilet paper, moist towelettes, garbage bags, solar cellphone charger, etc.
- ☐ If a family member receives life-sustaining treatments (e.g., dialysis), identify alternate treatment locations in case yours becomes incapacitated.
- ☐ Take a picture of yourself with your pets in case you should become separated.
- ☐ Safely store emergency cash in case ATMs aren't working. Should disaster strike, you'll need access to financial and legal records. Take these steps now to ensure easier access when the time comes:
- ☐ Create a log of all account numbers, emergency numbers, contact information and passwords for your bank and credit card accounts, loans, insurance policies, utilities and other important
- ☐ Update it regularly and save hardcopies in secure, offsite locations such as a safety deposit box or with a trusted friend living in another area.
- ☐ You can also email the list to yourself in an encrypted, password-protected file, save it on a CD or USB drive, or use a cloud-based storage service that will let you access it from any Internet connection.
- ☐ Make PDF copies of tax returns, insurance policies and legal documents and save offsite, as above, in case your files or computer are damaged. Also make digital copies of invaluable family photos, documents and memorabilia that money can't re-

If you ever need to file an insurance claim or claim a tax deduction for lost, stolen or damaged property, it'll be much easier if you have an inventory of everything you own - photos or videos are even better. Try the Insurance Information Institute's free, secure home inventory software application (www.iii.org).

Also, investigate what is and isn't covered by your insurance policies for natural disasters. You may need additional coverage for damage associated with hurricanes, tornados, earthquakes and other weather conditions.

Bottom line: Having a family emergency plan in place could lessen the blow should disaster strike.

## **ADVERTISE!**

The Prince George's Post

Call Brenda Boice at 301 627 0900

## **Public, Private Partners Set Out to Protect Hemlock Trees from Destructive Pest**

**By PRESS OFFICER** MD Depart. of Agriculture

ANNAPOLIS, MD Foresters, entomologists and ecologists from various partnering organizations joined forces to combat an invasive pest the size of a pencil tip that threatens to wipe out eastern hemlock forests—a loss that could be as ecologically significant as the loss of the American chestnut.

For the past several weeks, the USDA Forest Service partnered with the Maryland Department of Agriculture's Forest Pest Management Section, Maryland Department of Natural Resources (DNR), West Virginia Department of Agriculture's Plant Industries Division (WVDA) and the West Virginia and Maryland/DC chapters of The Nature Conservancy to treat a mature stand of hemlock trees for hemlock woolly adelgid (HWA) on the Conservancy's Cranesville Swamp Preserve in Garrett County, Md. and Preston County, W.Va. Hemlock woolly adelgid is an exotic insect native to Japan that feeds on hemlock sap, ultimately killing the trees. Although it was first discovered in Virginia in 1951 and has been affecting hemlocks across the northern United States for years, it wasn't detected in Cranesville

Swamp until 2012. "This is a great collaboration among five public/private partners for a special conservation effort," said Agriculture Secretary Buddy Hance. "The HWA does most of its damage in May and June, and again in the fall. We have been successful at curtailing its damage and saving our hemlock trees over the past 10 years. We will continue to do all we can to get in their way, and protect threatened trees and their associated ecosystems on public lands and private lands as funding is available."

The public/private partners treated about 600 trees using a combination of methods to treat the tree and/or the soil around the trees in a 100-acre stand of hemlocks in Cranesville Swamp. Treatments included stem injections of trees within 50 feet of a water source, soil injections and tablets for trees away from a water source.

"HWA was first detected in West Virginia more than 20 years ago, so we know this invasive pest well, and have spent many years protecting our valuable eastern hemlock population," said West Virginia Commissioner of Agriculture Walt Helmick. "We were glad to join this collaborative effort, especially in such a unique place as Cranesville Swamp, to put our best efforts forward to save this

hemlock stand." Cranesville Swamp is in a frost pocket that runs several degrees cooler than the surrounding area and is home to a number of species not found elsewhere in Maryland or West Virginia. In total, more than 50 rare plants and animals live there. Cranesville's trees and wetlands also act as natural filters, helping provide surrounding communities with clean water. DNR staff worked with TNC to delineate the ground seeps and drainages throughout the hemlock stand, to ensure that the proper insecticide application technique was used in more sensitive areas.

"If we don't go after this invasive species, we stand to lose hemlock trees throughout Maryland and West Virginia, which would seriously disrupt the ecology of the area," said Deborah Landau, conservation ecologist for The Nature Conservancy's Maryland/DC chapter. "There's simply no ecological equivalent to hemlock in this area and with this keystone tree species we stand to lose a number of rare and significant plant and wildlife species."



PHOTO COURTESY; CONNECTICUT AGRICULTURAL EXPERIMENT STATION ARCHIVE, CONNECTICUT AGRICULTURAL EXPERIMENT STATION Invasive pest Adelges tsugae Annand, Common Name: hemlock woolly adelgid.

The Nature Conservancy contacted the State of Maryland for assistance with this project. Through existing grant funding from the U.S. Department of Agriculture Forest Service, DNR provided the insecticide and MDA and WVDA provided the staffing and equipment to treat the hemlock trees with assistance from Forest Service and The Nature Conservancy staff.

"Made possible by the US Forest Service, this funding is specifically designated for combating invasive species in forested hotspots of biological diversity. This project made terrific use of our grant money, supporting a coordinated effort to save and protect one of Maryland's beautiful natural areas," said DNR Invasive Plant Ecologist Kerrie Kyde.

Hemlock woolly adelgid has slowly spread along the east coast resulting in hemlock decline and death. Hemlock woolly adelgid was found in landscaped hemlocks in the Baltimore and metropolitan Washington areas in the 1980s and has spread to natural stands across central Maryland, finding its way to Garrett County by 2001. As a result, MDA, along with DNR, developed a Hemlock Woolly Adelgid Management and Suppression Plan to proactively treat thousands of hemlock trees on public lands with soil and tree insecticide injections - funded by a U.S. Forest Service federal grant program.

Additional information about the hemlock woolly adelgid can be found on the following websites:

http://mda.maryland.gov/plants-pests/Pages/hemlock\_woolly \_adelgid.aspx

http://na.fs.fed.us/fhp/hwa/

http://na.fs.fed.us/spfo/pubs/pest\_al/hemlock/hwa05.htm http://fhm.fs.fed.us/fhh/fhh\_13/MD\_FHH\_2013.pdf

## Homeless from A1

"One day I found the sheriff on my doorstep with an eviction notice. I was told I had to get out of my apartment right then and there, because the rent had not been paid in four months," Ward said.

Single-parent households headed by a female have a poverty rate of 29.1 percent in the state compared to 7.9 percent for all Maryland families, according to a recent report coauthored by Progressive Maryland Education Fund and the Maryland Center on Economic Policy.

With her two young children in tow, Ward got a room in a nearby Motel 6. She would end up staying there for three months, draining what little savings she had.

In December, when a room opened up at the Frederick Transitional Shelter, she packed up her few belongings and moved her family there.

"It is a little homier here. You share a kitchen, bathroom and living room, but it is secure," Ward said.

She is grateful to have a roof over her head, but worries about the future.

"The ability to care and provide for my children is so important to me and there are many days I feel a lot less of a parent because I am not doing that," Ward said.

Ward's two sources of income, for now, are food stamps and Molly's child support, awarded after she went to court. Ward does not have child support for her son because she is no longer in touch with Ian's father.

"I get \$360 per month through the food supplement program. I am also supposed to get \$171 per week from Molly's father, but at times several weeks go without a payment," Ward said.

She has contemplated donating plasma at a local clinic to earn a little extra money.

"I hate needles, but I thought it will be a little extra money," Ward said.

What is frustrating to Ward is that her meager income prevents her from being able to afford childcare and not having her children in childcare prevents her from being able to get

This has not always been the case.

Ward used to have daycare vouchers. These vouchers helped supplement the \$675 per week expense to have both kids in childcare.



CAPITAL NEWS SERVICE PHOTO BY MEGAN BROCKETT

Lisa Ward adjusts Molly's stroller with son Ian outside the Frederick Transitional Shelter.

The problem was she couldn't afford to keep up with the copays, totaling \$200 per week out of pocket, so she had to pull her kids out of the program.

The result was that the vouchers expired because they were not used. Reinstating them is a long process.

In the event that she gets a job, she will have to go through the entire process of applying for the vouchers again.

In the meantime, she is faced with the dilemma of where to leave her 2-year-old if she needs to go job hunting.

"I am trying to get myself over that hump. I am trying to get my children back into daycare so I can get a job," Ward said.

The fact that Ward has no family she can rely on for help makes it that much more difficult.

When she was 12, Ward was taken from her mother by the state of North Carolina because of abuse and neglect. The last time she saw her mother was 22 years ago. She has no contact with her six younger brothers.

"If I had family that I could turn to, things would be a lot different. But I don't have anyone," Ward said.

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## COMMENTARY

## **Martin O'Malley**

Governor of Maryland



## Governor O'Malley Establishes **Commission On Pretrial Reform**

Commission Will Issue Recommendations To Improve Maryland's Criminal Pretrial System

ANNAPOLIS, MD - Building on the O'-Malley-Brown Administration's commitment to protecting the public's safety, Governor O'-Malley today issued an executive order creating the Governor's Commission to Reform Maryland's Pretrial System (the "Commission").

"Working with community leaders and the brave men and women of law enforcement, we've driven down violent crime to 30-year lows" said Governor O'Malley. "We must build on this important progress by streamlining and modernizing our justice system to better serve and protect Maryland families. The Commission will foster the consensus we need to move comprehensive pretrial reform forward."

"We remain committed to building a justice system that's both strong and fair, and that starts with a responsive and effective pretrial system that meets constitutional requirements," said Lt. Governor Brown. "As we look to the future, the Commission on Pretrial Reform will play a critical role in our efforts to build a long-term, comprehensive plan that addresses this important issue and ensures justice for all Marylanders while keeping our communities safe."

In September 2013, the Maryland Court of Appeals issued a ruling in the Richmond v. DeWolfe case. A divided court stated that arrestees have the right to an attorney during an initial appearance before a District Court Commissioner.

The Commission will examine the pretrial justice system in Maryland, look at best practices from around the country, and assess the use of an objective risk assessment ner of the State.

tool to inform pretrial release determinations. Its work is intended to ensure compliance with Richmond, and to advance a fair pretrial system. The Commission will help shape a system that detains dangerous individuals and releases those defendants who are expected to appear in court and pose minimal risk to public safety.

In 2012, the Commission to Study the Laws and Policies Relating to Representation of Indigent Criminal Defendants by the Office of the Public Defender recommended that the State implement a validated risk assessment tool and establish a statewide pretrial system in Maryland. The Commission created today builds on those recommendations, and moves the reform process forward with the launch of a State pilot risk assessment program.

The Commission will issue recommendations for reform to the Governor by December 1, 2014. Among the objectives assigned by the Governor, the order directs the Commission to identify ways to reduce detainment times, advise the State's risk assessment pilot program in one or more counties, and develop and issue legislative recommendations.

In 2007, the Administration set a goal of driving down violent crime 20 percent by the end of 2012. Together with the hardworking men and women of Maryland's law enforcement, the State met this goal in 2011, and surpassed it again in 2012. Since then, the O'Malley-Brown Administration set a goal to drive down violent crime by 20 percent by 2018 to protect Maryland families and strengthen communities in every cor-



## Marc Morial, President and CEO

National Urban League

## Ruby Dee Exits the Stage but Remains

*The kind of beauty I want is the hard-to-get* kind that comes from within: strength, courage, dignity.'

in Our Hearts

- Ruby Dee

In the past several weeks, two remarkable African American women artists took their final bows. In the midst of mourning the May 28 passing of Dr. Maya Angelou, we learned that last Wednesday, June 11, the great actress and activist Ruby Dee died at her home in New Rochelle, New York. Both Maya Angelou and Ruby Dee used their incomparable talents to reshape our notions of beauty, womanhood and race. They also inspired millions of people around the world with their extraordinary wisdom and dignity. Everything about Ruby Dee was an expression of a lifelong dedication to human rights, racial equality and social justice -- from the roles she portrayed to the causes she championed, even to the man she loved and was married to for 56 years, actor Ossie Davis. Though her physical presence is no longer with us, the larger than life impact Ruby Dee had on the stage, screen and the public consciousness will live on forever.

Known widely for her 1959 Broadway and 1961 movie roles as Ruth Younger, the wife of Walter Lee Younger, as played by Sidney Poitier, in "A Raisin in the Sun," Ruby Dee's acting career spanned more than six decades and earned her numerous awards, including an Emmy, a Grammy, an Obie and a Screen Actors Guild Award. In 2008, she was nominated for a Best Supporting Actress Oscar for her portrayal of Mama Lucas, the mother of Denzel Washington's character, Frank Lucas, in "American Gangster." In 1995, President Bill Clinton awarded her and Ossie Davis the National Medal of Arts. She also won widespread acclaim for her 1950 portrayal of

Rachel Robinson, the wife of the first Black major league baseball player in "The Jackie Robinson Story." She and Ossie Davis also had notable roles in several Spike Lee films including "Do the Right Thing" and "Jungle

Ruby Dee's elegant and tenacious presence radiated as much off the stage and screen as it did on. She and Ossie Davis, who died in 2005, were civil rights and social justice activists who supported and worked alongside Paul Robeson, Martin Luther King and Malcolm X. This unique husband-wife team even served as master and mistress of ceremonies for the historic 1963 March on Washington. They were both long-time members and supporters of numerous civil rights organizations. In 1970, the New York Urban League honored Ruby Dee and Ossie Davis with its prestigious Frederick Douglass Award. In 1986, the National Urban League presented them both our Equal Opportunity Day Award, and in 1985 at the National Urban League's 75th anniversary Founders Day program, Ruby Dee and Ossie Davis served as key program participants, sharing poetry and reflections of Urban League

In 1998, the couple published a joint autobiography titled, "With Ossie & Ruby: In This Thing Together," an epitaph that will adorn the urn that will hold both their ashes. According to the Washington Post, in 2008, Ruby Dee described the epitaph to Jet magazine: "If I leave any thought behind, it is that we were in this thing together, so let's love each other right now. Let's make sense of things right now. Let's make it count somehow right now, because we are in this thing together." That was not only the key to the remarkable marriage of Ruby Dee and Ossie Davis; it is a les-



CARROLL COUNTY FARM MUSUEM

The Carroll County Farm Museum, located in Westminster, Maryland, provides the public with the opportunity to experience mid-nineteenth century rural life. The Museum grounds include original farm structures, such as the Farmhouse and a bank barn, built in 1852-53. Other buildings include a 1700s Log Barn, Smokehouse, Broom Shop, Saddlery, Springhouse, Living History Center, Wagon Shed, General Store exhibit, Firehouse, and a Oneroom Schoolhouse. Period artifacts and antiques complete the rural experience for visitors. The Farm Museum is open daily from 10 a.m. to 4 p.m. except New Year's Day, Easter Sunday, Thanksgiving and Christmas. Admission is \$5 for adilts, \$4 ages 10 - 18 and 60 & over, age 9 and under is free. For more information call 410-386-3880

## Child Watch

by Marion Wright Edelman



## **Return of the Weasels**

This column is not about the recent story making headlines in New York City on Mayor Bill de Blasio's proposal to lift a ban on pet ferrets. But it is about weasels. Age-old weasels still causing Americans pain and suffering and blocking progress towards a better, safer America for all. Sojourner Truth was a brilliant but illiter- in an 1863 edition of the Naate slave woman, a great orator, tional Anti-Slavery Standard and a powerful presence who possessed great courage. She challenged the racial and gender caste system of slavery by suing for the return of a son sold away from her. She got thrown off Washington, D.C. streetcars but kept getting back on until they changed the rules and let her ride. She stood up with fiery eloquence to opponents and threatening crowds who tried to stop her from speaking. When a hostile White man told her that the hall where she was scheduled to appear would be burnt down if she spoke, she replied, "Then I will speak to the ashes." When taunted while speaking in favor of women's rights by some White men who asked if she was really a woman, she bared her breasts and allegedly famously retorted, "Ain't I a woman?," detailing the backbreaking double burden of slavery's work and childbearing she had endured. When heckled by a White man in her audience who said he didn't care any more about her antislavery talk than for an old flea bite, she snapped back, "Then the Lord willing, I'll keep you scratching." And when decrying her exclusion from America's life and professed freedoms during a religious meeting where another speaker had just praised the Constitution, she told this story:

"Children, I talks to God and God talks to me. I goes out and talks to God in de fields and de woods. Dis morning I was walking out, and I got over de fence. I saw de wheat a holding up its head, looking very big. I goes up and takes holt ob it. You b'lieve it, dere was no wheat dare? I says, God, what is de matter wid dis wheat? and he says to me, 'Sojourner, dere is a little weasel in it.' Now I hears talkin' about

de Constitution and de rights of man. I comes up and I takes hold of dis Constitution. It looks mighty big, and I feels for my rights, but der aint any dare. Den I says, God, what ails dis Constitution? He says to me, 'Sojourner, dere is a lit-

tle weasel in it." The version captured here shares a flaw with many existing accounts of her speeches they were often written down in the mock Southern dialect that 19th-century readers identified with all slaves, despite the fact that Sojourner Truth was born and raised in rural New York as the slave of a Dutch-speaking family, spoke Dutch as a child, took pride in speaking correct English as an adult, and reportedly sounded like White New York peers. But the point still comes across very clearly. Since Sojourner Truth's day, Black and White and Brown and other excluded and marginalized women—and men—have been trying to ferret out the unjust and greedy weasels still eating away at the core of the Constitution and the promise of equal opportunity in our national life, gain the rights and freedoms they know See WATCH, Page A12

they have been promised, and build a just America for themselves and their children. The struggle for a fair playing field for all Americans and their children must accelerate and reach a mighty roar today when these core values are so much under attack.

America is still struggling to live up to its creed enunciated in the Declaration of Independence and overcome its huge birth defects built into the implementation of our political and economic system: Native American genocide, slavery, exclusion of all women and non-propertied men, including White men, from America's political process. We have come a long way but these deepseated cultural, racial, economic, and gender impediments to a just union challenge us still. We must remain vigilant in rooting them out and moving ahead as many attempt to move us backwards.

As another July 4th approaches, can we finally tell every child born in 2014 that he or she was created with an equal chance to realize America's dream-or for tens of

## The Prince George's Post

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## BUSINESS

The American Counseling Association's **Counseling Corner** 

## **Learning to Control Parental Anger**

No one enjoys getting angry, yet, as parents, we may find it happens too often and too easily in dealing with our children. Whether it's a teenager talking back, or a young child making a fuss at bedtime, our kids can sometimes elicit out of control anger responses.

Parental anger in response to such behaviors usually surfaces suddenly, leading to a feeling that you have to yell, threaten or even lash out. But such anger is not healthy, for you or your child. It's important that we understand our anger and take actions to manage it.

First is accepting that you're someone who angers, and also understanding you can plan for and can take steps to control that anger. Rather than simply letting anger overtake you, have a plan to counter that rising emotion. Simple actions like walking away, counting to ten and taking deep breaths can be enough to distract you, to let you control your emotions and limit your response

Another important step is to try and understand what has happened that has made you so angry. Yes, your teenager will sometimes say things with the intention of provoking you. Realizing that can give you the knowledge that it is almost a game and reacting angrily may be the sought-for reaction and accomplishes nothing.

A large reason for parental anger is that, as parents, we feel we need to be in control. When that toddler refuses to eat dinner or go to bed on time, or when our teen continues to talk back, it challenges our parental abilities. The big step in controlling the anger that can follow is in understanding why we are getting angry and in accepting that such anger is most likely changing nothing.

It's more helpful to develop empathy for and understanding of our child and why he or she is acting in ways that provoke our anger. Rather than anger, our response perhaps should be to reduce our need to control our children. While you need to guide, teach and set limits, you sometimes have to let your child cry, have minor accidents and make some mistakes in order to learn.

Angry reactions need to be noted, understood and resolved. Yelling, swearing, insulting and hitting do not solve problems - they create problems. If you find you're often angry, a professional counselor can help you find solutions to the issue.

Counseling Corner" is provided by the American Counseling Association. Comments and questions to ACAcorner@counseling.org or visit the ACA website at www.counseling.org

## Judge from A1

Judge Morrissey said. "I am also extremely grateful to Judge Love for his commitment to the Rule of Law and exemplary service to the people of Maryland."

"I am honored to be chosen by Chief Judge Morrissey and I look forward to the challenge," Judge Anderson said. "I want to thank Judge Love for his leadership, and I look forward to the opportunity to build on his example of dispensing justice to the citizens of Prince George's County fairly, respectfully, efficiently, and courteously."

Judge Anderson is the first woman and first African-American woman to serve as administrative judge for the Prince George's County District Court.

Prior to her appointment to the District Court of Prince George's County, Judge Anderson was a partner at the

law firm of Funk & Bolton, P.A. Her concentration was local government law, litigation, government relations, and land use and zoning. She began her legal career as an associate with the law firm of Gabriel J. Christian and Associates. She also served as an assistant state's attorney in Prince George's County for four and a half years and then as legislative counsel and legislative director to the county executive for Prince George's County.

Judge Anderson received a bachelor's degree in political science from the University of California, San Diego, and a Juris Doctor from the Catholic University, Columbus School of Law. In addition to her bar memberships, she is a member of Alpha Kappa Alpha Sorority, Inc., and a member of both Leadership Greater Washington Leadership Prince George's, Inc.

## Award from A1

care and early childhood education and has worked to fund high quality child care for all

Maryland Family Network (MFN) is at the forefront of child advocacy. Whether it comes to issues of improving early childhood education and development opportunities, providing technical assistance and training to current and prospective child care grams and professional opportunities within the field, helping working parents in need of child care, working with employers on work/family policy issues, or stimulating the supply of child care resources across the state, Maryland Family Network addresses the issues head on and takes action. Their mission is "to ensure that young children and their families have the resources to learn and succeed."

## Cardin, Schatz Introduce Bill To Give Federal Workers a Raise

**By PRESS OFFICER** Office of the Senator

Washington, DC-U.S. Senator Ben Cardin (D-Md.) introduced legislation in the Senate with U.S. Senator Brian Schatz (D-Hawai'i), to provide a pay increase for federal employees who lost over a billion dollars in salary and benefits due to sequestration and a threeyear pay freeze from January 2011 to December 2013. The Federal Adjustment of Income Rates (FAIR) Act would provide a 3.3 percent pay raise to federal workers in calendar year 2015.

"Hardworking federal employees did not cause our fiscal crises nor did they contribute to the legislative gridlock, but time and again they have been asked to pay the heaviest price toward a resolution. In Maryland and across the nation, these public servants, mostly middle class and struggling to get by like so many other Americans, deserve recognition and thanks for their hard work and dedication," said Senator Cardin.

"We need to strengthen and encourage our public workforce. The knowledge, expertise, skill, and commitment of our public sector workforce are some of America's greatest assets. No

other nation can match our public workforce's professionalism and level of accomplishment." "Hawai'i's federal workers are dedicated public servants. They deliver our mail, care for our veterans, protect our environment, and help keep us safe," Senator Schatz said. "Our federal employees bore the brunt of the sequester, enduring furloughs and a threeyear pay freeze. Our bill would give these working families a raise they deserve."

According to the U.S. Department of Commerce's Bureau of Economic Analysis, the federal civilian government was the only industry that experienced a decrease in earnings (\$6.7 billion) in 2013. The gap between public and private sector compensation is currently 35 percent. More than a quarter of full-time permanent federal employees in Hawai'i (and one-third nationally) are eligible to retire, and attracting and retaining top talent through competitive pay is key to maintaining an efficient and effective government. The White House has proposed a one percent pay increase for next year.

The FAIR Act is supported by the National Treasury Employees Union (NTEU), the American Federation of Government Employees (AFGE), the National Active and Retired Federal Employees Association (NARFE), and the Federal-Postal Coalition (FPC).

National Treasury Employees Union President Colleen Kelley said, "After several years of pay freezes, unpaid furloughs and government shutdowns, it is time for federal employee pay to get back on track. We appreciate Senator Schatz and Senator Cardin introducing this bill to provide a fair pay raise for federal employees in 2015 and will work to garner support for it."

American Federation of Government Employees National President J. David Cox Sr. said, "Federal employees have seen their standard of living deteriorate in recent years due to a three-year pay freeze, unpaid furloughs, and higher retirement contributions for newer workers. This legislation by Sens. Schatz and Cardin would help federal employees recoup some of that lost income and ensure the government is able to recruit and retain the high caliber workers that taxpayers expect."

National Active and Retired Federal Employees Association President Joseph Beaudoin said, "We appreciate Senators Schatz and Cardin's strong support for the federal workforce. Over the past four years, federal employees have contributed over \$120 billion towards deficit reduction. It's time we thank them for their service and sacrifice, rather than continue to devalue it."

Federal Postal Coalition Chair Bruce Moyer said, "The Federal-Postal Coalition (FPC) - comprised of 31 national organizations that collectively represent five million middle-class federal and postal workers and retirees - applauds the introduction of legislation, the Federal Adjustment of Income Rates (FAIR) Act of 2014 by Senator Schatz, to provide federal employees with a 3.3 percent pay raise next year. While private sector wages have risen 6.5 percent in the last four years, federal employees had their pay frozen for three years and only received a 1 percent raise this year. Three years of frozen salaries caused the public-private sector pay gap to exceed 35 percent, with federal employees lagging behind. Instituting a raise of 3.3 percent, 2.3 percent higher than that proposed by the President, will allow the federal government to compete for top talent in the workplace."

### ConnectED from A1

#### And we are keeping our foot on the accelerator.

Today, we are announcing that the 10 companies who have made ConnectED commitments are making those private funding resources available to schools across the country, and information about these and other resources will be accessible through a new ConnectED Hub.

Companies like Adobe, Autodesk, Esri, O'Reilly Media, and Prezi are opening up learning software and content resources to all eligible schools across the country. Others, like Apple, AT&T, Microsoft, Sprint, and Verizon, are partnering with non-profit organizations and communities to help equip some of the neediest schools with hardware, software, and wireless connectivity crucial to the ConnectED vision.

But don't take our word for it. We've heard from students, at schools like Mooresville High and Buck Lodge Middle School, who tell us they're more engaged and are better prepared for college and the workforce as a result of technology in their classrooms. We've heard from educators who say ConnectED is already setting off a wave of enthusiasm among their peers, allowing them to unlock teaching opportunities they have tried to implement for years. And we've heard from venture capitalists who tell us that they are taking a second look at the education technology market, and are encouraging start-ups to develop for schools.

These are the kinds of opportunities we want to create for every student, for every educator, in every school, and across our economy. And one year later, ConnectED is making good on that promise.

Learn more about how your school can take advantage of the ConnectED commitments:

• Adobe will deliver creative tools in the form of free software, and teacher professional development, to Title I schools across the United States — with the goal of helping youth express their creativity and build their skills for future success.

For teachers, Adobe provides a range of free teacher training and curricular resources from the Adobe Education Exchange and Adobe Youth Voices.

• Apple is helping transform America's schools by providing iPads, MacBooks, software, and support to schools in need as a major contributor to President Obama's ConnectED initiative. Apple is contributing \$100 million in equipment and expertise to bring Apple's love of learning and experience in the classroom to the schools that need it most.

With an Apple ConnectED Grant, Apple will provide iPads, Macs, and the very best educational content students need to personalize learning and inspire their best thinking. Apple will also provide Apple Professional Development, giving teachers the training they need to implement these powerful tools. Apple's innovative technology, interactive learning tools, and ongoing support can have a profound impact on students and teachers in the communities that need it most and Apple can't wait to get started.

Apple is inviting economically disadvantaged schools where 96 percent or more students are eligible for free or reduced-price lunches to apply for a ConnectED grant. Invited schools will have until June 20 to let Apple know if they intend to apply. Final applications are due July 25.

• AT&T has committed to provide a broad array of services that enable a comprehensive tablet-based education capability to 50,000 middle and high school students in Title I districts. Schools and districts can apply now for this AT&T Aspire program. Click here to learn about the application parameters and to apply for comprehensive tablet-based education capability from AT&T Aspire.

• Autodesk, a designer of leading advanced software products in design, drafting, and engineering, has committed to expand the company's "Design the Future" program to be available to every secondary school in the country in 2014. The program, which offers free 3D design software, projectbased curricula, training, and certification, will help secondary school teachers teach critical problem-solving and technical skills in demand, in highpaying STEM fields like engineering and architecture.

• Esri will provide to every U.S. K-12 school in America free access to ArcGIS Online Organization accounts — the same GIS technology used by government and business. These allow users to map and analyze data, create and share content, and collaborate in the cloud — via computers, tablets, or smartphones, anytime, anywhere connected.

This commitment expands on Esri's successful program in pilot schools at all levels across the country, and will allow students to do projects of unlimited content, from global to local, so that they can build community, as well as build knowledge and skills for college and career.

• Microsoft created a new affordability program open to all U.S. K-12 public schools to connect 99 percent of America's students to the digital age within five years. The program in-

✓ A range of discounted partner and Microsoft devices built with Windows 8.1 Pro

✓ Communication and collaboration tools with Office 365 Education (for administrators and teachers)

✓ Teacher training and resources through the Microsoft Educator Network (for teachers)

✓ Ad-free search with Bing in the Classroom (for administrators and teachers)

✓ Broadband as a critical component to connected learning through Microsoft's nonprofit partner EveryoneOn (for administrators and teachers)

✓ Student training and resources for fundamental technology skills through Microsoft IT Academy (for administrators) for up to 2,000 high-needs academic institutions and their educators, students, and staff with digital curriculum and certification

• O'Reilly Media, through a partnership with Safari Books Online, has committed to provide educational content and tools such as technology books and publications, for free, to every school in America. This commitment can provide students at a range of grade levels with the technological skills they need to be prepared in a globalized, digital economy.

✓ For students, O'Reilly Media and Safari Books Online are supporting curious kids with world-class content. American high school students interested in technology, programming, and software now have free, on-demand access to the same O'Reilly Media ebooks and videos that millions of professionals turn to every day. The more than 2,000 titles in the Safari K12 program cover a wonderful range of subjects, from Python to PowerPoint to Photography.

- Prezi has committed to provide Edu Pro, a program for creating memorable presentations, licenses for high schools and all educators across America. Click here to learn more about Prezi and their ConnectED-related software commitments.
- · Sprint has committed to provide high-speed wireless broadband service for up to 50,000 students at schools across the country starting in August 2014 and over the next four years.
- Verizon will be expanding one of its key education initiatives, the Verizon Innovative Learning Schools (VILS) by introducing the Verizon Mobile Learning Academy. VILS provides two years of comprehensive professional development for teachers on how to effectively incorporate mobile technology into their classrooms to change the way they teach and students learn. Currently, VILS serves 24 schools, 229 teachers and 11,500 students. In partnership with the International Society for Technology Education (ISTE) and Johns Hopkins University, the Verizon Foundation is launching the Verizon Mobile Learning Academy, a virtual, moderated professional development course offered to teams of educators for free.

The course includes five modules developed around ISTE standards. Course modules are designed to help teachers, administrators, and tech coaches implement effective mobile learning initiatives in their schools and classrooms. Continuing Education Units (CEUs) will be offered through Johns Hopkins University to teachers upon completing the course. The training will reach up to 3,000 teachers across all 50 states over the next three years, beginning this fall.

families, regardless of income.

providers, promoting the es-

tablishment of child care pro-

# OUTONTHE

ERIC D. SNIDER'S IN THE DARK

Movie Review

## "22 Jump Street"

22 Jump Street Grade: A-Rated R, pervasive harsh profanity, some sexual references, action violence 1 hr., 52 min

A comedy sequel (uh-oh) to a film that was based on a defunct TV show (yikes) ought to be an unwatchable disaster. That's the America I grew up in, anyway. But after the surprising non-badness of 21 Jump Street two years ago, and the even more surprising greatness of The LEGO Movie not five months ago, maybe we shouldn't be surprised that the directing duo responsible for them, Chris Miller and Phil Lord, have returned with the top-to-bottom hilarious 22 Jump Street and exceeded all expectations yet again.

It's reassuring to see a comedy made by people who have already considered the objections you were going to raise. 22 Jump Street overcomes the limitations of a sequel by facing them head-on, doubling down on the meta-references that peppered the first film and staying a step ahead of us with multilayered jokes and split-second sight gags. Lord and Miller and their screenwriters (Michael Bacall, Oren Uziel, and Rodney Rothman) know what we're thinking, and they want to make sure we know that they know.

After an unsuccessful try at a different kind of case, yinand-yang cops Schmidt (Jonah an art student who knew the Hill) and Jenko (Channing girl who overdosed, while film is ultimately an affection-Tatum) are brought back to Jenko pursues leads through Jump Street by their boss (Nick Offerman), who reminds them that "nobody gave a s\*\*\* about the Jump Street reboot" before, but that "now this department has invested A LOT of money to make sure Jump Street keeps going." Contextually, he means the Metro City Police Department's undercover program, nicknamed Jump Street. But of course we know what he really means.



After making their way through high school (twice), big changes are in store for officers Schmidt (Jonah Hill) and Jenko (Channing Tatum) when they go deep undercover at a local college. But when Jenko meets a kindred spirit on the football team, and Schmidt infiltrates the bohemian art major scene, they begin to question their partnership. Now they don't have to just crack the case - they have to figure out if they can have a mature relationship. If these two overgrown adolescents can grow from freshmen into real men, college might be the best thing that ever happened to them.

The job this time: pose as Metro City State College freshmen and find out where a deadly new recreational drug is coming from so they can stop it before it spreads to other campuses. (Yes, as many characters are quick to point out, it's the same situation as last time.) Schmidt hooks up with Maya (Amber Stevens), the football team, becoming best pals with Zook (Wyatt Russell), a grinning blond fratboy who's another yang to Jenko's yang.

Just as before, there's a lot of humor in reversing people's roles and challenging stereotypes. It's Schmidt, not Maya, who gets clingy and does the post-hookup "walk of shame," and he's jealous at how smoothly Jenko gets along

with Zook. Thanks to a human sexuality course, meathead Jenko becomes enlightened and refuses to tolerate someone's use of a gay slur. The film knows that the Jenko-Zook relationship is like a romance (complete with a "meet cute"), and it plays up the similarities for comic effect without tipping over into moronic "gay panic" humor. The whole ate, touchy-feely story about friendship and partnership —

and it's sincere about it, too. There are running gags about Schmidt and Jenko looking too old to be freshmen, and about the Jump Street budget being significantly higher than before. New characters like the twins across the hall (Keith and Kenny Lucas) and Maya's scornful roommate (Jillian Bell) help immeasurably, as does beefing up Ice Cube's role

as the cops' angry captain. It's a great pleasure to see Channing Tatum (whose comedic talent is now undeniable) cavort with an actor (Kurt Russell's son!) playing a character identical to his, and Jonah Hill's cuddly belligerence continues to serve him well.

Above all, Lord and Miller are intent on keeping things funny, loose, and unpredictable. They revel in the silliness of the action-comedy genre, playfully satirizing and subverting it all the way through the closing credits. Not only is 22 funnier than 21, it's more focused and less scattershot, an improvement on almost every level. It has jokes that went over my head until I thought about them later. When's the last time a studio-produced, wide-release comedy did that? This franchise is almost a miracle.

## Trainers from A1

At the other end of the spectrum, Baltimore City Public Schools and the public school districts of Prince George's, Calvert, Dorchester, Allegany and Washington counties do not employ any athletic trainers in any high schools.

In between are another 14 counties in Maryland that employ part-time athletic trainers in the public high schools, or full-time trainers in some of the high schools.

Tom Hearn, the Bethesda father of a Walt Whitman High School student who sustained a concussion during the 2012 football season, is concerned.

"As the experts say, 'If you can't afford to have athletic trainers, you can't afford to have an athletic program,' " said Hearn, who has pressed Montgomery County officials to have athletic trainers in all public high schools.

Montgomery County Public Schools placed part-time athletic trainers in some of its 25 public high schools this school year. While Hearn applauds this effort, he notes those athletic trainers were donated by area medical vendors for just this academic year. Their future in the school system is uncertain.

Overall, about 61 percent of Maryland's high schools employ athletic trainers, the National Athletic Trainers Association estimates. That number is low compared to surrounding states such as Delaware (96 percent), Pennsylvania (96 percent), Virginia (87 percent) and West Virginia (85 percent).

## **Those Without**

School jurisdictions without any athletic trainers cite lack of money as one of the reasons.

Prince George's County Public Schools Athletic Supervisor O'Shay Watson said the county hires emergency medical technicians for some events, but budget constraints make it difficult to hire full-time athletic trainers.

"We really do value the safety of the students, which comes first," he said. "But [you've] got to think about health benefits and things like that come with full-time employees, and it's costly."

George C. Hall, president of the booster club at Eleanor Roosevelt High School in Greenbelt and the father of two lacrosse players for the school, said the fact that Prince George's County has no athletic trainers is upsetting.

"I'm really disappointed in that," said Hall, who is also an assistant coach for the lacrosse team. There are "very few games, if any, that we go without some kind of injury. ... It's quite dangerous to not have someone out there if something happens."

Certified and licensed athletic trainers are taught to properly respond to a wide range of injuries, from sprained ankles and muscle spasms to more serious ones, such as concussions and spinal injuries.

Hall said if something does happen on the field, "it's left up to the coaching staff and the parents to assess the injury."

Some parents are sympathetic to the school systems' money woes.

Charlie Strite, father of a student athlete at Williamsport High School in Washington County, said, "obviously an athletic trainer would enhance or protect" the children more. But, he said, "it does come down to budgets."

Washington County has budgeted for seven athletic trainers next school year, one for each of its public high schools, according to school officials. Strite said it's a good move that will not only protect the kids but "also help the coach, who is probably unnecessarily burdened with making decisions that he or she's not qualified to make when it relates to an injury."

## **Those That Have**

School districts with athletic trainers in all or most of their schools cite safety as a primary concern.

"The reason we got full-time athletic trainers was to make sure our students were in athletics and doing so safely," said Bryan Ashby, supervisor of athletics in Wicomico County. "There is no way the parents would even let us go back to a contractual model. Those people [the athletic trainers] are like members of the community now."

Wicomico County has had full-time athletic trainers in three of its four high schools for at least 15 years, said supervisor of athletics Bryan Ashby. He said there is a part-time athletic trainer in one of the high schools only because that school doesn't have as many sports as the others.

Ashby said Wicomico County's athletic trainers are paid on the same scale as teachers, with annual starting salaries of about \$43,000. That's right in the middle of the national average salary for full-time high school athletic trainers of \$38,000 to \$48,000, according to the National Athletic Training Association.

This school year is Caroline

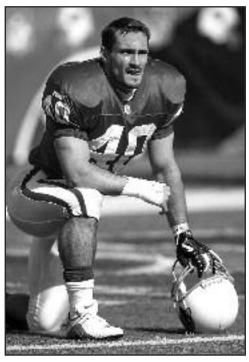
See TRAINERS Page A7

## The Edge of Sports

by DAVE ZIRIN

#### **Ten Years Later: Questions Still Surround Pat Tillman's Death**

When someone dies of decidedly unnatural causes, two words come immediately to mind: "closure" and "accountability." The idea is that by holding the perpetrators of a crime accountable, we can both provide a measure of closure for the family and friends of the deceased as well as limit the possibility of such a fate



befalling our own loved ones too.

It is difficult to imagine a death more "unnatural" than that of NFL player turned Army Ranger Pat Tillman, shot down in Afghanistan by his fellow troops in an incident classified as "friendly fire" ten years ago. Yet, despite the high-profile nature of his demise, those two words, "closure" and "accountability," have been in incredibly short supply for the Tillman family. This is not just a tragedy for the Tillmans; it is a tragedy for anyone who thinks that government should not exist above the law.

The questions surrounding both the death of Pat Tillman, as well the response by the United States government to the news, has simply never been answered. This is not about conjuring conspiracy theories or raising the bizarre timing of Tillman's being shot during a time when he was outspoken to fellow soldiers about his belief that the war in Iraq was "illegal." This is not about Gen. Wesley Clark's saying he believed it was "very possible" that Tillman was murdered. This is about extremely basic questions that the George W. Bush, Dick Cheney, Donald Rumsfeld, Gen. John Abizaid and Lt. Gen. Stanley McChrystal have simply not been compelled to answer. Let's go through them:

- 1) Why did the US Congressional Oversight Committee, after coming to the conclusion in April 2007 that the circumstances surrounding Tillman's death demanded investigation, stop investigating? Why did it accept, in its own words, that "the investigation was frustrated by a near universal lack of recall" Why, instead of pursuing the matter, did it move on to investigating steroids in baseball?
- 2) Why were Tillman's uniform, his military notebook and his effects burned on the scene immediately after his shooting? In the words of a source of mine close to the events that day, "Every military protocol was ignored regarding the handling of Pat's body and his equipment."
- 3) Why did the coroner refuse for months to sign off on Pat's au-
- 4) Why were soldiers on the scene ordered not to tell the truth about the circumstances of the shooting?
- 5) Why has General John Abizaid never had to answer for the devastating San Francisco Chronicle investigation that shows he repeatedly misrepresented what he knew—and where he was—after Tillman's death? He said he was in Iraq, which makes sense given that April 2004 was the bloodiest, most chaotic month of the war. Yet records show he was in Afghanistan talking to Tillman's platoon leader. Why? And why lie about it?
- 6) Why does Lt. Gen McChrystal get to skate by with saying that there were "mistakes, missteps and errors" that occurred after Tillman was killed? Pat's father described McChrystal's actions as a "falsified homicide investigation." If McChrystal did falsify the investigation, he belongs behind bars.
- 7) How do we understand the actions of Senator John McCain? By all accounts, McCain was furious that, because of the Bush administration, he eulogized Pat Tillman at his nationally televised funeral as if he had died at the hands of the Taliban. He pledged to the Tillmans that he would get to the truth. For a while, McCain was their ally. Then he ran for president in 2008 and stopped helping them. As Mary Tillman said to me, "The investigation that he helped us get actually caused us to have more questions and at that point he started backing off. I think he thought that we were becoming sort of a political encumbrance to him, or could be." John McCain should have to explain why he stopped helping the Tillman family.

These are only some of the questions. Peter King of Sports Illustrated, perhaps the most-read football writer in the United States, wrote on Monday, "The circumstances around the death [of Tillman], which took place in a firefight with enemy forces near the Pakistan border in eastern Afghanistan, remain a mystery."

They shouldn't have to "remain a mystery." The family is entitled to answers, and we collectively are entitled to the truth. The family has the right to closure, and we have the right to see those who broke the law held accountable. Our need to demand the truth is rooted less in solidarity with the Tillman family, and more in our desire to not have a government that believes covering up a killing is a part of its constitutional duties. We all suffer as long as the truth of Pat Tillman's death remains hidden. This should be a criminal investigation. It is past time to pull George W. Bush away from his paintbrushes, to tell Stanley McChrystal to stop hawking his book, and to get their hands on some Bibles to swear to tell, at long last, the damnable truth.

## Calendar of Events

June 26 — July 2, 2014

Dr. Christmas at College Park Airport

Date and Time: Thursday, June 26, 2014, 6 pm

Join us for a lecture on aviation pioneer Dr. William W. Christmas! Author Mary Lipsey will speak about her book, A Christmas Flight: Aviation Pioneer Dr. William W. Christmas—the first-ever biography about this little-known aviation savant. Books will be available for purchase and signing.

A gifted inventor, Dr. Christmas was awarded his first patent at age 18. He also designed an underground airport and a flying hotel. Come to the event to learn more about his time at College Park Airport!

**FREE** Ages: All ages welcome

Location: College Park Aviation Museum

1985 Corporal Frank Scott Drive, College Park

Contact: 301-864-6029; TTY 301-699-2544

#### Xtreme Teens: Big Screen Movie Night

Date and Time: Friday, June 27, 2014 7-10 pm It's movie night! Join us for a fun summer Description: movie out on the lawn with you and your friends.

Free with M-NCPPC Youth ID Cost:

10-17 Ages:

Location: Prince George's Plaza Community Center 6600 Adelphi Road, Hyattsville 20782 Contact: 301-864-1611; TTY 301-445-4512

#### **Face The Judges Night**

Date and Time: Saturday, June 28, 2014 5-8 pm Judges' questions begin at 5:30 pm. Description:

Project America's Next Top Master Artist jumps into the 3rd and final round with "Face the Judges Night!" Our esteemed panel of judges--Jose Dominguez, Tuliza Fleming, and Gerald Ross--will question each artist about their work to our live audience. Find out how each artist works, what inspires them and how they see their own work. Then cast your final vote to crown America's Next Top Master Artist!

Cost: Free

All ages welcome Ages:

Location: Brentwood Arts Exchange at Gateway Arts Center

3901 Rhode Island Ave.

Brentwood 20722

Contact: 301-277-2863; TTY 301-446-6802

#### Research Cafe: African American Genealogy

Date and Time: Saturday, June 28, 2014 11 am-1 pm Description: Come discover your African American heritage with Nathania Branch Miles! A noted author and speaker with the Speakers Bureau of the Afro-American Historical and Genealogical Society (Prince George's Co., MD Chapter), she will introduce you to the best sites to start your research. Nathania can also help you overcome thwarted research attempts you may have encountered.

Refreshments are sold separately. Reservations are recommended as space is limited. Computers not provided, so please bring your laptop!

Cost: Residents: \$3; Non-Residents: \$5

Adults Ages:

Location: Montpelier Historic Site

9650 Muirkirk Road, Laurel, MD 20708 Contact: 301-377-7817; TTY 301-699-2544

## **Adult Line Dance Social**

Date and Time: Saturday, June 28, 2014 8 pm-12 midnight Bring your dancing shoes and join us for a Description: fun line dancing social! As you dance the night away, you'll learn the latest line dances while enjoying the hottest tunes. Light refreshments will be sold.

Residents \$8: Non-Residents \$10 Cost:

18 & up Ages: Location: Potomac Landing Community Center

12500 Fort Washington Road, Fort Washington

Contact: 301-292-9191; TTY 301-203-6030

## **Arts on the Waterfront**

Date and Time: Sunday, June 29, 2014 6 pm-7:30 pm Description: Join us at the Waterfront with a great day of arts on the waterfront! There will be plenty of music and entertainment from jazz to rock--even a puppet show. Refreshments will be available for sale.

Cost: **FREE** All ages welcome Ages:

Waterfront Park Location: Bladensburg 4601 Annapolis Road, Bladensburg 20710 Contact: 301-779-0371; TTY 301-699-2544

## Jazz on the Lawn: Bay Jazz Project

Date and Time: Wednesday, July 2, 2014 7 pm It's time for our free outdoor summer concert

series: Jazz on the Lawn! Pack a picnic basket and bring a blanket to the enjoy jazz sounds of Bay Jazz Project. **FREE** 

Cost: All ages welcome Ages: Location: Riversdale House Museum

4811 Riverdale Road, Riverdale Park 20737 Contact: 301-864-0420; TTY 301-699-2544

## Kaleidoscope of Musical Styles

Date and Time: Wednesday, July 2, 2014 10:30 am Description: Join as Gerdan takes a world tour of Eastern

Europe, Asia and Latin America with classical, ethnic and folk music traditions!

The performance features exotic flutes of all sizes--from the small ocarina to the large fujara--accompanied by folk dance and captivating violins in the duo program.

Cost: \$5/person

All ages welcome Ages:

Location: Harmony Hall Regional Center Arts 10701 Livingston Rd., Ft. Washington 20744

Contact: 301-203-6070; TTY 301-203-3803

## EARTH TALK ... What Can Communities Do To Keep Polluters out of Their Neighborhoods?

Dear EarthTalk:

What can communities do to keep polluters out of their neighborhoods?

> — Wendell Bovey, Los Angeles, CA

It's unfair that communities which are less organized and less wealthy often shoulder the burden of hosting polluters like landfills, incinerators and power plants. "Frequently, these facilities end up in the places that put up the least resistance, either because residents are unaware of the projects planned for their area, or because they don't have the money, organization, knowledge or political clout to mount effective opposition," says the Natural Resources Defense Council (NRDC), a leading non-profit.

The key, says NRDC, is to stay informed: "A lot of bad projects slip into communities under the radar," they caution. Companies looking to site unpopular projects that need approval from local zoning boards count on local residents being absent from the public meetings where the projects get discussed.

Attending planning & zoning or city council meetings is a first line of defense against letting polluters in. Be prepared by getting meeting agendas in advance and looking for red flags that can be discussed with the powersthat-be in person or at public sessions. And keep up with the Pub-

lic Notices section of the local paper, where public hearings concerning local land use must be announced by law.

Staying informed is one thing, but knowing what to look and listen for is another: "Certain types of development pose potential environmental and health problems for host communities," reports NRDC. "They need not be automatically opposed, but they should be carefully scrutinized."

NRDC recommends paying close attention to plans for incinerators, landfills, waste transfer stations, water pollution control or sewage treatment plants, bus or truck depots and parking lots, power plants, highways, airports, metal plating and auto body or auto repair shops. Beyond looking out for these and other types of polluting projects, community residents should be aware of and ask questions about any proposed change in zoning or in the local municipal or county "Master Plan" or "Community Environmental Plan."

Finding out about a bad project coming your way is only the beginning: "If you find that a proposed change might adversely affect your community, gather as much information about the proposal as possible and inform your neighbors about your concerns," says NRDC. Arranging for a time and place where locals can meet to discuss what's happening and organize around preventing it is the next step.



CREDIT: BRUCE MCALLISTERV

Communities need to be vigilant about plans to site incinerators, landfills, waste transfer stations, sewage treatment plants or other toxic facilities nearby where they might threaten the health of residents. Pictured: Unwitting children play at a local waste dump.

Some of the tasks necessary to mounting a good defense include thoroughly researching a proposed facility's potential impacts (including contacting people in other areas where similar types of facilities have been sited), bringing in experts and reaching out to more community members to align them accordingly.

If community members are focused on their goals and have enough support from neighbors they can succeed in either blocking a proposed new facility or expansion, or at least in increasing pollution controls. Another positive outcome could be a revision to local ordinances to prevent future polluters from moving in.

For more information, see NRDC's free online guide, "You Can Beat City Hall," which outlines how to watch out for and organize against polluting entities in our own backyards, so to speak.

CONTACT: NRDC's "You Can Beat City Hall," http://www.nrdc.org/cities/living/local/guide.asp

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## Trainers from A6

County's first year to have fulltime athletic trainers in both of its public high schools, said Athletic Director Brett Ireland. They made the change for safety reasons, Ireland said, because "with the amount of sports at both schools, we need a trainer at each school."

It is Anne Arundel County's second year to have full-time athletic trainers in all of its 12 public high schools, said Greg LeGrand, the system's coordinator of athletics.

Somerset and Worcester counties have been fully staffed with athletic trainers for many years, according to school system officials.

Another nine counties - Carroll, Cecil, Charles, Frederick, Garrett, Harford, Howard, Kent and St. Mary's – have part-time athletic trainers covering most practices and games in each of their public high schools.

Queen Anne's County has one part-time athletic trainer shared between the two high schools in that county for practices and games, and another athletic trainer who only covers games.

Three counties - Baltimore, Montgomery and Talbot – have part-time athletic trainers in some public high schools.

"Part-time" is the most-used business model throughout Maryland. This typically means the athletic trainer is also either a teacher, or is contracted through a local healthcare vendor. For example, both Charles County and St. Mary's County public schools contract part-time athletic trainers through the Rehabilitation Center of Southern Maryland.

But these part-time arrangements can be strenuous. Michelle Priddy, a part-time athletic trainer covering the approximately 900 athletes of Queen Anne's County's two high schools, said sometimes it's hard keeping straight which students are at which school.

"That is mentally hard," Priddy said. "And there's times when, I do – I'm human – I forget who I saw, and three days later I'm like, 'I forgot to check on this student to see how they're doing.' "

And although nothing serious has ever happened, Priddy said sometimes athletes get injured when she's not there and "sometimes the coaches don't tell me when an athlete is injured."

"So, it can be hard communication-wise," she said.

#### **Coaches: Not Athletic Trainers**

Howard County's Palermo said the lack of athletic trainers in some schools can hinder injury reporting and ensuring return-to-play protocol is followed correctly for athletes who have been hurt. She said the Maryland Athletic Trainers Association's goal is to get athletic trainers in every high school in Maryland.

"That would be our ultimate goal, say, within 10 years," Palermo said. "But, truthfully, if they don't mandate it in the state, I don't ever see it happening."

She said it's hard to mandate something when school jurisdictions keep saying there's not enough money. But having a coach present on the field does not replace an athletic trainer even if that coach has taken courses on care and prevention, Palermo said.

"I know that some other counties have stated that that's sufficient enough, which I think is a little ridiculous," she said. "I mean, most athletic trainers, as you know, have a master's degree ... and to say that a 15hour course is going to cover something you learn in six years is just ridiculous."

Michael Higgins, director of Towson University's Athletic Training Program, said he wouldn't want a coach performing medicine on an athlete if he or she didn't know what they were doing.

"If an athlete goes down who has a spinal cord injury and if you don't treat that spinal cord injury correctly and that athlete becomes paralyzed for the rest of their life, who's at fault?" said Higgins.

The Centers for Disease Control and Prevention in Atlanta reports that U.S. high school athletes account for 2 million injuries a year, 500,000 doctor visits and 30,000 hospitalizations. There have been few studies

done on the impact of athletic trainers at high schools. However, one study published in 2012 by the American Academy of Pediatrics looked at national sports injury data on girls' high school soccer and basketball programs. It found that high schools with athletic trainers had more diagnosed concussions, but fewer overall injuries.

Dr. Ray Kiddy, supervisor of athletics for Allegany County, said the priorities of the school's budget as a whole must be taken into account.

"I'm not saying that teachers' salaries are taking [the money]. But it really comes down to priority," he said.

Kiddy said he has tried to budget for athletic trainers for years but every time he does, his proposal has been cut. For the upcoming 2014-'15 school year, he again proposed a budget for one full-time athletic trainer for the county's three schools.

"Five or six years ago hiring an athletic trainer wasn't a priority, and now it's at the forefront," he said. "But I also know we're short \$1.2 million, so I hope that's not on the chopping block."

## **Concerns Are Real**

Greg Penczek, an athletic trainer at Towson University and president of the Maryland Athletic Trainers Association, likened an athletic trainer to an insurance policy: something rarely used but when needed, it's there for you.

Student athletes aren't "planning to get sick, they're not planning to get hurt, they're not planning to have all these things happen to them," he said. "But when they do, you want to know

that something's going to be in place for them to get the adequate care they're going to need."

That care, he said, extends

from the athletic field back into the classroom.

Many parents agree on their need.

George Panor's son, Greg, plays lacrosse for Queen Anne's High School, which shares a part-time athletic trainer with the other high school in the county, Kent Island. Panor said even though his son has never been injured badly enough to need attention, it's important for athletic trainers to be on the sidelines.

"Lacrosse is a rough sport," he said. "There's a lot of hitting and checking, and if something happens, there's somebody there to help them right away."

## **Change Moving Forward**

Spokesmen for most public school districts in Maryland said they plan to maintain their athletic trainer staffing for fiscal year 2014-'15, but there will be some notable changes.

Allegany County Public Schools, which has no athletic trainers, will budget next year for one full-time trainer to share among its three high schools, said Kiddy, the supervisor of athletics. He said the superintendent sees athletic trainers as a priority, and the school system hopes to have full-time trainers in each of the high schools in the near future.

Washington County Public Schools, which also has no athletic trainers, has set a goal to have one staffed either part-time or full-time in each of its seven high schools by next year. Eric Michael, the school's supervisor of athletics, said safety is the reason for the change.

"With more and more emphasis being put on injuries and trying to train coaches to deal with them, if you hire an athletic trainer, they are trained to deal with all those things," he said. "We just feel that if we have the money to put in the budget to make sure our students are safe, that's what we're going to do."